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Isolation of 23-Methylcholesta-5,22-dien-3β-ol from the Soft Coral Sarcophyton glaucum

A new marine C_{28} sterol was isolated from the soft coral, $Sarcophyton\ glaucum$, and its structure was proposed as (22E)-23-methylcholesta-5,22-dien-3 β -ol on spectral evidences, especially by the comparison of its ¹³C-NMR chemical shifts with those of 23,24-dimethylcholesta-5,22-dien-3 β -ol, which is present in the same soft coral.

Keywords—23-methylcholesta-5,22-dien-3 β -ol; soft coral; *Sarcophyton glaucum*; dinoflagellate; marine sterol; ¹³C-NMR

Previously we reported the occurrence of a minor unidentified sterol (I) which shows the slightly longer retention time than cholesterol on gas chromatography (GC), along with the biogenetically interesting 23,24-dimethylcholesta-5,22-dien-3 β -ol (II) and 23,24-dimethylcholesta-5,17(20)-dien-3 β -ol (III), in the sterol mixture of the soft coral Sarcophyton glaucum, collected at Ishigaki Island.¹⁾ The major components were (24S)-24-methylcholesterol and gorgosterol, and compound I represented less than 0.5% of total sterols. Repeated column chromatography of the sterol mixture (30 g) over silver nitrate-impregnated silica gel (benzene-hexane) and partition chromatography using Lipidex 5000 (hexane-methanol)²⁾ afforded 11 mg of a gas chromatographically pure specimen as needles from methanol.

Compound I showed mp 140.5—142.5°, $[\alpha]_D$ —39.2° (c=0.98, CHCl₃). The mass spectrum of I showed a molecular ion (M+) at m/e 398 and other ions at 380 (M+-H₂O), 383 (M+-CH₃), 365 (M+-CH₃ and H₂O), and 355 (M+-C₃H₇) indicating that it is a diunsaturated C₂₈ sterol. A series of fragments, m/e 271 (M⁺—side chain and 2H), 255 (M⁺—side chain and H₂O) and 213 (M+-side chain, H₂O, and ring D cleavage) are those normally observed with sterols having an unsaturated nucleus and unsaturated side chain.³⁾ Furthermore, an intense peak at m/e125 (C₉H₁₇) seemed to match the entire side chain, excluding the possibility of an extra methyl group's presence on the nucleus. The proton magnetic resonance (PMR) signals for 18-Me (δ 0.71), 19-Me (1.01), hydroxymethine (3.3-3.76, 1H, m) and olefinic proton (5.36, 1H, m) suggested that I belongs to the conventional 3β -hydroxy- Δ^5 sterols⁴⁾ as was the case with all of the other ten sterol components in the same organism. Assuming that I bears a methylated cholestane-type side chain, three doublets at δ 0.93 (3H, J=6.5 Hz), 0.83 (3H, J=6 Hz), and at 0.81 (3H, J=6 Hz) are assignable to 21-, 26- and 27-methyl signals respectively. Also the olefinic signals at δ 1.56 (3H, d, J=0.5 Hz) and 4.88 (1H, broad d, J=10 Hz) indicate the presence of a trisubstituted double bond bearing one methyl group in the side chain. The appearance of the doublet at δ 4.88 confined the location of the double bond to a position adjacent to a tertiary carbon (i.e. Δ^{22} or Δ^{23}), and thus the location of the olefinic methyl group is set at C-23. An intense ion at m/e 300 (cleavage at C-20 and C-22 with 1H transfer) in the mass spectrum is characteristic of Δ^{22} -sterols with a nuclear double bond while that of Δ^{23} -sterols is m/e 301.3b) From these results the most plausible structure of I would be 23-methylcholesta-5,22-dien- 3β -ol. The previously determined homologous sterol (II) showed a similar PMR spectrum and mass spectral fragmentation pattern.¹⁾

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Fig. 1

The ¹³C-NMR spectrum of I and its comparison with that of II (Table I) provided strong evidence to support the structure of I. The both compounds showed almost the same chemical shifts for carbons 1 to 22. The difference is that compound I showed the signal of C-25 higher by 5.9 ppm and those of C-26 and C-27 slightly lower than the corresponding signals in II. These discrepancies can be well explained by the β - and γ -effects of the 24-methyl group.⁵⁰ The geometry of Δ^{22} double bond of I and II was deduced as E from the chemical shifts of C-24 and olefinic methyl. The chemical shifts of C-24 (I, 49.6 ppm; II, 50.1 ppm) are reasonably close to the calculated value when the β -methyl substituent effect (+8 ppm)⁶⁰ was taken into account on those of (22E)-cholesta-5,22-dien-3 β -ol (42.0 ppm) and (22E)-24-methyl-cholesta-5,22-dien-3 β -ol (43.1 ppm).⁷⁰ The chemical shifts of olefinic methyls (I, 16.2 ppm; II, 16.9 ppm) show the influence of the shielding effect by vicinal Z carbon (C-20) which is similar to that of (E)-polyisoprene (16.0 ppm) in contrast to (Z)-polyisoprene (23.6 ppm).⁸⁰ The geometry of the similar 23,24-dimethyl system in dinosterol, a Δ -methyl- Δ -6-dihydro analog of II, from the toxic dinoflagellate Gonyaulax tamarensis by Shimizu et al. was also shown to have the E geometry by X-ray crystallography.⁹⁰

The proposed structure, (22E)-23-methylcholesta-5,22-dien-3 β -ol, represents the second member of a class of 23-methylcholestane-type sterols found in marine organisms. The first example, 4α ,23-dimethyl- 5α -cholest-22-en-3 β -ol, had been found in the cultured dinoflagellate, Gonyaulax diagenesis by Alam, et al.¹⁰⁾ Compound I may also be derived from the symbiotic dinoflagellate of S. glaucum.

Interestingly, I shows the spectroscopic and chromatographic data very similar to those reported for a C_{28} sterol from a clam *Tapes philippinarum* by Teshima *et al.*¹¹⁾ Although we were unable to do the direct comparison, the published PMR and mass spectra are almost identical with those of I except for a minor difference. The sterol from the clam was assigned a structure of (22Z)-24-methylcholesta-5,22-dien-3 β -ol (IV) on the basis of PMR (δ 4.79—4.88 and 4.15—4.22) and very weak infrared absorption (δ 680 cm⁻¹). One of the signals (δ 4.15—4.22) attributed to the olefinic proton, however, is evidently too high for such an isolated Z- Δ ²² disubstituted double bond which usually occurs at δ 4.9—5.1.¹²⁾

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Table I. 13C-NMR Chemical Shifts in Compounds I and II (in ppm)

Carbons	I	${\rm I\hspace{1em}I}$	Carbons		I a a II
1	37.2	37.7	15	24.3	24.3
$\tilde{2}$	31.9	31.9	16	28.2	27.8
3	71.7	71.7	17^{a})	56.7	56.7
	42.2	42.2	18	12.1	12.1
4 5	140.4	140.4	19	19.4	19.4
6	121.4	121.4	20	34.9	34.5
7	31.9	31.6	21	20.7	20.6
8	31.6	30.7	22	132.9	131.4
9	50.1	50.1	23	130.1	134.8
10	36.5	36.4	24	49.6	50.1
11	21.1	21.0	25	26.0	31.9
12	39.7	39.7	26^{b})	22.3	20.0
13	42.1	42.1	27^{b})	22.6	21.7
14^{a})	56.6	56.7	28	Name	13.2
	55.6		29°)	16.2	16.9

⁽a, b) Chemical shifts may be interchanged. (c) Methyl at C-23.

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