

CLINICAL AID

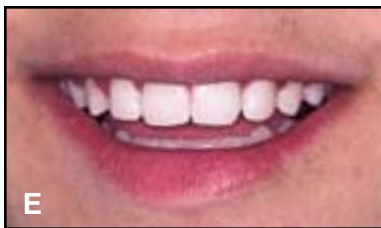
A New Polishing System for Enhanced Esthetics after Debonding

One of the few drawbacks of bonding fixed appliances has been the difficulty and time involved in debonding, removing residual adhesive, and bringing the polish of enamel surfaces back to their pretreatment luster and life-like appearance. Now, an easy-to-use post-debonding polishing system has been developed.*

The key to the system is the use of FlexiDiscs, which are flexible enough to reach areas of difficult access and snap back without distortion. These thin, resilient discs come in sizes from 3/8" to 5/8" and are color-coded from coarse to superfine grit. They can be used in a wet or dry field, with a straight slow-speed handpiece or contra-angle.

Procedure

1. After debonding (A), remove as much gross adhesive as possible with hand instruments and the usual debonding burs.
2. Gradually complete removal of the remaining adhesive from the enamel surfaces with a series of FlexiDiscs—coarse, medium, fine (B), extra-fine.
3. Use any of various Flexi-Diamond Strips for interproximal finishing, followed by aluminum oxide FlexiStrips for final polishing (C).
4. Remove any remaining adhesive below the gingival margins



with FlexiCups, which come in two color-coded grits, medium (blue) and superfine (pink). Spray water intermittently to avoid overheating the teeth.

5. Use FlexiPoints as necessary for polishing lingual enamel surfaces after removal of lingual retainers or appliances.
6. Polish the enamel to a final luster with Enamelize polishing paste, applied with a Flexi-Buff—a 5/8" felt-coated disc (D,E).



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