

PEARLS

(Editor's Note: If you have a clinical or practice management Pearl to share with your colleagues, send it to JCO, 1828 Pearl St., Boulder, CO 80302. Appropriate illustrations are welcome; a photograph of the author and a copyright transfer form are required prior to publication.)

Tongue-Friendly Transpalatal Arches

Conventional transpalatal arches often create deep grooves in patients' tongues (A). A minor modification, requiring only a few minutes of lab time, can eliminate such discomfort in cases where expansion is not required, as when intruding maxillary incisors. Simply fill in the central loop with acrylic, which can be customized according to the patient's interests (B).



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