WATER-SOLUBLE MELATONINS: SYNTHESES OF MELATONINS CARRYING A GLYCOSYL GROUP AT THE 1-POSITION¹

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Abstract – 1-(β -D-Xylopyranosyl)- (**2a**), 1-(β -D-glucopyranosyl)- (**2b**), 1-(β -D-glucopyranosyl)- (**2c**), and 1-(α -D-arabinopyranosyl)melatonins (**3b**) are prepared as water-soluble melatonins starting from melatonin.

Regulation of the circadian rhythms,² inhibition of Alzheimer β -fibrillogenesis,^{3a} anti-aging properties relating to radical scavenging,^{3b} antiproliferative effect on melanoma cells,^{3c} and so on³ are well known biological activities³ reported for melatonin² (**1**, Scheme 1), a pineal gland hormone.

In our continuing project⁴ for developing new biologically active compounds based on indole nucleus, we have thus far succeeded in finding our own synthetic method⁴ for melatonin (1). With 1 in hand, we have now reached to the stage^{1c} for creating water-soluble melatonin^{1c} in order to examine whether such change in physical properties of 1 has a substantial effect on its biological activities. In this paper, we wish to report the results of our trial to produce 1-glycosylmelatonin derivatives (2a–c, 3b), chosen as our targets among various candidates for water-soluble melatonins.

Preobrazhenskaya⁵ and co-workers reported a synthetic method for 1-glycosylindoles without using any protecting group, consisting of heating indolines with an appropriate sugar component, followed by DDQ oxidation. So, we applied the procedure to meet our ends.

Melatonin⁴ (1), prepared through biologically active 1-hydroxytryptamines,⁶ was first converted to 2,3dihydromelatonin (4) as reported^{4d,e} previously by reduction with Et_3SiH^7 in CF₃COOH in 99% yield.^{4e} Although treatment of 4 with 3-mol eq. of D-xylose in refluxing MeOH afforded 1-glycosyl-2,3dihydromelatonin, its isolation in pure state was difficult. The reaction mixture was therefore acetylated with Ac₂O-pyridine to afford a 1:1 mixture of diastereomers (**5a**) in 85% yield. Oxidation of the mixture with 1.2-mol eq. of DDQ in dioxane at room temperature produced **6a** as a single isomer in 56% yield. To the contrary to the expected improvement, employment of 2-mol eq. of DDQ dropped the yield of **6a** down to 46% with formation of tar.



Similar reactions of **4** with D-glucose and D-galactose, followed by treatment with Ac_2O -pyridine, afforded **5b** and **5c** in 97 and 85% yields, respectively. Oxidations of **5b** and **5c** with 1-mol eq. of DDQ produced **6b** and **6c** in the respective yields of 87 and 80%. In these cases, the employment of 2-mol eq. of DDQ decreased the yields of **6b** and **6c** to 55 and 45% yields, respectively. The anomeric (C-1') protons in the ¹H-NMR spectra of **6a**—**c** clearly appeared as a doublet with a coupling constant of 9 Hz. Based on these data, their structures are confirmed to be $1-(\beta-D-glycosyl)$ melatonin and the diastereomers (**5a**—**c**) arise from the stereochemistry at the indole 3-position.

In the case of D-arabinose, **7** was obtained in 95% yield by the reaction with **4**, followed by treatment with Ac₂O-pyridine. An interesting fact is the formation of **8a** in 10% yield together with 43% yield of **3a** when the oxidation of **7** was carried out with 1.2-mol eq. of DDQ. 2-mol eq. of DDQ raised the yield of **8a** up to 34% together with 4% yield of **3a**. The anomeric protons of **8a** and **3a** appear as a doublet with a coupling constant of 9 Hz. Therefore, their *trans*-diaxial relationship to the neighboring C-2' proton is proved. Since D-arabinose has β -hydroxy group at the C-2' position, structures of **8a** and **3a** are confirmed to be 1-(α -D-glycosyl)melatonin derivatives. The difference in the anomeric configuration between **7** and **5a**—**c** seems to be the cause of their differences in the oxidation behavior.

Hydrolysis of ester group in **6a** was carried out with 8% aqueous NaOH to give the desired 1-(β -D-xylopyranosyl)melatonin (**2a**) in 83% yield. Similarly, alkaline hydrolysis of **6b**, **6c**, **3a**, and **8a** provided **2b**, **2c**, **3b**, and **8b** in 90, 93, 87, and 81% yields, respectively.

Biological evaluations of 1-glycosylmelatonins and syntheses of other types of water-soluble melatonins are now in progress.

EXPERIMENTAL

IR spectra were determined with a Shimadzu IR-420 or HORIBA FT-720 spectrophotometer and ¹H-NMR spectra with a JEOL GSX-500 spectrometer with tetramethylsilane as an internal standard. MS spectra were recorded on a JEOL SX-102A spectrometer. PTLC was performed on Merck Kiesel-gel GF_{254} (Type 60)(SiO₂). Column chromatography was performed on silica gel (SiO₂, 100-200 mesh, from Kanto Chemical Co. Inc.) throughout the present study.

1-(β-D-Triacetylxylopyranosyl)-2,3-dihydromelatonin (5a) from 4 — D-Xylose (112.5 mg, 0.75 mmol) was added to a solution of 4 (58.5 mg, 0.25 mmol) in MeOH (4.0 mL) and the mixture was refluxed for 2 h with stirring. The solvent was evaporated under reduced pressure to leave an oil, which was dissolved in pyridine (3.0 mL, 37.0 mmol). To the resultant solution, Ac₂O (1.5 mL, 15.9 mmol) was added and the mixture was stirred at rt for 2.5 h. The solvent was evaporated under reduced pressure. After addition of H_2O to the residue, the whole was extracted with $CHCl_3$ -MeOH (95:5, v/v). The extract was washed with 10% NH₄Cl and brine, dried over Na₂SO₄ and evaporated under reduced pressure to leave an oil, which was column-chromatographed on SiO₂ successively with CHCl₃-MeOH (99:1, v/v) and CHCl₃-MeOH (95:5, v/v) to give **5a** (105.3 mg, 85%). **5a**: pale yellow oil. IR (film): 1754, 1654 cm⁻¹. ¹H-NMR (CDCl₃) δ: 1.59—1.76 (2H, m), 1.93 (3/2H, s), 1.96 (3/2H, s), 1.99 (3/2H, s), 2.01 (3/2H, s), 2.04 (3H, s), 2.05 (3/2H, s), 2.06 (3/2H, s), 3.15-3.40 (5H, m), 3.66 (1/2H, t, J=7.8 Hz), 3.71 (1/2H, t, J=7.5 Hz), 3.73 (3H, s), 4.04–4.09 (1H, m), 4.81 (1/2H, d, J=9.0 Hz), 4.83 (1/2H, d, J=9.0 Hz), 4.96—5.02 (1H, m), 5.17 (1/2H, t, J=9.0 Hz), 5.19 (1/2H, t, J=9.0 Hz), 5.32 (1/2H, t, J=9.0 Hz), 5.33 (1/2H, t, J=9.0 Hz), 5.57 (1/2H, br t, J=5.2 Hz), 5.67 (1/2H, br t, J=5.2 Hz), 6.50 (1/2H, d, J=8.6 Hz), 6.51 (1/2H, d, J=8.6 Hz), 6.66 (1/2H, dd, J=8.6, 2.5 Hz), 6.67 (1/2H, dd, J=8.6, 2.5 Hz), 6.70 (1/2H, d, J=2.5 Hz), 6.75 (1/2H, d, J=2.5 Hz). HRMS m/z: Calcd for $C_{24}H_{32}N_2O_9$: 492.2108. Found: 492.2104. $[\alpha]_{D}^{25}$ +8.15° (c=0.135, MeOH).

1-(β-D-Tetraacetylglucopyranosyl)-2,3-dihydromelatonin (5b) from 4 — In the same procedure as described in the preparation of **5a**, D-glucose (76.9 mg, 0.43 mmol), **4** (20.1 mg, 0.086 mmol), MeOH (1.5 mL), pyridine (1.5 mL, 18.5 mmol) and Ac₂O (0.75 mL, 7.9 mmol) were used. Column-chromatography was performed on SiO₂ with CHCl₃ to give **5b** (46.9 mg, 97%). **5b**: colorless oil. IR (film): 1751, 1655 cm⁻¹. ¹H-NMR (CDCl₃) δ: 1.61—1.67 (1H, m), 1.69—1.79 (1H, m), 1.94 (3/2H, s), 1.95 (3/2H, s), 1.99 (3H, s), 2.00 (3/2H, s), 2.01 (3/2H, s), 2.03—2.04 (3/2Hx4, each s), 3.15—3.40 (4H, m), 3.68 (1H, t, *J*=8.8 Hz), 3.74 (3H, s), 3.71—3.76 (1H, m), 4.03 (1/2H, dd, *J*=12.2, 2.4 Hz), 4.06 (1/2H,

dd, J=12.2, 2.4 Hz), 4.24 (1/2H, dd, J=12.2, 3.2 Hz), 4.26 (1/2H, dd, J=12.2, 3.2 Hz), 4.88 (1/2H, d, J=9.1 Hz), 4.89 (1/2H, d, J=9.1 Hz), 5.07 (1/2H, t, J=9.0 Hz), 5.08 (1/2H, t, J=9.0 Hz), 5.23 (1/2H, t, J=9.0 Hz), 5.24 (1/2H, t, J=9.0 Hz), 5.33 (1/2H, t, J=9.0 Hz), 5.34 (1/2H, t, J=9.0 Hz), 5.56 (1/2H, br t, J=5.0 Hz), 5.69 (1/2H, br t, J=5.0 Hz), 6.48 (1/2H, d, J=8.5 Hz), 6.50 (1/2H, d, J=8.5 Hz), 6.66 (1H, dd, J=8.5, 2.4 Hz), 6.71 (1/2H, d, J=2.4 Hz), 6.75 (1/2H, d, J=2.4 Hz). HRMS m/z: Calcd for C₂₇H₃₆N₂O₁₁: 564.2319. Found: 564.2324. [α]_D²⁴ –5.76° (c=0.10, MeOH).

1-(β-D-Tetraacetylgalactopyranosyl)-2,3-dihydromelatonin (**5c**) from 4 — In the same procedure as described in the preparation of **5a**, D-galactose (231.2 mg, 1.28 mmol), **4** (100.2 mg, 0.43 mmol), MeOH (6.0 mL), pyridine (8.0 mL, 99.0 mmol), and Ac₂O (4.0 mL, 42.3 mmol) were used. Column-chromatography was performed on SiO₂ successively with CHCl₃ and CHCl₃–MeOH (99:1 v/v) to give **5c** (205.4 mg, 85%). **5c**: colorless oil. IR (film): 1745, 1653 cm⁻¹. ¹H-NMR (CDCl₃) δ: 1.61—1.69 (1H, m), 1.70—1.80 (1H, m), 1.94 (3/2H, s), 1.96 (3/2H, s), 1.97 (3/2H, s), 1.98 (3/2H, s), 1.99 (3/2H, s), 2.01—2.02 (3/2Hx3, each s), 2.17 (3/2H, s), 2.19 (3/2H, s), 3.16—3.44 (4H, m), 3.71—3.77 (1H, m), 3.75 (3H, s), 3.96 (1H, t, *J*=6.7 Hz), 4.02—4.13 (2H, m), 4.83 (1/2H, d, *J*=9.0 Hz), 4.85 (1/2H, d, *J*=9.0 Hz), 5.14 (1/2H, dd, *J*=9.0, 3.4 Hz), 5.16 (1/2H, dd, *J*=9.0, 3.4 Hz), 5.39—5.40 (1/2Hx2, each t, *J*=9.0 Hz), 5.43 (1H, m), 5.54 (1/2H, br t), 5.61 (1/2H, br t), 6.50 (1H, t, *J*=8.3 Hz), 6.66 (1H, dd, *J*=8.3, 2.4 Hz), 6.70 (1/2 H, d, *J*=2.4 Hz), 6.74 (1/2H, d, *J*=2.4 Hz). HRMS *m/z*: Calcd for C₂₇H₃₆N₂O₁₁: 564.2319. Found: 564.2312. [α]_D²⁴ +8.91° (c=0.10, MeOH).

1-(α-D-Triacetylarabinopyranosyl)-2,3-dihydromelatonin (7) from 4 — In the same procedure as described in the preparation of **5a**, D-arabinose (208.2 mg, 1.39 mmol), **4** (64.9 mg, 0.28 mmol), MeOH (4.0 mL), pyridine (4.0 mL, 49.5 mmol), and Ac₂O (2.0 mL, 21.2 mmol) were used. The acetylated mixture was subjected to PTLC on SiO₂ developing twice with CHCl₃–MeOH (97:3, v/v). Extraction of the band having an *Rf* value of 0.63—0.47 with CHCl₃–MeOH (95:5, v/v) gave **7** (129.6 mg, 95%). **7**: colorless oil. IR (film): 1747, 1655 cm⁻¹. ¹H-NMR (CDCl₃) δ: 1.60—1.80 (2H, m), 1.93 (3/2H, s), 1.95 (3/2H, s), 1.99 (3/2H, s), 2.02 (3/2H, s), 2.03 (3/2H, s), 2.04 (3/2H, s), 2.17 (3/2H, s), 2.19 (3/2H, s), 3.17—3.48 (4H, m), 3.66—3.80 (2H, m), 3.74 (3H, s), 3.99 (1H, dd, *J*=13.0, 2.0 Hz), 4.76 (1/2H, d, *J*=9.0 Hz), 4.77 (1/2H, d, *J*=9.0 Hz), 5.13—5.18 (1H, m), 5.31 (1H, m), 5.41—5.45 (1H, m), 5.49 (1/2H, br t, *J*=5.2 Hz, disappeared on addition of D₂O), 5.58 (1/2H, br t, *J*=5.2 Hz, disappeared on addition of D₂O), 5.58 (1/2H, br t, *J*=5.2 Hz, disappeared on addition of D₂O), 5.58 (1/2H, dt, *J*=8.6, 2.7 Hz), 6.67 (1/2H, dt, *J*=2.7 Hz), 6.74 (1/2H, dt, *J*=2.7 Hz). HRMS *m/z*: Calcd for C₂₄H₃₂N₂O₉: 492.2108. Found: 492.2098. [α]_D²⁵ –38° (c=0.10, MeOH).

1-(β -D-Triacetylxylopyranosyl)melatonin (6a) from 5a — DDQ (64.0 mg, 0.28 mmol) was added to a solution of 5a (115.7 mg, 0.24 mmol) in dioxane (5.0 mL) and the mixture was stirred at rt for 0.5 h. The

whole was made alkaline by adding 8% NaHCO₃ under ice cooling and the whole was extracted with AcOEt. The extract was washed with brine, dried over Na₂SO₄ and evaporated under reduced pressure to leave an oil, which was subjected to PTLC on SiO₂ developing three times with CHCl₃–MeOH (98:2, v/v). Extraction of the band having an *Rf* value of 0.71—0.58 with CHCl₃–MeOH (95:5, v/v) gave **6a** (65.0 mg, 56%). **6a**: pale yellow oil. IR (film): 1755, 1655 cm⁻¹. ¹H-NMR (CDCl₃) δ : 1.53 (3H, s), 1.93 (3H, s), 2.05 (3H, s), 2.09 (3H, s), 2.77—2.84 (1H, m), 2.91—2.98 (1H, m), 3.39—3.46 (1H, m), 3.59 (1H, dd, *J*=11.5, 10.5 Hz), 3.66—3.74 (1H, m), 3.84 (3H, s), 4.29 (1H, dd, *J*=11.5, 5.6 Hz), 5.19 (1H, ddd, *J*=10.5, 9.5, 5.6 Hz), 5.29 (1H, t, *J*=9.0 Hz), 5.40 (1H, d, *J*=9.0 Hz), 5.44 (1H, dd, *J*=9.5, 9.0 Hz), 5.89 (1H, br t, disappeared on addition of D₂O), 6.89 (1H, dd, *J*=8.8, 2.4 Hz), 6.96 (1H, d, *J*=2.4 Hz), 7.07 (1H, s), 7.23 (1H, d, *J*=8.8 Hz). HRMS *m*/*z*: Calcd for C₂₄H₃₀N₂O₉: 490.1951. Found: 490.1945. [α]₀²⁴ –37.0° (c=0.10, MeOH).

1-(β-D-Tetraacetylglucopyranosyl)melatonin (6b) from 5b — In the same procedure as described in the preparation of 6a, DDQ (84.2 mg, 0.32 mmol), 5b (150.2 mg, 0.27 mmol), and dioxane (8.0 mL) were used. The crude product was column-chromatographed on SiO₂ with CHCl₃–MeOH (99:1 v/v) to give 6b (130.7 mg, 87%). 6b: yellow oil. IR (film): 1751, 1655 cm⁻¹. ¹H-NMR (CDCl₃) δ: 1.53 (3H, s), 1.94 (3H, s), 2.03 (3H, s), 2.08 (3H, s), 2.09 (3H, s), 2.78—2.85 (1H, m), 2.92—2.98 (1H, m), 3.40—3.47 (1H, m), 3.68—3.75 (1H, m), 3.85 (3H, s), 4.00 (1H, ddd, *J*=10.0, 4.9, 2.2 Hz), 4.17 (1H, dd, *J*=12.5, 2.2 Hz), 4.33 (1H, dd, *J*=12.5, 4.9 Hz), 5.26 (1H, dd, *J*=10.0, 9.5 Hz), 5.35 (1H, dd, *J*=9.5, 9.0 Hz), 5.45 (1H, t, *J*=9.5 Hz), 5.48 (1H, d, *J*=9.0 Hz), 5.92 (1H, br t, *J*=5.0 Hz), 6.90 (1H, dd, *J*=8.9, 2.3 Hz), 6.97 (1H, d, *J*=2.3 Hz), 7.08 (1H, s), 7.23 (1H, d, *J*=8.9 Hz). HRMS *m*/*z*: Calcd for C₂₇H₃₄N₂O₁₁: 562.2163. Found: 562.2149. [α]_D²⁵ –29.7° (c=0.10, MeOH).

1-(β-D-Tetraacetylgalactopyranosyl)melatonin (6c) from 5c — In the same procedure as described in the preparation of 6a, DDQ (65.8 mg, 0.29 mmol), 5c (136.2 mg, 0.24 mmol), and dioxane (8.0 mL) were used. The crude product was column-chromatographed on SiO₂ successively with CHCl₃–MeOH (99:1 v/v) and AcOEt to give 6c (108.7 mg, 80%). 6c: colorless oil. IR (film): 1751, 1655 cm⁻¹. ¹H-NMR (CDCl₃) δ: 1.55 (3H, s), 1.94 (3H, s), 2.01 (3H, s), 2.04 (3H, s), 2.26 (3H, s), 2.81—2.87 (1H, m), 2.93—2.99 (1H, m), 3.40—3.47 (1H, m), 3.68—3.75 (1H, m), 3.85 (3H, s), 4.17 (1H, dd, *J*=13.5, 9.0 Hz), 4.20 (1H, dd, *J*=9.0, 5.0 Hz), 4.22 (1H, dd, *J*=13.5, 5.0 Hz), 5.27 (1H, dd, *J*=10.4, 3.2 Hz), 5.44 (1H, d, *J*=9.0 Hz), 5.51 (1H, dd, *J*=10.4, 9.0 Hz), 5.56 (1H, d, *J*=3.2 Hz), 5.92 (1H, br t, *J*=5.0 Hz), 6.90 (1H, dd, *J*=8.8, 2.5 Hz), 6.97 (1H, d, *J*=2.5 Hz), 7.12 (1H, s), 7.27 (1H, d, *J*=8.8 Hz). HRMS *m*/*z*: Calcd for $C_{27}H_{34}N_2O_{11}$: 562.2163. Found: 562.2163. [α]_D²⁵ –22° (c=0.10, MeOH).

 $1-(\alpha$ -D-Triacetylarabinopyranosyl)melatonin (3a) and $3-[2-(Acetylamino)acetyl]-1-(\alpha$ -D-triacetylarabinopyranosyl)-5-methoxyindole (8a) from 7 — [Entry 1] In the same procedure as described in the preparation of **6a**, DDQ (65.8 mg, 0.29 mmol), **7** (136.2 mg, 0.24 mmol), and dioxane (8.0 mL) were used and stirring was continued for 1 h. The crude product was subjected to PTLC on SiO₂ developing twice with CHCl₃–MeOH–28% NH₃ (46:1:0.1, v/v). Extraction of the band having an *Rf* value of 0.63—0.52 with CHCl₃–MeOH (95:5, v/v) gave **3a** (62.1 mg, 43%). Extraction of the band having an *Rf* value of 0.37—0.32 with CHCl₃–MeOH (95:5, v/v) gave **8a** (15.0 mg, 10%). **3a**: colorless oil. IR (film): 1749, 1655 cm⁻¹. ¹H-NMR (CDCl₃) δ : 1.55 (3H, s), 1.94 (3H, s), 2.04 (3H, s), 2.26 (3H, s), 2.80—2.87 (1H, m), 2.93—2.99 (1H, m), 3.39—3.47 (1H, m), 3.68—3.76 (1H, m), 3.85 (3H, s), 3.93 (1H, dd, *J*=13.4, 0.7 Hz), 4.20 (1H, dd, *J*=13.4, 2.0 Hz), 5.27 (1H, dd, *J*=10.3, 3.4 Hz), 5.35 (1H, d, *J*=9.0 Hz), 5.44 (1H, ddd, *J*=3.4, 2.0, 0.7 Hz), 5.55 (1H, dd, *J*=10.3, 9.0 Hz), 5.92 (1H, br t, *J*=5.5 Hz disappeared on addition of D₂O), 6.89 (1H, dd, *J*=9.0, 2.4 Hz), 6.97 (1H, d, *J*=2.4 Hz), 7.13 (1H, s), 7.26 (1H, d, *J*=9.0 Hz). HRMS *m/z*: Calcd for C₂₄H₃₀N₂O₉: 490.1951. Found: 490.1952. [α]_D²⁶ +2.78° (c=0.09, MeOH).

[Entry 2] In the same procedure as described in the preparation of **6a**, DDQ (66.8 mg, 0.29 mmol), **7** (72.4 mg, 0.15 mmol), and dioxane (5.0 mL) were used. After the same work-up and separation as described in the Entry 1, **3a** (3.1 mg, 4%) and **8a** (25.5 mg, 34%) were obtained. **8a**: colorless oil. IR (film): 1749, 1653 cm⁻¹. ¹H-NMR (CDCl₃) δ : 1.66 (3H, s), 2.04 (3H, s), 2.11 (3H, s), 2.33 (3H, s), 3.89 (3H, s), 3.96 (1H, dd, *J*=13.4, 1.0 Hz), 4.25 (1H, dd, *J*=13.4, 2.0 Hz), 4.63 (1H, dd, *J*=18.0, 4.0 Hz), 4.68 (1H, dd, *J*=18.0, 4.5 Hz), 5.29 (1H, dd, *J*=10.0, 3.4 Hz), 5.43 (1H, d, *J*=9.0 Hz), 5.48 (1H, ddd, *J*=3.4, 2.0, 1.0 Hz), 5.62 (1H, dd, *J*=10.0, 9.0 Hz), 6.66 (1H, br t, disappeared on addition of D₂O), 6.98 (1H, dd, *J*=9.0, 2.4 Hz), 7.38 (1H, d, *J*=9.0 Hz), 7.82 (1H, d, *J*=2.4 Hz), 8.03 (1H, s). HRMS (FAB⁺) *m/z*: Calcd for C₂₄H₂₉N₂O₁₀: 505.1823 (MH⁺). Found: 505.1821. [α]_D²⁸ +3.88° (c=0.12, MeOH).

1-(β-D-Xylopyranosyl)melatonin (2a) from 6a — 8% NaOH (0.5 mL) was added to a solution of **6a** (29.9 mg, 0.06 mmol) in MeOH (1.0 mL) and the mixture was stirred at rt for 1 h. After evaporation of the solvent under reduced pressure, brine was added to the residue and the whole was extracted with AcOEt–MeOH (95:5, v/v). The extract was dried over Na₂SO₄ and evaporated under reduced pressure to leave an oil, which was column-chromatographed on SiO₂ with AcOEt–MeOH (97:3, v/v) to give **2a** (18.5 mg, 83%). **2a**: colorless oil. IR (film): 3321, 2920, 1633, 1483, 1454, 1232, 1051 cm⁻¹. ¹H-NMR (DMSO-*d*₆) δ: 1.81 (3H, s), 2.75 (2H, t, *J*=7.6 Hz), 3.33 (2H, t, *J*=7.6 Hz), 3.34—3.41 (2H, m), 3.44—3.51 (1H, m), 3.68 (1H, dt, *J*=5.6, 8.8 Hz), 3.74—3.79 (1H, m), 3.77 (3H, s), 5.08 (1H, d, *J*=4.6 Hz, disappeared on addition of D₂O), 5.10 (1H, d, *J*=5.6 Hz, disappeared on addition of D₂O), 5.11 (1H, d, *J*=9.0 Hz), 6.76 (1H, dd, *J*=8.8, 2.4 Hz), 7.02 (1H, d, *J*=2.4 Hz), 7.20 (1H, s), 7.37 (1H, d, *J*=8.8 Hz), 7.91 (1H, br t, disappeared on addition of D₂O). HRMS *m/z*: Calcd for C₁₈H₂₄N₂O₆: 364.1634. Found: 364.1629. [α]_D²⁵ –22.0° (c=0.093, MeOH).

1-(**α**-**D**-**Arabinopyranosyl)melatonin (3b) from 3a** — In the same procedure as described in the preparation of **2a**, 8% NaOH (0.5 mL), **3a** (28.7 mg, 0.06 mmol), and MeOH (1.0 mL) were used and stirring was continued for 15 min. The crude product was subjected to PTLC on SiO₂ developing twice with CHCl₃–MeOH (85:15, v/v). Extraction of the band having an *Rf* value of 0.59—0.49 with CHCl₃–MeOH (85:15, v/v) gave **3b** (18.5 mg, 87%). **3b**: colorless oil. IR (film): 3354, 2933, 1641, 1558, 1485, 1232, 1085 cm⁻¹. ¹H-NMR (CD₃OD) δ: 1.91 (3H, s), 2.88 (2H, t, *J*=7.1 Hz), 3.46 (2H, br t, *J*=7.1 Hz), 3.70 (1H, dd, *J*=9.4, 3.3 Hz), 3.83 (1H, dd, *J*=12.9, 1.2 Hz), 3.83 (3H, s), 3.97 (1H, ddd, *J*=3.3, 2.4, 1.2 Hz), 3.98 (1H, dd, *J*=2.4 Hz), 7.23 (1H, s), 7.44 (1H, d, *J*=9.0 Hz). HRMS (FAB⁺) *m/z*: Calcd for $C_{18}H_{25}N_2O_6$: 365.1713 (MH⁺). Found: 365.1727. [α]_D²⁶ –15.5° (c=0.10, MeOH).

1-(**β-D-Glucopyranosyl)melatonin (2b) from 6b** — In the same procedure as described in the preparation of **2a**, 8% NaOH (0.5 mL), **6b** (18.5 mg, 0.03 mmol), and MeOH (1.0 mL) were used and stirring was continued for 0.5 h. The crude product was column-chromatographed with AcOEt–MeOH (95:5 v/v) to give **2b** (11.7 mg, 90%). **2b**: yellow oil. IR (film): 3392, 2924, 1635, 1485, 1074, 1032 cm⁻¹. ¹H-NMR (CD₃OD) δ: 1.91 (3H, s), 2.88 (2H, t, *J*=7.3 Hz), 3.45 (2H, t, *J*=7.3 Hz), 3.47 (1H, dd, *J*=9.5, 8.8 Hz), 3.54 (1H, ddd, *J*=9.5, 5.0, 2.0 Hz), 3.57 (1H, dd, *J*=9.0, 8.8 Hz), 3.69 (1H, dd, *J*=12.1, 5.6 Hz), 3.82 (3H, s), 3.86 (1H, dd, *J*=12.2, 2.0 Hz), 3.88 (1H, t, *J*=9.0 Hz), 4.52 (1H, br s), 5.34 (1H, d, *J*=9.0 Hz), 6.81 (1H, dd, *J*=8.8, 2.4 Hz), 7.05 (1H, d, *J*=2.4 Hz), 7.21 (1H, s), 7.39 (1H, d, *J*=8.8 Hz). HRMS (FAB⁺) *m/z*: Calcd for C₁₉H₂₇N₂O₇: 365.1819 (MH⁺). Found: 365.1823. [α]_D²⁷ –16.8° (c=0.10, MeOH).

1-(β-D-Galactopyranosyl)melatonin (2c) from 6c — In the same procedure as described in the preparation of **2a**, 8% NaOH (0.5 mL), **6c** (44.5 mg, 0.08 mmol), and MeOH (1.0 mL) were used and stirring was continued for 15 min. Column-chromatography was performed with CHCl₃–MeOH (85:15 v/v) to give **2c** (29.1 mg, 93%). **2c**: colorless oil. IR (film): 3363, 2927, 1633, 1483, 1088, 1041 cm⁻¹. ¹H-NMR (CD₃OD) δ: 1.91 (3H, s), 2.88 (2H, t, *J*=7.1 Hz), 3.46 (2H, br t, *J*=7.1 Hz), 3.68 (1H, dd, *J*=9.0, 2.4 Hz), 3.71—3.79 (3H, m), 3.82 (3H, s), 3.99 (1H, d, *J*=2.4 Hz), 4.22 (1H, t, *J*=9.0 Hz), 5.27 (1H, d, *J*=9.0 Hz), 6.80 (1H, dd, *J*=8.8, 2.4 Hz), 7.05 (1H, d, *J*=2.4 Hz), 7.25 (1H, s), 7.46 (1H, d, *J*=8.8 Hz). HRMS (FAB⁺) *m/z*: Calcd for C₁₉H₂₇N₂O₇: 395.1818 (MH⁺). Found: 395.1807. [α]_D²⁷ –8.6° (c=0.10, MeOH).

3-[2-(Acetylamino)acetyl]-1-(\alpha-D-arabinopyranosyl)-5-methoxyindole (8b) from 8a — In the same procedure as described in the preparation of **2a**, 8% NaOH (0.5 mL), **8a** (10.6 mg, 0.02 mmol), and MeOH (1.0 mL) were used and stirring was continued for 30 min. Column-chromatography was performed with CHCl₃–MeOH (85:15 v/v) to give **8b** (6.4 mg, 81%). **8b**: colorless oil. IR (film): 3398, 2924, 1641, 1525, 1086 cm⁻¹. ¹H-NMR (CD₃OD) δ : 2.07 (3H, s), 3.72 (1H, dd, *J*=9.0, 3.3 Hz), 3.84 (3H, s), 3.87 (1H, dd, *J*=12.4, 1.1 Hz), 3.99 (1H, ddd, *J*=3.3, 2.0, 1.1 Hz), 4.04 (1H, dd, *J*=12.4, 2.0 Hz), 4.22

(1H, t, *J*=9.0 Hz), 4.54 (1H, d, *J*=17.5 Hz), 4.61 (1H, d, *J*=17.5 Hz), 5.30 (1H, d, *J*=9.0 Hz), 6.90 (1H, dd, *J*=9.0, 2.4 Hz), 7.62 (1H, d, *J*=9.0 Hz), 7.77 (1H, d, *J*=2.4 Hz), 8.39 (1H, s). HRMS (FAB⁺) m/z: Calcd for C₁₈H₂₃N₂O₇: 379.1506 (MH⁺). Found: 379.1499.

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