C-19 Chiral Steroids: the Syntheses of (19*R*)- and (19*S*)-[19-³H,²H,¹H]-3 β -hydroxyandrost-5-en-17-ones

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Two syntheses of C-19 chiral steroids are documented by the preparation of (19*R*)- and (19*S*)-[19-³H,²H,¹H]-3 β -hydroxyandrost-5-en-17-ones (4) and (5).

The compounds required for studies of estrogen biosynthesis (19R)-(4) and (19S)-(5) C₁₉-17-keto steroids (also used in conversion into C₂₁, C₂₇, C₂₉ etc. steroids)¹ were prepared by two routes, both of which are applicable for the synthesis of other steroids.

The syntheses used 3β , 19-dihydroxyandrost-5-en-17-one as a starting material which was converted into the 3-methoxy-19-aldehyde-17-acetal[†] (1). Reduction of the (19-²H)aldehyde²c (1b) with lithium trialkoxyhydridoaluminate³ [prepared from LiAlH₄ (1 equiv.) and But₂CO (3 equiv.)] gave the (19R)-alcohol (2a) in ca. 90% yield. The derived 19-acetate (2b) showed ¹H n.m.r. signals at δ 3.95 (0.9–0.95 atoms ¹H) and 4.49 (0.05-0.1; ¹H), indicating that the alcohols contain 90-95% of the (19R)-[19-1H,2H]-isomer and 5-10% of the (19S)-[19-1H,2H]-isomer.² Attempted hydrogenolyses of the 19-tosyl and -mesyl esters failed to yield a 10^β-methyl moiety.⁴ Fortunately the 19-alcohol (2c) could be readily converted by treatment with methyltriphenoxyphosphonium iodide (MTPI) in dry dimethylformamide $(DMF)^5$ (room temperature, 20 h) into the 19-iodide (**3a**) (90% yield) without loss of diastereoisomeric purity. We assume that the iodination of the homoallylic alcohol(s)⁶ (**2**) proceeds with retention of configuration. The 3β -methoxy compound (3a) was converted into the 3β -acetoxy-19-iodide⁷ (**3b**); ¹H n.m.r. δ 3.28 (0.9–0.95; ¹H) and 3.60 (0.05–0.1; ¹H). Hydrogenolysis of the 19-iodide (3a) with lithium triethylborohydride (Superhydride) gave after oxidation the $(19-1H_3)-17$ -ketone analogous to (4).

Similarly reduction of (1a) with lithium trialkoxydeuterioaluminate [prepared from LiAl²H₄ (1 equiv.) and But₂CO (3 equiv.)] gave the (19S)-[19-¹H,²H]-alcohol (2d). The derived compound (2e) showed δ 3.95 (0.05–0.1; ¹H) and 4.49 (0.9–0.95; ¹H), Figure 1(a), indicating that (2d) contains *ca*. 90–95% of the (19S)-[19-¹H,²H]-alcohol and *ca*. 5–10% of the (19R)-[19-¹H,²H]-alcohol. The (19S)-hydroxy ketone (2f) gave the 19-iodide (3c) which was converted into 19-iodo-3-

⁺ All compounds were fully characterized (¹H n.m.r., ²H n.m.r., mass spectroscopy *etc.*) and their tritium specific activity determined as needed. The homogeneity of the compounds was assayed by t.l.c., high performance chromatography (Micromeritics-788 dual variable detector) and where applicable radioactive high performance chromatography (Flow-One radioactive detector).





Figure 1. ¹H N.m.r. spectra of (a) compound (2e) and (b) compound (3d).

acetate (**3d**): n.m.r. δ 3.28 (0.05—0.1; ¹H) and 3.60 (0.9—0.95; ¹H), Figure 1(b). The iodide (**3c**) was hydrogenolysed with Superhydride to the 10 β -methyl compound (75—80%).

Based on these observations, the syntheses of 19-chiral analogues were undertaken. Reduction of $(19^{-1}H)$ aldehyde (1a) in EtOH with (³H)NaBH₄ (100 mCi) and reoxidation⁸ of the resulting (19*RS*)-(19⁻¹H,³H)-alcohol yielded the (19-³H)aldehyde (1c) (55 mCi).

Aliquots of (1c) were reduced with lithium trialkoxyhydrido(or deuterio)aluminates² to yield (19R)-[19-¹H,³H]-19-hydroxy (2g) or (19R)-[19-²H,³H]-19-hydroxy (2i) compounds respectively. The 17-keto-(19R)-alcohols (2h) and (2j) were converted (MTPI-DMF) into the corresponding (19-¹H,-³H)-19-iodide (3e) and (19-²H,³H)-19-iodide (3f).

Compound (**3f**) (13 mCi) was hydrogenolysed [(¹H)-Superhydride-THF] to give, after reoxidation, (19*R*)-[19-³H,²H,¹H]-(**4a**) (11.2 mCi; 86% yield). Cleavage of the methoxy moiety⁷ of (**4a**) and saponification gave the required (19*R*)-[19-³H,²H,¹H]-3β-hydroxyandrost-5-en-17-one (**4b**). For C-19 chirality determination, the obtained (**4**) was converted into androst-4-ene-3,17-dione, treated with SeO₂-H₂O₂⁹ and oxidised by the Kuhn-Roth procedure.[‡] The resulting acetic acid was analysed for chirality by the malatesynthetase fumarase procedure^{10,11} and showed¹¹ F = 63 for (19*R*)-chirality of (**4**). Treatment of (**3e**) with (²H)-Superhydride gave after analogous processing (19*S*)-(**5b**), F = 33.

Alternatively, reduction of $(19-^{2}H)$ aldehyde (1b) with $(^{1}H)-(R)$ -alpine borane (Aldrich Co., Milwaukee, WI,

U.S.A.) gave the (19S)-[19-¹H,²H]-alcohol [94—96%; (19S)-(2e)] and reduction of (1b) with (¹H)-(S)-alpine borane gave (19R)-[19-¹H,²H]-alcohol [94—96%; (19R)-(2b)], Figure 2. Similarly, reduction of (1a) with deuterio (S)-alpine borane gave the (19S)-[19-¹H,²H]-alcohol [94—96%; (19S)-(2e)].

The required deuteriated (R)- and (S)-alpine boranes were prepared by treating deuteriated 9-borabicyclo[3.3.1]nonane with (+)- and (-)- α -pinenes, respectively.¹² Reduction of the $(19-^{3}H)$ aldehyde (1c) with deuteriated (R)- and deuteriated (S)-alpine boranes gave the (19S)-[19-²H,³H]-19-alcohol (2k) and (19R)-[19-2H, 3H]-19-alcohol (2i). Treatment of (19S)-(2k) and (19R)-(2i) with MTPI-DMF and removal of the acetals gave the corresponding (19-2H,3H)-19-iodide (3g) and (19-2H, ³H)-19-iodide (3f). The iodides (3g) and (3f) were first treated with (1H)-Superhydride and then oxidised to yield (19S)- $[19-^{3}H,^{2}H,^{1}H]$ -(5a) and (19R)-[19-³H,²H,¹H]-(4a) which in turn were converted into (5b) and (4b). Aliquots of (5b) and (4b) were processed as described above and samples of acetic acid obtained were analysed for chirality. The acetic acid derived from (19S)-(5b) showed F = 33 and that obtained from (19R)-(4b) had F = 65.

Assuming a linear correlation of F and diastereoisomeric purity it is estimated^{11,13} from the F values that each of the (19*R*)-(4) and (19*S*)-(5) compounds contained *ca*. 76 and 79.5% of the respective chiral methyl. Considering that up to 5% of a hydrogen atom of acetic acid is exchanged in Kuhn–Roth oxidation‡ it may be inferred that the samples contained up to 81 and 85% of the corresponding 19-chiral methyls. These results indicate that on average the three reactions of the synthetic sequence proceeded with a 90—95% diastereoisomeric selectivity.

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[‡] The Kuhn–Roth oxidations were carried out in sealed vials at room temperature (72 h) with shaking. Usually up to 5% of a hydrogen atom was exchanged when products from ref. 9 were used.



Figure 2. ¹H N.m.r. spectra of the compounds (2b) and (2e) obtained from (1b).

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