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Dynamics of Zn^{\parallel} Binding as a Key Feature in the Formation of Amyloid Fibrils by A β 11-28

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Supporting Information

ABSTRACT: Supramolecular assembly of peptides and proteins into amyloid fibrils is of multifold interest, going from materials science to physiopathology. The binding of metal ions to amyloidogenic peptides is associated with several amyloid diseases, and amyloids with incorporated metal ions are of interest in nanotechnology. Understanding the mechanisms of amyloid formation and the role of metal ions can improve strategies toward the prevention of this process and enable potential applications in nano-



toward the prevention of this process and enable potential applications in nanotechnology. Here, studies on Zn^{II} binding to the amyloidogenic peptide $A\beta$ 11-28 are reported. Zn^{II} modulates the $A\beta$ 11-28 aggregation, in terms of kinetics and fibril structures. Structural studies suggest that $A\beta$ 11-28 binds Zn^{II} by amino acid residues Glu11 and His14 and that Zn^{II} is rapidly exchanged between peptides. Structural and aggregation data indicate that Zn^{II} binding induces the formation of the dimeric $Zn_{1}^{II}(A\beta$ 11-28)₂ species, which is the building block of fibrillar aggregates and explains why Zn^{II} binding accelerates $A\beta$ 11-28 aggregation. Moreover, transient Zn^{II} binding, even briefly, was enough to promote fibril formation, but the final structure resembled that of apo- $A\beta$ 11-28 amyloids. Also, seeding experiments, i.e., the addition of fibrillar $Zn^{II}_{II}(A\beta$ 11-28)₂ to the apo- $A\beta$ 11-28 peptide, induced aggregation but not propagation of the $Zn^{II}_{II}(A\beta$ 11-28)₂-type fibrils. This can be explained by the dynamic Zn^{II} binding between soluble and aggregated $A\beta$ 11-28. As a consequence, dynamic Zn^{II} binding has a strong impact on the aggregation behavior of the $A\beta$ 11-28 peptide and might be a relevant and so far little regarded parameter in other systems of metal ions and amyloidogenic peptides.

1. INTRODUCTION

The supramolecular assembly of peptides and proteins into amyloid fibrils is intensively studied not only because of their important biological roles in several diseases^{1,2} but also because nonpathological roles have been identified.³ Moreover, amyloids are of interest in nanostructure fabrication and biotechnology.^{4,5} Amyloids refer to peptides and proteins that adopt fibrils based on the cross- β structure, in which the peptide backbone is orthogonal to the fibril axis.^{4,6,7} They normally form by a two-step process with a slow nucleation phase, followed by a typically fast, autocatalytic surface growth, leading to a sigmoid curve characteristic of amyloid formation, often monitored by thioflavin T (ThT) fluorescence.8 Binding of metal ions to amyloidogenic peptides is of biological relevance in several cases, including Prion diseases, Alzheimer's disease, Parkinson's disease, amyotrophic lateral scleroses, and type II diabetes, in which specific amyloidogenic peptides or proteins interact with metal ions such as Zn, Cu, Fe, etc., $^{9-16}$ and for which compounds are developed to suppress the effect of the metal ion.¹⁶⁻²¹ Also, for biotechnological application or in nanoscience, amyloid fibrils with embedded metal ions are of interest because they can undergo electron-transfer reactions or can serve as catalytic centers.^{22–27}

Truncated peptides have been used to model the aggregation of native peptides or to gain general insight into the mechanisms of the aggregating process as well as for nanostructure fabrication.²⁸ Also, de novo designed peptides were very useful for under-

standing aggregation and for obtaining nanostructures of the amyloid type.^{4,29,30} The interaction of small or truncated amyloidogenic peptides with various metal ions has been studied in the past.^{31–37} Recently, we investigated the impacts of stoichiometric Zn^{II} and Cu^{II} binding on three different amyloidogenic model peptides including A β 11-28 and found metal- and peptide-specific effects related to the coordination chemistry of the metal ions.^{38,39} A β 11-28 is derived from amyloid- β (A β) peptide, which plays a central role in Alzheimer's disease. Although $A\beta 11$ -28 is missing the N- and C-terminal parts and, hence, is clearly different from $A\beta$ in terms of aggregation and metal binding, it retains two important features for metal-induced amyloid formation. These are the hydrophobic core (amino acid residues spanning from 17 to 21, sequence LVFFA) and the two His residues (His13 and His14) known to anchor the Zn^{II} ion. Thus, this amyloidogenic A β 11-28 peptide can serve as a model system to gain general insight into metal-induced amyloid formation but does not mimic the special case of native A β (although native truncated forms starting from amino acid 11 have been identified in AD^{40}).

So far, studies of the effect of metal binding on amyloid formation have focused on the addition of metal ions at the beginning of the aggregation process with the idea that they bind very rapidly^{41,42} and stay bound. Only one case is reported

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Figure 1. Time-course measurements of ThT fluorescence (left) and turbidity (right) of A β 11-28 peptide in the presence of Zn^{II}, with Zn^{II} to A β 11-28 ratios ranging from 0 to 0.9. Conditions: [A β 11-28] = 300 μ M; [Zn^{II}] = 0–270 μ M; [HEPES buffer] = 100 mM, pH 7.4; [ThT] = 10 μ M. Insets: time-course measurements of ThT fluorescence (left) and turbidity (right) of A β 11-28 peptide without Zn^{II} (i.e., apo-A β 11-28) over a longer period.

where transient copper(II) binding to β -2 microglobulin in a 2:1 ratio was sufficient to promote amyloid formation. Copper(II) binding to the natively structured protein β -2 microglobulin induced a conformational change to form an oligomerization-prone structure by exposing a previously buried region. The structural conversion is Cu^{II}-dependent, while the subsequent formation of amyloids is not. The transient copper(II) binding required for conformational change was on the hour time scale.^{14,43}

Transient metal ion binding might be of biological relevance because in several biological environments metal-ion concentrations can fluctuate at different time scales; i.e., binding can be dynamic. A well-known example is the Zn^{II} ion in certain glutamatergic neurons, in which Zn^{II} is released in high amounts (up to 300 μ M) in the synaptic cleft and taken up in a few seconds.^{44,45} Thus, we investigated also dynamical aspects of Zn^{II} binding to the $A\beta$ 11-28 model peptide during aggregation, and the results suggest that dynamics can play an important role in the aggregating process and might be of biological relevance.

2. RESULTS

2.1. Aggregation Dependence of the Zn^{\parallel} to $A\beta$ 11-28 Ratio. The stoichiometry between metal ions and amyloidogenic peptides can influence the aggregation behavior because of the formation of different types of complexes. Here, the aggregation kinetics were followed by ThT fluorescence and turbidity as a function of the Zn^{II} to $A\beta 11-28$ ratio (Figure 1). ThT is a specific fluorescence dye for amyloid-type aggregates, while turbidity measures all types of aggregates. The Zn^{II} to A β 11-28 stoichiometry had a pronounced impact on the aggregation behavior, and different changes in the ThT fluorescence and turbidity were observed (Figure 1). The turbidity increased rapidly upon Zn^{II} addition to $A\beta 11-28$. Zn^{II} addition to the buffer only (no peptide) did not show turbidity, hence ruling out that turbidity is due to Zn^{II} precipitation. Increasing the equivalent of Zn^{II} per A β 11-28 from 0 to 0.9 led to faster kinetics and a higher plateau, a behavior that has often been observed for amyloidogenic peptides (Figure 1, right panel). In contrast, ThT traces did not parallel the one measured by turbidity. The increase in ThT fluorescence was slower and showed the typical sigmoid curve for amyloid-type aggregation due to a nucleation and elongation mechanism.8 The fastest curve with the most intense plateau was observed for approximately 0.5 equiv of Zn^{II} per A β 11-28; below and above this stoichiometry, the kinetics and intensity were slower and

smaller, respectively (Figure 1, left panel). Turbidity evolved much faster than ThT fluorescence for all Zn^{II} to A β 11-28 stoichiometries. This indicates that in a first stage ThT-negative amorphous aggregates were formed, which later evolved toward ThT-positive amyloid-like aggregates. During this change, the turbidity intensity stayed more or less constant, suggesting a transformation of the aggregates. This indicates that from 0 to 0.9 equiv of Zn^{II} per A β 11-28 global aggregation is accelerated and increased, while for fibril formation, 0.5 equiv is the optimum. This can be explained in the most straightforward manner by assuming that a dimeric complex with one Zn^{II} bound to two A β 11-28 peptides, i.e. $Zn^{II}_{1}(A\beta 11-28)_{2}$, is the building block of the fibrillar-type aggregate. The further addition of Zn^{II} enhanced the formation of aggregates but diminished the fibrillar content, likely by precipitating the $Zn^{II}_{1}(A\beta 11-28)_{2}$ complex via Zn^{II} bridging of two $Zn^{II}_{1}(A\beta 11-28)_{2}$ moieties.

It is important to note that after longer incubation apo- $A\beta$ 11-28 aggregated as well (Figure 1, insets) but with different characteristics. Apo- $A\beta$ 11-28 reached a plateau of ThT fluorescence approximately 5 times lower than the one observed in the case of $Zn^{II}_{0.5}$ - $A\beta$ 11-28 and did not show any detectable increase in the turbidity. This strongly indicates that apo- $A\beta$ 11-28 forms a different type of amyloid compared to $Zn^{II}_{0.5}$ - $A\beta$ 11-28. Indeed, transmission electron microscopy (TEM) showed a dense scaffold of fibrillar aggregates for $Zn^{II}_{0.5}$ - $A\beta$ 11-28, whereas apo- $A\beta$ 11-28 formed more isolated fibrillar aggregates (Figure 2).

2.2. Effect of Ethylenediaminetetraacetic Acid (EDTA) on $Zn^{II}_{0.5}$ -A β 11-28. In order to see whether Zn^{II} is involved in the different phases of the aggregation process and if the effect of Zn^{II} binding on A β 11-28 is reversible, we added the very strong Zn^{II} chelator EDTA (dissociation constant of approximately 10⁻¹³ M at pH 7.4 compared to approximately 10^{-6} M for A β peptide and truncated forms similar to A β 11-28^{46,47}) at different time points. EDTA has been shown to be useful to reverse the effect of Zn^{II} on amyloid formation, like in the case of A β 1-42, where it abolished completely the inhibitory effect of Zn^{II} on fibril formation.⁴⁸ First, as a control, EDTA (5 equiv per Zn^{II} ion) was added just before Zn^{II} and, as expected, the A β 11-28 aggregation behavior was very similar to that of apo-A β 11-28, indicating that the Zn^{II}EDTA complex does not interfere with aggregation. Very interestingly, adding EDTA at any time point after the Zn^{II} addition (2 min to 3 h; see Figure S1 in the Supporting Information) did not completely reverse the aggregation profile back to the level of the nonaggregated apo-A β 11-28 in ThT fluorescence (Figure 3). In other words,



Figure 2. TEM images of $\operatorname{Zn}^{II}_{0.5}$ - $A\beta$ 11-28 (left), $\operatorname{Zn}^{II}_{0.5}$ - $A\beta$ 11-28 + EDTA (middle), and apo- $A\beta$ 11-28 (right) after 1 day of incubation. Conditions: $[A\beta$ 11-28] = 300 μ M; $[Zn^{II}]$ = 0 or 150 μ M; [EDTA] = 750 μ M; [HEPES buffer] = 100 mM, pH 7.4; [ThT] = 10 μ M.



Figure 3. Time course of ThT fluorescence (left) and turbidity (right) of apo-A β 11-28 and Zn^{II}_{0.5}-A β 11-28 without (solid) and with the addition of EDTA at the time point indicated by the arrow (dashed). Conditions: [A β 11-28] = 300 μ M; [Zn^{II}] = 0 or 150 μ M; [EDTA] = 750 μ M; [HEPES buffer] = 100 mM, pH 7.4; [ThT] = 10 μ M.

the addition of EDTA does not totally reverse the system, and hence even transient Zn^{II} binding is sufficient to induce aggregation. In Figure 3, we are reminded of the fact that apo-A β 11-28 did not undergo any increase in ThT fluorescence (left panel) or turbidity (right panel) over several hours, while $Zn_{0.5}^{II}-A\beta 11-28$ showed the typical sigmoid behavior in ThT fluorescence and a turbidity increase from the beginning. The addition of EDTA to the $Zn_{0.5}^{II}$ -A β 11-28 mixture led to an immediate drop of the turbidity back to the nonaggregated apo-A β 11-28 level (Figure 3, right). Interestingly, ThT fluorescence did not drop as fast as the turbidity (and sometimes even continued to increase for a while before dropping; data not shown; Figure S1 in the Supporting Information) nor did it drop back to the level of nonaggregated apo-A β 11-28. At the end, the plateau reached a level similar to that of aggregated apo-A β 11-28 (compare the left panel in Figure 3 and the inset of the left panel in Figure 1). On the basis of the formation of two types of aggregates, i.e., $Zn_{0.5}^{II}-A\beta 11-28$, which exhibits an intense turbidity and high ThT fluorescence, and apo-A β 11-28, which shows a low ThT fluorescence intensity and no detectible turbidity, the addition of EDTA to $Zn^{II}_{0.5}$ -A β 11-28 resulted in the formation of apo-A β 11-28-type aggregates, which was much faster compared to that of apo-A β 11-28 only. This is in line with TEM data (Figure 2), which showed similar types of aggregates for apo-A β 11-28 and $Zn_{0.5}^{II}-A\beta 11-28$ plus EDTA (more isolated fibrillar-type structures), but different from Zn^{II} -A β 11-28 (more dense). The addition of EDTA to $Zn^{II}_{0.5}$ -A β 11-28 at different time

The addition of EDTA to $Zn^{II}_{0.5}$ - $A\beta$ 11-28 at different time points did not change the overall feature; i.e., shorter or longer transient Zn^{II} binding modulated the aggregation behavior compared to apo- $A\beta$ 11-28 in any case (see Figure S1 in the Supporting Information). There were variations in the kinetics and intensity of the drop of ThT fluorescence, but in all experiments, the decrease of ThT fluorescence was slower than that of turbidity. Moreover, at the end, the fluorescence intensity was similar to that of the aggregated apo- $A\beta$ 11-28 peptide (Figure 1, left inset) but was reached much faster (Figure S1 in the Supporting Information). This indicates that Zn^{II} is able to nucleate the amyloid formation of apo-A β 11-28, even when it binds only transiently.

 $A\beta 11-28$, after Zn^{II} and EDTA treatments, aggregates faster than without such treatments. Thus EDTA does not reverse $Zn^{II}_{0.5}$ - $A\beta 11-28$ back to nonaggregated apo- $A\beta 11-28$ (Figure 3). This indicates that, after Zn^{II} removal by EDTA, apo- $A\beta 11-28$ is in a different state (likely an oligomeric form) and is more prone to aggregation than monomeric apo- $A\beta 11-28$ (Scheme 1).

To see the effect of Zn^{II} addition to aggregated apo- $A\beta$ 11-28 (formed via EDTA-treated $Zn^{II}_{0.5}$ - $A\beta$ 11-28), Zn^{II} was added again at a concentration equal to that of EDTA, leading to Zn^{II} EDTA and $Zn^{II}_{0.5}$ - $A\beta$ 11-28 species. ThT fluorescence increased again with a sigmoidal curve similar to that observed in the case of Zn^{II} addition to monomeric apo- $A\beta$ 11-28 (Figure 4). This can be most straightforwardly explained assuming that Zn^{II} induces aggregation of a portion of the soluble apo- $A\beta$ 11-28 peptide. Because of equilibrium between the aggregated and soluble states in amyloids, aggregated apo- $A\beta$ 11-28 is solubilized into monomeric $A\beta$ 11-28, leading to further Zn^{II} -induced aggregation. Thus, the aggregated apo- $A\beta$ 11-28 is transformed into aggregated $Zn^{II}_{0.5}$ - $A\beta$ 11-28 (Scheme 1).

2.3. Seeding Experiment and Labile Zn^{II} Binding. Because the previous experiments indicated that two structural different aggregates are formed for apo- and $Zn^{II}_{0.5}$ - $A\beta$ 11-28, we tested if aggregated $Zn^{II}_{0.5}$ - $A\beta$ 11-28 can seed apo- $A\beta$ 11-28. Indeed, after seeding of soluble apo- $A\beta$ 11-28 with 7.5% preaggregated $Zn^{II}_{0.5}$ - $A\beta$ 11-28, ThT fluorescence immediately started to increase and reached a plateau of intensity similar to that of apo- $A\beta$ 11-28 (Figure 5, left). No increase in the turbidity was detected (Figure 5, right). This indicates that indeed $Zn^{II}_{0.5}$ - $A\beta$ 11-28 can nucleate aggregation of apo- $A\beta$ 11-28, but the aggregates formed are of the apo-type, so it is a triggering rather

Scheme 1. Monomeric A β 11-28 Peptide (Triangles) Binding Zn^{II} (Red Circles) and Forming Zn^{II} (A β 11-28)₂^{*a*}



 ${}^{a}\text{Zn}_{1}^{\Pi}(A\beta 11-28)_{2}$ rapidly form amorphous-type aggregates (triangles) with high turbidity and very little ThT fluorescence, which then evolve into amyloid-type aggregates (rectangular sticks). The addition of EDTA (open rings) does not reverse the system to monomeric A $\beta 11-28$ (triangles) but induces a form with a different conformation (ellipses) more prone to aggregate into apo-A $\beta 11-28$ amyloid-type fibrils (round sticks).



Figure 4. Time course of ThT fluorescence of $\text{Zn}_{0.5}^{II}$ -A β 11-28 (solid) and of $\text{Zn}_{0.5}^{II}$ -A β 11-28 with the addition of EDTA after ~10 min and of Zn^{II} after ~190 min (dashed). Conditions: [A β 11-28] = 300 μ M; [Zn^{II}] = 150 and 900 μ M (after 190 min); [EDTA] = 750 μ M; [HEPES buffer] = 100 mM, pH 7.4; [ThT] = 10 μ M.

than a seeding effect because the structure of the seed is not propagated (Scheme 2).

Scheme 2. Model for the Triggering of apo-A β 11-28 (Triangles) with Amyloid-Type Aggregates of Zn^{II}_{0.5}-A β 11-28 (Zn^{II}, Red Circles; Peptides, Rectangular Sticks; See Also Scheme 1)^{*a*}



"The structure of $Zn^{II}_{0.5}$ - $A\beta$ 11-28 is not propagated like in a "seeding" process, but Zn^{II} triggers aggregation of monomeric apo- $A\beta$ 11-28 to amyloid-type apo- $A\beta$ 11-28 (round sticks) because of its fast exchange between the different forms of $A\beta$ 11-28 (see also Scheme 1).

The model shown in Scheme 2 is based on a fast exchange of Zn^{II} between peptides. NMR experiments with several amyloidtype peptides indicated that exchange of Zn^{II} between the peptides is faster than that on the NMR time scale (approximately milliseconds).^{49–51} This is also the case for the A β 11-28 peptide because the substoichiometric addition of Zn^{II} affects the resonances of the entire sample (see below and Figure S2 in the Supporting Information). To see if the predicted fast exchange is also possible for the aggregated $Zn^{II}_{0.5}$ -A β 11-28, the Zn^{II}-sensitive chelator 4-(2-pyridylazo)resorcinol (PAR) was used (Figure 6). PAR forms the Zn^{II} complex $[Zn^{II}(PAR)_2]$, which absorbs at $\lambda = 490$ nm with $\varepsilon = 73 \times 10^3$ M⁻¹ cm⁻¹, while PAR alone absorbs at $\lambda = 413$ nm ($\varepsilon = 33 \times 10^3$ M⁻¹ cm⁻¹).⁵² PAR was able to retrieve Zn^{II} very rapidly and quantitatively (half-time faster than 1 min), indicating indeed that Zn^{II} in aggregated $Zn^{II}_{0.5}$ -A β 11-28 is very labile and suggesting that Zn^{II} exchange between aggregated and soluble A β 11-28 is also quite rapid. Hence, Zn^{II} in aggregates could have an impact on the aggregation of soluble apo-A β 11-28 via fast Zn^{II} exchange reactions.

2.4. X-ray Absorption Spectroscopy (XAS). In order to obtain structural information about Zn^{II} binding to $A\beta$ 11-28, X-ray absorption near-edge structure (XANES) was used. XANES experiments with 0.5 and 1.0 equiv of Zn^{II} per $A\beta$ 11-28 peptide were performed at the beginning and at the end of the aggregation process (Figure 7). All of the spectra are in line with a mononuclear Zn^{II} site and resemble most proteins with tetracoordinated Zn^{II} including two His residues.^{53,54}



Figure 5. Time course of ThT fluorescence (left) and turbidity (right) of apo-A β 11-28 without (solid) and with the addition of 7.5% preaggregated Zn^{II}_{0.5}-A β 11-28 (dashed). Conditions: [A β 11-28] = 300 μ M; [Zn^{II}_{0.5}-A β 11-28] = 22.5 μ M added after 90 min (indicated by an arrow); [HEPES buffer] = 100 mM, pH 7.4; [ThT] = 10 μ M. The addition of preaggregated Zn^{II}_{0.5}-A β 11-28 is indicated by an arrow.



Figure 6. UV–vis monitoring of the addition of preaggregated $Zn_{0.5}^{II}$ - $A\beta 11-28$ to PAR. [PAR] = 300 μ M; preaggregated $[Zn_{0.5}^{II}-A\beta 11-28] = 160 \ \mu$ M; $[Zn^{II}] = 80 \ \mu$ M; [HEPES] = 100 mM, pH 7.4.



Figure 7. XANES spectra of $Zn_{0.5}^{II}-A\beta 11-28$ (gray, **0.5**) and $Zn_{1-}^{II}-A\beta 11-28$ (black, **1**) before (dashed) and after (solid) aggregation at pH 7. Inset: magnification of the zone around 9.67 keV. $[A\beta 11-28] = 2.4 \text{ mM}$; $[Zn_{1}^{II}] = 1.2 \text{ or } 2.2 \text{ mM}$; [HEPES] = 50 mM, pH 7.0.

No difference between the beginning and end of the aggregation was observed, indicating that the coordination sphere does not change much during aggregation. The spectra were slightly different compared to previous measurements of Zn_{1}^{II} -A β 11-28 at pH 8.6, indicating a pH-dependent Zn_{1}^{II} coordination.³⁸

The measurements at different stoichiometries, i.e., $Zn_{0.25}^{II}$ $A\beta 11-28$, $Zn_{0.5}^{II}-A\beta 11-28$, and $Zn_{1}^{II}-A\beta 11-28$, supported the formation of the dimeric $Zn_{1}^{II}(A\beta 11-28)_2$ species because $A\beta 11-28$ species with 0.25 and 0.5 equiv of Zn_{1}^{II} were identical, but with 1 equiv, features were dampened. This points to a more homogeneous coordination site of the first 0.5 equiv of Zn_{1}^{II} , in contrast to a more heterogeneous binding of the second 0.5 equiv of Zn_{1}^{II} . This is in line with formation of the dimeric $Zn_{1}^{II}(A\beta 11-28)_2$ complex as a building block.

2.5. NMR. As shown by XANES, Zn^{II} coordination does not change significantly during aggregation, suggesting that Zn^{II} binding in the soluble state, as can be probed by NMR, is also relevant for the aggregated state. Hence, the effect of the Zn^{II} addition of the $A\beta$ 11-28 peptide was monitored by NMR (Figures 8 and S2–S4 in the Supporting Information). Zn^{II} induced line broadening and chemical shifts of some specific resonances. Figure 8 shows the aromatic region of the ¹H NMR spectra of the $A\beta$ 11-28 peptide in the absence and presence of 1 equiv of Zn^{II} , including the two His and two Phe residues. Zn^{II} addition leads to line broadening and a shift of only one of the two H_{δ} and only one of the two H_{ε} of His13 or His14. The other H_{δ} and H_{ε} resonances are only weakly affected, likely



Figure 8. ¹H NMR of apo- (lower black trace) and Zn^{II} peptides (upper gray trace) of EVHG (A), EVRH (B), EVHH (C), and A β 11-28 (D). Conditions: [peptide] = 300 μ M; [Zn^{II}] = 270 μ M; [Tris- d^{11}] = 100 mM, pH 7.5.

because of perturbation by Zn^{II} binding to the neighboring His. The resonances of the two Phe residues are not affected at all, indicating no binding to or near the Phe residues. The other affected residues were Glu11 and Val12 (see Figures S3 and S4 in the Supporting Information). This is attributed to the involvement of Glu11 in Zn^{II} binding, with Val12 being affected because of its vicinity to Glu11.

Because A β 11-28 aggregation precluded the attribution of the resonances by longer NMR measurements (2D and ¹³C experiments), we used model peptides corresponding to the Zn^{II}-binding region Glu-Val-His-His (EVHH-NH₂). Upon Zn^{II} addition to the EVHH peptide, although with slight differences, the Zn^{II} effect observed on the A β 11-28 spectrum was reproduced, i.e., one of the His is much more affected than the other one (Figure 8C,D). The addition of Zn^{II} to the EVHG peptide lacking the His14 residue did not perturb significantly the NMR spectrum, with the remaining His13 being only weakly affected (Figure 8A). This indicates that the Zn^{II} binding His is His14. This was confirmed by the study of the EVRH peptide lacking His13, in which His14 is affected similarly to the His14 from A β 11-28 (Figure 8B,D). This allowed assignment of the highly affected His of A β 11-28 to His14. Moreover, a comparison between the EVHH and $A\beta$ 11-28 spectra in the Glu11 H_{β} and H_{γ} regions with and without Zn^{II} established the implication of Glu11 in Zn^{II} binding (Figure S4 in the Supporting Information). This agrees with the recent work of Kozin and collaborators, who proposed binding of Zn^{II} to COO⁻ of Glu11 and to His14 in the peptide Ac-Glu-Val-His-His-NH₂ with an apparent K_d in the lower micromolar range.^{47,55} In conclusion, Zn^{II} binds preferentially to Glu11 (COO⁻) and His14 in A β 11-28 (Scheme 3). These structural features are fully in line with the possible formation of a dimeric $Zn^{II}(A\beta 11-28)_2$ species, as indicated by the aggregation experiments (see above).

3. DISCUSSION

The structural studies described above suggest that Zn^{II} binds to Glu11 (COO⁻) and His14 and that a dimeric $Zn^{II}_{1}(A\beta 11-$ 28)₂ can be formed in line with recent studies on Ac-EVHH-NH₂.^{47,55} These dimers are likely to be formed transiently and dynamically and aggregated further to larger aggregates. Scheme 3. Model of the $\operatorname{Zn}^{II}_{1}(A\beta 11-28)_{2}$ Complex^{*a*}



^{*a*}Shown are Glu11, Val12, His13, and His14. Gln15 to Lys28 are represented as arrows. Zn^{II} is bound by Glu11 (COO⁻) and His14 of A β 11-28. Other ligands are possible (e.g., H₂O).

Amyloid-type fibrils are most rapidly and most intensively formed at 0.5 Zn^{II} per $A\beta$ 11-28 ratio, suggesting that the dimer $\text{Zn}^{II}_1(A\beta$ 11-28)₂ is the building block of fibrils. This is supported by considering the overall charge. Classically, proteins precipitate and often aggregate into amyloids better when the net charge is smaller. At pH 7.4, apo- $A\beta$ 11-28 has a charge of 1–. The $\text{Zn}^{II}(A\beta$ 11-28) complex is thus expected to have 1+ charge, while $\text{Zn}^{II}_1(A\beta$ 11-28)₂ has an expected charge of 0 and thus fits better with the faster aggregation. Further Zn^{II} addition decreased fibril formation but increased the turbidity, likely because of binding of Zn^{II} between the $\text{Zn}^{II}_1(A\beta$ 11-28)₂ units and subsequent distortion of the amyloid-like aggregation of the $\text{Zn}^{II}_1(A\beta$ 11-28)₂ units with the formation of more amorphouslike aggregates.

A very important finding is that Zn^{II} binding is very dynamic and Zn^{II} exchange between soluble and aggregated A β 11-28 is rapid, which has a crucial impact on the aggregation behavior (Schemes 1 and 2). Apo-A β 11-28 aggregates into amyloid-type fibrils with moderate ThT fluorescence and very little turbidity because the fibrils are not clumped together (Scheme 1, process 1a). Zn^{II} binding to apo-A β 11-28 is rapid (Scheme 1, process 2) and forms at least transiently a dimeric $Zn_{1}^{II}(A\beta 11-28)_{2}$ complex, which forms amorphous-type aggregates (Scheme 1, process 3) with intense turbidity but no ThT fluorescence. These aggregates evolve toward amyloid-type fibrils (high ThT fluorescence), forming dense meshes (therefore, high turbidity). If Zn^{II} is added to preaggregated apo-A β 11-28, the same process likely occurs (Scheme 1, processes 2–4) and soluble apo-A β 11-28 is repopulated by the dissolution of aggregated apo-A β 11-28 (process 1b). In contrast, when EDTA is added to $Zn^{II}-A\beta 11$ -28 aggregates (process 5), apo-A β 11-28 aggregates are formed but not via the reversed pathway (processes 4 to 2). Instead another pathway is taken (Scheme 1, processes 5-7). This is supported by the findings that the turbidity is dropping faster than ThT fluorescence, indicating an intermediate state and that formation of apo-A β 11-28 is much faster than expected from a reversible pathway.

As a consequence, transiently adding Zn^{II} to apo-A β 11-28 results in fibrils like the ones formed by apo-A β 11-28 only but dramatically accelerates formation. Transient Zn^{II} binding over different time periods shows the effect, but a period of transient

Zn^{II} binding of less than 1 min is sufficient to accelerate the formation of apo- $A\beta$ 11-28 aggregates. This clearly shows that transient Zn^{II} binding in the second time scale can have a nucleation effect on the aggregation of apo- $A\beta$ 11-28. Moreover, transient Zn^{II} binding accelerates the formation of apo- $A\beta$ 11-28 at substoichiometric amounts (Figure 1), showing that relatively low concentrations of Zn^{II} can have an important effect on aggregation. The dynamic exchange of Zn^{II} binding to $A\beta$ 11-28 did not only involve soluble $A\beta$ 11-28 because aggregated Zn^{II}- $A\beta$ 11-28 was also able to take part in the exchange. The observation that the addition of a small fraction of preaggregated Zn^{II}- $A\beta$ 11-28 to soluble apo- $A\beta$ 11-28 ("seeding experiment") forms apo-type aggregates and not Zn^{II}-type aggregates is in line with nucleation due to Zn^{II} exchange (see above).

These new findings about the very dynamic Zn^{II} exchange between different forms of A β 11-28 might also apply to other systems with metal ion and amyloidogenic peptide interactions and have the following important impacts:

i. Transient Labile Metal Pools. Fast transient Zn^{II} binding might be very relevant for certain biological systems, in particular for the $A\beta$ peptide and Zn^{II} in Alzheimer's disease. In certain synapses, Zn^{II} is ejected in the synaptic cleft and taken up on the second time scale^{44,45} and plays the role of a neuromodulator. This Zn^{II} has been shown to be involved in the formation of $A\beta$ deposits, and the distribution of histological stainable Zn^{II} resembles the area most prone to amyloid deposit in Alzheimer's disease.⁵⁶ Moreover, in vitro Zn^{II} is able to induce $A\beta$ aggregation in milliseconds.⁴¹ A similar transient increase of the metal-ion concentration in certain synaptic clefts has been proposed for copper.^{57–59} Another example is the release of Zn^{II} from pancreatic islet β cells into the blood, which includes locally high Zn^{II} concentrations next to the release before dilution out in the blood.^{15,16}

ii. Trace Metal lons. It has been observed, for different metal–amyloidogenic interactions, that trace amounts (large substoichiometric) of metal ions can have a strong impact on aggregation. $^{60-63}$ This has classically been assigned to the induction of a stable metal–peptide nucleus with a further elongation phase consisting of apo-peptide addition to the nucleus. The dynamic exchange found here sheds more light on the mechanism: substoichimetric amounts of metal ions will not be bound to a portion of the peptide in a stable 1:1 complex but can be exchanged and thus bound transiently to the entire pool of peptides. Hence, metal ions induce nucleation of a much higher peptide concentration compared to its concentration, and this in a relatively short time.

iii. Binding Constant. For several biological relevant systems of metal-peptide interactions ($A\beta$, prion, α -synuclein, amylin, etc.), the binding affinity for metal ions is much weaker than that for classical metalloproteins (see, e.g., refs 12, 23, and 64–67), and hence sometimes the biological relevance of metal binding to these peptides has been questioned. However, in light of the present findings, a strong affinity is not required because a substoichiometric amount of transiently bound metal ions is sufficient for having a high impact on the aggregation behavior.

iv. Metal-lon Source. The dynamic exchange of Zn^{II} binding to $A\beta 11$ -28 did not only involve the soluble $A\beta 11$ -28 because aggregated Zn^{II} - $A\beta 11$ -28 was also able to take part in the exchange. This means that metal—peptide aggregates can provide metal ions for transient binding to soluble apo peptide. This might be particularly relevant for $A\beta$, where amyloid

plaques contain a high amount of metal ions available for metal binding by external chelators.^{46,68} Moreover, metal ions could also originate from other biomolecules containing labile-bound metal ions, like metallothioneins.⁶⁹

In conclusion, modulators of amyloid formation can interact differently, i.e., covalently, by coordination, or by weak interactions. For the latter two, transient binding is possible. Binding of metal ions has been reported for quite a lot of amyloidogenic proteins/ peptides, and in several cases, they seem to be biologically relevant. So far, not that much attention has been paid to dynamic exchange reactions, in particular related to aggregation species. The studies of our model system revealed that dynamic metal exchange reactions between soluble and aggregated peptides are an important mechanism that can strongly impact the aggregation behavior.

4. MATERIALS AND METHODS

A β 11-28 Sample Preparation. The peptide A β 11-28 (sequence Glu-Val-His-His-Gln-Lys-Leu-Val-Phe-Phe-Ala-Glu-Asp-Val-Gly-Ser-Asn-Lys) was purchased from GenScript Corp. (Piscataway, NJ). The stock solutions of A β 11-28 (~1.2 mM) have been prepared by dissolving the peptide in Milli-Q water (resistivity = 18 M Ω cm⁻¹) or in D₂O for an NMR stock solution, which resulted in a final pH of 2. The pH of the solution was then adjusted to pH 12 by adding NaOH (or NaOD for NMR) stock solutions, in order to monomerize the peptides. These stock solutions were stored at 253 K. The peptide concentrations were determined by using the molar extinction coefficient ε = 390 M⁻¹ cm⁻¹ of the two phenylalanines at 258 nm.³⁰ Because phenylalanine does not absorb at 275 nm, absorption at that wavelength was subtracted in order to remove contributions from the buffer or baseline drifts. A Zn^{II} stock solution was prepared with Zn^{II}SO₄ monohydrate (Strem Chemicals) in water or in D₂O for NMR experiment. Aggregation of peptides in the presence of Zn^{II} has been performed by dissolving peptides from a stock solution in a 100 mM 4-(2-hydroxyethyl)-1-piperazylethanesulfonic acid (HEPES) buffer at pH 7.4 and was controlled at the end of the experiment.

All of the experiments measuring either turbidimetry or fluorescence intensity have been realized at 298 K. The experiments were repeated at least five times in different preparations. There were variations in the kinetics, but the trends shown were always the same. Data shown are representative measurements.

In the XANES measurements, the first sample (t = 0 h) was withdrawn immediately after mixing, transferred to the sample holder, and frozen in liquid nitrogen. The second sample was incubated for 15 h at room temperature before transferring to and freezing in the sample holder.

EDTA. An EDTA solution at 100 mM is prepared from ethylenediaminetetraacetic acid disodium salt (Sigma-Aldrich).

Tetrapeptides. EVHH-NH₂, EVHG-NH₂, and EVRH-NH₂ peptides (N-terminal amine; C-terminal amide) were purchased from GenScript Corp. (Piscataway, NJ). The stock solutions were prepared by dissolving the peptides in D_2O . The peptide concentrations were determined by Cu^{II} titration (see ref 32).

4-(2-Pyridylazo)resorcinol (PAR) Measurement. PAR was purchased from Sigma-Aldrich. UV–vis measurements were done in a 1 mm quartz cuvette in the presence of a HEPES buffer at pH 7.4 (100 mM).⁷⁰

UV–Vis Spectroscopy. UV–vis spectra were recorded on an Agilent 8453 UV–vis spectrometer. Measurements were performed at room temperature.

Turbidimetry. Turbidity measurements were done by measuring the absorbance at 350 nm with a FLUOstar Optima (BMG Labtech) in a quartz microplate (96-well, Hellma).

Fluorescence Spectroscopy. Fluorescence spectra were measured by using a FLUOstar Optima (BMG Labtech). ThT (Acros), $A\beta$ 11-28, and Zn^{II} were mixed in a 100 mM HEPES buffer at pH 7.4 and placed in 96-well microplate. The time course of ThT fluorescence was then measured (excitation, 440 nm; emission, 490 nm; bandwidth

for emission and excitation, 10 nm). The final concentrations of A β 11-28 and ThT were 300 and 10 μ M, respectively.

TEM. Peptide samples (15 μ L) incubated for 17 h were applied on EM grids, washed with 15 μ L of Milli-Q water, and negatively stained with an aqueous solution (15 μ L) of uranyl acetate (1% w/w). Samples were air-dried and examined with a JEOL 1011 transmission electron microscope operating at an accelerating voltage of 100 kV or on a HU12A transmission electron microscope (75 kV). Conditions: [$A\beta$ 11-28] = 300 μ M; [Zn^{II2+}] = 0 or 150 μ M; [EDTA] = 750 μ M; [HEPES buffer] = 100 mM, pH 7.4; [ThT] = 10 μ M. EDTA was added after 1 day of incubation and 10 min before grid deposition.

XAS. XANES measurements were carried out at the SOLEIL Synchrotron Facility (St. Aubin, France), which was operating with a ring current of 400 mA. Zn^{II} K-edge XAS spectra were collected on the MARS beamline.⁷¹ The measurements were performed using a Si(220) water-cooled double-crystal monochromator and two large silicon mirrors for high-energy harmonics rejection. Energy calibration was achieved by measuring a copper foil and assigning the first inflection point of the absorption spectrum to 8979 eV. The spectra were measured in fluorescence mode by measuring the Zn^{II} K_a fluorescence with a silicon drift detector (SII Nanotechnology). The liquid samples were injected into special sample holders and cooled to 20–30 K using a helium-flow cryostat. XANES spectra were background-corrected by a linear regression through the preedge region and a polynomial through the postedge region and normalized to the edge jump.

NMR. NMR experiments were realized on a Avance 500 Bruker NMR spectrometer. $A\beta$ 11-28 samples were freshly prepared from a D₂O stock solution (see the $A\beta$ 11-28 Sample Preparation section). The pH value of $A\beta$ 11-28 (300 μ M) and a deuterated tris(hydroxymethyl)aminomethane (Tris) buffer (100 mM) was adjusted to 7.5. The residual water signal was suppressed by a presaturation procedure. Zn^{II} was directly added to the NMR tube, and measurement was performed as quickly as possible (less than 1 min 30 s) in order to minimize the aggregation process during spectrum acquisition. EVHH-NH₂, EVHG-NH₂, and EVRH-NH₂ samples were prepared by diluting stock solutions (see the Tetrapeptide section) to 300 μ M in a deuterated Tris buffer (100 mM); the pH value was adjusted to 7.4.

ASSOCIATED CONTENT

Supporting Information

Time course of ThT fluorescence and ¹H NMR spectra. This material is available free of charge via the Internet at http:// pubs.acs.org.

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