

## Scavenging Effects of Dihydric and Polyhydric Phenols on Superoxide Anion Radicals, Studied by Electron Spin Resonance Spectrometry

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We investigated the scavenging effects of dihydric, trihydric phenols and related polyphenols on superoxide anion radicals ( $O_2^-$ ) generated from the hypoxanthine-xanthine oxidase system by ESR (electron spin resonance) spin trapping technique using 5,5-dimethyl-1-pyrroline-*N*-oxide (DMPO) as a trapping reagent. The  $O_2^-$  scavenging activities of non-substituted dihydric phenols were in the order of pyrocatechol >> hydroquinone >> resorcinol. Trihydric phenols, pyrogallol and gallic acid, which have phenolic OH groups at *ortho* positions, had stronger activities than pyrocatechol; phloroglucinol, on the other hand, which has phenolic OH groups at *meta* positions, had much weaker effect. Polyhydric phenols like quercetin and hematoxylin, which have catechol groups, had significant  $O_2^-$  scavenging activities. In order to clarify the physico-chemical property of these phenolic compounds which determines their  $O_2^-$  scavenging activities, we investigated the effects of six 4-substituents of pyrocatechol on  $O_2^-$  scavenging effects. The effects of these substituents were well correlated with their redox potentials, indicating that  $O_2^-$  scavenging activities of catechol derivatives are controlled by their electron donor activities.

We also observed the scavenging effects of these phenolic compounds on  $O_2^-$  from a different source: potassium superoxide ( $KO_2$ ) solubilized in dimethyl sulfoxide by 18-crown-6. ESR analysis in this system revealed that one-electron oxidized products of these compounds were concomitantly formed accompanied by the reduction of  $O_2^-$ . The results revealed that phenolic compounds directly react with  $O_2^-$  to form stable radicals, which account for the  $O_2^-$  scavenging activities of the compounds.

**Keywords** phenolic compound; superoxide anion radical; ESR spin trapping; radical scavenger; redox potential

It has been revealed that various phenolic antioxidants like flavonoids, tannins and  $\alpha$ -tocopherol scavenge active oxygen species such as superoxide anion radicals<sup>1-3)</sup> and lipid peroxy radicals<sup>4-6)</sup> and thus prevent cell damage.<sup>7,8)</sup> They are viewed as promising therapeutic drugs for free radical pathologies such as ischemia, anemia and arthritis.<sup>4)</sup> Although there have been many studies on their free radical scavenging reactions, the relationship between their chemical structure and their scavenging activities is still unknown. In particular, little work has been done to reveal the physico-chemical properties which determine the activities of phenolic antioxidants, except on tocopherol derivatives.<sup>9,10)</sup> Therefore, in this study we investigated by ESR (electron spin resonance) spectrometry the effects of dihydric and trihydric phenols as well as some polyhydric phenols, which have the dihydric phenol moieties as their basic structures, on superoxide anion radicals generated in the hypoxanthine (HPX)-xanthine oxidase (XOD) system in order to clarify their activities toward superoxide anion radicals ( $O_2^-$ ). Through this work we attempted to clarify the relationship of  $O_2^-$  scavenging activities of these phenolic compounds and their chemical structures and physico-chemical properties. Moreover, since the scavenging mechanism of these phenols is unknown, by ESR spectrometry we also studied the scavenging mechanism of these phenols against  $O_2^-$  prepared from potassium superoxide ( $KO_2$ ) solubilized with 18-crown-6.<sup>1,11)</sup>

### Experimental

**Materials** All phenolic compounds,  $KO_2$  and 18-crown-6 were obtained from Wako Pure Chemical Industries (Osaka, Japan) and Nakarai Tesque, Inc. (Kyoto, Japan). 5,5-Dimethyl-1-pyrroline-*N*-oxide (DMPO) was from Labotec, Inc. (Tokyo, Japan). Diethylenetriamine-*N,N,N',N''*, *N''*-pentaacetic acid (DTPA) was from Dojindo Laboratories (Kumamoto, Japan). HPX and XOD were purchased from Sigma Chemical Co. (St. Louis, MO, U.S.A.).

#### Effects of Phenolic Compounds on Superoxide Anion Radicals Generated

**in HPX-XOD System** The  $O_2^-$  scavenging activities of the compounds were evaluated by ESR spectrometry according to the method of Mitsuta *et al.*<sup>12)</sup> A 0.12 unit/ml XOD was added to 0.4 mM HPX in 80 mM sodium phosphate buffer (pH 7.0) which contains 1.1 mM DTPA and various concentrations of phenolic compound. Almost simultaneously DMPO was added to the solution to a final amount of 100 mM and mixed on a vortex mixer. 1 min after the mixing, ESR spectra were measured with a JEOL JES-FE1XG (X-band) spectrometer with 100 kHz field modulation frequency and 1 G modulation amplitude at an output power of 8 mW unless otherwise indicated. Mn(II) in MnO was used as a standard. All experiments were done at room temperature (21 °C).

**Reaction of Phenolic Compounds with  $O_2^-$  from  $KO_2$  in Dimethyl Sulfoxide** A 0.5 mM of  $KO_2$  was dissolved in dimethyl sulfoxide (DMSO) in the presence of 5 mM 18-crown-6.  $O_2^-$  scavenging activities of phenolic compounds, which were also added to the DMSO solution, were evaluated from ESR spectra measured at 77 K after 1 min incubation of the compounds with  $O_2^-$  at 21 °C. Identification of radicals of phenolic compounds generated in the reaction was done from ESR spectra measured at 21 °C.

### Results and Discussion

**Effects of Phenolic Compounds on Superoxide Anion Radicals Generated in HPX-XOD System** We first investigated the  $O_2^-$  scavenging effects of phenolic compounds shown in Fig. 1; as shown in Fig. 2 for pyrocatechol, they scavenged  $O_2^-$ . Since phenolic compounds were found to scavenge  $O_2^-$  dose-dependently, the concentrations of phenolic compounds causing 50% decrease of  $O_2^-$  ( $IC_{50}$  values) were determined as shown in Fig. 3 for pyrocatechol and are listed in Table I. Phenol itself did not exhibit  $O_2^-$  scavenging activity even at 20 mM. Among dihydric phenols, the activity of pyrocatechol, which has phenolic OH at *ortho* position, was strongest; the activity of hydroquinone was next and that of resorcinol was weakest.

Among trihydric phenols, pyrogallol and gallic acid, which have phenolic OH groups at neighboring positions, have more prominent  $O_2^-$  scavenging activities than the

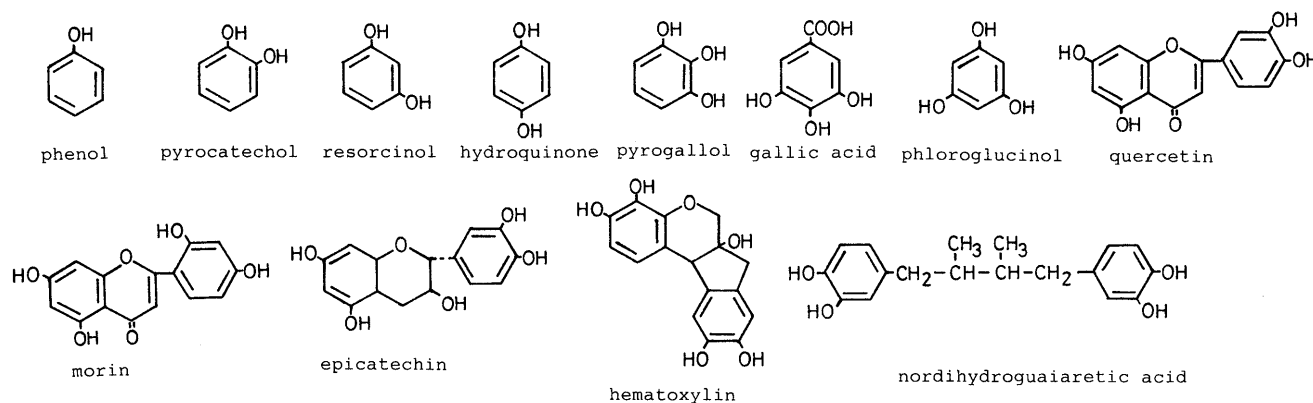
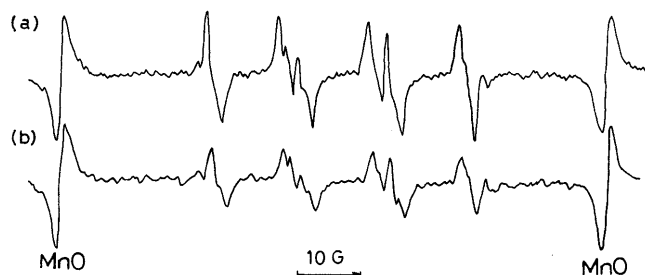
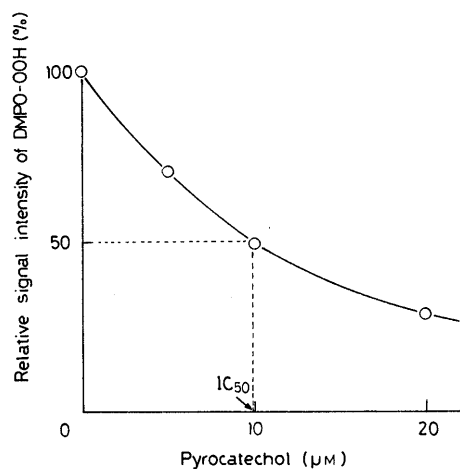


Fig. 1. Phenolic Compounds Tested in This Study

Fig. 2. Effect of Pyrocatechol on Superoxide Anion ( $O_2^-$ ) Generated in Hypoxanthine (HPX)-Xanthine Oxidase (XOD) System: (a) Control, (b) with  $10 \mu\text{M}$  PyrocatecholESR spectra were measured after 1 min incubation at  $21^\circ\text{C}$ .Fig. 3. Example of Dose-Dependent  $O_2^-$  Scavenging Effect of Pyrocatechol

Concentration causing 50% decrease of  $O_2^-$  ( $IC_{50}$  value) was defined as that required to give a 50% decrease of the intensity of the signal of DMPO-OOH, DMPO adduct of  $O_2^-$ .

dihydric phenols mentioned above. On the other hand, the activity of phloroglucinol, which has three phenolic OH groups at *meta* positions, was much weaker than those of pyrogallol and gallic acid.

Among the polyhydric phenols tested, quercetin, which has a catechol group and long conjugated double bonds and has been reported to have significant antioxidant activity,<sup>1,2,4</sup> had a strong  $O_2^-$  scavenging activity. Its  $IC_{50}$  value was about 1/4 that of pyrocatechol. The activity of morin, in contrast, which has a resorcinol group instead of a catechol group in quercetin, was much weaker. These

TABLE I. Concentrations of Monohydric and Dihydric Phenols Causing 50% Decrease of  $O_2^-$ ,  $IC_{50}$  Values in HPX-XOD System

Compound	$IC_{50}$ ( $\mu\text{M}$ ) <sup>a</sup>
Phenol	>20000
Pyrocatechol	$10.9 \pm 1.7$ (5)
Resorcinol	$18800 \pm 2600$ (3)
Hydroquinone	$280 \pm 69$ (3)
Pyrogallol	$1.45 \pm 0.13$ (4)
Gallic acid	$1.57 \pm 0.11$ (3)
Phloroglucinol	$7280 \pm 920$ (3)
Quercetin	$2.75 \pm 0.31$ (3)
Morin	$210 \pm 23$ (3)
Epicatechin	$9.32 \pm 1.22$ (3)
Hematoxylin	$2.22 \pm 0.12$ (3)
Nordihydroguaiaretic acid	$8.73 \pm 2.14$ (3)

<sup>a</sup> Numbers represent means  $\pm$  S.D. of results from 3–5 (numbers in parentheses) different preparations.

results suggest that the catechol group is important for scavenging  $O_2^-$ . These estimations are supported by the findings that epicatechin, hematoxylin and nordihydroguaiaretic acid, which also have one or two catechol groups in the molecule, have prominent  $O_2^-$  scavenging activities as shown in this work. These results are also consistent with the recent report on the significant antioxidant activities of catechol compounds.<sup>13)</sup>

**Relationship between  $O_2^-$  Scavenging Effects of Catechol Derivatives and Their Redox Potentials** In order to clarify the physico-chemical properties which may determine the  $O_2^-$  scavenging activity of the phenolic compounds, especially that of catechol compounds which exhibited strong activities, we next investigated the relationship between redox potentials<sup>14)</sup> and  $O_2^-$  scavenging effects for 4-substituents of pyrocatechol. Correlation between their redox potentials,  $E_o$  (V), and their  $O_2^-$  scavenging activities expressed as logarithm values of  $1/IC_{50}$  was examined following Naito *et al.*<sup>15)</sup> As shown in Fig. 4 for six 4-substituents of pyrocatechol, the activity of *tert*-butyl substituent was strongest and that of carboxyl substituent (protocatechuic acid) was weakest. Moreover, a good linear correlation was found between the redox potentials and scavenging activities of these catechol derivatives as shown in Eq. 1.

$$\log(1/IC_{50})(\mu\text{M}^{-1}) = -4.61E_o + 2.63 \quad (r=0.991) \quad (1)$$

Here,  $r$  is the correlation coefficient. Equation 1 revealed

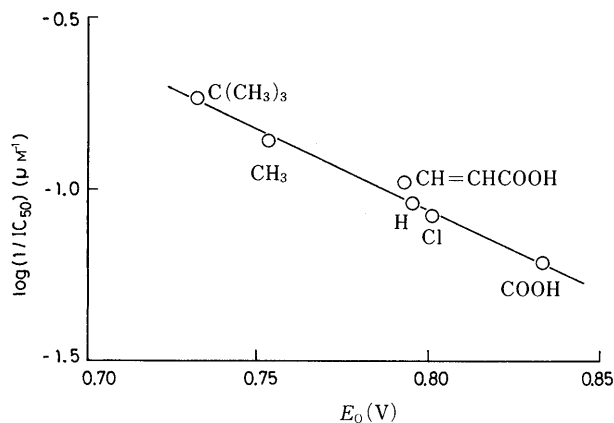


Fig. 4. Relation between Redox Potentials,  $E_0$ , of 4-Substituents of Pyrocatechol and Their  $O_2^-$  Scavenging Effects, Expressed as  $1/IC_{50}$  Values

The values of  $E_0$  (V) are cited from Ref. 14.

that catechol derivatives with lower redox potentials have stronger scavenging effects on  $O_2^-$ . These results indicated that  $O_2^-$  scavenging activities of catechol derivatives are controlled by their electron donor activities. This conclusion is consistent with the results on the scavenging effects of tocopherol derivatives against active oxygen species.<sup>9,10</sup> However, the results revealed here were different from those on the inhibitory effects of the same catechol derivatives on arachidonic acid metabolism in blood platelets,<sup>16</sup> in which radical chain reactions are involved<sup>17</sup> and which seems to be carried out under hydrophobic circumstances.

**$O_2^-$  Scavenging Activities of Phenolic Compounds against  $O_2^-$  Originated from  $KO_2$  in DMSO and Identification of the Generated Radicals** Reaction sites of these phenolic compounds with  $O_2^-$  under physiological conditions seem most likely to be hydrophobic surroundings like cellular lipid bilayer. In fact, the inhibitory effects of 4-substituents of pyrocatechol on the arachidonic acid metabolism mentioned above depended on their hydrophobicities in addition to their redox potentials.<sup>16</sup> Therefore, we next investigated the  $O_2^-$  scavenging activities of these phenolic compounds against  $O_2^-$  in an organic solvent like DMSO by using  $KO_2$  which was solubilized by 18-crown-6 as the source of  $O_2^-$ . This system is also useful for another reason, because the high concentration of  $O_2^-$  is expected to make it possible to identify the radicals of phenolic compounds generated in the reaction process with  $O_2^-$ .

Figure 5 shows the ESR spectra of  $O_2^-$  originated from 0.5 mM  $KO_2$  observed at 77 K. In the presence of 1 mM pyrocatechol, the signal of  $O_2^-$  disappeared and a new ESR signal developed. In order to identify this new ESR signal, ESR spectra were recorded at 21 °C. As a result, a signal with seven lines ( $g_0=2.008$ ,  $a_{3,6}^H=1.64$  G (2H) and  $a_{4,5}^H=3.45$  G (2H)) was observed as shown in Fig. 6. Computer simulation was then carried out according to the previous report,<sup>18</sup> and it was revealed that this signal is attributable to pyrocatechol radical. As reported for the radicals of tocopherol derivatives which are generated following the reaction with  $O_2^-$ ,<sup>19,20</sup> the pyrocatechol radical observed here is thought to be formed by deprotonation of the unstable pyrocatechol cation radical which was produced due to one-electron oxidation of pyrocatechol by  $O_2^-$ . This prediction is consistent with the

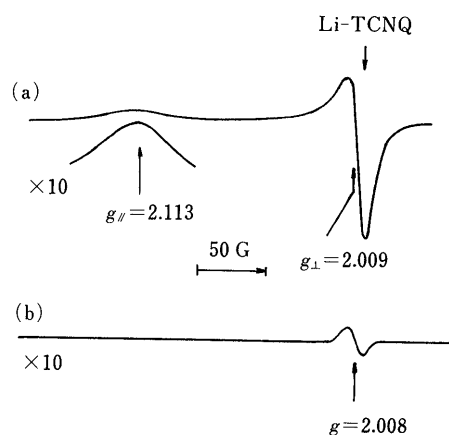


Fig. 5. ESR Spectrum of  $O_2^-$  Originated from 0.5 mM  $KO_2$  in DMSO at 77 K (a) and That in the Presence of 1 mM Pyrocatechol (b)

Spectra were measured after 1 min incubation at 21 °C with 6.3 G modulation amplitude at the recording magnitudes of 1 (a) and 10 (b).

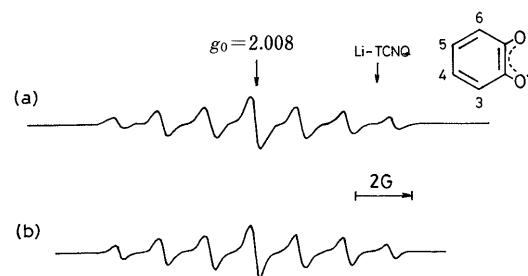


Fig. 6. ESR Spectrum Obtained by the Reaction of 1 mM Pyrocatechol with  $O_2^-$  Originated from 0.5 mM  $KO_2$  in DMSO at 21 °C (a) and Its Simulated Spectrum (b)

Hyperfine splitting constants,  $a_{3,6}^H$  and  $a_{4,5}^H$ , are 1.64 G (2H) and 3.45 G (2H), respectively. ESR spectrum was measured with 0.1 G modulation amplitude after 4 min incubation at 21 °C.

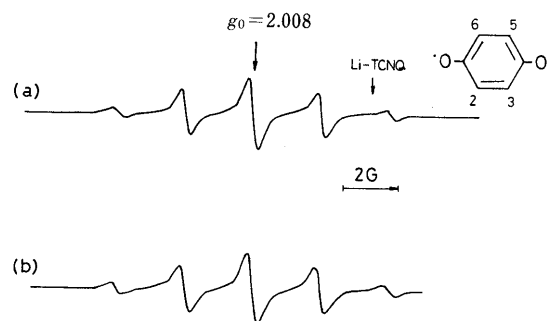


Fig. 7. ESR Spectrum Obtained by the Reaction of 1 mM Hydroquinone with  $O_2^-$  Originated from 0.5 mM  $KO_2$  in DMSO at 21 °C (a) and Its Simulated Spectrum (b)

Hyperfine splitting constant,  $a_{2,3,5,6}^H$ , is 2.42 G (4H). ESR spectrum was measured with 0.1 G modulation amplitude after 4 min incubation at 21 °C.

results that  $O_2^-$  scavenging activities of catechol derivatives are controlled by their electron donor activities. The pyrocatechol radical observed here was stable and did not deteriorate during the 20 min after the beginning of the reaction. Similar productions of radicals following one-electron oxidation were also observed for other phenolic compounds. As an example, the ESR signal for hydroquinone is shown in Fig. 7. Computer simulation revealed the generation of hydroquinone radicals.

There have been a number of studies on the free radical

scavenging activities of various antioxidants including phenolic compounds. However, the mechanisms of their free radical scavenging as well as the physico-chemical properties which determine the activities of these compounds are scarcely known. The results obtained here for  $O_2^-$  scavenging effects of phenolic compounds indicate that these compounds directly react with  $O_2^-$ , induce one electron reduction of  $O_2^-$  due to their electron donor activities and form stable radicals of the compounds themselves. This formation of stable radicals seems to be the cause of the  $O_2^-$  scavenging activities of phenolic compounds. However, there is still one problem to be solved. Although good correlation was found between redox potentials of 4-substituents of pyrocatechol and their scavenging effects against  $O_2^-$  generated in the HPX-XOD system, certain other phenolic compounds with different structures showed variations from the correlation. For example, the  $O_2^-$  scavenging activity of hydroquinone was much weaker than that of pyrocatechol, although redox potential of the former (0.700)<sup>14)</sup> is smaller than that of the latter (0.795).<sup>14)</sup> Therefore, other physico-chemical factors may also govern the  $O_2^-$  scavenging activities of phenolic compounds. Binding of the compounds to the enzyme may also have to be considered.

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