

# Sterol Constituents from the Fruit Bodies of *Grifola frondosa* (FR.)

S. F. GRAY

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Four new sterols, 5 $\alpha$ ,6 $\alpha$ -epoxy-(22*E*,24*R*)-ergosta-8(14),22-diene-3 $\beta$ ,7 $\beta$ -diol (**1**), (22*E*,24*R*)-ergosta-8,22-diene-3 $\beta$ ,5 $\alpha$ ,6 $\beta$ ,7 $\alpha$ -tetrol (**2**), (22*E*,24*R*)-ergosta-7,9(11),22-triene-3 $\beta$ ,5 $\alpha$ ,6 $\beta$ -triol (**3**) and 3 $\beta$ ,5 $\alpha$ ,6 $\beta$ -trihydroxy-(22*E*,24*R*)-ergost-22-en-7-one (**4**), have been isolated from the fruit bodies of *Grifola frondosa* (FR.) S. F. GRAY (Polyporaceae) together with fourteen known ones (**5**—**18**), of which two (**5** and **6**) are reported for the first time from a natural source. The structures of these compounds were elucidated on the basis of spectral data.

**Key words** *Grifola frondosa*; Polyporaceae; sterol

The fruit bodies of *Grifola* (*G.*) *frondosa* (FR.) S. F. GRAY (Maitake in Japanese, Polyporaceae), an edible mushroom, contain ergosterol,<sup>1)</sup> fungisterol,<sup>1)</sup> 4 $\alpha$ -methyl-8,24(28)-ergostadienol,<sup>1)</sup> lanosterol,<sup>1)</sup> lanost-8-en-3 $\beta$ -ol,<sup>1)</sup> triacylglycerols,<sup>2)</sup> cerebrosides,<sup>3)</sup> lectin<sup>4)</sup> and an antitumor-active glucan.<sup>5)</sup> In a continuation of our investigation of the sterol constituents in this edible mushroom, we describe herein the isolation and structural elucidation of four new sterols, 5 $\alpha$ ,6 $\alpha$ -epoxy-(22*E*,24*R*)-ergosta-8(14),22-diene-3 $\beta$ ,7 $\beta$ -diol (**1**), (22*E*,24*R*)-ergosta-8,22-diene-3 $\beta$ ,5 $\alpha$ ,6 $\beta$ ,7 $\alpha$ -tetrol (**2**), (22*E*,24*R*)-ergosta-7,9(11),22-triene-3 $\beta$ ,5 $\alpha$ ,6 $\beta$ -triol (**3**) and 3 $\beta$ ,5 $\alpha$ ,6 $\beta$ -trihydroxy-(22*E*,24*R*)-ergost-22-en-7-one (**4**), as well as fourteen known ones, 3 $\beta$ -hydroxy-(22*E*,24*R*)-ergosta-5,8,22-trien-7-one (**5**), 3 $\beta$ ,5 $\alpha$ -dihydroxy-(22*E*,24*R*)-ergosta-7,22-dien-6-one (**6**), 5 $\alpha$ ,6 $\alpha$ -epoxy-(22*E*,24*R*)-ergosta-8(14),22-diene-3 $\beta$ ,7 $\alpha$ -diol (**7**),<sup>6)</sup> (22*E*,24*R*)-ergosta-8(14),22-diene-3 $\beta$ ,5 $\alpha$ ,6 $\beta$ ,7 $\alpha$ -tetrol (**8**),<sup>7)</sup> 5 $\alpha$ ,6 $\alpha$ -epoxy-(22*E*,24*R*)-ergosta-8,22-diene-3 $\beta$ ,7 $\alpha$ -diol (**9**),<sup>6)</sup> (22*E*,24*R*)-ergosta-7,9(11),22-triene-3 $\beta$ ,5 $\alpha$ ,6 $\alpha$ -triol (**10**),<sup>8)</sup> 3 $\beta$ -hydroxy-(22*E*,24*R*)-ergosta-5,22-dien-7-one (**11**),<sup>9)</sup> 3 $\beta$ ,5 $\alpha$ ,9 $\alpha$ -trihydroxy-(22*E*,24*R*)-ergosta-7,22-dien-6-one (**12**),<sup>10)</sup> (22*E*,24*R*)-ergosta-7,22-diene-3 $\beta$ ,5 $\alpha$ ,6 $\alpha$ -triol (**13**),<sup>8)</sup> (22*E*,24*R*)-ergosta-7,22-diene-3 $\beta$ ,5 $\alpha$ ,6 $\beta$ -triol (**14**),<sup>11)</sup> (22*E*,24*R*)-ergosta-7,22-diene-3 $\beta$ ,5 $\alpha$ ,6 $\beta$ ,9 $\alpha$ -tetrol (**15**),<sup>12)</sup> 5 $\alpha$ ,8 $\alpha$ -epidioxy-(24*S*)-ergost-6-en-3 $\beta$ -ol (**16**),<sup>13)</sup> 5 $\alpha$ ,8 $\alpha$ -epidioxy-(22*E*,24*R*)-ergosta-6,22-dien-3 $\beta$ -ol (**17**)<sup>14)</sup> and 5 $\alpha$ ,8 $\alpha$ -epidioxy-(22*E*,24*R*)-ergosta-6,9(11),22-trien-3 $\beta$ -ol (**18**)<sup>13)</sup> from the fruit bodies of *G. frondosa*. This paper presents a full account of the isolation and structure elucidation of these constituents.<sup>15)</sup>

The fresh fruit bodies of *G. frondosa* were extracted with Et<sub>2</sub>O. The Et<sub>2</sub>O extract was subjected to silica gel column chromatography and preparative HPLC to furnish eighteen sterols (**1**—**18**). This is the first time that compounds **5** and **6** have been isolated from a natural source and that compounds **7**—**18** have been isolated from the fruit bodies of *G. frondosa*.

Compound **1** was isolated as an amorphous powder, [ $\alpha$ ]<sub>D</sub> -52.4°. The molecular formula was determined to be C<sub>28</sub>H<sub>44</sub>O<sub>3</sub> by high-resolution (HR)-MS. The IR spectrum showed a hydroxyl absorption (3611 cm<sup>-1</sup>). The <sup>1</sup>H-NMR spectrum (Table 1) showed signals due to two tertiary methyl groups [ $\delta$ <sub>H</sub> 0.90 (3H, H<sub>3</sub>-18), 1.02 (3H, H<sub>3</sub>-19)], a 24-methyl- $\Delta$ <sup>22</sup>-sterol side chain [ $\delta$ <sub>H</sub> 0.82 (3H,

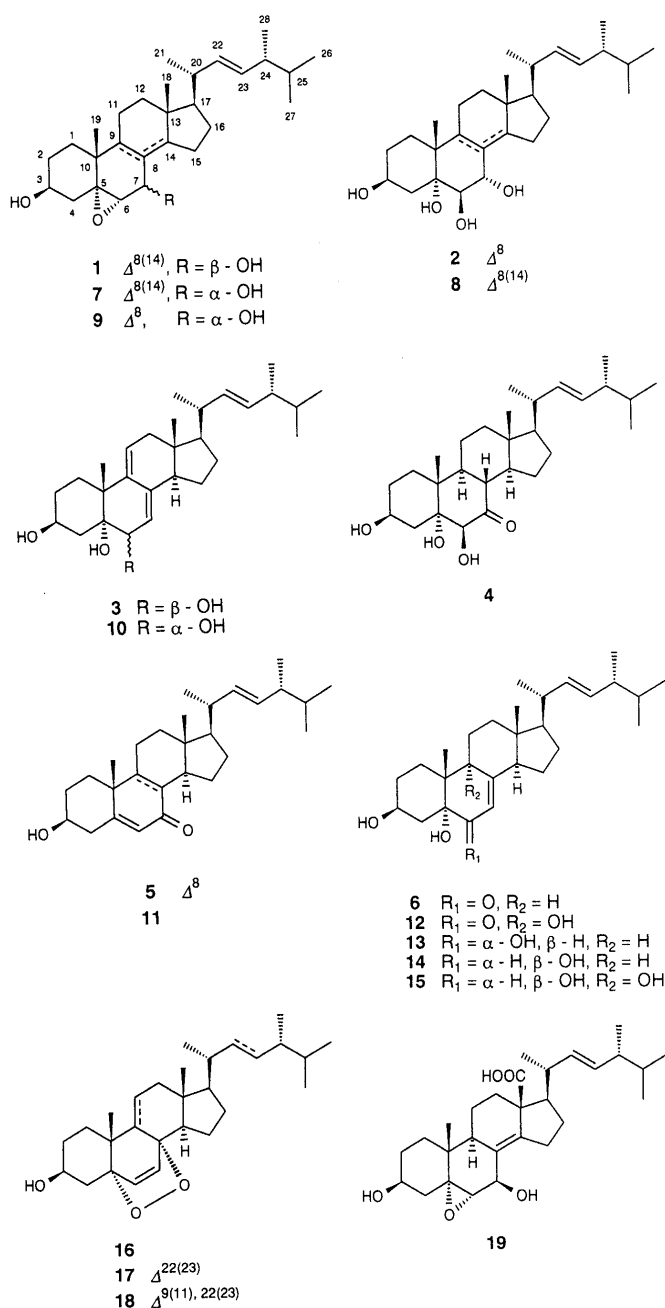


Chart 1

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Table 1.  $^1\text{H-NMR}$  Chemical Shifts of Compounds **1**–**6** (600 MHz,  $\text{CDCl}_3$ )

Proton	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5<sup>a)</sup></b>	<b>6<sup>b)</sup></b>
3	3.89 m	4.16 m	4.12 m	4.10 m	3.67 m	4.04 m
4		$\beta$ 2.03 dd (12.7, 11.1)	$\beta$ 2.07 dd (12.8, 11.4)	$\beta$ 2.22 dd (12.7, 12.0)		
6	3.00 d (2.5)	3.75 br s	3.82 br s	3.51 s	6.04 d (1.5)	
7	4.52 br s	3.96 br s	5.45 br d (5.6)			5.66 br s
8				2.93 dd (11.2, 11.1)		
11			5.75 br d (6.3)			
18	0.90 s	0.66 s	0.60 s	0.70 s	0.65 s	0.61 s
19	1.02 s	1.30 s	1.28 s	1.37 s	1.35 s	0.96 s
21	1.02 d (6.6)	1.04 d (6.8)	1.02 d (6.6)	1.01 d (6.6)	1.05 d (7.0)	1.04 d (6.6)
22	5.20 m	5.16 dd (15.2, 7.8)	5.16 dd (15.2, 7.8)	5.19 m	5.19 dd (15.4, 6.2)	5.15 dd (15.2, 7.6)
23	5.20 m	5.24 dd (15.2, 5.9)	5.26 dd (15.2, 7.1)	5.19 m	5.24 dd (15.4, 7.0)	5.25 dd (15.2, 7.1)
26	0.82 d (6.8)	0.82 d (6.6)	0.83 d (6.8)	0.82 d (6.8)	0.83 d (6.2)	0.82 d (6.8)
27	0.84 d (6.8)	0.84 d (6.8)	0.84 d (6.6)	0.83 d (6.8)	0.84 d (6.6)	0.84 d (6.8)
28	0.92 d (6.9)	0.92 d (6.8)	0.92 d (6.8)	0.91 d (6.9)	0.92 d (7.0)	0.92 d (6.8)

Coupling constants ( $J$  in Hz) are given in parentheses. a) Measured at 400 MHz. b) Measured at 270 MHz.

$\text{H}_3$ -26), 0.84 (3H,  $\text{H}_3$ -27), 0.92 (3H,  $\text{H}_3$ -28), 1.02 (3H,  $\text{H}_3$ -21), 5.20 (2H, H-22 and H-23)], a trisubstituted epoxide bearing a methine proton [ $\delta_{\text{H}}$  3.00 (1H, H-6)] and two methine protons on carbons bearing a hydroxyl group [ $\delta_{\text{H}}$  3.89 (1H, H-3), 4.52 (1H, H-7)]. The  $^{13}\text{C-NMR}$  spectrum contained twenty-eight signals that included a fully substituted double bond [ $\delta_{\text{C}}$  126.8 (C-8), 151.6 (C-14)]. Comparison of these data with the spectral data for compound **7** revealed that they were identical except at C-7. In the  $^1\text{H-NMR}$  spectrum, the chemical shift of the  $\text{H}_3$ -19 methyl group in pyridine- $d_5$  was shifted downfield by the pyridine-induced deshielding effect<sup>16)</sup> ( $\delta_{\text{C}_5\text{D}_5\text{N}} - \delta_{\text{CDCl}_3}$ ;  $\Delta\delta$ ,  $\text{H}_3$ -19, +0.26 ppm). As the hydroxyl group forms a hydrogen bond with the nitrogen atom of pyridine, pyridine-induced shifts are expected to be observed around it.<sup>16a)</sup> This deshielding effect implies that the B-ring of **1** adopts a boat-type conformation and that the hydroxyl group at C-7 has  $\beta$ -configuration (Chart 2). The stereochemistry of the side chain was determined by comparison of the  $^1\text{H-}$  and  $^{13}\text{C-NMR}$  data of **1** with those of the (22*E*,24*R*)-methyl- $\Delta^{22}$ -sterol side chain.<sup>17)</sup> Thus, **1** was the 7-epimer of **7**. Based on this evidence, the structure of **1** was determined to be 5 $\alpha$ ,6 $\alpha$ -epoxy-(22*E*,24*R*)-ergosta-8(14),22-diene-3 $\beta$ ,7 $\beta$ -diol. The natural occurrence of 3 $\beta$ ,7 $\beta$ -dihydroxy-5 $\alpha$ ,6 $\alpha$ -epoxy- $\Delta^8(14)$ -sterols is extremely rare, and only one such sterol, *viz.*, ergokonin B (**19**), has so far been reported, in the mycelium of *Trichoderma koningii*.<sup>18)</sup> Compound **1** may be a biosynthetic precursor of **19**.

Compound **2** was isolated as an amorphous powder, [ $\alpha$ ]<sub>D</sub> +50.0°. The molecular formula was determined to be  $\text{C}_{28}\text{H}_{46}\text{O}_4$  by HR-MS [ $m/z$  428 ( $\text{M}^+ - \text{H}_2\text{O}$ )] and  $^{13}\text{C-NMR}$  data. The IR spectrum showed hydroxyl absorptions (3612, 3398  $\text{cm}^{-1}$ ). The  $^1\text{H-NMR}$  spectrum (Table 1) showed signals due to two tertiary methyl groups

[ $\delta_{\text{H}}$  0.66 (3H,  $\text{H}_3$ -18), 1.30 (3H,  $\text{H}_3$ -19)], a 24-methyl- $\Delta^{22}$ -sterol side chain [ $\delta_{\text{H}}$  0.82 (3H,  $\text{H}_3$ -26), 0.84 (3H,  $\text{H}_3$ -27), 0.92 (3H,  $\text{H}_3$ -28), 1.04 (3H,  $\text{H}_3$ -21), 5.16 (1H, H-22), 5.24 (1H, H-23)], one of the methylene protons [ $\delta_{\text{H}}$  2.03 (1H, H-4)] and three methine protons on hydroxyl-bearing carbons [ $\delta_{\text{H}}$  3.75 (1H, H-6), 3.96 (1H, H-7), 4.16 (1H, H-3)]. The  $^{13}\text{C-NMR}$  spectrum contained twenty-eight signals that included four oxygenated carbons [ $\delta_{\text{C}}$  67.0 (C-3), 72.7 (C-7), 75.3 (C-5), 79.3 (C-6)] and a fully substituted double bond [ $\delta_{\text{C}}$  127.8 (C-8), 137.6 (C-9)]. The electron ionization (EI)-MS gave fragment ion peaks at  $m/z$  374 ( $\text{M}^+ - 4\text{H}_2\text{O}$ ), 249 ( $\text{M}^+ - 4\text{H}_2\text{O} - \text{side chain}$ ) and 207 ( $\text{M}^+ - 4\text{H}_2\text{O}$  and ring D fission), indicating that **2** has four hydroxyl groups and a mono-unsaturated  $\text{C}_9$  side chain. Comparison of the  $^1\text{H-}$  and  $^{13}\text{C-NMR}$  data of **2** with those of **8** revealed that **2** is the  $\Delta^8$  isomer of **8**. The calculated chemical shifts<sup>19)</sup> of the  $\text{H}_3$ -18 and  $\text{H}_3$ -19 methyl groups of the 3 $\beta$ ,5 $\alpha$ ,6 $\beta$ ,7 $\alpha$ -tetrahydroxy- $\Delta^8$ -steroid are very close to those found in **2**. In the  $^1\text{H-NMR}$  spectrum of **2**, the chemical shifts of H-3 $\alpha$ , H-4 $\beta$  and the  $\text{H}_3$ -19 methyl group in pyridine- $d_5$  were shifted downfield by the pyridine-induced deshielding effect,<sup>16)</sup> indicating the presence of a 3 $\beta$ ,5 $\alpha$ ,6 $\beta$ -trihydroxyl grouping in the sterol skeleton (Chart 2). The configuration of the hydroxyl group at C-7 was determined to be  $\beta$  by comparing the  $^1\text{H-NMR}$  data of the C-7 methine proton of **2** with that of 3 $\beta$ ,5 $\alpha$ ,6 $\beta$ ,7 $\alpha$ -tetrahydrocholest-8-en-11-one.<sup>20)</sup> The stereochemistry of the side chain was determined by comparison of the  $^1\text{H-}$  and  $^{13}\text{C-NMR}$  data of **2** with those of **1**. From the above data, the structure of **2** was determined to be (22*E*,24*R*)-ergosta-8,22-diene-3 $\beta$ ,5 $\alpha$ ,6 $\beta$ ,7 $\alpha$ -tetrol. The natural occurrence of 3 $\beta$ ,5 $\alpha$ ,6 $\beta$ ,7 $\alpha$ -tetrahydroxy- $\Delta^8$ -sterols is also rare, and only one such sterol, *viz.*, (24*S*)-24-ethylcholest-8-ene-3 $\beta$ ,5 $\alpha$ ,6 $\beta$ ,7 $\alpha$ -tetrol, has so far been reported, in the marine sponge *Neofibularia*

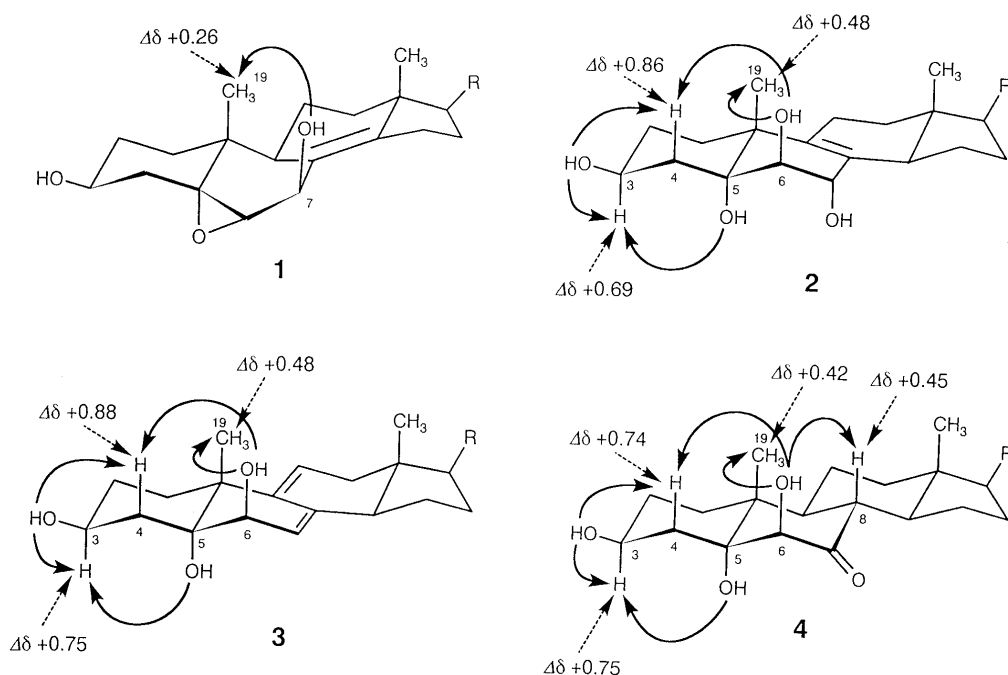


Chart 2. Pyridine-Induced Deshieldings (→) in 1–4

*nolitangere*.<sup>21)</sup>

Compound **3** was isolated as an amorphous powder,  $[\alpha]_D -3.7^\circ$ . The molecular formula was determined to be  $C_{28}H_{44}O_3$  by HR-MS. The IR spectrum showed hydroxyl absorptions ( $3612, 3414\text{ cm}^{-1}$ ). The UV spectrum suggested the presence of a conjugated diene system ( $\lambda_{\text{max}} = 244\text{ nm}$ ). The  $^1\text{H-NMR}$  spectrum (Table 1) showed signals due to two tertiary methyl groups [ $\delta_{\text{H}}$  0.60 (3H, H<sub>3</sub>-18), 1.28 (3H, H<sub>3</sub>-19)], a 24-methyl- $\Delta^{22}$ -sterol side chain [ $\delta_{\text{H}}$  0.83 (3H, H<sub>3</sub>-26), 0.84 (3H, H<sub>3</sub>-27), 0.92 (3H, H<sub>3</sub>-28), 1.02 (3H, H<sub>3</sub>-21), 5.16 (1H, H-22), 5.26 (1H, H-23)], one of the methylene protons [ $\delta_{\text{H}}$  2.07 (1H, H-4)], two methine protons on hydroxy-bearing carbons [ $\delta_{\text{H}}$  3.82 (1H, H-6), 4.12 (1H, H-3)] and two olefinic protons [ $\delta_{\text{H}}$  5.45 (1H, H-7), 5.75 (1H, H-11)]. The EI-MS gave fragment ion peaks at  $m/z$  374 ( $M^+ - 3\text{H}_2\text{O}$ ), 249 ( $M^+ - 3\text{H}_2\text{O}$ —side chain) and 207 ( $M^+ - 3\text{H}_2\text{O}$ —ring D fission), indicating that **3** has three hydroxyl groups, one conjugated double bond and a mono-unsaturated C<sub>9</sub> side chain. Comparison of these data with those for compound **10** revealed that they were identical except at C-6. The  $3\beta,5\alpha,6\beta$ -trihydroxy system was determined by the pyridine-induced deshielding effect (Chart 2).<sup>16)</sup> The stereochemistry of the side chain was determined by comparison of the  $^1\text{H}$ - and  $^{13}\text{C}$ -NMR signals of **3** with those of **1** and **2**. Thus, **3** is the 6-epimer of **10**. From the above data, the structure of **3** was determined to be (22*E*,24*R*)-ergosta-7,9(11),22-triene- $3\beta,5\alpha,6\beta$ -triol.

Compound **4** was isolated as an amorphous powder,  $[\alpha]_D -54.1^\circ$ . The molecular formula was determined to be  $C_{28}H_{46}O_4$  by HR-MS. The IR spectrum showed hydroxyl absorptions ( $3614, 3410\text{ cm}^{-1}$ ) and a six-membered ring ketone ( $1708\text{ cm}^{-1}$ ). The  $^1\text{H-NMR}$  spectrum (Table 1) showed signals due to two tertiary methyl groups [ $\delta_{\text{H}}$  0.70 (3H, H<sub>3</sub>-18), 1.37 (3H, H<sub>3</sub>-19)], a 24-methyl- $\Delta^{22}$ -sterol side chain [ $\delta_{\text{H}}$  0.82 (3H, H<sub>3</sub>-26), 0.83 (3H, H<sub>3</sub>-27), 0.91 (3H, H<sub>3</sub>-28), 1.01 (3H, H<sub>3</sub>-21), 5.19 (2H, H-22 and

H-23)], one of the methylene protons [ $\delta_{\text{H}}$  2.22 (1H, H-4)], a methine proton [ $\delta_{\text{H}}$  2.93 (1H, H-8)] and two methine protons on hydroxyl-bearing carbons [ $\delta_{\text{H}}$  3.51 (1H, H-6), 4.10 (1H, H-3)]. The presence of the 7-keto function led to the appearance of the H- $\delta$  signal further downfield at  $\delta$  2.93 in the  $^1\text{H-NMR}$  spectrum.<sup>22)</sup> The EI-MS gave fragment ion peaks at  $m/z$  392 ( $M^+ - 3\text{H}_2\text{O}$ ), 267 ( $M^+ - 3\text{H}_2\text{O}$ —side chain) and 225 ( $M^+ - 3\text{H}_2\text{O}$  and ring D fission), indicating that **4** has three hydroxyl groups and a mono-unsaturated C<sub>9</sub> side chain. The  $3\beta,5\alpha,6\beta$ -trihydroxy system was determined by the pyridine-induced deshielding effect (Chart 2).<sup>16)</sup> The stereochemistry of the side chain was determined by comparison of the  $^1\text{H-NMR}$  spectrum of **4** with that of (22*E*,24*R*)-methyl- $\Delta^{22}$ -sterol side chain<sup>17a)</sup> and **1**, **2** and **3**. Based on this evidence, the structure of **4** was determined to be  $3\beta,5\alpha,6\beta$ -trihydroxy-(22*E*,24*R*)-ergost-22-en-7-one. Compounds **3** and **4** are the first examples of a naturally occurring  $3\beta,5\alpha,6\beta$ -trihydroxy- $\Delta^{7,9(11)}$ -sterol and a  $3\beta,5\alpha,6\beta$ -trihydroxy-7-keto sterol, respectively.

Compound **5** was isolated as an amorphous powder,  $[\alpha]_D -28.3^\circ$ . The molecular formula was determined to be  $C_{28}H_{42}O_2$  by HR-MS. The IR spectrum showed hydroxyl ( $3457\text{ cm}^{-1}$ ) and cross-conjugated dienone ( $1662, 1626, 1593\text{ cm}^{-1}$ ) absorptions. The UV spectrum also suggested the presence of a cross-conjugated dienone system ( $\lambda_{\text{max}} = 246\text{ nm}$ ).<sup>23)</sup> The  $^1\text{H}$ - (Table 1) and  $^{13}\text{C}$ -NMR spectra of **5**, obtained with the aid of  $^1\text{H}$ - $^1\text{H}$  shift correlation spectroscopy ( $^1\text{H}$ - $^1\text{H}$  COSY), as well as the  $^1\text{H}$ -detected heteronuclear multiple quantum coherence (HMQC) and  $^1\text{H}$ -detected heteronuclear multiple bond correlation (HMBC) spectra, indicated the compound to be  $3\beta$ -hydroxy-(22*E*,24*R*)-ergosta-5,8,22-trien-7-one. Compound **5** has been synthesized by Burke *et al.*,<sup>24)</sup> but its isolation from natural sources has not previously been reported.

Compound **6** was isolated as an amorphous solid,  $[\alpha]_D$

+9.1°. The molecular formula was determined to be  $C_{28}H_{44}O_3$  by HR-MS. The IR spectrum showed hydroxyl ( $3457\text{ cm}^{-1}$ ) and  $\alpha,\beta$ -unsaturated ketone ( $1667\text{ cm}^{-1}$ ) absorptions. The UV spectrum also suggested the presence of  $\alpha,\beta$ -unsaturated ketone ( $\lambda_{\text{max}} = 244\text{ nm}$ ). The  $^1\text{H-NMR}$  spectrum (Table 1) showed signals due to two tertiary methyl groups [ $\delta_{\text{H}}$  0.61 (3H,  $H_3-18$ ), 0.96 (3H,  $H_3-19$ )], a 24-methyl- $\Delta^{22}$ -sterol side chain [ $\delta_{\text{H}}$  0.82 (3H,  $H_3-26$ ), 0.84 (3H,  $H_3-27$ ), 0.92 (3H,  $H_3-28$ ), 1.04 (3H,  $H_3-21$ ), 5.15 (1H, H-22), 5.25 (1H, H-23)], a methine proton on a hydroxyl-bearing carbon [ $\delta_{\text{H}}$  4.04 (1H, H-3)] and a trisubstituted olefinic proton [ $\delta_{\text{H}}$  5.66 (1H, H-7)]. These spectral data indicated the compound to be  $3\beta,5\alpha$ -dihydroxy-(22*E*,24*R*)-ergosta-7,22-dien-6-one. The structure of **6** was confirmed by chemical transformation of ergosterol acetate into **6** according to a literature method.<sup>25</sup> Treatment of ergosterol acetate with  $\text{Na}_2\text{Cr}_2\text{O}_7$  afforded  $3\beta$ -acetoxy-5 $\alpha$ -hydroxy-(22*E*,24*R*)-ergosta-7,22-dien-6-one (**6'**). Deprotection of the 3-acetoxy group of **6'** furnished **6**. This is the first isolation of **6** from a natural source, although **6** has already been synthesized by Valisolalao *et al.*<sup>12a</sup>

## Experimental

**General Procedures** Optical rotations were determined with a JASCO DIP-360 digital polarimeter. IR spectra were recorded with a Perkin-Elmer FT-IR 1725X infrared spectrophotometer and UV spectra with a Beckman DU-64 spectrophotometer.  $^1\text{H}$ - and  $^{13}\text{C}$ -NMR spectra were recorded with JEOL LA 600 (600 and 150 MHz, respectively), JEOL JNM-GSX 400 (400 and 100 MHz, respectively), and JEOL JNM-EX 270 (270 and 67.8 MHz, respectively) spectrometers. Chemical shifts are given on a  $\delta$  (ppm) scale with tetramethylsilane as an internal standard (s, singlet; br s, broad singlet; d, doublet; br d, broad doublet; dd, double doublet; m, multiplet). The EI-MS and HR-MS were recorded on a JEOL JMS-DX 303 mass spectrometer. Column chromatography was carried out on Kieselgel 60 (Merck; 230–400 mesh). Preparative HPLC was carried out on a Tosoh HPLC system (pump, CCPS; detector, RI-8020) using a TSK gel ODS-120T (10  $\mu\text{m}$ , 7.8 mm i.d.  $\times$  30 cm) column (Tosoh). HPLC conditions: mobile phase, MeOH– $\text{H}_2\text{O}$  (9 : 1); column temperature, 40 °C; flow rate, 1.0 ml/min.

**Extraction and Isolation** The fresh fruit bodies of *G. frondosa* used for this study were purchased from Mogamimachi Maitake Seisan Kumiai (Yamagata, Japan) in 1996. The fresh fruit bodies of *G. frondosa* (20 kg) were extracted three times with  $\text{Et}_2\text{O}$  at room temperature for 10 d. The  $\text{Et}_2\text{O}$  extract (21 g) was chromatographed on a silica-gel column using *n*-hexane–AcOEt (7 : 3–1 : 7), AcOEt and MeOH, to afford 9 fractions (frs. 1–9). Fraction 2 was purified by preparative HPLC to give **16** (0.5 mg), **17** (20.0 mg) and **18** (2.0 mg). Fraction 3 was purified by preparative HPLC to give **11** (0.4 mg). Fraction 4 was purified by preparative HPLC to give **5** (1.1 mg). Fraction 5 was purified by preparative HPLC to give **1** (1.9 mg) and **9** (15.0 mg). Fraction 6 was 7 (1.4 mg). Fraction 7 was purified by preparative HPLC to give **3** (2.7 mg), **4** (1.9 mg), **10** (1.5 mg) and **13** (1.0 mg). Fraction 8 was purified by preparative HPLC to give **6** (1.1 mg), **12** (4.3 mg), **14** (8.2 mg) and **15** (4.7 mg). Fraction 9 was purified by preparative HPLC to give **2** (1.0 mg) and **8** (2.4 mg). All known compounds (**7**–**18**) were identified by comparison of their physical data with reported values (**7**–**10**, **12**–**18**) or by direct comparison with an authentic sample (**11**).

**5 $\alpha$ ,6 $\alpha$ -Epoxy-(22*E*,24*R*)-ergosta-8(14),22-diene-3 $\beta$ ,7 $\beta$ -diol (1)** Amorphous powder.  $[\alpha]_{\text{D}}^{25} - 52.4^\circ$  ( $c = 0.2$ ,  $\text{CHCl}_3$ ). IR  $\nu_{\text{max}}^{\text{CHCl}_3}\text{ cm}^{-1}$ : 3611. HR-MS  $m/z$ : 428.3276 ( $\text{M}^+$ , Calcd for  $\text{C}_{28}\text{H}_{44}\text{O}_3$ ; 428.3291).  $^1\text{H-NMR}$  (600 MHz,  $\text{CDCl}_3$ ): see Table 1. (600 MHz,  $\text{C}_5\text{D}_5\text{N}$ )  $\delta$ : 0.85 (6H, d,  $J = 6.8\text{ Hz}$ ,  $H_3-26$ ,  $H_3-27$ ), 0.94 (3H, d,  $J = 6.9\text{ Hz}$ ,  $H_3-28$ ), 0.96 (3H, s,  $H_3-18$ ), 1.07 (3H, d,  $J = 6.6\text{ Hz}$ ,  $H_3-21$ ), 1.28 (3H, s,  $H_3-19$ ), 2.55 (1H, dd,  $J = 13.2, 11.7\text{ Hz}$ , H-4 $\beta$ ), 3.37 (1H, d,  $J = 2.5\text{ Hz}$ , H-6 $\beta$ ), 4.31 (1H, m, H-3 $\alpha$ ), 4.88 (1H, br d,  $J = 6.6\text{ Hz}$ , H-7 $\alpha$ ), 5.27 (2H, m, H-22, H-23).  $^{13}\text{C-NMR}$  (150 MHz,  $\text{CDCl}_3$ )  $\delta$ : 16.9 (C-19), 17.7 (C-18, C-28), 19.3 (C-11), 19.7 (C-26), 20.0 (C-27), 21.1 (C-21), 25.9 (C-15), 28.0 (C-16), 31.2 (C-2), 33.0 (C-1), 33.1 (C-25), 34.9 (C-10), 37.1 (C-12), 39.3 (C-9),

39.6 (C-4), 40.5 (C-20), 42.9 (C-24), 43.7 (C-13), 55.4 (C-17), 60.3 (C-6), 63.6 (C-7), 64.9 (C-5), 68.7 (C-3), 126.8 (C-8), 132.4 (C-23), 135.2 (C-22), 151.6 (C-14).

**(22*E*,24*R*)-Ergosta-8,22-diene-3 $\beta$ ,5 $\alpha$ ,6 $\beta$ ,7 $\alpha$ -tetrol (2)** Amorphous powder.  $[\alpha]_{\text{D}}^{20} + 50.0^\circ$  ( $c = 0.1$ ,  $\text{CHCl}_3$ ). IR  $\nu_{\text{max}}^{\text{CHCl}_3}\text{ cm}^{-1}$ : 3612, 3398. HR-MS  $m/z$ : 428.3284 ( $\text{M}^+ - \text{H}_2\text{O}$ , Calcd for  $\text{C}_{28}\text{H}_{44}\text{O}_3$ ; 428.3291). EI-MS  $m/z$ : 374 ( $\text{M}^+ - 4\text{H}_2\text{O}$ ), 249 ( $\text{M}^+ - 4\text{H}_2\text{O}$ –side chain), 207 ( $\text{M}^+ - 4\text{H}_2\text{O}$  and ring D fission).  $^1\text{H-NMR}$  (600 MHz,  $\text{CDCl}_3$ ): see Table 1. (600 MHz,  $\text{C}_5\text{D}_5\text{N}$ )  $\delta$ : 0.83 (6H, d,  $J = 5.4\text{ Hz}$ ,  $H_3-26$ ,  $H_3-27$ ), 0.84 (3H, s,  $H_3-18$ ), 0.92 (3H, d,  $J = 6.9\text{ Hz}$ ,  $H_3-28$ ), 1.08 (3H, d,  $J = 6.6\text{ Hz}$ ,  $H_3-21$ ), 1.78 (3H, s,  $H_3-19$ ), 2.73 (1H,  $J = 13.2, 7.3\text{ Hz}$ , H-14 $\alpha$ ), 2.89 (1H, dd,  $J = 12.0, 11.7\text{ Hz}$ , H-4 $\beta$ ), 4.46 (1H, br s, H-6 $\alpha$ ), 4.60 (1H, br s, H-7 $\beta$ ), 4.85 (1H, m, H-3 $\alpha$ ).  $^{13}\text{C-NMR}$  (150 MHz,  $\text{CDCl}_3$ )  $\delta$ : 11.3 (C-18), 17.7 (C-28), 19.6 (C-26), 20.0 (C-27), 21.0 (C-21), 23.1 (C-19), 23.4 (C-11), 23.7 (C-15), 28.9 (C-16), 31.9 (C-2), 33.1 (C-1, C-25), 36.1 (C-12), 40.5 (C-4, C-20), 40.7 (C-10), 42.0 (C-13), 42.8 (C-24), 49.4 (C-14), 54.4 (C-17), 67.0 (C-3), 72.7 (C-7), 75.3 (C-5), 79.3 (C-6), 127.8 (C-8), 132.1 (C-23), 135.5 (C-22), 137.6 (C-9).

**(22*E*,24*R*)-Ergosta-7,9(11),22-triene-3 $\beta$ ,5 $\alpha$ ,6 $\beta$ -triol (3)** Amorphous powder.  $[\alpha]_{\text{D}}^{20} - 3.7^\circ$  ( $c = 0.3$ ,  $\text{CHCl}_3$ ). IR  $\nu_{\text{max}}^{\text{CHCl}_3}\text{ cm}^{-1}$ : 3612, 3414. UV  $\lambda_{\text{max}}^{\text{MeOH}}\text{ nm}$  (log  $\epsilon$ ): 244 (4.0). HR-MS  $m/z$ : 428.3317 ( $\text{M}^+$ , Calcd for  $\text{C}_{28}\text{H}_{44}\text{O}_3$ ; 428.3290). EI-MS  $m/z$ : 428 ( $\text{M}^+$ ), 374 ( $\text{M}^+ - 3\text{H}_2\text{O}$ ), 249 ( $\text{M}^+ - 3\text{H}_2\text{O}$ –side chain), 207 ( $\text{M}^+ - 3\text{H}_2\text{O}$  and ring D fission).  $^1\text{H-NMR}$  (600 MHz,  $\text{CDCl}_3$ ): see Table 1. (600 MHz,  $\text{C}_5\text{D}_5\text{N}$ )  $\delta$ : 0.71 (3H, s,  $H_3-18$ ), 0.83 (3H, d,  $J = 6.8\text{ Hz}$ ,  $H_3-26$ ), 0.84 (3H, d,  $J = 6.8\text{ Hz}$ ,  $H_3-27$ ), 0.93 (3H, d,  $J = 6.8\text{ Hz}$ ,  $H_3-28$ ), 1.02 (3H, d,  $J = 6.6\text{ Hz}$ ,  $H_3-21$ ), 1.76 (3H, s,  $H_3-19$ ), 2.95 (1H, dd,  $J = 12.7, 11.5\text{ Hz}$ , H-4 $\beta$ ), 4.46 (1H, br s, H-6 $\alpha$ ), 4.87 (1H, m, H-3 $\alpha$ ), 5.14 (1H, dd,  $J = 15.2, 7.8\text{ Hz}$ , H-22), 5.24 (1H, dd,  $J = 15.2, 7.1\text{ Hz}$ , H-23), 5.79 (1H, br s, H-7 or H-11), 6.06 (1H, br s, H-7 or H-11).  $^{13}\text{C-NMR}$  (150 MHz,  $\text{CDCl}_3$ )  $\delta$ : 11.5 (C-18), 17.6 (C-28), 19.6 (C-26), 19.9 (C-27), 20.7 (C-21), 23.1 (C-15), 26.3 (C-19), 27.6 (C-16), 29.7 (C-1), 30.8 (C-2), 33.1 (C-25), 40.3 (C-20), 40.7 (C-10), 42.2 (C-4), 42.5 (C-12, C-13), 42.8 (C-24), 51.4 (C-14), 56.0 (C-17), 67.7 (C-3), 74.0 (C-6), 75.3 (C-5), 118.2 (C-7), 126.4 (C-11), 132.3 (C-23), 135.2 (C-22), 138.9 (C-8), 140.0 (C-9).

**3 $\beta$ ,5 $\alpha$ ,6 $\beta$ -Trihydroxy-(22*E*,24*R*)-ergosta-22-en-7-one (4)** Amorphous powder.  $[\alpha]_{\text{D}}^{20} - 54.1^\circ$  ( $c = 0.2$ ,  $\text{CHCl}_3$ ). IR  $\nu_{\text{max}}^{\text{CHCl}_3}\text{ cm}^{-1}$ : 3614, 3410, 1708. HR-MS  $m/z$ : 446.3378 ( $\text{M}^+$ , Calcd for  $\text{C}_{28}\text{H}_{44}\text{O}_4$ ; 446.3396). EI-MS  $m/z$ : 446 ( $\text{M}^+$ ), 392 ( $\text{M}^+ - 3\text{H}_2\text{O}$ ), 267 ( $\text{M}^+ - 3\text{H}_2\text{O}$ –side chain), 225 ( $\text{M}^+ - 3\text{H}_2\text{O}$  and ring D fission).  $^1\text{H-NMR}$  (600 MHz,  $\text{CDCl}_3$ ): see Table 1. (600 MHz,  $\text{C}_5\text{D}_5\text{N}$ )  $\delta$ : 0.74 (3H, s,  $H_3-18$ ), 0.83 (3H, d,  $J = 6.6\text{ Hz}$ ,  $H_3-26$ ), 0.84 (3H, d,  $J = 6.6\text{ Hz}$ ,  $H_3-27$ ), 0.92 (3H, d,  $J = 6.9\text{ Hz}$ ,  $H_3-28$ ), 1.05 (3H, d,  $J = 6.6\text{ Hz}$ ,  $H_3-21$ ), 1.79 (3H, s,  $H_3-19$ ), 2.96 (1H, dd,  $J = 13.2, 11.4\text{ Hz}$ , H-4 $\beta$ ), 3.38 (1H, dd,  $J = 11.4, 11.2\text{ Hz}$ , H-8 $\beta$ ), 4.31 (1H, d,  $J = 4.3\text{ Hz}$ , H-6 $\alpha$ ), 4.85 (1H, m, H-3 $\alpha$ ), 7.85 (1H, d,  $J = 4.3\text{ Hz}$ , 6-OH).

**3 $\beta$ -Hydroxy-(22*E*,24*R*)-ergosta-5,8,22-trien-7-one (5)** Amorphous powder.  $[\alpha]_{\text{D}}^{24} - 28.3^\circ$  ( $c = 0.1$ ,  $\text{CHCl}_3$ ). IR  $\nu_{\text{max}}^{\text{KBr}}\text{ cm}^{-1}$ : 3457, 1662, 1626, 1593. UV  $\lambda_{\text{max}}^{\text{MeOH}}\text{ nm}$  (log  $\epsilon$ ): 246 (4.0). HR-MS  $m/z$ : 410.3158 ( $\text{M}^+$ , Calcd for  $\text{C}_{28}\text{H}_{42}\text{O}_2$ ; 410.3185).  $^1\text{H-NMR}$  (400 MHz,  $\text{CDCl}_3$ ): see Table 1.  $^{13}\text{C-NMR}$  (100 MHz,  $\text{CDCl}_3$ )  $\delta$ : 12.0 (C-18), 17.7 (C-28), 19.7 (C-26), 20.0 (C-27), 21.1 (C-21), 23.7 (C-19), 24.6 (C-11), 24.7 (C-15), 29.5 (C-16), 30.7 (C-2), 33.1 (C-25), 34.7 (C-1), 35.6 (C-12), 40.3 (C-20), 41.8 (C-4), 41.9 (C-10), 42.3 (C-13), 42.9 (C-24), 48.4 (C-14), 53.4 (C-17), 71.9 (C-3), 126.8 (C-6), 132.1 (C-23), 134.0 (C-8), 135.5 (C-22), 160.9 (C-9), 161.5 (C-5), 186.3 (C-7).

**3 $\beta$ ,5 $\alpha$ -Dihydroxy-(22*E*,24*R*)-ergosta-7,22-dien-6-one (6)** Amorphous solid.  $[\alpha]_{\text{D}}^{25} + 9.1^\circ$  ( $c = 0.1$ ,  $\text{CHCl}_3$ ). IR  $\nu_{\text{max}}^{\text{CHCl}_3}\text{ cm}^{-1}$ : 3457, 1667. UV  $\lambda_{\text{max}}^{\text{MeOH}}\text{ nm}$  (log  $\epsilon$ ): 248 (3.9). HR-MS  $m/z$ : 428.3307 ( $\text{M}^+$ , Calcd for  $\text{C}_{28}\text{H}_{44}\text{O}_3$ ; 428.3290).  $^1\text{H-NMR}$  (270 MHz,  $\text{CDCl}_3$ ): Table 1.

**Oxidation of Ergosterol Acetate by  $\text{Na}_2\text{Cr}_2\text{O}_7$**  A solution of  $\text{Na}_2\text{Cr}_2\text{O}_7 \cdot 2\text{H}_2\text{O}$  (28 mg) in acetic acid (2 ml) was added to a solution of ergosterol acetate (93.5 mg) in benzene (5 ml) at 0 °C. The reaction mixture was stirred for 22 h at room temperature, water was added, and the mixture was extracted with  $\text{CHCl}_3$ . After work-up, the product was purified by preparative HPLC (column, TSK gel ODS-120T 7.8 mm i.d.  $\times$  30 cm; mobile phase, MeOH; column temperature, 40 °C; flow rate, 1.8 ml/min; RI detector) to give  $3\beta$ -acetoxy-5 $\alpha$ -hydroxy-(22*E*,24*R*)-ergosta-7,22-dien-6-one (**6'**) (13.5 mg). Amorphous powder.  $[\alpha]_{\text{D}}^{25} - 2.92^\circ$  ( $c = 1.0$ ,  $\text{CHCl}_3$ ). IR  $\nu_{\text{max}}^{\text{CHCl}_3}\text{ cm}^{-1}$ : 3585, 3442, 1719, 1670, 1619. UV  $\lambda_{\text{max}}^{\text{MeOH}}\text{ nm}$  (log  $\epsilon$ ): 249 (4.2). HR-MS  $m/z$ : 470.3414 ( $\text{M}^+$ , Calcd for  $\text{C}_{30}\text{H}_{46}\text{O}_4$ ; 470.3396).  $^1\text{H-NMR}$  (270 MHz,  $\text{CDCl}_3$ )  $\delta$ : 0.60 (3H, s,  $H_3-18$ ), 0.82 (3H, d,  $J = 6.8\text{ Hz}$ ,  $H_3-26$ ), 0.84 (3H, d,  $J = 6.6\text{ Hz}$ ,  $H_3-27$ ), 0.92 (3H, d,  $J = 6.8\text{ Hz}$ ,  $H_3-28$ ), 0.96 (3H, s,  $H_3-19$ ), 1.03 (3H, d,  $J = 6.6\text{ Hz}$ ,  $H_3-21$ ), 2.03 (3H, s, 3-OAc), 5.10 (1H, m, H-3 $\alpha$ ), 5.21 (2H, m, H-22,

H-23), 5.65 (1H, dd,  $J=2.1, 2.1$  Hz, H-7).

**Deprotection of 6'** A solution of 6' (10 mg) in MeOH (2 ml) was treated with Na<sub>2</sub>CO<sub>3</sub> (15 mg), and the mixture was stirred for 6 h at room temperature. Water was added and the mixture was extracted with CHCl<sub>3</sub>. After work-up, the product was purified by preparative HPLC (column, TSK gel ODS-120T, 7.8 mm i.d. × 30 cm; mobile phase, MeOH-H<sub>2</sub>O (10:1); column temperature, 40 °C; flow rate, 1.5 ml/min; UV detector, 248 nm) to give 6 (4.5 mg).

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