Stereospecific Synthesis of (Z)-20(22)-Didehydrocholesterol

By MASATO KOREEDA,* NAOYUKI KOIZUMI, and BEVERLY A. TEICHER (Department of Chemistry, The Johns Hopkins University, Baltimore, Maryland 21218)

Summary Two efficient, stereospecific syntheses of (Z)-20(22)-didehydrocholesterol (**4b**), utilizing deoxygenation of 20,22-oxygenated cholesterols, are described.

The biosynthetic conversion of 20,22-didehydrocholesterol to pregnenolone in bovine adrenal mitochondria, observed by Kraaipoel *et al.*,¹ has stimulated great interest in the

possible role of this compound in pregnenolone biosynthesis. The 20(22)-didehydrocholesterol employed in the studies of Kraaipoel et al. was obtained by acid catalysed dehydration of 20-hydroxycholesterol, and therefore was a stereochemical mixture of olefins. A rigorous approach to the biosynthetic problem requires stereochemically pure 20(22)olefins.

Two stereospecific syntheses of (Z)-20(22)-didehydrocholesterol (4b) are described. The first gives the desired olefin in two steps from (20R,22S)-20,22-dihydroxycholesterol 3-benzoate in 83% yield; the second affords the desired olefin in 52% yield from pregnenolone (1b) in four steps.

The key step of the first method involves the stereospecific removal of the 20- and 22-oxygen atoms from (20R, 22S)-20,22-dihydroxycholesterol. Treatment of pregnenolone tetrahydropyranyl (THP) ether (1a) with 1.1 mol. equiv. of 2-lithio-2-isopentyl-1,3-dithian² in tetrahydrofuran (THF) at -25 °C for 7 h under argon gave the dithian adduct in 70% yield. Hydrolysis of this adduct with HgCl₂-CaCO₃ in MeCN-THF-water under reflux for 50 h gave (20R)-20-hydroxy-22-oxocholesterol in 51% yield. Reduction of (20R)-20-hydroxy-22-oxocholesterol 3-benzoate with sodium borohydride afforded predominantly the 20R, 22S-diol (2) in 81% yield ³ Treatment of the diol (2) with an excess of NN'-thiocarbonyldi-imidazole (pyridine, 110 °C, 12 h) gave the thiocarbonate (3) in 91% yield; m.p. 238—240 °C; ν_{max} (CHCl₃) 1310 and 1275 cm⁻¹ [-O-C(:S)-O-]; ¹H n.m.r.: δ (CDCl₃) 0.91 (3H, s, 18-H), 1.63 (3H, s, 21-H), and 4.28 (1H, dd, J 3.5 and 8.5 Hz, 22-H); ¹³C n.m.r.: $\delta({\rm CDCl_3})$ 12.7 (18-C), 93.7 (20-C), 94.0 (22-C), and $191{\cdot}9$ [-O-C(:S)-O-]. Refluxing the thiocarbonate (3) in excess of triethyl phosphite⁴ for 12 h under argon stereospecifically produced the (Z)-20(22)-olefin (4a) in 90% yield; m.p. 128-129 °C; ¹H n.m.r.: δ(CDCl_s) 0.69 (3H, s, 18-H), 1.71 (3H, br. s, 21-H), and 5.28 (1H, m, 22-H); ¹³C n.m.r.: $\delta(\text{CDCl}_3)$ 14.0 (18-C), 22.8 (21-C), 129.6 (22-C), and 134.1 (20-C). The Z-20(22)-stereochemistry of (4a) was validated by epoxidation of (4a) with 1.2 mol. equiv. of *m*-chloroperbenzoic acid (MCPBA) which gave (20R,22S)-20,22epoxycholesterol, a known epoxide.² Hydrolysis of the 3benzoate with KOH in MeOH-THF gave (Z)-20(22)didehydrocholesterol (4b) in 95% yield; oil; $[\alpha]_D^{23} - 102^\circ$ $(CHCl_{a}, c \ 0.321); M^{+} \text{ at } m/e \ 384.$

The Wittig reaction on pregnenolone (1b) gave the Eisomer (5) in >80% yield; isomerization of the (E)-20(22)olefin to the Z-isomer was carried out following the method of Dervan and Shippey.⁶ Oxidation of (E)-20(22)-dehydrocholesterol 3-benzoate (5) with 1.2 mol. equiv. of MCPBA in CH_2Cl_2 at 0 °C for 2 h gave a ca. 2:1 mixture of (20S,22S)- and (20R,22R)-20,22-epoxides in 71% yield. Conversion of the mixture of epoxides into the Z-olefin was affected stereospecifically with the trimethylsilyl anion.⁶ Treatment of the epoxides (6) with excess of hexamethyldisilane and potassium methoxide in hexamethylphosphoramide at 100 °C for 2 h furnished (Z)-20(22)-didehydrocholesterol (4b) in 95% yield. This constitutes a convenient synthesis of (Z)-20(22)-didehydrocholesterol.



Recently, Burstein et al.⁷ published results showing that neither (E)- nor (Z)-20(22)-didehydrocholesterol yields significant amounts of pregnenolone when incubated with their acetone-powder preparation of bovine adrenal cortex mitochondria.

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