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N³-BENZYLURIDINE EXERTS HYPNOTIC ACTIVITY IN MICE

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N³-Benzyluridine (I), a derivative of uracil (II) or uridine (III),
has hypnotic effect on mice.

The hypnotic effect of I was effected by intracerebroventricular in-
jection. The response was dose-dependent with doses of 1.5-4.0 μmol/mouse.
Further, I significantly prolonged pentobarbital-induced sleep in mice.
In the same doses, II and III have no hypnotic or sleep-prolonging effects.
These results suggest that III may be a sleep-promoting substance basically,
as reported by Komoda et al.¹⁾

KEYWORDS — N³-benzyluridine; uracil; uridine; hypnotic activity;
pentobarbital-induced sleep; sleep-promoting substance

Recently, Komoda et al.,¹⁾ Honda et al.²⁾ and Inoue et al.^{3,4)} reported that III
is one of the active components of a sleep-promoting substance obtained from the brain-
stem of sleep-deprived rats. Wenzel and Keplinger^{5,6)} reported that II extends the
hexobarbital-induced sleeping time in mice, and Roberts⁷⁾ described an anticonvulsant
effect of III. We have also reported the effect of III and N³-allyluridine on pento-
barbital-induced sleep and diazepam-induced motor incoordination,⁸⁾ although they had
no hypnotic activity. In this paper, we wish to report the hypnotic activity of I by

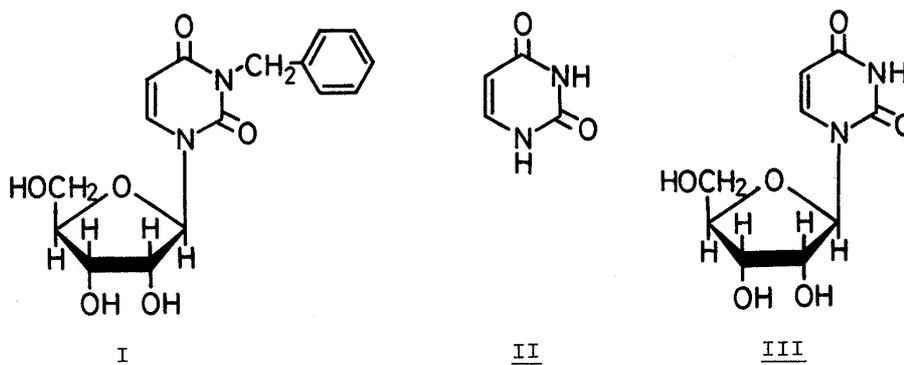


Fig. 1. Chemical Structures of N³-Benzyluridine (I), Uracil (II) and Uridine (III)

intracerebroventricular (i.c.v.) injection, and its synergism in pentobarbital-induced sleep.

The male mice used were of ddN strain and weighed 25 ± 3 g. II and III were purchased from Kohjin Co., Ltd. Sodium thiopental and sodium pentobarbital were obtained from Tanabe Seiyaku Co., Ltd. and Tokyo Kasei Kogyo Co., Ltd., respectively. I was prepared according to the method of Sasaki et al.⁹⁾ The analytical data of I were: mp $179.5 - 181.0^\circ\text{C}$ (lit.⁹⁾ mp $181 - 182^\circ\text{C}$, yield 59.5%, $^1\text{H-NMR}$ (DMSO- d_6) δ : 3.68 (2H, m, 5'-CH₂-), 3.96 (1H, m, 4'-H), 4.08 (2H, m, 2'-H + 3'-H), 5.08 (2H, s, N-CH₂-), 5.96 (2H, m, 1'-H + 5-H), 7.38 (5H, m, Ph), 8.16 (1H, d, J=8Hz, 6-H). Anal. Calcd for C₁₆H₁₈N₂O₆: C, 57.46; H, 5.42; N, 8.42. Found: C, 57.46; H, 5.43; N, 8.40.

The hypnotic activity in mice was determined by measuring sleeping time, the time between loss of righting reflex and recovery. All compounds (I, II and III) were suspended in 3% Tween-80 saline for injection. The i.c.v. injection was performed according to the method of Haley and McCormick.¹⁰⁾ Eight mice were used in each group.

Table I. Effect of Uracil (II), Uridine (III) and N³-Benzyluridine (I) on Pentobarbital-Induced Sleep

Compd.	Dose ($\mu\text{mol}/\text{mouse}$)	Sleeping time (min)	(N)
Control	—	68 ± 4	(8)
<u>II</u>	0.5	71 ± 2	(8)
	1.0	67 ± 4	(8)
	1.5	61 ± 6	(7)
<u>III</u>	0.5	66 ± 4	(8)
	1.0	63 ± 3	(8)
	1.5	69 ± 3	(8)
<u>I</u>	0.5	103 ± 7 **	(8)
	1.0	105 ± 3 **	(8)
	1.5	125 ± 5 **	(8)

Results are expressed as the mean \pm S.E.

**, significantly different from the control, $p < 0.01$.

(N), number of animals used.

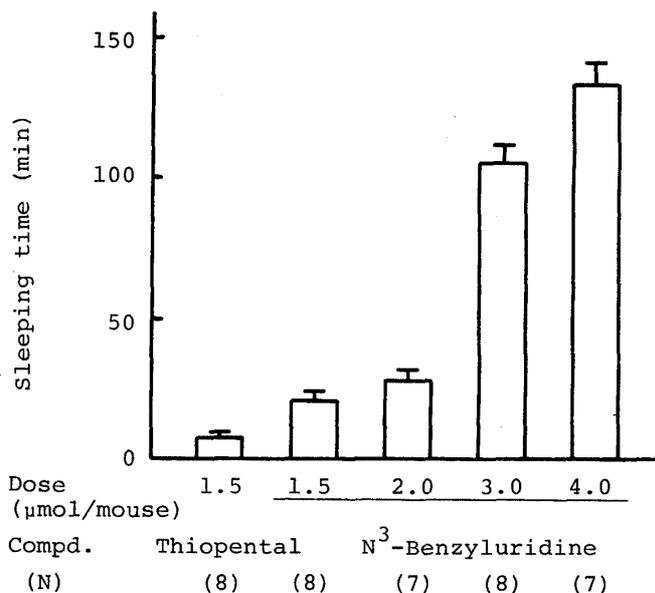


Fig. 2. Hypnotic Activity of N³-Benzyluridine and Thiopental Injected i.c.v. Results are expressed as the mean \pm S.E. The numbers of animals used are shown in parentheses.

The hypnotic activity of I was examined by i.c.v. administration (1.5 - 4.0 $\mu\text{mol}/\text{mouse}$). These results are summarized in Fig. 2. Administration of I ($\geq 1.5 \mu\text{mol}/\text{mouse}$) caused sleep, although a dose of 1.0 $\mu\text{mol}/\text{mouse}$ had no hypnotic effect. The sleeping time of I administered at 1.5, 2.0, 3.0 and 4.0 $\mu\text{mol}/\text{mouse}$ was 22, 28, 106 and 134 min, respectively. In contrast, when mice were injected i.c.v. with 1.5 $\mu\text{mol}/\text{mouse}$ of thiopental, the sleeping time was 8 min. At the same dosage, I had stronger hypnotic activity than thiopental.

The effect of I, II and III on the sleeping time induced by pentobarbital was tested (Table I). The compounds (0.5, 1.0 and 1.5 $\mu\text{mol}/\text{mouse}$, respectively) and 3% Tween-80 saline as control were injected i.c.v. into mice. Fifteen min later, 40 mg/kg of sodium pentobarbital was given intraperitoneally, and the pentobarbital-induced sleep was measured. The administration of I resulted in significantly prolonged sleeping time at all doses. I at doses of 0.5, 1.0 and 1.5 $\mu\text{mol}/\text{mouse}$ prolonged sleeping time by 51%, 54% and 83%, respectively, compared with the control. II and III did not prolong sleep at these doses, although we previously reported that III and N^3 -allyluridine significantly prolonged pentobarbital-induced sleep at higher doses.⁸⁾

From these results, it is apparent that I, a derivative of III, has hypnotic activity and prolongs pentobarbital-induced sleep. It is thus interesting to note that not only I is a hypnotic, but also the structures of I, II and III are very similar to barbiturates. Further research is now in progress on the synthesis of N^3 -substituted compounds of III and the elucidation of the action mechanism of I.

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