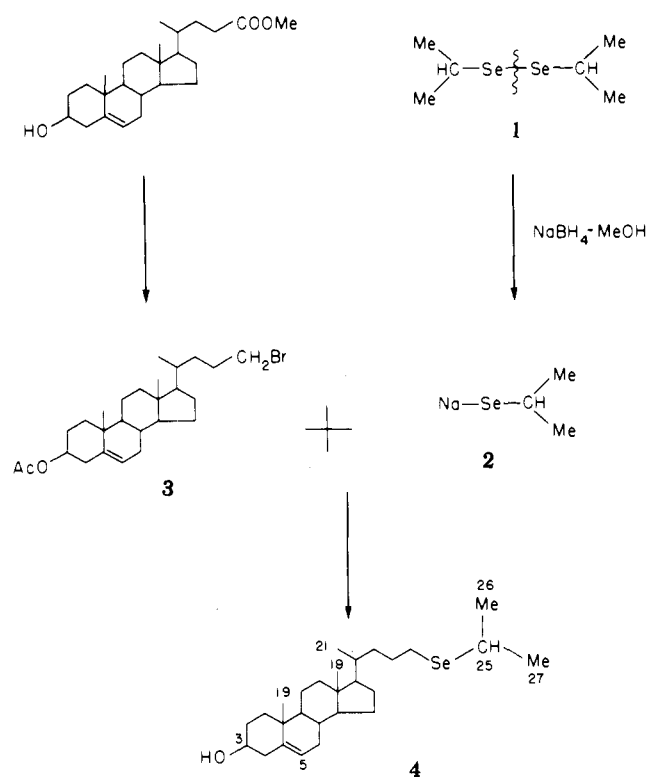


Table I. Distribution of Radioactivity in Female Rat Tissues at Various Time Intervals from 1 h to 21 Days After Intravenous Administration of 24-(Isopropyl[⁷⁵Se]seleno)-chol-5-en-3 β -ol

Period After Injection	% dose/g (range)				
	Adrenals	Blood	Liver	Ovaries	Kidneys
1 Hour	15.65 (12.53-17.77)	3.97 (3.74-4.32)	6.73 (6.27-7.58)	2.24 (1.88-2.57)	1.31 (1.20-1.37)
6 Hours	35.61 (31.31-40.53)	2.08 (2.00-2.22)	4.93 (4.72-5.24)	4.95 (4.44-5.90)	1.69 (1.59-1.76)
18 Hours	42.97 (32.82-59.79)	1.00 (0.95-1.07)	2.78 (2.61-3.13)	6.12 (4.70-7.35)	1.87 (1.81-1.96)
24 Hours	47.75 (37.94-54.93)	0.71 (0.68-0.73)	1.76 (1.70-1.79)	5.29 (4.37-5.75)	1.59 (1.41-1.76)
3 Days	32.32 (29.66-35.53)	0.38 (0.36-0.40)	0.99 (0.96-1.04)	3.81 (3.25-4.84)	1.48 (1.35-1.55)
7 Days	29.50 (28.27-30.52)	0.26 (0.23-0.30)	0.68 (0.61-0.73)	3.82 (3.35-4.07)	1.34 (1.26-1.43)
14 Days	18.23 (16.63-20.69)	0.16 (0.16-0.17)	0.50 (0.49-0.51)	2.83 (2.78-2.90)	0.91 (0.87-0.96)
21 Days	15.22 (14.51-15.96)	0.11 (0.10-0.14)	0.34 (0.30-0.42)	2.52 (2.08-2.95)	0.64 (0.54-0.83)

^a Percent dose per gram values are the mean and range for three female rats. The radioactive contents of the following tissues were also analyzed: heart, lungs, pancreas, spleen, small and large intestines.

Scheme I



reactions are only modest (10–40 mCi/ μ A·h), the yields (>300 mCi/ μ A·h) of Se-73 reported for the ⁷⁵As(p,3n or d,4n)⁷³Se¹³ reactions suggest that large amounts of this radionuclide can be produced by using high-energy (>30 MeV) proton accelerators.

The chemical synthesis and purification of [⁷⁵Se]4 can be easily completed within a 7-h period, indicating that the Se-73-labeled agent could be available in less than 1

half-life after end of bombardment (EOB) of the cyclotron target. The time required to synthesize 4 could be considerably shortened by using an alternative approach to prepare the sodium isopropylselenol (2). In the present studies, 2 was generated by NaBH₄ reduction of 1. There are alternative routes for more rapid generation of 2, such as NaBH₄ reduction of Se in ethanol solution, followed by controlled alkylation to form the selenol 2.¹⁷ This route would be preferred for the rapid generation of sodium isopropyl[⁷⁵Se]selenol ([⁷⁵Se]2) from ⁷³Se.

Biological Studies. Table I summarizes the results of tissue distribution studies in female rats for time periods varying from 1 h to 21 days after administration of [⁷⁵Se]4. The concentration of radioactivity in nontarget tissues, such as blood, liver, and kidneys, decreased steadily over the 21-day period. In contrast, the radioactive content of the adrenals and ovaries increased rapidly and peaked between 18 and 24 h after administration of [⁷⁵Se]4. To illustrate the close similarity in tissue distribution of radioactivity after injection of [⁷⁵Se]4 and [^{123m}Te]-24-ITC, the adrenal/tissue ratios calculated from the 1 h data shown in Table I are compared in Table II with similar data reported earlier for the Te-123m-labeled agent.¹¹ Approximately 38% of the injected radioactivity was excreted in 7 days, primarily in the feces, after injection of [⁷⁵Se]4. Excretion studies with [^{123m}Te]-24-ITC gave similar results; about 41% of the administered radioactivity was excreted in 7 days.

The tissue distribution data shown in Table I and excretion data were used to estimate the absorbed radiation dose values to humans from [⁷⁵Se]4 (Table III). These calculations were performed by the standard Medical Internal Radiation Dose (MIRD) method in the same manner as recently described in detail for the radiation dose calculations for [^{123m}Te]-24-ITC and related steroids.¹¹

Discussion

The tissue distribution and excretory properties of [⁷⁵Se]4 and [^{123m}Te]-24-ITC⁶⁻¹⁰ are very similar, which indicates that substitution of tellurium with selenium in the C-25 position of the steroid side chain has little effect on the biological properties of these compounds. The

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Table II. Adrenal/Tissue Ratios Calculated from Percent Dose per Gram of Tissue Values Determined 1 Day After Intravenous Administration of 24-(Isopropyl[^{123m}Te]telluro)chol-5-en-3 β -ol ([^{123m}Te]-24-ITC) and 24-(Isopropyl[⁷⁵Se]seleno)chol-5-en-3 β -ol ([⁷⁵Se]-24-ISC) to Female Rats

Tissue	Adrenal:Tissue ratios			
	Se-75-(24-ITC) ^a	Te-123m-(24-ITC) ^b	6 β -([¹³¹ I]iodomethyl)-19-nor-cholest-5(10)-en-3 β -ol (NP-59) ^c	6 β -[(methyl[⁷⁵ Se]-seleno)methyl]-19-nor-cholest-5(10)-en-3 β -ol ^d
Blood	67.3	54.8	92.1	105
Liver	27.1	27.1	52.2	42
Ovaries	9.0	4.9	3.0	3.2
Lung	10.9	18.7	...	28.9
Kidneys	30.0	56.2	107.8	52.5
Spleen	19.2	14.0	...	27.1
Pancreas	46.4	122.8

^a Calculated from data summarized in Table I. ^b From ref 11. ^c From ref 2. ^d Personal communication, A. Peacegood, Radio-Chemical Center, Amersham, England.

Table III. Absorbed Radiation Dose Values to Human Organs from 24-(Isopropyl[⁷⁵Se]seleno)chol-5-en-3 β -ol ([⁷⁵Se]-24-ISC) and [⁷³Se]-24-ISC Estimated from Rat Tissue Distribution Data

organ	dose, rd/mCi	
	[⁷⁵ Se]-24-ISC	[⁷³ Se]-24-ISC ^a
adrenals	30	1.6
kidneys	3.8	0.67
liver	3.7	1.7
lungs	3.2	1.7
ovaries	5.9	1.2
pancreas	3.4	0.50
small intestine	3.5	0.64
spleen	3.4	1.9
total body	1.8	0.24

^a Se-73 ($t_{1/2} = 7.2$ h) decays to As-73 ($t_{1/2} = 80.3$ days); however, the complete decay of 1 mCi of Se-73 produces a maximum of 3.7 μ Ci of As-73. If the Se-73 is injected without As-73 present, the dose from the As-73 produced in the body would not add significantly to the dose from Se-73.

adrenal/tissue ratios determined 1 day after administration of these two agents are compared in Table II. In addition to potential adrenal visualization with [⁷⁵Se]4, the use of steroids labeled with Se-73 ($t_{1/2} = 7.2$ h; 65% β^+) for positron emission tomographic visualization¹⁸ of adrenal masses could represent a unique and potentially powerful tool for the diagnosis of adrenal disease. The adrenal/blood (17:1) and adrenal-liver (7:1) ratios are sufficiently high within 6 h after administration of [⁷⁵Se]4 (Table II) to indicate that adrenal visualization by positron emission tomography should be possible with [⁷³Se]4. In addition to the moderate adrenal/tissue ratios, the absolute uptake of radioactivity in the female rat adrenal glands is quite high (1.6% injected dose). By extrapolation of the rat tissue distribution data, an approximation of the levels of radioactivity that would be expected to accumulate in human adrenals can be made. If adrenal visualization were not attempted until 6 h after administration of this agent (~ 2 half-lives after the end of bombardment), sufficient radioactivity would be retained (50% of the injected dose) to indicate that the expected 1.6% adrenal uptake would

permit visualization of the adrenal. Thus, administration of 10 mCi of [⁷³Se]4 would be expected to result in the accumulation of about 80 μ Ci of the radioactive label in the adrenal glands after 6 h. The calculated absorbed radiation dose values for [⁷⁵Se]4 (Table III) are considerably lower than similar values for [¹³¹I]-NP-59, [⁷⁵Se]-Scintidren, and [^{123m}Te]-24-ITC that have been estimated from rat data.^{11,19} No toxicity has been detected in rats over a 21-day period after injection of ~ 1 mg/kg of 4. The absence of any observed chemical toxicity and the low radiation dose estimates suggest that the ⁷⁵Se-labeled agent may represent an attractive new agent for adrenal imaging in humans.

Experimental Section

General. All solvents and chemicals were analytical grade and were used without further purification. Silica gel G plates (250- μ m thickness), obtained from Analtech, Inc., were used for the thin-layer chromatographic (TLC) analyses. Column chromatography was performed with silicic acid (SiO₂; 60–200 mesh, A grade) purchased from Sigma Chemical Co. The Se-75 was produced in the Oak Ridge High Flux Reactor (2.5×10^{15} n-cm²/s) by neutron irradiation of 58.19% enriched Se-74 by the ⁷⁴Se(n, γ)⁷⁵Se nuclear reaction. The low-resolution 70-eV mass spectrum (MS) was obtained with a Dupont 21-490B instrument. High-resolution MS were determined with an AEI MS-50 instrument equipped with an DS-50 data system. Nuclear magnetic resonance spectra (NMR) were recorded at 80 MHz with a Varian FT-80 instrument.

Animal Tissue Distribution Studies. Female Fischer 344 rats (160–180 g) were used for the tissue distribution studies. Both food and water were allowed ad libitum during the experiments. The crystalline steroid was dissolved in EtOH and formulated in a Tween 80–EtOH–saline mixture in the usual manner.⁵ The rats were lightly anesthetized with Et₂O, and the solution (5–10 μ Ci) was administered (1 mL total volume) by injection in a lateral tail vein. Three animals were used for each time point. The animals were killed by decapitation after being anesthetized with Et₂O, and the organs were removed, rinsed with saline, blotted dry, weighed, and counted in a gamma spectrometer. For the excretion studies, three rats were individually housed in metabolism cages, and urine and feces were collected daily over the 21-day period.

24-(Isopropylseleno)chol-5-en-3 β -ol (4). Selenium (316 mg, 4 mmol) was refluxed with Na (92 mg, 4 mmol) in 20 mL of freshly distilled ethylenediamine under argon for 3 h. Following cooling

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to room temperature, isopropyl iodide (680 mg, 4 mmol) was added to the murky green-colored solution, and the mixture was stirred under argon for 30 min. The mixture was poured into H₂O and then extracted with Et₂O (3 times), and the combined ether layers were washed with H₂O (3 times), dried over anhydrous Na₂SO₄, and then evaporated under argon to give 363 mg (71%) of diisopropyl diselenide (1) as a yellow-colored, foul-smelling oil. The diselenide 1 was dissolved in 25 mL of a C₆H₆/MeOH mixture (2:3) and reduced with excess NaBH₄ under argon until a colorless solution of sodium isopropylselenol (2) was obtained. Following the addition of 80 mg of NaOH, the 3 β -acetoxy-24-bromochol-5-ene substrate (3; 229 mg, 0.5 mmol) was added, and the mixture was refluxed for 1 h. The mixture was poured into H₂O, and the crude product was obtained by Et₂O extraction as described above. The product was dissolved in C₆H₆ and chromatographed on a SiO₂ column (1 \times 20 cm) by elution (30-mL fractions) with petroleum ether, fractions 1–5, and the following increasing concentrations of Et₂O in petroleum ether: fractions 6–10, 2%; fractions 11–15, 5%; fractions 16–20, 10%; fractions 21–15, 25%; and fractions 26–30, 50%. The desired 24-(isopropylseleno)chol-5-en-3 β -ol (4) was eluted in fractions 25–27, which were combined, and evaporated, and the residue was crystallized from MeOH–H₂O to give 92 mg (40): mp 91–93 °C; TLC (CHCl₃) *R_f* (CHCl₃) 0.09, *R_f* (4% MeOH–CHCl₃) 0.55; low-resolution MS (150 °C probe temperature), *m/z* 466 (M, 82), 448 (M – H₂O, 29), 433 (M – H₂O – CH₃, 12), 423 (M – C₃H₇, 41), 405 (M – H₂O – C₃H₇, 53), 271 (23), 255 (M – side chain – H₂O, 33), 231 (23), 213 (45); high-resolution MS calcd for C₂₇H₄₆O⁹⁰Se, *m/z* 466.2713; found, 466.2720; IR (KBr) 3495 (OH) cm⁻¹; NMR (200 MHz, CDCl₃) δ 0.61 (s, 3 H, C-18 CH₃), 0.86 (t, 3 H, C-21 CH₃, *J* \approx 6 Hz), 0.94 (s, 3 H, C-19 CH₃), 1.34 (d, 6 H, C-26 and C-27 CH₃'s, *J* \approx 7–8 Hz), 2.49 (2 H, m, C-24 CH₂), 3.10 (m, 1 H, C-25 H, *J* \approx 6 Hz), 3.48 (m, 1 H, C-3 α H), 5.29 (m, 1 H, C-5 olefinic proton). Anal. Calcd for C₂₇H₄₆OSe: C, 69.63; H, 9.96. Found: C, 69.42; H, 9.82.

24-(Isopropyl)[⁷⁵Se]seleno)chol-5-en-3 β -ol. The synthesis of sodium [⁷⁵Se]diselenide ([⁷⁵Se]1) was conducted on a 1-mmol scale. The Se-75 (25.13 mCi) was combined with carrier to give 80 mg of Se (1 mmol), which was stirred with Na (25 mg, 1.1 mmol) under argon in 20 mL of liquid NH₃. The mixture proceeded through the typical color change: blue to green to reddish-brown.

After 2 h, isopropyl iodide (240 mg, 1 mmol) was added with a syringe, and the mixture was stirred for an additional 2 h. Following evaporation of the NH₃, the light yellow gum was extracted with small portions of C₆H₆ (15 mL total volume), the extract was filtered through a short bed of SiO₂, and the filtrate was diluted to 25 mL with MeOH. The yellow-colored solution contained 8.39 mCi (33%) of diisopropyl [⁷⁵Se]diselenide (1), which was reduced under argon with NaBH₄ to a colorless solution of sodium isopropyl[⁷⁵Se]selenol (2). After the addition of NaOH (~80 mg, 2 mmol), 3 β -acetoxy-24-bromochol-5-ene (3; 45 mg, 0.10 mmol) was added in a small volume of C₆H₆, and the mixture was refluxed. After 30 min, TLC analysis (CHCl₃) indicated the coupling reaction to be complete (1, *R_f* 0.80; 3, *R_f* 0.70; 4, *R_f* 0.10). The mixture was cooled and then poured into H₂O, and the aqueous layer was extracted three times with C₆H₆. The combined organic extracts were washed with H₂O (3 times), dried over anhydrous Na₂SO₄, and evaporated under argon to a volume of 1–2 mL. This solution was applied to a SiO₂ column packed in C₆H₆. A nonpolar radioactive peak was eluted with C₆H₆ (fractions 1–10, 25 mL in volume). Further elution with 5% Et₂O–C₆H₆ removed the [⁷⁵Se]4 in fractions 12–15, which were combined to give 1.05 mCi [42% from 3 β -acetoxy-24-bromochol-5-ene (3)]. TLC analysis using two solvent systems indicated a single radioactive component (>98%), which cochromatographed with authentic 24-(isopropylseleno)chol-5-en-3 β -ol: *R_f* (CHCl₃) 0.25, *R_f* (10% EtOAc in CHCl₃) 0.75.

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Registry No. 1, 37826-18-9; [⁷⁵Se]1, 86508-35-2; 2, 37773-08-3; [⁷⁵Se]2, 86508-36-3; 3, 73729-03-0; 4, 86508-37-4; [⁷⁵Se]4, 86508-38-5; [⁷⁸Se]4, 86549-45-3.

Book Reviews

Concise Encyclopedia of Biochemistry. By Mary Brewer and Thomas Scott. W. de Gruyter, Berlin and New York. 1983. 518 pp. 14.5 \times 22 cm. ISBN 3-11-007860-0. \$29.90.

An amazing amount of useful information is packed into this small volume. What's more, the definitions are readable, up-to-date, and accurate. The many structural formulas and metabolic pathways shown are clear and well-chosen. Also included are abbreviations, Enzyme Commission numbers, and extensive cross-references. Terms used in molecular biology (for example, attenuator), immunology (for example, IGM), and natural-product studies (for example, miraculin) are included. Miraculin is a taste-modifying glycoprotein derived from the berry of *Synsepalum dulcificum* native to West Africa. It causes sour substances to taste sweet. This encyclopedia should find wide use among all those interested in biological science, students, teachers, and researchers alike. At its modest price it is an outstanding bargain.

The work is an English translation as well as a revision of "Brockhaus ABC Biochemie" edited by H. D. Jakubke and H. Jeschkeit, the second edition of which was published in 1981. Congratulations all!

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New Comprehensive Biochemistry. Volume 3. Stereochemistry. Edited by C. Tamm. Elsevier Biomedical Press, Amsterdam, The Netherlands (distributed in the U.S. and Canada by Elsevier Publishing Co., Inc., New York). 1982. x + 342 pp. 17 \times 24.5 cm. ISBN 0-444-80389-0. \$65.00.

This book is highly recommended to all scientists with an interest in stereochemistry, and, in particular, it should be in the libraries of all those interested in modern biochemistry. This volume contains seven chapters, each written by an expert in the particular area. Each chapter is of approximately equal length, and each contains an extensive list of references, many to work published in the late 1970's and up until 1981. Figures are freely used, are informative, and are well done.

There are two introductory chapters; the first by B. Testa, "The Geometry of Molecules: Basic Principles and Nomenclatures", defines "dissymmetric", "enantiotopic", and "diastereotopic" groups, faces, symmetry planes and rotation-reflection axes, chiral planes and axes, etc. and thus should serve as a valuable reference. The second introductory chapter, "Chemical Methods for the Investigation of Stereochemical Problems in Biology", by R. Bentley, is particularly well written and provides an interesting description of the historical development of this field. The classification of reaction types and selectivities should be useful to teachers and researchers concerned about the precise de-