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Potential Organ- or Tumor-Imaging Agents. 13.[†] 19-Radioiodinated Sterols[‡]

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Over the past several years an effort has been made in our laboratory to develop a radiopharmaceutical suitable for photoscanning the adrenal gland and associated tumors. Recently, we reported that 19-iodocholesterol-¹²⁵I selectively concentrated in the adrenal glands of dogs in a manner similar to cholesterol-4-¹⁴C and resulted in the first *in vivo* visualization of the dog adrenals.² Although the ¹²⁵I-labeled sterol was suitable for small animal studies, subsequent trials in man have required the more penetrating γ -radiation afforded by the ¹³¹I-labeled sterol. In this form, 19-iodocholesterol has demonstrated its utility in the clinical diagnosis of unilateral adrenocortical adenoma,³ primary aldosterone adenoma,⁴ and Cushing's syndrome.^{5,6}

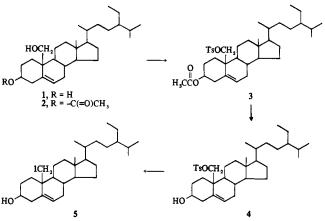
As a follow-up to these studies, we became interested in ascertaining the structural requirements essential for optimal adrenal uptake. Nagai, *et al.*,⁷ had previously noted that tritiation of stigmasterol produced a labeled preparation[§] which in rats showed an adrenal/liver mean concentration ratio of 22.07 ± 5.29 at 48 hr. This value was almost double that obtained in our laboratory (12.33 ± 0.89) for cholesterol-4-¹⁴C under similar conditions. Accordingly, these results prompted us to synthesize 19-iodo- β -sitosterol-¹²⁵I and to evaluate its ability to selectively localize in adrenal cortical tissue.

A search of the literature revealed that 19-hydroxysito-

sterol (1) and the corresponding 3-monoacetate 2 had been prepared⁸ from β -sitosterol *via* the method of Bowers, *et al.*⁹ The preparation of 2 by this route was duplicated in our laboratory and served as the starting material for the preparation of 19-iodo- β -sitosterol (5).

Treatment of 2 with p-toluenesulfonyl chloride in pyridine afforded the desired tosylate ester 3. Selective hydrolysis of the 3-acetate function gave 4 which upon subsequent treatment with sodium iodide in 2-propanol afforded 19iodo- β -sitosterol (5) (Scheme I). Radioiodination was readily

Scheme I



achieved by isotope exchange of 5 with sodium iodide- ${}^{125}I$ in refluxing acetone in a manner similar to that previously employed for the preparation of 19-iodocholesterol- ${}^{125}I$.^{2a}

Tables I and II compare the concentration of radioactivity at various time intervals for adrenal, blood, kidney, liver, and thyroid following intraperitoneal administration of 19radioiodinated cholesterol and β -sitosterol to immature male rats (175-200 g). The radioactivity is expressed in dpm/mg of tissue or homogenate and the values are an average of two samples. Values for two rats at each time interval are shown despite the expected variation in tissue counts from one animal to another due to the inability to give exactly the same tracer dose each time as well as to variations in animal eating and excretory habits.

Examination of Tables I and II clearly shows a considerable selective localization of radioactivity in the adrenal gland. While no effort was made to separate adrenal cortex from medulla radioactivity in this preliminary study in rats, experiments with 19-iodocholesterol-¹²⁵I in dogs have shown that this radioactivity resides almost entirely in the adrenal cortex of the gland.^{2b} Thyroid tissue was examined in each instance to provide a measure of the *in vivo* stability of the radioiodinated products. The extremely high radioactivity apparent in the thyroid at early time periods suggests *in vivo* deiodination of the administered compounds. The hazards associated with this characteristic property of most radioiodinated products is overcome clinically by predosing the patient with KI solution.

Because of the unavoidable animal variation in tissue counts mentioned above, it is oftentimes preferable to compare ratios using one tissue as a standard, usually blood or plasma. Since the objective of this study was to find agents suitable for photoscanning the adrenal, it is obviously more advantageous to determine the ratio of radioactivity in the adrenal with that of the nearest interfering organs, liver and kidney. These target to nontarget ratios are shown in Table III. Moreover, Figure 1 shows graphically the average adrenal/liver ratios for 19-iodocholesterol and 19-iodo- β sitosterol at different time periods. Both radioiodinated

[†]For paper X, see ref 1.

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^{\$} Since the product of tritiation was not characterized, it must be assumed that the product was a mixture of tritiated sitosterols and/or sitostanols.

Table I. Distribution of Radioactivity in Tissues of Male Rats at Various Times Following Intraperitoneal Injection of 19-Iodocholesterol- ^{125}I

	Time, hr								
	24	4	4	8		96	1	44	
Tissue	Rat 1	Rat 2	Rat 1	Rat 2	Rat 1	Rat 2	Rat 1	Rat 2	
Adrenal Blood	14453 ^a 478 ^b 272.5	15246 536	4495 273	44012 935 602	25669 431 248	3925 56	8987 2368	53740 2234 145	
Kidney Liver Thyroid	372.5 1830 96431	326.5 1600 101342	112 329 341153	1533 c	248 409 284577	66 109 148477	58 63 65197	312 210325	

^aValues represent average dpm/mg derived from duplicate samples of tissue preparation. ^bDpm/mg of one sample only. ^cConsiderable variation among tissue samples.

Table II. Distribution of Radioactivity in Tissues of Male Rats at Various Times Following Intraperitoneal Injection of 19-Iodo- β -sitosterol-¹²⁵/

	Time, hr								
	24		48			96	14	4	
Tissue	Rat 1	Rat 2	Rat 1	Rat 2	Rat 1	Rat 2	Rat 1	Rat 2	
Adrenal	9764 ^a	12051	31521	2773	26142	47435	333.5	57	
Blood	487.5	5725	387.5	68	2716	2343	1558	131	
Kidney	231	227	245.5	31	156	193	27	10	
Liver	2260	2582	1231.5	153.5	938.5	742.5	9	5	
Thyroid	125255	228520	133447	С	182360	281516	225 35	32360	

a, c See Table I.

Table III. Target to Nontarget Ratios of Radioactivity Following Administration of 19-Radioiodinated Cholesterol and Sitosterol to Male Rats

	Adrenal	liver	Adrenal/kidney		
Time, hr	Cholesterol	Sitosterol	Cholesterol	Sitosterol	
24	$7.9, 9.5^a (8.7)^b$	4.3, 4.7 (4.5)	38.9, 46.8 (42.9)	42.3, 53.1 (47.7)	
48	13.7, 28.7 (21.2)	25.6, 17.7 (21.6)	40.1, 73.1 (56.6)	128.4, 87.8 (108.1)	
96	62.8, 36 (49.4)	27.9, 63.9 (45.9)	103.5, 59.5 (81.5)	167.6, 245.8 (206.7)	
144	142.7, 172.2 (157.4)	37, 11.4 (24.2)	154.9, 370.6 (262.7)	12.4, 5.7 (9.0)	

^aRepresents ratios for rats 1 and 2, respectively. ^bRepresents average value.

sterols displayed similar adrenal/liver and adrenal/kidney ratio patterns for the first 96 hr. The major difference between the two agents arose at 144 hr. At this time period, the adrenal radioactivity for 19-iodo- β -sitosterol treated rats had begun to dissipate such that the difference between other tissues was declining. In contrast, the adrenal radioactivity for the 144-hr 19-iodocholesterol rats was maintained leading to extremely high target to nontarget ratios. Since retention of radiation for prolonged periods increases the radiation hazard to the adrenals, further studies with 19-radioiodinated β -sitosterol seem warranted.

Experimental Section[#]

Sitost-5-ene-3 β ,19-diol 3-Acetate 19-*p*-Toluenesulfonate (3). A solution of sitost-5-ene-3 β ,19-diol (2, 1.0 g) and *p*-toluenesulfonyl chloride (0.8 g) in dry pyridine (10 ml) was stirred at room temperature overnight and then poured into ice-H₂O. The reaction mixture was extracted with EtOAc and the extract washed with H₂O and dried (Na₂SO₄). Concentration of the EtOAc extract gave a pale yellow solid which was recrystallized from MeOH to give 3 as a colorless solid (0.8 g, 61%): mp 109°; ir and nmr as expected. Anal. (C₃₉H₅₉SO₅) C, H.

[#] Melting points were taken on a Fisher-Johns melting point apparatus and are corrected. Elemental analyses were performed by Spang Microanalytical Laboratories, Ann Arbor, Mich. Where analyses are indicated only by symbols of the elements, analytical results obtained for those elements were within $\pm 0.4\%$ of the theoretical values. Ir spectra were taken on a Perkin-Elmer 337 spectrophotometer. The nmr spectra were obtained with a Varlan A-60 spectrometer in CDCl₃ and TMS as an internal standard. Tlc were run with Eastman chromagrams cut in 1-in. wide strips and spots detected with iodine vapor. Chromatograms of radioiodinated compounds were scanned with an Atomic Associate RCS-363 radiochromatogram scanner. Specific activities were ascertained using a Beckman LS-200 liquid scintillation counter.

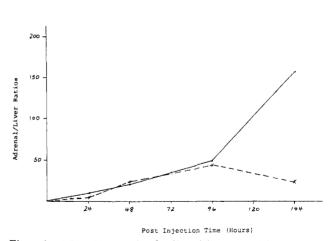


Figure 1. Adrenal liver ratio of radioactivity νs . postinjection time (hr) (values represent the average for two animals): $(\bullet - \bullet)$ 19-iodo-cholesterol-¹²⁵*I*; (X - X) 19-iodo- β -sitosterol-¹²⁵*I*.

Sitost-5-ene- 3β ,19-diol 19-*p*-Toluenesulfonate (4). A solution of sitost-5-ene- 3β ,19-diol 3-acetate 19-*p*-toluenesulfonate (3, 1.0 g) in dioxane (35 ml) was added dropwise to a solution of NaOH (500 mg) in aqueous MeOH (50 ml). The solution was stirred at room temperature for 2 hr and then poured into ice-H₂O. The reaction mixture was extracted with Et₂O and the combined Et₂O extract washed with H₂O and dried (Na₂SO₄). Concentration of the Et₂O extract gave a solid which upon recrystallization from Me₂CO-H₂O gave 4 (0.8 g, 81%) as a colorless solid: mp 112-115°; ir and nmr as expected. Anal. (C_{2s}H_{ss}SO₄) C, H.

19-Iodositost-5-en- 3β -ol (5). A solution of 4 (600 mg) and Nal (300 mg) in *i*-PrOH (40 ml) was gently refluxed for 4 hr under N₂. The solution was concentrated under vacuum to 2 ml and poured into ice-H₂O. The reaction mixture was extracted with Et₂O and

the extract washed with H₂O and dried (Na₂SO₄). Concentration of the Et₂O extract left a colorless solid which was recrystallized from Me₂CO to give 5 (400 mg, 72%) as a colorless solid: mp 124°; ir and nmr as expected. *Anal.* (C₂₉H₄₉IO) C, H. **19-Iodositost-5-en-3** β -01-¹²⁵I. A solution of 5 (50 mg) and Na¹²⁵I

19-Iodositost-5-en- 3β -61- $1^{25}I$. A solution of 5 (50 mg) and Na¹²⁵I (3.8 mCi) in Me₂CO (4 ml) was heated to gentle reflux for 4 hr. The solution was allowed to cool and cold H₂O was added slowly when a solid separated. The solid was collected by filtration and recrystallized from Me₂CO to give 32 mg of 19-iodo- β -sitosterol- $1^{25}I$ with a specific activity of 66.0 μ Ci/mg (55% exchange). The using CHCl₃-EtOH (1:1) ($R_{\rm f}$ 0.64) or C₆H₆-EtOAc (1:1) ($R_{\rm f}$ 0.43) showed a single spot co-incident with a single radioactive peak appearing on the radiochromatogram scan.

Tissue Distribution Studies. Radioiodinated steroids were given by intraperitoneal injection to immature male Sprague-Dawley albino rats weighing 175-200 g. The dose administered was approximately 50 μ Ci per rat and the vehicle used was 90% EtOH (0.2-0.3 ml). Groups of two animals were killed by exsanguination through the ventricle 24, 48, 96, and 144 hr after the injection. The major organs such as liver and kidney were excised, weighed, and homogenized. These organs were washed thoroughly with isotonic saline to remove blood, dried, and minced with scissors. Minced tissue was then placed in a homogenizer tube containing 20 ml of H₂O in the case of liver and 3 ml of H₂O in the case of kidney. Homogenates were not prepared for small organs such as adrenal and thyroid. Liver and kidney homogenates and entire adrenal, thyroid, and several heparinized blood samples were placed in scintillation counting vials. To each vial 0.5 ml of 10% NaOH solution was added and left over-night and then heated for at least 10 min at 60° in a water bath to complete digestion. The vials were allowed to cool and 5 drops each of glacial HOAc and 30% H₂O₂ solution were added. Ten milliliters of thixotropic liquid-counting system¹⁰ was then added to each vial and the contents were shaken using a vortex mixer. The vials were kept in a cool dark place for at least 4 hr before counting. Radioactivity was assayed in a Beckman LS-200 liquid scintillation spectrometer. Sufficient counts were accumulated to reduce the probable error of counting to less than 5%. All counts were corrected for quench by using ¹²⁵I-quench standards curves.

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Substituted Tetralines. 5. Analgesic Properties of Some Diastereoisomeric *N*,*N*-Dimethyl-4-phenyl-1,2,3,4-tetrahydro-2-naphthylamines¹

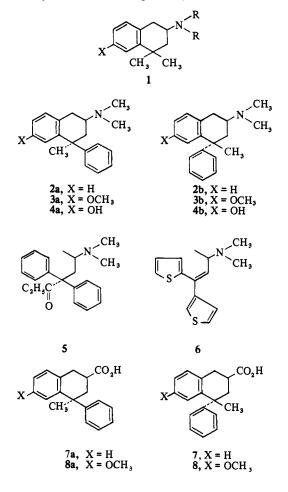
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In a series of recent publications the synthesis and analgesic potency of some derivatives of general structure 1 were reported.²⁻⁴ As part of a continuing study of structure-activity relationships directed toward the investigation of the effect of 4 substitutions in this system, the diastereoisomeric N,N-dimethyl-4-phenyl-1,2,3,4-tetrahydro-2naphthylamines 2a and 2b and their 6-methoxyl and 6hydroxyl derivatives 3a,b and 4a,b, respectively, were prepared and tested for analgesic activity.

Substitution of a phenyl group for methyl in 1 provides analogs of the diaryl analgesics, *e.g.*, methadone (5) and thiambutene (6), wherein the conformation of one of the phenyl rings is partially restricted. If it is assumed that the tetralin ring system (present in virtually all potent analgesics having rigid structures⁵) serves in the role as a determinant of analgesic potency proposed by Beckett and Casy,⁶ then 4-phenyl-substituted tetralins might be useful for investigating the importance of the second phenyl group of diaryl analgesics.

Chemistry. The amines **2a**, **2b**, **3a**, and **3b** were prepared from the corresponding 4-methyl-4-phenyl-1,2,3,4-tetrahydro-2-naphthoic acids **7a**, **7b**, **8a**, and **8b** by means of a modified Curtius procedure,⁷ followed by Eshweiler-Clarke methylation⁸ of the primary amines. The synthesis, separation, and proof of stereostructure of the diastereoisomeric acids, **7** and **8**, have been reported previously.⁹ Treatment of the *N*,*N*-dimethyl-6-methoxy-4-methyl-4phenyl-1,2,3,4-tetrahydro-2-naphthylamines **3a** and **3b** with 48% HBr gave **4a** and **4b**, respectively.



Biological Results. The analgesic potencies of the amines were determined in white albino mice (Carnworth Farm CF No. 1 strain) by the hot-plate procedure of Eddy and Leimbach.¹⁰ In the complete assay procedure for each compound, five groups of six mice each were screened at dosage levels of 0.025, 0.050, 0.075, and 0.100 mmol/kg and a normal