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WE have recently pointed out² that in six-membered ring systems containing exocyclic double bonds as in (I) there exists a severe non-bonded steric interaction between the substituents R and R', since the dihedral angle between them is ~ 0 . This interaction was classified as $A^{(1,3)}$ strain and it was proposed that in mobile systems relief from this strain can be attained by conformational inversion to that conformer in which the sp^3 substituent becomes axial as in (II). In rigid systems R' may



attain this orientation by epimerization. We have now determined the approximate magnitude of $A^{(1,3)}$ strain in (I) when R=H and R'=Me and when both R and R' = Me.

A^(1,3) Methyl-Hydrogen Interaction: The equilibration of 8-methyl- $\Delta^{1(9)}$ -octalin-2-one³ with sodium methoxide in methanol gave a 2:1 mixture of epimers (III) and (IV).[†] Their stereochemical assignments were based on the n.m.r. spectrum of the mixture. It exhibited (in benzene) a broad singlet at 5.75 p.p.m. (vinylic, 1H), a doublet centred at 0.95 (J 7, 1H) and another doublet centred at 0.87 (J 6 c./sec., 2H). The latter doublet can be assigned to the equatorial C-8 methyl group in (III) and that at 0.95 p.p.m. to the axial methyl group in (IV), since (a) axial methyl groups appear at a lower field than the equatorial methyl groups and (b) the *J*-values for the former are larger than those for the latter.⁴ Moreover the chemical shift of the C-8 methyl group in 8,10dimethyl- $\Delta^{1(9)}$ -octalin-2-one (V), in which this group is almost exclusively equatorial on steric grounds,[‡] also occurs at 0.87 p.p.m. (benzene). Consideration of the two 1,3-diaxial methylhydrogen interactions (0.9 kcal./mole each) associated with (IV) and the free energy difference of 0.4 kcal./mole between the epimers in favour of (III) implies that $A^{(1,3)}$ methyl-hydrogen interaction [in (III)] is ca. 1.4 kcal./mole.



 $A^{(1,3)}$ Methyl-Methyl Interaction: In order to determine the magnitude of this interaction 1,8dimethyl- $\Delta^{1(9)}$ -octalin-2-one was prepared by treating ethyl vinyl ketone with the pyrrolidine enamine of 2-methylcyclohexanone at reflux followed by acid hydrolysis. After treatment with sodium methoxide in methanol the product (b.p. 87-89°/1 mm.) was found to be homogenous by g.l.c. It exhibited in the n.m.r. spectrum (benzene solution) a doublet centred at 1.77 (J 2 c./sec., C-1 Me, 3H) and another doublet at 0.94 p.p.m. (J 7.2, C-8 Me, 3H) showing it to consist almost entirely of the C-8 axial epimer (VI).§ The corresponding C-8 equatorial epimer (VII) if present to the extent of 1-2%



might have escaped detection. On taking into account one $A^{(1,3)}$ methyl-hydrogen interaction

[†] Composition determined by g.l.c. with a column packed with 20% Carbowax on Chromosorb W. [‡] The C-8 axial methyl epimer suffers from a severe 1,3-diaxial Me-Me interaction.

 The appearance of the C-1 methyl group as a doublet (J 2 c./sec.) is due to long range homo-allylic coupling with the C-10 proton. This signal would have appeared as a triplet or a doublet of doublets if an axial proton were present at the C-8 position; see J. T. Pinhey and S. Sternhell, *Tetrahedron Letters*, 1963, 275. ca. 1.4 kcal./mole, and two 1,3-diaxial methylhydrogen interactions (0.9 kcal./mole each) associated with (VI) and the free energy difference of 2.7-3 kcal. between the two epimers in favour of (VI), we conclude that $A^{(1,3)}$ methyl-methyl interaction in VII) is about 5.9-6.2 kcal./mole.

Our values for these interactions are in a good

agreement with those obtained by Allinger by machine calculations.⁵

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⁵ Personal communication.