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## Synthesis of Deuterium-Labelled 16 $\alpha$ -Hydroxy-4-androstene-3,17-dione and 16 $\alpha$ -Hydroxydehydroepiandrosterone

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16 $\alpha$ -Hydroxy-4-androstene-3,17-dione- $d_5$  (**4**) and 3 $\beta$ ,16 $\alpha$ -dihydroxy-5-androsten-17-one- $d_6$  (**10**) were synthesized. Treatment of 16 $\alpha$ -bromo-5-androstene-3,17-dione (**2**) with deuterium oxide and methanol-OD gave the 4-en-3-oxo derivative- $d$  **3**. The bromide **3** was converted into the 16 $\alpha$ -hydroxide- $d_5$  **4** via controlled alkaline hydrolysis using sodium hydroxide-OD in deuterium oxide-pyridine. 3 $\beta$ -Hydroxy-5-androsten-17-one- $d_5$  (**8**), which was obtained from 17,17-ethylenedioxy-5-androsten-3-one (**5**) via treatment with potassium *tert*-butoxide in *tert*-butanol-OD, followed by lithium aluminum tri-*tert*-butoxydeuteride reduction and then acid hydrolysis, was derivatized to the 16 $\alpha$ -bromide **9** by treatment with cupric bromide. The bromide **9** was similarly hydrolyzed to yield the 16 $\alpha$ -hydroxide- $d_6$  **10**.

**Keywords**—controlled alkaline hydrolysis; deuterium labelling; 16 $\alpha$ -bromodehydroepiandrosterone- $d_5$ ; 16 $\alpha$ -bromoandrostenedione- $d_4$ ; 16 $\alpha$ -hydroxydehydroepiandrosterone- $d_6$ ; 16 $\alpha$ -hydroxyandrostenedione- $d_5$

We recently discovered a controlled stereospecific alkaline hydrolysis of 16-bromo-17-oxo androgens<sup>1)</sup> and also developed a hydrolytic method for the synthesis of several 16 $\alpha$ -hydroxy-17-oxo steroids.<sup>2)</sup> A stereospecific deuterium incorporation at the 16 $\beta$ -position of the 16 $\alpha$ -hydroxides by hydrolysis using a medium containing deuterium oxide was also reported by us.<sup>2a,d)</sup> In view of the quantitative importance<sup>3)</sup> of estriol in pregnancy, it is of interest to know the concentrations of 16 $\alpha$ -hydroxylated C<sub>19</sub> steroid precursors in the fetoplacental unit.

We report here an efficient synthesis of deuterium-labelled 16 $\alpha$ -hydroxy-4-androstene-3,17-dione (**4**) and 16 $\alpha$ -hydroxydehydroepiandrosterone<sup>4)</sup> (**10**) with good isotopic purity. These compounds are required as carriers and internal standards for quantitative evaluation of the steroids by combined gas chromatography-mass spectrometry (GC-MS). Labelling experiments were undertaken with the intention of placing deuterium atoms at positions 2, 3, 4, 6 and 16 of the steroids, involving the controlled alkaline hydrolysis of the 16 $\alpha$ -bromo-17-ones **3** and **9** as a key reaction.

### Results and Discussion

When 16 $\alpha$ -bromo-5-androstene-3,17-dione (**2**), obtained by 8N chromic acid oxidation<sup>5)</sup> of the corresponding 3 $\beta$ -hydroxide **1**, was heated under reflux in deuterium oxide and diglyme according to Malhotra and Ringold,<sup>6)</sup> a debrominated and isomerized product, 4-androstene-3,17-dione- $d_6$  ( $d_3$  13%,  $d_4$  17%,  $d_5$  20%,  $d_6$  50%), was unexpectedly obtained in high yield. On the other hand, the use of methanol-OD instead of diglyme in the reaction gave a deuterated and isomerized product, 16 $\alpha$ -bromo-4-en-3-one derivative **3**. The mechanism involved in the efficient debromination of the 16 $\alpha$ -bromide **2** under the former conditions is not clear at present. However, hydrobromic acid liberated by partial decomposition of the bromide **2**-**4**, **4**- $d_2$ , initially produced,<sup>6)</sup> should catalyze the isomerization of the 5-en-3-one to the 4-en-3-

one. Previous studies<sup>6,7)</sup> have demonstrated that deuterium atoms are incorporated at positions 2, 4 and 6 of the product **3** by the above reaction. The labelled positions were further checked by proton nuclear magnetic resonance (<sup>1</sup>H-NMR) analysis showing that hydrogens at the C-2 and -6 positions and hydrogen at C-4 had been exchanged for deuterium to the extents of about 50 and 80%, respectively.

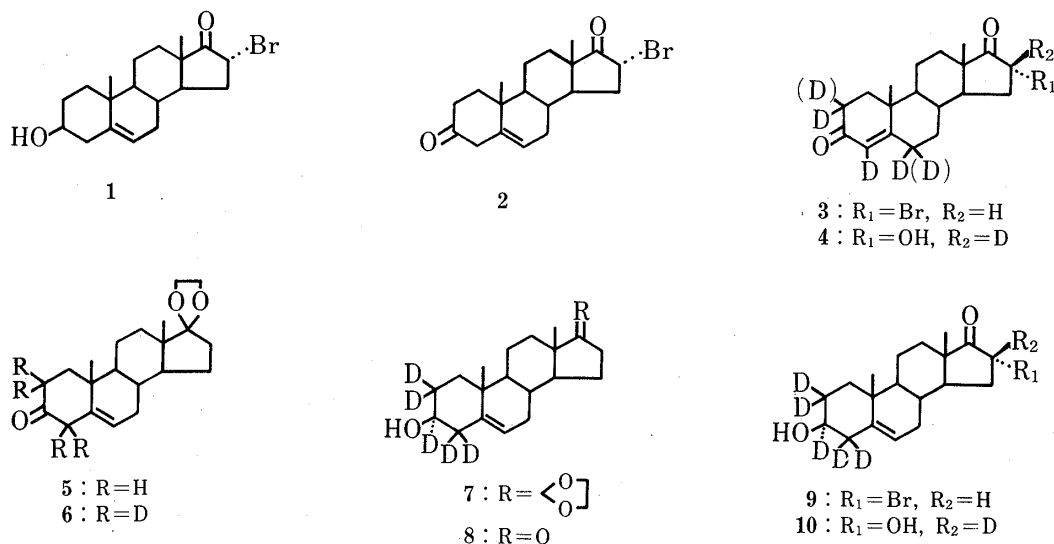


Chart 1

Treatment of deuterio 16 $\alpha$ -bromo-17-one **3** with 1.2 eq of sodium hydroxide-OD in deuterium oxide and pyridine<sup>2a)</sup> gave the corresponding 16 $\alpha$ -hydroxide **4** ( $d_3$  16%,  $d_4$  27%,  $d_5$  52%,  $d_6$  5%) with more than 98% deuterium at C-16 $\beta$  in quantitative yield. Equilibration of the unsaturated ketones **3** and **4** in the basic medium might cause enrichment of the isotope contents at C-2, -4 and -6.<sup>8)</sup>

In order to obtain the 16 $\alpha$ -hydroxy-17-one- $d_6$  **10** having a 5-en-3 $\beta$ -ol system, we initially synthesized dehydroepiandrosterone- $d_5$  (**8**) from 17,17-ethylenedioxy-5-androsten-3-one (**5**). Treatment of compound **5** with potassium *tert*-butoxide in *tert*-butanol-OD, followed by acetic acid protonation<sup>9)</sup> gave the deuterio derivative **6** along with the 4-en-3-oxo isomer. The deuterated mixture was subjected to reduction with lithium aluminum tri-*tert*-butoxydeuteride. The product, 3 $\beta$ -hydroxy-17,17-ethyleneacetal- $d_5$  **7**, was then treated with acid (without isolation) to give compound **8**. The yield (30%) was much improved, compared to that previously reported (4%) which was obtained using 4-en-3-one derivatives as substrates. Deuterium was also efficiently incorporated at C-2, -3 $\alpha$  and -4 as expected ( $d_2$  6%,  $d_3$  10%,  $d_4$  25%,  $d_5$  59%).

Bromination of the 17-oxo derivative **8** with 3 eq<sup>2a)</sup> of cupric bromide gave the 16 $\alpha$ -bromo-17-one **9** in quantitative yield. Treatment of the bromide **9** with sodium hydroxide-OD in deuterium oxide and pyridine<sup>2a)</sup> afforded the 16 $\alpha$ -hydroxide **10** ( $d_3$  5%,  $d_4$  11%,  $d_5$  26%,  $d_6$  58%) in high yield.

The structures of deuterio compounds **3**, **4**, **9** and **10** were confirmed by the <sup>1</sup>H-NMR spectra. This synthesis offers the advantage of permitting a high deuterium content without contamination by the natural form ( $d_0$ -species). The deuterio androgens should be suitable as internal standards for mass fragmentography. A quantitative GC-MS analysis of the androgens in biological fluid is under way to further investigate their physiological importance.

## Experimental

Melting points were measured on a Yanagimoto melting-point apparatus and are uncorrected. Infrared (IR) spectra were recorded on a Shimadzu IR 400 spectrometer as KBr pellets. NMR spectra were obtained with a JEOL PMX 60 spectrometer at 60 MHz with tetramethylsilane as an internal standard. Mass spectra were measured on a Hitachi RMU-7 spectrometer.

**16 $\alpha$ -Bromo-5-androstene-3,17-dione (2)**—A solution of 16 $\alpha$ -bromo-3 $\beta$ -hydroxy-5-androsten-17-one (1) (1.0 g) in acetone (80 ml) was treated with 8 N chromic acid<sup>9)</sup> (4 ml) at 0 °C for 5 min. The reaction mixture was poured into ice-water (500 ml). The precipitate was collected by filtration and crystallized from acetone to give **2** (630 mg, 63%) as colorless needles, mp 147–148 °C. IR  $\text{KBr, cm}^{-1}$ : 1745 and 1710. <sup>1</sup>H-NMR (CDCl<sub>3</sub>):  $\delta$  0.95 (3H, s, 18-CH<sub>3</sub>), 1.21 (3H, s, 19-CH<sub>3</sub>), 4.56 (1H, t,  $J$  = 8 Hz, 16 $\beta$ -H), 5.40 (1H, m, 6-H). Anal. Calcd for C<sub>19</sub>H<sub>25</sub>BrO<sub>2</sub>: C, 62.47; H, 6.90; Br, 21.87. Found: C, 62.45; H, 6.66; Br, 21.99.

**Treatment of Compound 2 with D<sub>2</sub>O**—A) A solution of **2** (288 mg) in D<sub>2</sub>O (0.7 ml) and diglyme (7 ml) was heated under reflux for 4.5 d. Water was added and the precipitate was collected by filtration and crystallized from acetone to give 4-androstene-3,17-dione-*d*<sub>6</sub> (130 mg, 45%) as colorless needles, mp 169–171 °C (lit.<sup>10)</sup> 168–170 °C). MS: *d*<sub>3</sub> 13%, *d*<sub>4</sub> 17%, *d*<sub>5</sub> 20%, *d*<sub>6</sub> 50%.

B) A solution of **2** (312 mg) in D<sub>2</sub>O (0.8 ml) and MeOD (10 ml) was heated under reflux for 4 d. Evaporation of the solvent under reduced pressure gave a solid, which was crystallized from acetone–H<sub>2</sub>O to give 16 $\alpha$ -bromo-4-androstene-3,17-dione-*d* (**3**) (242 mg, 78%) as colorless needles, mp 170–171 °C (lit.<sup>11)</sup> 172–174 °C). <sup>1</sup>H-NMR (CDCl<sub>3</sub>):  $\delta$  0.98 (3H, s, 18-CH<sub>3</sub>), 1.23 (3H, s, 19-CH<sub>3</sub>), 2.30–2.70 (*ca.* 5H), 5.76 (0.2H, s, 4-H).

**16 $\alpha$ -Hydroxy-4-androstene-3,17-dione-2,2,4,6,16 $\beta$ - or 2,4,6,6,16 $\beta$ -*d*<sub>5</sub> (4)**—Sodium metal (18 mg) was carefully added to a mixture of D<sub>2</sub>O (1.5 ml) and pyridine (5.5 ml) and then **3** (242 mg) was dissolved in the solution. The mixture was allowed to stand at room temperature for 2 h. After the same work-up as reported previously,<sup>2d)</sup> the crude product (200 mg) was obtained. Crystallization of the product from acetone yielded **4** (185 mg, 93%) as colorless needles, mp 187–188 °C (lit.<sup>2a)</sup> 188–190 °C). <sup>1</sup>H-NMR (CDCl<sub>3</sub>):  $\delta$  1.00 (3H, s, 18-CH<sub>3</sub>), 1.21 (3H, s, 19-CH<sub>3</sub>), 5.72 (0.2H, s, 4-H). MS: *d*<sub>3</sub> 16%, *d*<sub>4</sub> 27%, *d*<sub>5</sub> 52%, *d*<sub>6</sub> 5%.

**17,17-Ethylenedioxy-5-androsten-3-one (5)**—Compound **5** was synthesized according to Williams *et al.*<sup>12)</sup> mp 142–146 °C (lit.<sup>12)</sup> 141–146 °C).

**3 $\beta$ -Hydroxy-5-androsten-17-one-2,2,3 $\alpha$ ,4,4-*d*<sub>5</sub> (8)**—Under a nitrogen atmosphere, *tert*-BuOH (12 ml) was added to **5** (454 mg) and *tert*-BuOK (1.15 g), and the yellow solution was allowed to stand at room temperature for 2 h. Cold AcOD (22 ml, 10%) was rapidly added and the mixture was poured into ice-water. After extraction with ether (300 ml  $\times$  2), the organic layer was washed with 5% NaHCO<sub>3</sub> solution and water, dried (Na<sub>2</sub>SO<sub>4</sub>), and evaporated to give an oily residue. Thin-layer chromatographic analysis (hexane–AcOEt, 3:1) indicated the residue to be a mixture of 5-en- and 4-en-3-oxo steroids (*ca.* 3:1).

LiAlD<sub>4</sub> (181 mg) was placed in dry tetrahydrofuran (THF) (14 ml) and the suspension was stirred in an ice bath for 10 min. While the slurry was being stirred, *tert*-BuOH (0.9 ml) was added dropwise, followed by the dropwise addition of a solution of the oily residue obtained above in THF (6 ml). The entire mixture was stirred for 30 min at 0 °C and for 2 h at room temperature. A few drops of water were added to decompose the excess LiAl (*tert*-BuO)<sub>3</sub>D and the mixture was acidified with 10% HCl solution (10 ml) and then allowed to stand for 5 h at room temperature. The 17-oxo products were recovered by extraction with AcOEt and subjected to silica gel column chromatography (hexane–AcOEt) to give a solid, which was crystallized from acetone–H<sub>2</sub>O to yield **8** (120 mg, 30%), mp 150–153 °C (lit.<sup>13)</sup> 153 °C). <sup>1</sup>H-NMR (CDCl<sub>3</sub>):  $\delta$  0.90 (3H, s, 18-CH<sub>3</sub>), 1.03 (3H, s, 19-CH<sub>3</sub>), 5.43 (1H, m, 6-H). MS: *d*<sub>2</sub> 6%, *d*<sub>3</sub> 10%, *d*<sub>4</sub> 25%, *d*<sub>5</sub> 59%.

**16 $\alpha$ -Bromo-3 $\beta$ -hydroxy-5-androsten-17-one-2,2,3 $\alpha$ ,4,4-*d*<sub>5</sub> (9)**—A solution of **8** (100 mg) in dry MeOH (10 ml) was heated under reflux for 12 h. After the same work-up as reported previously,<sup>14)</sup> a crude product was obtained. Crystallization of the product from MeOH gave **9** (120 mg, 94%), mp 176–178 °C (lit.<sup>14)</sup> 175–176 °C). <sup>1</sup>H-NMR (CDCl<sub>3</sub>):  $\delta$  0.93 (3H, s, 18-CH<sub>3</sub>), 1.00 (3H, s, 19-CH<sub>3</sub>), 4.40 (1H, m, 16 $\beta$ -H), 5.40 (1H, m, 6-H).

**3 $\beta$ ,16 $\alpha$ -Dihydroxy-5-androsten-17-one-2,2,3 $\alpha$ ,4,4,16 $\beta$ -*d*<sub>6</sub> (10)**—Compound **9** (100 mg) was hydrolyzed with NaOD in D<sub>2</sub>O and pyridine essentially as described for the synthesis of **4** to afford **10** (76 mg, 92%) as colorless needles, mp 187–189 °C (MeOH) (lit.<sup>2a)</sup> 188–190 °C). <sup>1</sup>H-NMR (CDCl<sub>3</sub>):  $\delta$  0.98 (3H, s, 18-CH<sub>3</sub>), 1.00 (3H, s, 19-CH<sub>3</sub>), 5.41 (1H, m, 6-H). MS: *d*<sub>3</sub> 5%, *d*<sub>4</sub> 11%, *d*<sub>5</sub> 26%, *d*<sub>6</sub> 58%.

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