Reductive Rearrangement of 4-Phenyl-1,3-dioxans to 2-Phenylbutane-1,4-diols upon Treatment with Sodium-Potassium Alloy

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Summary Reduction of 4-phenyl-1,3-dioxan with Na-K alloy affords 2-phenylbutane-1,4-diol as the major product along with smaller amounts of 3-phenylpropan-1-ol and 3,4-diphenylhexane-1,6-diols.

SEVERAL years ago it was reported that a naphthalene radical anion is produced upon treatment of 4-phenyl-1,3-dioxan (1) in dimethoxyethane (DME) solution with Na-K alloy.¹ The formation of a naphthalene radical anion was inferred from analysis of the e.s.r. spectrum of the product mixture¹ and we were prompted to reinvestigate this potentially useful reaction by isolation and identification of the products. In our hands, reduction of (1) with Na-K alloy under a variety of conditions afforded 2-phenylbutane-1,4-diol (2) along with smaller amounts of 3-phenylpropan-1-ol (3) and 3,4-diphenylhexane-1,6-diols [(±)-(4) and meso-(5)]. Neither naphthalene nor any other bicyclic product was detected in the product mixture.

Reductions were performed under an argon atmosphere in a Morton flask fitted with an efficient stirrer. Solutions of (1) in dry DME ($2.5 \times 10^{-2} \,\mathrm{m}$ to $0.5 \,\mathrm{m}$) and excess of Na–K eutectic² (previously cleaned by washing with dry DME) were rapidly stirred at low temperature (-42 to $0\,^{\circ}\mathrm{C}$ in various runs) until the initially red suspension turned a

deep green in colour¹ (2-18 h, depending on concentration, temperature, and stirring rate). Following the sudden colour change, the DME solution was carefully transferred via a cannula on to ice, and the resulting aqueous solution was acidified to pH ca. 6.5. Exhaustive extraction with diethyl ether, concentration of the extract, and fractionation of the residue afforded 2-phenylbutane-1,4-diol3 (2) (60%), 3-phenylpropan-1-ol⁴ (3) (23%), (\pm)-(4)⁵ (6%), and meso-3,4-diphenylhexane-1,6-diol⁵ (5) (2.5%). The products were identical in all respects to authentic samples prepared by standard methods.3-5 As previously noted,1 the reaction displays a dramatic solvent-dependence characteristic of many such reductions:6 solutions of (1) in diethyl ether are inert to the action of Na-K alloy.

Reduction of (1) most likely proceeds via benzylic C-O cleavage and loss† of H₂CO from the initially formed radical anion of (1) to give PhCHCH2CH2CH2O- (or the corresponding dianion). The formation of (3), (4), and (5) by hydrogen abstraction and/or dimerization from such an intermediate finds ample precedent in the literature.4-6 The major pathway, a formal reductive rearrangement of (1) to (2), must involve either a purely intramolecular rearrangement or, more likely, bimolecular recombination of the liberated H₂CO (or its ketyl) with the benzylic dianion (or radical anion) on the surface of the alloy. The possibility that the high yield of (2) resulted from incorporation of an H₂CO unit generated by in situ fragmentation of the DME solvent was eliminated by the following observation: 2,2-dimethyl-4phenyl-1,3-dioxan (6) in DME was cleanly reduced by excess of Na-K alloy to 2-methyl-3-phenylpentane-2,5-diol (7) (31%: m.p. 89—90 °C; lit.8 m.p. 89—90 °C) and (3) (68%). No trace of (2) could be detected in the reaction product.

Me Me Me Me OH
$$\frac{N\alpha-K}{DME}$$
 HO Ph + (3)

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† Sweeping the reaction mixture with argon and passage of the effluent through dimedone solution resulted in precipitation of small amounts of the formaldehyde-dimedone adduct.

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