

# JOURNAL OF MEDICINAL CHEMISTRY

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Volume 38, Number 19

September 15, 1995

## Perspective

### $\alpha$ - and $\beta$ -Adrenoceptors: From the Gene to the Clinic. 2. Structure-Activity Relationships and Therapeutic Applications

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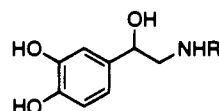
Received December 29, 1994

#### Editor's Note

The present Perspective is the second in a two-part, in-depth overview of the current status of  $\alpha$ - and  $\beta$ -adrenoceptor pharmacology and medicinal chemistry. The first part was published in the previous issue. (Hieble, J. P.; Bondinell, W.; Ruffolo, R. R., Jr.  $\alpha$ - and  $\beta$ -Adrenoceptors: From the Gene to the Clinic. 1. Molecular Biology and Adrenoceptor Subclassification. *J. Med. Chem.* **1995**, *38*, 3415-3444.)

#### 1. Structural Elements Required for Affinity and Efficacy at $\alpha$ - and $\beta$ -Adrenoceptors

**1.1. Structural Requirements for Agonist and Antagonist Affinity, Efficacy, and Selectivity.** **1.1.1. Phenethylamines.** The catecholamine neurotransmitters, norepinephrine (1) and epinephrine (2) are the prototypical agonists for both  $\alpha$ - and  $\beta$ -adrenoceptors. These biogenic amines are capable of activating all subtypes of both of the major adrenoceptor classes. Although there is no substantial subtype selectivity among the  $\alpha$ -adrenoceptor subtypes, norepinephrine can differentiate the  $\beta$ -adrenoceptors, having higher affinity for the  $\beta_1$ - and  $\beta_3$ -adrenoceptors than for the  $\beta_2$ -adrenoceptor. In contrast, epinephrine has comparable affinity for all three  $\beta$ -adrenoceptor subtypes. Because most  $\beta_1$ -adrenoceptors, but not  $\beta_2$ -adrenoceptors, are directly activated by neuronal released transmitter, the selectivity of norepinephrine for  $\beta_1$ - versus  $\beta_2$ -adrenoceptors is consistent with a neurotransmitter role for this catecholamine, as opposed to epinephrine, which functions primarily as a circulating hormone in most mammalian species. The role of sympathoadrenal activation in the modulation of  $\beta_3$ -adrenoceptor activity in adipose tissue and at other sites has not yet been established.



- (1) Norepinephrine (R = H)  
(2) Epinephrine (R = CH<sub>3</sub>)

On the basis of the stereochemical requirements for agonist activity (see Section 2.1), the catecholamines appear to bind to at least three motifs on the adrenoceptor proteins, presumably through the aliphatic amino nitrogen atom, catechol hydroxyl groups, and the benzylic  $\beta$ -hydroxyl group. As noted above, addition of an *N*-methyl substituent to norepinephrine can influence its subtype selectivity for the  $\beta$ -adrenoceptors. Increasing the steric bulk of the *N*-substituent to ethyl, isopropyl, or *tert*-butyl can maintain, or even increase, affinity for the  $\beta$ -adrenoceptors, while essentially eliminating  $\alpha$ -adrenoceptor agonist activity, resulting in catecholamines that are highly selective for  $\beta$ -*vis-a-vis*  $\alpha$ -adrenoceptors.<sup>1</sup> As observed for epinephrine, the *N*-substituted catecholamines can activate all  $\beta$ -adrenoceptor subtypes. The *N-tert*-butyl analog has moderate selectivity for  $\beta_2$ - versus  $\beta_1$ -adrenoceptors. Even larger arylalkyl substituents on the nitrogen atom of norepinephrine are compatible with quite potent  $\beta$ -adrenoceptor agonist activity<sup>2</sup> (Table 1).

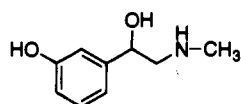
Removal of either of the catechol hydroxyl groups reduces agonist potency at both  $\alpha$ - and  $\beta$ -adrenoceptors. However, analogs bearing only a *m*-hydroxyl group can retain significant affinity and full efficacy as  $\alpha$ -adrenoceptor agonists. For example, phenylephrine (3), the analog of epinephrine lacking the *p*-hydroxyl group, is useful both as a pharmacological tool to characterize

**Table 1.** Structural Elements Required for Adrenoceptor Agonist Activity in Phenethylamines

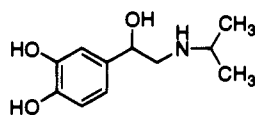
receptor	aromatic ring <sup>a</sup>	side chain <sup>a</sup>	nitrogen
$\alpha_1$		$\beta$ -hydroxyl (+)	H, CH <sub>3</sub>
$\alpha_2$	catechol (++)	$\alpha$ -methyl (+)	H, CH <sub>3</sub>
		$\beta$ -hydroxyl (+)	
$\beta_1$	catechol (+)	$\beta$ -hydroxyl (++)	H, CH <sub>3</sub> , or larger
$\beta_2$		$\beta$ -hydroxyl (++)	CH <sub>3</sub> or larger
$\beta_3$		$\beta$ -hydroxyl (++)	large substituents tolerated

<sup>a</sup> (++) denotes substituents required for pharmacologically significant agonist activity, (+) denotes substituents which, although not present in all active molecules, generally enhance agonist activity.

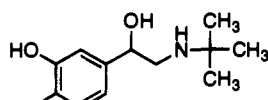
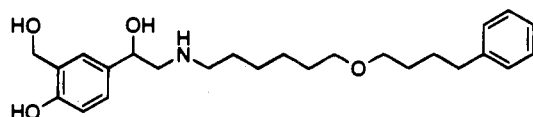
$\alpha$ -adrenoceptors and as a therapeutic agent when selective  $\alpha$ -adrenoceptor stimulation is required. The  $\alpha$ -adrenoceptor activity of phenylephrine is limited primarily to the  $\alpha_1$ -adrenoceptor subtypes. In contrast, an intact catechol moiety appears to be required for efficacy of phenethylamines at the  $\alpha_2$ -adrenoceptors. It is likely that the presence of both phenolic hydroxyl groups is also required for agonist activity at the  $\beta_1$ -adrenoceptor, inasmuch as replacement of the *m*-hydroxyl group of isoproterenol (4) or *tert*-butylnorepinephrine (5) with a substituent bearing an active hydrogen atom (*e.g.*, hydroxymethyl, sulfonamido, ureido) results in agonists that are selective for  $\beta_2$ -adrenoceptors. Several members of this class are used clinically as bronchodilators, and new analogs have recently been developed where duration of action has been enhanced by increasing the size of the nitrogen substituent (*e.g.*, salmeterol (6)).<sup>3</sup> Analogs bearing two aromatic ring hydroxyl groups in a 3,5-configuration can also show selectivity for  $\beta_2$ -adrenoceptors, although potency is typically reduced.<sup>4</sup>



(3) Phenylephrine



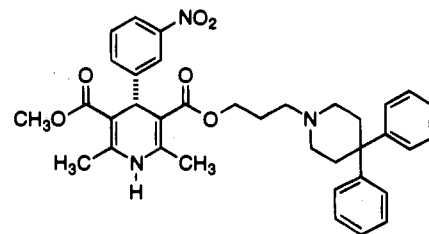
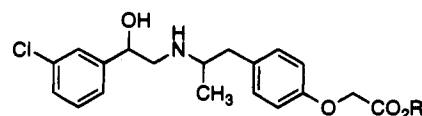
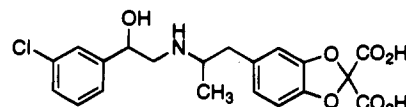
(4) Isoproterenol

(5) *tert*-Butylnorepinephrine

(6) Salmeterol

Methoxamine (7), despite having no active hydrogen substituents on the aromatic ring, is a full agonist at the  $\alpha_1$ -adrenoceptor in most systems, although the compound is substantially less potent than phenylephrine or norepinephrine. Interestingly, recent evidence suggests that methoxamine can differentiate between  $\alpha_1$ -adrenoceptor subtypes, having moderate selectivity for the  $\alpha_{1A}$ -adrenoceptor in assays using native tissues,<sup>5</sup> and selectivity for the recombinant  $\alpha_{1A}$ - and  $\alpha_{1A}$ -adrenoceptors, versus the  $\alpha_{1B}$ -adrenoceptor.<sup>6</sup> Methoxamine also appears to have selectivity for the prazosin-resistant  $\alpha_{1L}$ -adrenoceptor.<sup>7</sup>

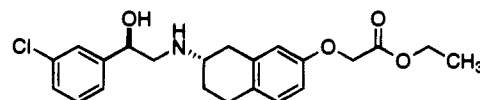
Detailed structure-activity relationships for selective activation of the  $\beta_3$ -adrenoceptor have not been reported

(7) (*S*)-Niguldipine(8) BRL 37344 (R = H)  
(9) BRL 35135 (R = CH<sub>3</sub>)

(10) CL 316,243

to date. BRL 37344 (8), the most extensively studied examples of this class, is a phenylethanolamine with a 3-chloro substituent on the aromatic ring and a complex arylalkyl nitrogen substituent bearing a free carboxyl group. The analog of BRL 37344 in which the carboxyl is esterified, BRL 35135 (9), is also a  $\beta_3$ -adrenoceptor agonist and is metabolized *in vivo* to BRL 37344.<sup>8</sup> A structurally related analog, CL 316,243 (10), has even greater selectivity for the  $\beta_3$ -adrenoceptor.<sup>9</sup> A carboxyl or carboxamido group appears to be a common structural element found on several other agonists of diverse structure that have been reported to be selective agonists of the  $\beta_3$ -adrenoceptor.<sup>10</sup>

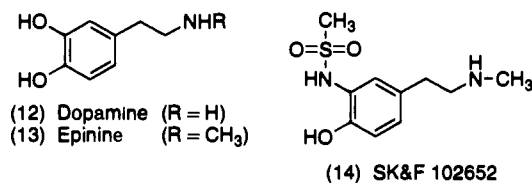
A series of phenethylamines bearing an aminotetralin substituent on the nitrogen atom have been shown to inhibit selectivity motility in the rat colon.<sup>11</sup> A pharmacological analysis of this response suggests that it is mediated by the  $\beta_3$ -adrenoceptor. SR 58611A (11), the most potent  $\beta$ -adrenoceptor agonist in the colon, stimulates adenylate cyclase activity in CHO cells expressing the recombinant human  $\beta_3$ -adrenoceptor.<sup>12</sup> Consistent with data derived from other phenylethanolamines, SR 58611A is more than 1000-fold greater in potency than the corresponding diastereomer in which the phenethylamine  $\beta$ -carbon atom is in the *S* absolute configuration.<sup>11</sup> The configuration of the asymmetric carbon atom of the nitrogen substituent does not influence  $\beta_3$ -adrenoceptor agonist potency, but the isomer having this asymmetric center in the *R* configuration is nearly 10-fold greater in potency than SR 58611A at the  $\beta_2$ -adrenoceptor.



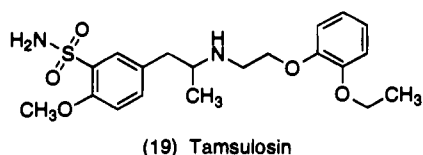
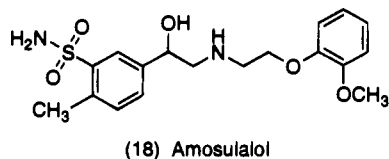
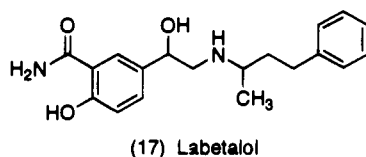
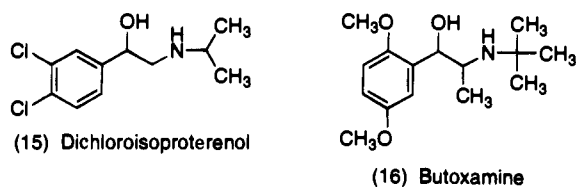
(11) SR 58611A

Although removal of the  $\beta$ -hydroxyl group of phenylethanolamines substantially reduces its affinity at all of the  $\alpha$ - and  $\beta$ -adrenoceptor subtypes, dopamine (12) and epinine (13) retain high efficacy at the  $\alpha$ - and  $\beta$ -adrenoceptors. In certain test models, epinine shows

selectivity for  $\alpha_2$ -adrenoceptors.<sup>13</sup> Discrete receptors are present for dopamine in many tissues, both in the periphery and central nervous system. These dopamine receptors have structural requirements that are quite distinct from  $\alpha$ - and  $\beta$ -adrenoceptors, and dopamine receptors do not recognize most adrenoceptor agonists and antagonists. A phenethylamine analog lacking the  $\beta$ -hydroxyl group and having the *m*-hydroxyl group replaced by a sulfonamido group (SK&F 102652, **14**) is a potent and selective  $\alpha_1$ -adrenoceptor agonist.<sup>14</sup>



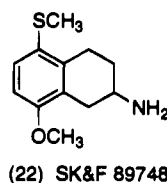
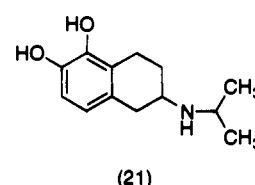
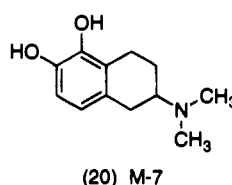
Structural modification of the catecholamines typically reduces only affinity for the  $\alpha$ - and  $\beta$ -adrenoceptors, rather than reducing efficacy as a receptor agonist. For example, removal of one or both catechol hydroxyl groups of epinephrine or isoproterenol results in a phenethylamine which, although weak, retains substantial efficacy (intrinsic activity = 0.5–0.8) at the  $\alpha$ - and  $\beta$ -adrenoceptors.<sup>2,15</sup> Nevertheless,  $\beta$ -adrenoceptor antagonists (which by definition have no intrinsic activity) have been identified through structural modification of catecholamines and other phenethylamine agonists. The 3,4-dichloro analog of isoproterenol (**15**) was the first compound reported to have  $\beta$ -adrenoceptor antagonist activity, although this and other phenethylamine  $\beta$ -adrenoceptor antagonists typically retain partial agonist activity, the principal exception being sotalol. The *N*-*tert*-butyl analog of methoxamine, butoxamine (**16**), was the first  $\beta$ -adrenoceptor antagonist reported to have selectivity for the  $\beta_2$ -adrenoceptor subtype.



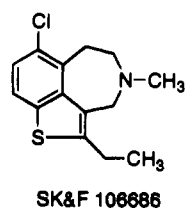
Catecholamines bearing a large arylalkyl nitrogen substituent are often  $\beta$ -adrenoceptor agonists while

having weak antagonist activity at the  $\alpha$ -adrenoceptor. Several related phenethylamines lacking the catechol moiety (e.g., labetalol (**17**) and amosulalol (**18**)) are antagonists of both  $\alpha$ - and  $\beta$ -adrenoceptors and are utilized clinically as antihypertensive drugs. Tamsulosin (YM-617, **19**), a structurally related molecule that lacks the  $\beta$ -hydroxyl group, the latter being critical for affinity to the  $\beta$ -adrenoceptors, is one of the most potent  $\alpha_1$ -adrenoceptor antagonists identified to date, with modest selectivity for the  $\alpha_{1A}$ -adrenoceptor subtype.<sup>5</sup>

**1.1.2. Cyclized Phenethylamines.** Incorporation of the side chain of a phenethylamine into a second ring to form an aminotetralin can be compatible with substantial agonist activity at  $\alpha$ - and  $\beta$ -adrenoceptors. Depending upon the position of the aromatic ring hydroxyl groups and the nature of the nitrogen substituent, cyclized analogs of dopamine can have agonist activity at both  $\alpha$ - and  $\beta$ -adrenoceptors, in addition to the dopamine receptor (see Section 2.3 below). ( $\pm$ )-2-(*N,N*-Dimethylamino)-5,6-dihydroxytetralin (M-7, **20**) is a potent and selective agonist at the  $\alpha_2$ -adrenoceptor. The presence of a hydroxyl group at carbon-1 on the aliphatic ring increases the potency of 2-(*N*-isopropylamino)-5,6-dihydroxytetralin (**21**) as a  $\beta_1$ -adrenoceptor agonist by several orders of magnitude.<sup>16</sup> However, this hydroxyl group is not required for agonist activity at  $\alpha$ -adrenoceptors, and indeed, in the 5,8-dimethoxy series corresponding to a cyclized methoxamine, both stereoisomers of the hydroxylated derivative have lower affinity for the  $\alpha_1$ -adrenoceptor than the corresponding 2-aminotetralin that lacks a substituent at carbon-4.<sup>17</sup> Cyclized derivatives of methoxamine and analogs where one of the methoxy groups is replaced by S-CH<sub>3</sub> (SK&F 89748, **22**) are potent and selective  $\alpha_1$ -adrenoceptor agonists.<sup>18,19</sup> An additional ring can be added to 5,8-dimethoxy-2-aminotetralin to form the corresponding 7,10-dimethoxybenzhydro[f]quinoline (**23**), without influencing  $\alpha_1$ -adrenoceptor agonist activity (Hieble, unpublished data), as long as the ring junction between the two aliphatic rings is *trans*.



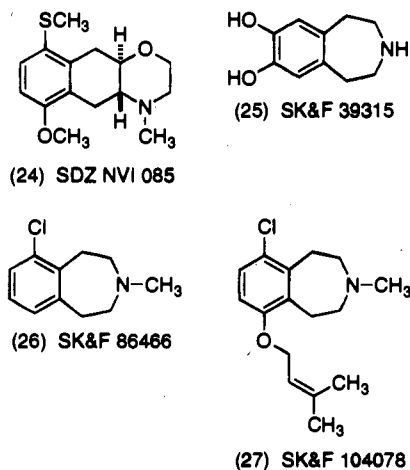
The structural modifications described above were designed to increase the lipophilicity of  $\alpha_1$ -adrenoceptor agonists to allow selective activation of central  $\alpha_1$ -adrenoceptors. This was not successful, since blood pressure increases were produced at the doses required to stimulate central  $\alpha_1$ -adrenoceptors.<sup>20</sup> However, structural modification of SK&F 89748 has led to a series of lipophilic  $\alpha_1$ -adrenoceptor agonists, typified by SDZ NVI 085 (**24**), which can activate central  $\alpha_1$ -adrenoceptors without causing an elevation in blood pressure.<sup>21</sup>

Table 2. Affinity of 3-Benzazepines and Their Heterofused Analogs to  $\alpha$ -Adrenoceptor Subtypes

compound	$\alpha_{1a}^a$	$\alpha_{1b}^b$	$\alpha_{1d}^c$	$\alpha_{2a}^d$	$\alpha_{2b}^e$	$\alpha_{2f}^f$	RA <sup>g</sup>	CSV <sup>h</sup>	GPA <sup>i</sup>
SK&F 86466	449	485	126	9.4	16	20	600	42	17
SK&F 104078	33	87	33	114	142	64 <sup>j</sup>	150	76	>3000
SK&F 104856	36	23	1.6	24	3.4	21	25	29	>3000
SK&F 105854	3300	783	72	54	14	28	>1000	40	>3000
SK&F 106686	58	15	1.2	31	15	35	56	84	>3000

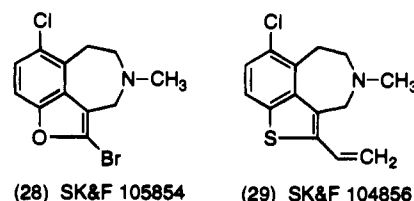
<sup>a</sup>  $K_i$  (nM) for inhibition of [<sup>3</sup>H]prazosin binding to CHO cells expressing the human  $\alpha_{1A}$ -adrenoceptor. <sup>b</sup>  $K_i$  (nM) for inhibition of [<sup>3</sup>H]prazosin binding to CHO cells expressing the human  $\alpha_{1B}$ -adrenoceptor. <sup>c</sup>  $K_i$  (nM) for inhibition of [<sup>3</sup>H]prazosin binding to CHO cells expressing the human  $\alpha_{1D}$ -adrenoceptor. <sup>d</sup>  $K_i$  (nM) for inhibition of [<sup>3</sup>H]rauwolscine binding to CHO cells expressing the human  $\alpha_{2A}$ -adrenoceptor. <sup>e</sup>  $K_i$  (nM) for inhibition of [<sup>3</sup>H]rauwolscine binding to CHO cells expressing the human  $\alpha_{2B}$ -adrenoceptor. <sup>f</sup>  $K_i$  (nM) for inhibition of [<sup>3</sup>H]rauwolscine binding to CHO cells expressing the human  $\alpha_{2C}$ -adrenoceptor. <sup>g</sup>  $K_B$  (nM) for blockade of norepinephrine-induced contraction in rabbit aorta. <sup>h</sup>  $K_B$  (nM) for blockade of B-HT 920-induced contraction in canine saphenous vein. <sup>i</sup>  $K_B$  (nM) for blockade of B-HT 920-induced inhibition of the inotropic response to field stimulation in superfused guinea pig atrium. <sup>j</sup> Mean values of data obtained in human or rat (RNG, RG10 clones) receptors, as reported by O'Rourke *et al.*,<sup>298</sup> Lanier *et al.*,<sup>299</sup> Uhlen *et al.*,<sup>300</sup> Marjamaki *et al.*,<sup>301</sup> Lomasney *et al.*,<sup>302</sup> Xia *et al.*,<sup>303,304</sup> and Harrison *et al.*<sup>305</sup>

A catechol-containing 3-benzazepine (SK&F 39315, **25**) was found to be a potent agonist at  $\alpha_1$ - and  $\alpha_2$ -adrenoceptors.<sup>22</sup> Removal of the ring hydroxyl groups resulted in antagonists of the  $\alpha$ -adrenoceptor. Such 3-benzazepines can either have moderate selectivity for the  $\alpha_2$ -adrenoceptor (*e.g.*, SK&F 86466, **26**) or they can be mixed  $\alpha_1/\alpha_2$ -adrenoceptor antagonists. These compounds have been used to subclassify  $\alpha_2$ -adrenoceptor responses in functional *in vitro* assays (*e.g.*, SK&F 104078, **27**).<sup>23</sup> The functional  $\alpha_2$ -adrenoceptor subclassification that resulted from the use of agents such as SK&F 104078 has not yet been reconciled with the subclassification of the  $\alpha_2$ -adrenoceptors based on radioligand binding affinities or the molecular identification of recombinant receptor proteins, inasmuch as SK&F 104078 has nearly equal affinity for all three of the recombinant  $\alpha_2$ -adrenoceptors (Table 2).



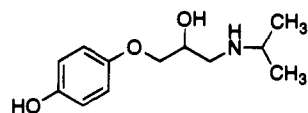
Addition of a fused hetero-ring to the 3-benzazepine SK&F 86466 does not influence affinity for vascular  $\alpha_2$ -adrenoceptors in canine saphenous vein. However, both furo and thieno substitution of SK&F 86466 result in a functional selectivity pattern that is similar to that observed with SK&F 104078 (Table 2). Interestingly, the thienobenzazepines also have high affinity for  $\alpha_1$ -

adrenoceptors, with consistently observed selectivity for the  $\alpha_{1D}$ -adrenoceptor subtype. The furo analog, SK&F 105854 (**28**), has much lower functional  $\alpha_1$ -adrenoceptor antagonist affinity than the thieno analog and lower absolute affinity for the recombinant  $\alpha_1$ -adrenoceptors, but equivalent relative selectivity for the  $\alpha_{1D}$ -adrenoceptor. SK&F 104856 (**29**) has approximately 10-fold selectivity for the  $\alpha_{2b}$ -adrenoceptor, compared to the other recombinant  $\alpha_2$ -adrenoceptors; however, this selectivity is diminished in other structural analogs.

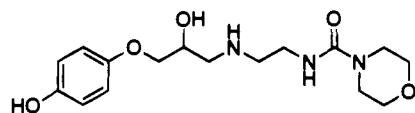


**1.1.3. Phenoxypropanolamines.** Inserting an  $OCH_2$  linkage between the aromatic and ethanolamine portions of isoproterenol or *N-tert*-butylnorepinephrine does not eliminate agonist activity at the  $\beta$ -adrenoceptor. Indeed, in the *tert*-butyl series, the phenoxypropanolamine analogs are more potent than the corresponding phenylethanolamine analogs at both  $\beta_1$ - and  $\beta_2$ -adrenoceptors.<sup>24</sup> Structural modifications of these agonists, through removal of one of the catechol hydroxyl groups and/or modification of the N-substituent, has been exploited in the design of partial agonists that have selectivity for the  $\beta_1$ -adrenoceptor<sup>25</sup> (*e.g.*, prenalterol (**30**) and xamoterol (**31**)).

With the exception of a few phenylethanolamines (*e.g.*, sotalol (**32**), labetalol, amosulalol), virtually all of the clinically useful  $\beta$ -adrenoceptor antagonists contain a phenoxypropanolamine moiety, typically with isopropyl or *tert*-butyl as an N-substituent, attached to an aromatic or heterocyclic ring system. Data on a vast number of these analogs have been reported, and nearly 100 representatives of this class are in clinical use for hypertension or angina pectoris in various countries. The phenoxypropanolamines include both nonselective

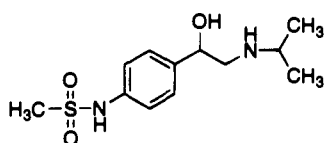


(30) Prenalterol

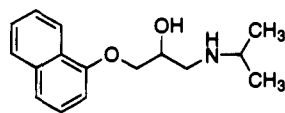


(31) Xamoterol

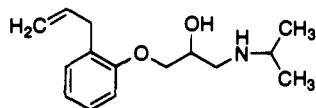
agents (e.g., propranolol (33), alprenolol (34), pindolol (35)) and selective  $\beta_1$ -adrenoceptor antagonists (e.g., atenolol (36), bisoprolol (37), CGP 20712 (38)).



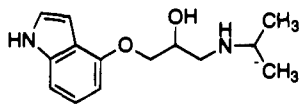
(32) Sotalol



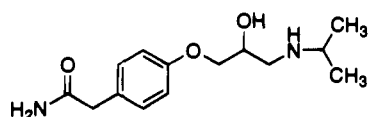
(33) Propranolol



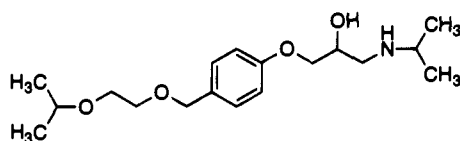
(34) Alprenolol



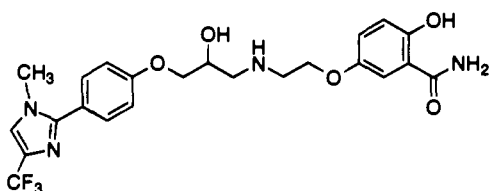
(35) Pindolol



(36) Atenolol

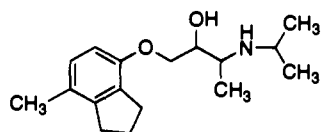


(37) Bisoprolol



(38) CGP 20712

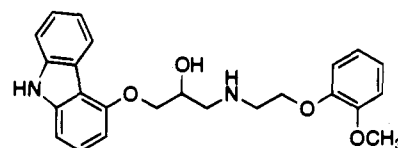
Less effort has been directed toward the design of selective  $\beta_2$ -adrenoceptor antagonists, since this pharmacological class has fewer, if any, obvious clinical applications. ICI 118,551 (39), the prototypical selective  $\beta_2$ -adrenoceptor antagonist, is a phenoxybutanolamine, analogous to other  $\beta$ -adrenoceptor antagonists, but with a methyl group added to the side chain.



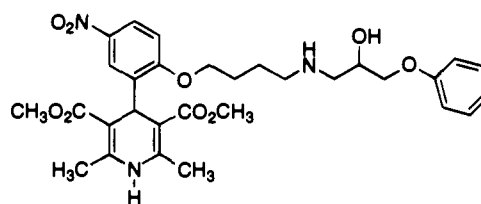
(39) ICI 118,551

Although the basic (aryloxy)propanolamine nucleus must remain intact for significant  $\beta$ -adrenoceptor an-

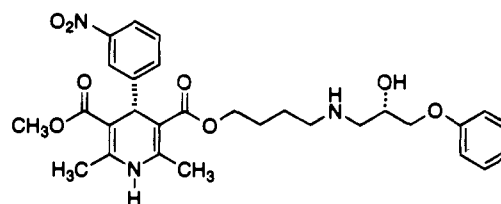
tagonist activity, a wide variety of aromatic ring or nitrogen substituents can be tolerated. This has allowed for the design of therapeutic agents that combine  $\beta$ -adrenoceptor antagonist activity with several other useful pharmacological actions, including  $\alpha$ -adrenoceptor blockade (e.g., carvedilol (40), see below), calcium channel blockade (e.g., YM-16151-4 (41),<sup>26</sup> YM-15430-1 (42)<sup>27</sup>), direct vasodilation (e.g., prazosin (43)<sup>2</sup>), inhibition of angiotensin converting enzyme (e.g., BW A575C (44)<sup>28</sup>), and Class III antiarrhythmic activity (e.g., CK-3579 (45)<sup>29</sup>).



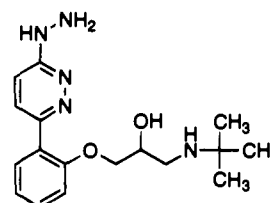
(40) Carvedilol



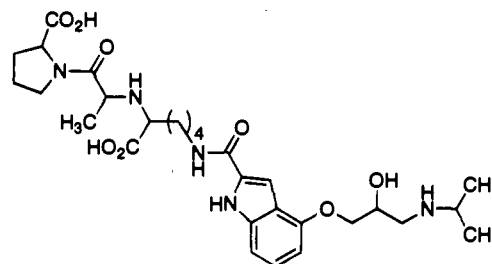
(41) YM-16151-4



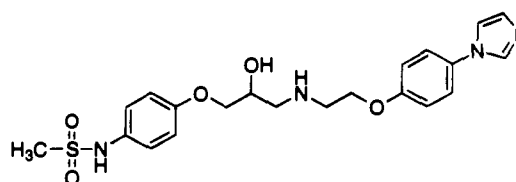
(42) YM-15430-1



(43) Prizidilol

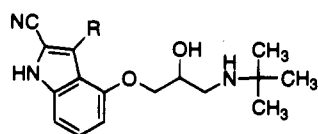


(44) BW A575C

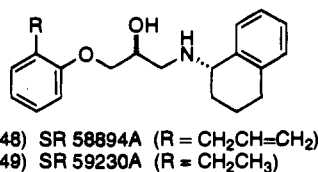


(45) CK-3579

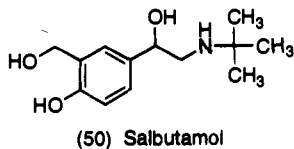
Most of the classical  $\beta$ -adrenoceptor antagonists have low affinity for the  $\beta_3$ -adrenoceptor. Cyanopindolol (**46**) and iodocyanopindolol (**47**) appear to have higher affinity for the  $\beta_3$ -adrenoceptor than other phenoxypropanolamines, although still lower than the affinity for the  $\beta_1$ - or  $\beta_2$ -adrenoceptors. Recently, two phenoxypropanolamines containing a tetralin substituent on the amino nitrogen, SR 58894A (**48**) and SR 59230A (**49**), have been shown to produce a selective blockade of  $\beta_3$ -adrenoceptors, with dissociation constants against SR 56811A in rat proximal colon (which contains  $\beta_3$ -adrenoceptors) that are 10–100-fold lower than those against isoproterenol or salbutamol (**50**) induced-activation of  $\beta_1$ -adrenoceptors (guinea pig atrium) or  $\beta_2$ -adrenoceptors (guinea pig trachea), respectively.<sup>30</sup>



(46) Cyanopindolol (R = H)  
(47) Iodocyanopindolol (R = I)



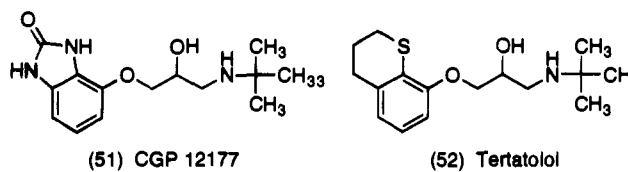
(48) SR 58894A (R = CH<sub>2</sub>CH=CH<sub>2</sub>)  
(49) SR 59230A (R = CH<sub>2</sub>CH<sub>3</sub>)



(50) Salbutamol

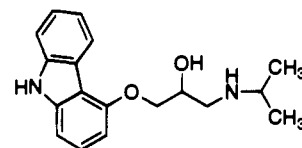
Interestingly, several phenoxypropanolamines that are potent antagonists of  $\beta_1$ - and  $\beta_2$ -adrenoceptors also have a significant degree of agonist activity at the  $\beta_3$ -adrenoceptor. CGP 12177 (**51**) has been shown to be a partial agonist at the native  $\beta_3$ -adrenoceptor found in mammalian adipocytes from several species.<sup>31</sup> In CHO cells expressing recombinant human  $\beta_3$ -adrenoceptors, other phenoxypropanolamines, such as tertatolol (**52**) and carazolol (**53**), produce a maximum response that is greater than that produced by CGP 12177 and equivalent to that produced by isoproterenol.<sup>12</sup> Other phenoxypropanolamines, such as ICI 198,157 (**54**) and its metabolite, ICI 201,651 (**55**), have been reported to be selective  $\beta_3$ -adrenoceptor agonists.

**1.1.4. Imidazolines and Imidazolidines.** In addition to the phenethylamines, the benzylimidazolines and phenyliminoimidazolidines represent an important class of agents that interact with the  $\alpha$ -adrenoceptors. Most representatives of these structural classes are partial agonists, although some are full agonists while others are competitive antagonists. None of the imidazoline analogs have appreciable affinity for any of the  $\beta$ -adrenoceptor subtypes. Although most active agents in this class are either imidazolines or imidazolidines (generically referred to hereafter as imidazolines), examples do exist of potent  $\alpha$ -adrenoceptor agonists having their aromatic and imidazoline rings joined by

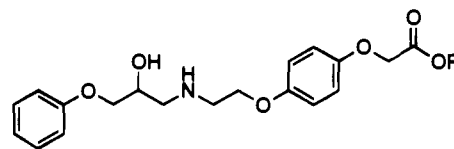


(51) CGP 12177

(52) Tertatolol

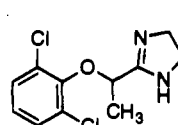


(53) Carazolol

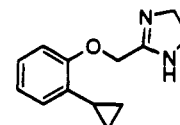


(54) ICI 198,157 (R = CH<sub>3</sub>)  
(55) ICI 201,651 (R = H)

different linkages (e.g., lofexidine (**56**) and cirazoline (**57**)).



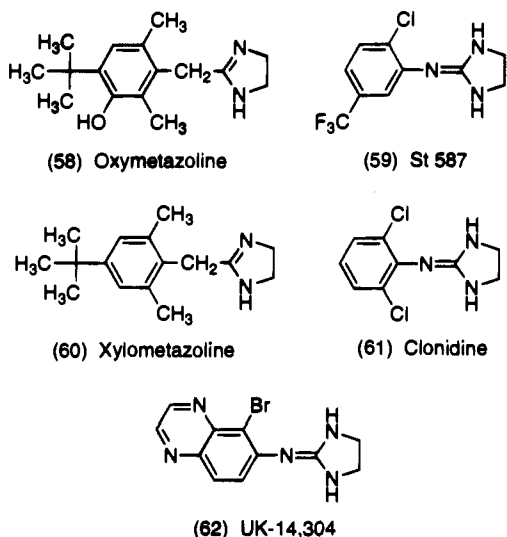
(56) Lofexidine



(57) Cirazoline

Comparison of interatomic distances between the aromatic ring and either of the nitrogen atoms in the imidazoline ring suggests that the imidazolines cannot be structural mimics of the endogenous catecholamines or other phenethylamines. Differences in structure–activity relationships between the phenethylamines and imidazolines also show that the two structural classes interact with the  $\alpha$ -adrenoceptors in different manners. Hydroxylation of the methylene carbon (analogous to the  $\beta$ -carbon atom of the phenethylamines) of the benzylimidazolines reduces, rather than enhances, affinity for the  $\alpha$ -adrenoceptor, in marked contrast to the phenethylamines where this substitution always increases affinity. Although catechol substitution on the phenyl ring of the imidazolines results in highest efficacy at both  $\alpha_1$ - and  $\alpha_2$ -adrenoceptors, analogs containing no aromatic hydroxyl groups still retain high affinity and moderate efficacy as  $\alpha$ -adrenoceptor agonists, including analogs bearing bulky alkyl substituents on the aromatic ring (e.g., oxymetazoline (**58**)), which typically eliminates activity in the phenethylamine series. Although a catechol moiety is required for efficacy at  $\alpha_2$ -adrenoceptors in the phenylethanolamines, many imidazolines with no ring hydroxyl groups are potent  $\alpha_2$ -adrenoceptor agonists.

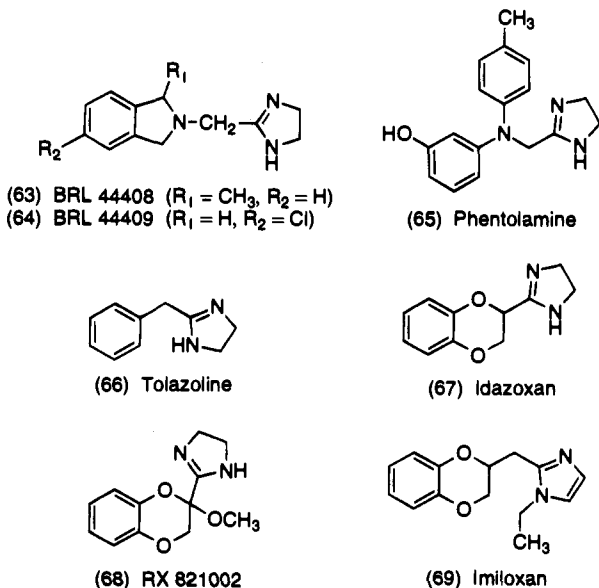
Imidazolines can have selectivity for  $\alpha_1$ -adrenoceptors (St 587 (**59**), cirzoline), mixed  $\alpha_1$ -/ $\alpha_2$ -adrenoceptor agonist activity (oxymetazoline, xylometazoline (**60**)) or selectivity for  $\alpha_2$ -adrenoceptors (clonidine (**61**), UK-14,304 (**62**)). [For a detailed review of the relationship between structure and  $\alpha$ -adrenoceptor affinity and efficacy for the imidazolines, refer to Ruffolo and Waddell.<sup>15</sup>] In general, the aminoimidazolidines have greater selectivity for  $\alpha_2$ -adrenoceptors than the benzylimidazolines and, when bearing electron-withdrawing sub-



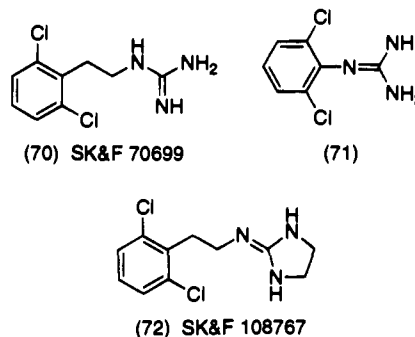
stituents at the 2- and/or 6-positions of the aromatic ring, can readily cross the blood-brain barrier due to incomplete ionization at physiological pH.<sup>32</sup> Clonidine has several important clinical applications, all of which depend on its ability to stimulate central  $\alpha_2$ -adrenoceptors.

Oxymetazoline can discriminate between  $\alpha_2$ -adrenoceptor subtypes, having highest affinity for the  $\alpha_{2A}$ -adrenoceptor. Another imidazoline, BRL 44408 (63), as well as its analog, BRL 44409 (64), also shows selectivity for the  $\alpha_{2A}$ -adrenoceptor.<sup>33,34</sup> Although an antagonist at  $\alpha_2$ -adrenoceptors, BRL 44408 retains some partial agonist activity at the  $\alpha_1$ -adrenoceptor.

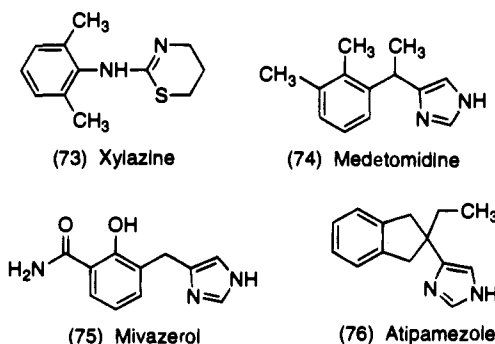
Other imidazolines are potent  $\alpha$ -adrenoceptor antagonists. These antagonists may be nonselective (e.g., phentolamine (65) and tolazoline (66)) as well as selective for the  $\alpha_2$ -adrenoceptors (e.g., idazoxan (67) and RX 821002 (68)). Although most 2-substituted imidazoles, or N-substituted imidazolines, have very low affinity for  $\alpha$ -adrenoceptors, a 1,2-disubstituted imidazole, imiloxan (RS 21361 (69)), is a moderately potent, but highly selective,  $\alpha_2$ -adrenoceptor antagonist. Interestingly, imiloxan is the only reported compound not having potent  $\alpha_1$ -adrenoceptor antagonist activity which can selectively antagonize the  $\alpha_{2B}$ -adrenoceptor.<sup>35</sup>



**1.1.5. Substituted Guanidines.** Guanabenz and guanfacine are potent and selective agonists at the  $\alpha_2$ -adrenoceptor and are utilized clinically as centrally-acting antihypertensive drugs. An analog, SK&F 70699 (70), retains  $\alpha_2$ -adrenoceptor agonist activity.<sup>36</sup> Although these analogs have affinity for the  $\alpha_2$ -adrenoceptor comparable to that of clonidine,<sup>37</sup> the guanidine compound corresponding to an "acyclic" clonidine (71) has 50-fold lower affinity for the  $\alpha_2$ -adrenoceptor,<sup>38</sup> and SK&F 108767 (72), the imidazoline analog of SK&F 70699, is inactive as an  $\alpha_2$ -adrenoceptor agonist.<sup>36</sup>

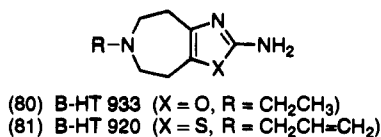
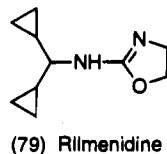
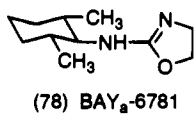
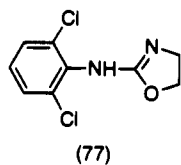


**1.1.6. Other Heterocyclic Analogs.** (Arylamino)-thiazines (e.g., xylazine (73)) are active as  $\alpha_2$ -adrenoceptor agonists. Xylazine is primarily utilized as an anesthetic/sedative in veterinary practice. Although aminoimidazoles structurally analogous to the aminoimidazolines and benzylimidazolines have not been found to have affinity for  $\alpha$ -adrenoceptors, medetomidine (74), a benzylimidazoline linked through carbon-4 of the imidazoline ring, is a highly potent and selective agonist at the  $\alpha_2$ -adrenoceptor.<sup>39</sup> Like xylazine, medetomidine is used as a veterinary anesthetic. Mivazerol (75), which is structurally analogous to medetomidine, also shows selective agonist activity at the  $\alpha_2$ -adrenoceptor<sup>40</sup> and has been evaluated clinically as an antianginal drug.<sup>41</sup> Atipamezole (76) is a 4-substituted imidazole that is an  $\alpha_2$ -adrenoceptor antagonist which has been used to reverse the sedative actions of  $\alpha_2$ -adrenoceptor agonists.



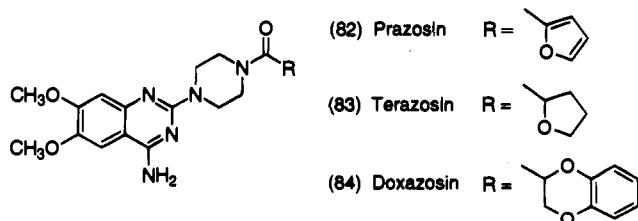
The phenylaminooxazoline (77), analogous to clonidine, is active as an  $\alpha_2$ -adrenoceptor agonist, although the compound is at least 10-fold less potent than clonidine.<sup>38</sup> Other (phenylamino)oxazolines are potent and selective  $\alpha_2$ -adrenoceptor agonists. Although struc-

ture-activity relationships have not been carefully compared, these data suggest that the oxazolines and imidazolines may interact slightly differently with the  $\alpha_2$ -adrenoceptor. Interestingly, several aminooxazolines bearing a saturated substituent on the amino nitrogen (e.g., Bay<sub>a</sub>-6781 (**78**) and rilmenidine (**79**)) are potent and selective  $\alpha_2$ -adrenoceptor agonists.



Several heterofused azepine analogs have been found to be selective agonists at the  $\alpha_2$ -adrenoceptor. B-HT 933 (azepexole) (**80**) and B-HT 920 (**81**) are widely used pharmacological tools, and B-HT 933 has been shown to have efficacy clinically as an antihypertensive agent.

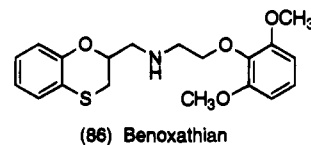
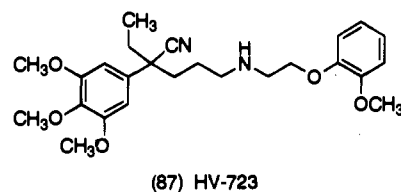
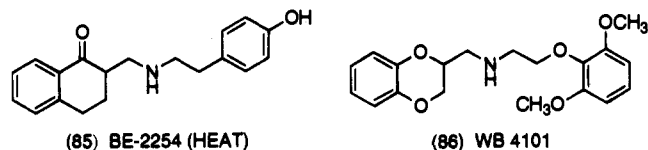
**1.1.7. Quinazolines.** In contrast to the  $\beta$ -adrenoceptor antagonists, which all can be considered as structural analogs of isoproterenol, most  $\alpha$ -adrenoceptor antagonists bear little resemblance to the catecholamine agonists. This includes the quinazolines, which are  $\alpha_1$ -adrenoceptor antagonists currently used clinically for the treatment of hypertension and benign prostatic hypertrophy (see Section 3.2). The quinazolines do not discriminate between the  $\alpha_1$ -adrenoceptor subtypes, but several, including prazosin (**82**) and terazosin (**83**), have relatively high affinity for the  $\alpha_{2B}$ -adrenoceptor. The structural requirements for interaction of  $\alpha_1$ - and  $\alpha_{2B}$ -adrenoceptors within this series are different, inasmuch as doxazosin (**84**) is of comparable potency to prazosin



as an  $\alpha_1$ -adrenoceptor antagonist, but has virtually no affinity for the  $\alpha_{2B}$ -adrenoceptor.<sup>42</sup> While the *R* and *S* enantiomers of terazosin have equivalent affinity for native  $\alpha_1$ -adrenoceptors in rat liver, canine prostate, or human brain,<sup>43,44</sup> the *S* enantiomer has at least 10-fold higher affinity for the mixed  $\alpha_2$ -adrenoceptor population in rat cerebral cortex.<sup>43</sup> It is likely that the affinity of terazosin for  $\alpha_2$ -adrenoceptors in rat cortex primarily reflects binding to  $\alpha_{2B}$ -adrenoceptors. The enantioselectivity of terazosin's interaction with the  $\alpha_{2B}$ -adrenoceptor, as well as the inability of doxazosin to

interact with this subtype, suggests an important contribution of the substituent on the piperazine ring to antagonist- $\alpha_{2B}$ -adrenoceptor interaction.

**1.1.8. Arylalkylamines.** This broad structural class includes  $\alpha$ -adrenoceptor antagonists of diverse chemical structure, all of which are lipophilic amines. Tamsulosin can be considered a member of this class, although this compound has been discussed above with the phenethylamines due to its structural analogy to the natural adrenoceptor agonists. Another potent  $\alpha$ -adrenoceptor antagonist, BE-2254 (HEAT, **85**) contains a phenethylamine moiety, and several other compounds possess a (phenoxyethyl)amino group, usually substituted on the aromatic ring with a 2-methoxy group (e.g., WB 4101 (**86**), HV-723 (**87**), benoxathian (**88**), carvedilol).

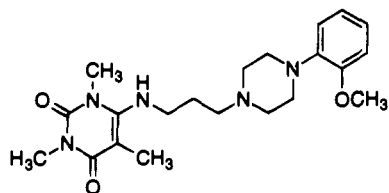


Carvedilol, a mixed  $\alpha$ - $\beta$ -adrenoceptor antagonist, derives its  $\beta$ -adrenoceptor antagonist activity from the (aryloxy)propanolamine moiety, and the  $\alpha$ -adrenoceptor antagonist activity results from the [2-(methoxyphenoxy)ethyl]amino group sharing the amine nitrogen.

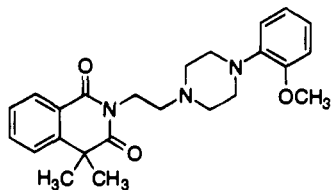
The (2-methoxyphenyl)piperazine moiety is present in several other  $\alpha_1$ -adrenoceptor antagonists, including 5-methylurapidil (**89**), ARC-239 (**90**), naftopidil (**91**), SL 89.0591 (**92**), and Rec 15/2739 (SB 216469, **93**). The last three compounds listed are being developed for use in benign prostatic hypertrophy (see Section 1.2). Compounds containing a (2-methoxyphenyl)piperazine linked to another aromatic residue can be highly potent  $\alpha_1$ -adrenoceptor antagonists, and moderate  $\alpha_1$ -adrenoceptor antagonist potency may be present in molecules without the additional aromatic nucleus.  $\alpha_1$ -Adrenoceptor subtype selectivity has not been studied systematically in this series, but WB 4101, benoxathian, and 5-methylurapidil are all selective for  $\alpha_{1A}$ - versus  $\alpha_{1B}$ -adrenoceptors, with 5-methylurapidil being one of the most selective antagonists in this class. ARC-239, in addition to its  $\alpha_1$ -adrenoceptor antagonist activity, has high affinity for the  $\alpha_{2B}$ -adrenoceptor.

Indoramin (**94**), which contains linked piperidine and indene ring systems, is utilized clinically as an  $\alpha_1$ -adrenoceptor antagonist for the treatment of benign prostatic hypertrophy. This compound has been found

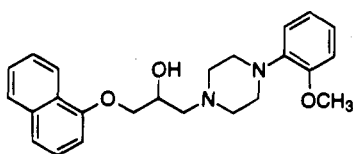




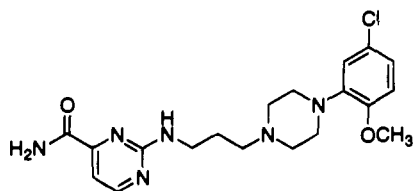
(89) 5-Methylurapidil



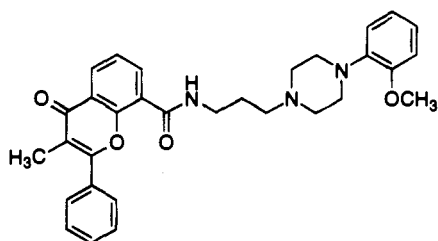
(90) ARC-239



(91) Naftopidil

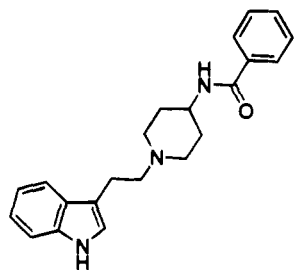


(92) SL 89.0591



(93) Rec 15/2739 (SB 216469)

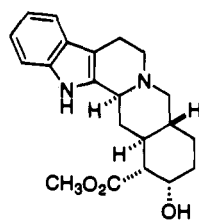
to have selectivity for  $\alpha_{1A}$ - versus  $\alpha_{1B}$ - and  $\alpha_{1D}$ -adrenoceptors.<sup>45</sup>



(94) Indoramin

**1.1.9. Yohimbine Alkaloids and Structural Analogs.** The yohimbine alkaloids, some of which have been used for centuries in herbal medicines, include antagonists having selectivity for both  $\alpha_2$ -adrenoceptors (e.g., yohimbine (95) and rauwolscine (96)) and  $\alpha_1$ -adrenoceptors (e.g., corynanthine (97)). The selectivity profiles of these compounds depend upon the stereochemical configuration of the five asymmetric centers present in the molecules (see Section 2.4).

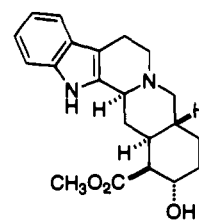
Several potent and selective  $\alpha_2$ -adrenoceptor antagonists contain structural elements that are found in yohimbine. These include the berbanes (CH-38083 (98)<sup>46</sup>), benzoquinazolines (WY 26703 (99), WY 27127 (100)<sup>47,48</sup>), benz[*b*]furoquinazolines (MK 467 (101), MK 912 (102)<sup>49,50</sup>), and isoquinonaphthyridines (RS 15385-197 (103)<sup>51</sup>).



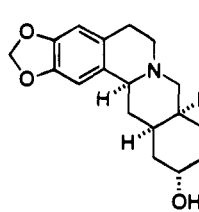
(95) Yohimbine



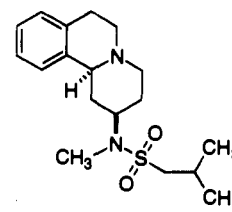
(96) Rauwolscine



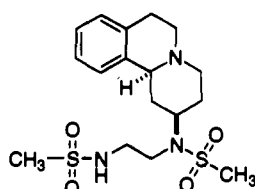
(97) Corynanthine



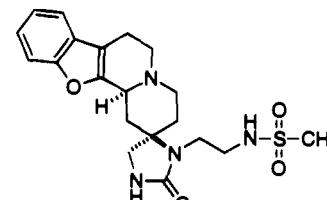
(98) CH-38083



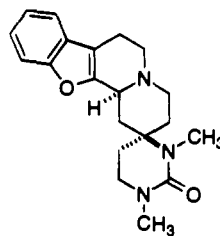
(99) WY 26703



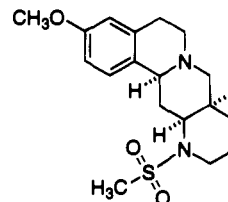
(100) WY 27127



(101) MK 467



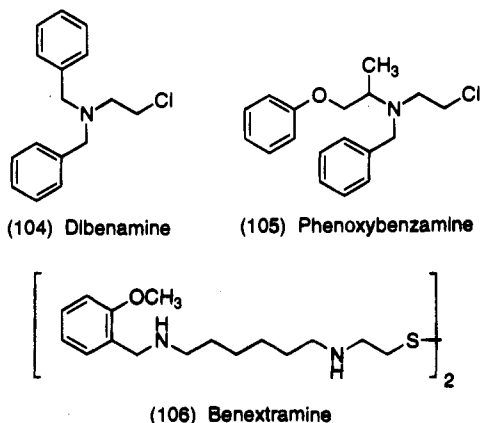
(102) MK 912



(103) RS 15385-197

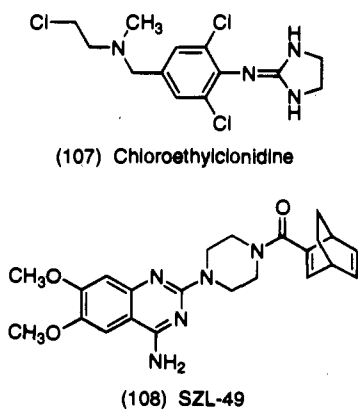
**1.1.10. Irreversible Adrenoceptor Antagonists.** The  $\beta$ -haloalkylamines (e.g., dibenamine (104) and phenoxybenzamine (105)), which form a covalent bond with the active site of the  $\alpha$ -adrenoceptors, have been studied for decades. These agents are useful pharmacologic tools for receptor characterization, in spite of the fact that they are relatively nonselective, being capable of alkylating a variety of neurotransmitter receptors, including muscarinic acetylcholine receptors and histamine receptors. Phenoxybenzamine does have selectivity among the  $\alpha$ -adrenoceptors, inasmuch as treatment of a tissue or receptor preparation using conditions that are sufficient to inactivate essentially the entire  $\alpha_1$ -adrenoceptor population can leave the population of  $\alpha_2$ -adrenoceptors relatively intact. Hence, a tissue containing a mixed population of  $\alpha_1$ - and  $\alpha_2$ -adrenoceptors can be converted to a predominantly  $\alpha_2$ -adrenoceptor-responsive preparation by treatment with phenoxybenzamine. In addition to its utility as a pharmacological tool, phenoxybenzamine was the first  $\alpha$ -adreno-

ceptor antagonist to be evaluated in humans. Although generally ineffective as an antihypertensive drug, this agent was shown to be effective in the treatment of benign prostatic hypertrophy. The efficacy of phenoxybenzamine in this condition provided the impetus for the development of newer  $\alpha$ -adrenoceptor antagonists for the treatment of benign prostatic hypertrophy (see Section 3.2).



Another class of irreversible  $\alpha$ -adrenoceptor antagonists are the tetraamine disulfides (e.g., benextramine) (106). Benextramine is somewhat more selective for  $\alpha$ -adrenoceptors than are the haloalkylamines, inasmuch as histamine and 5-hydroxytryptamine receptors are unaffected at concentrations that are sufficient to alkylate  $\alpha$ -adrenoceptors. Although, benextramine, like phenoxybenzamine, preferentially inactivates the  $\alpha_1$ -adrenoceptor,  $\alpha_2$ -adrenoceptor blockade may also occur under some conditions.

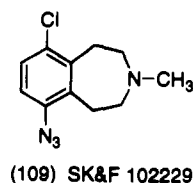
An  $\alpha_1$ -adrenoceptor subtype selective alkylating agent, chloroethylclonidine (107), has been useful in the subclassification of  $\alpha_1$ -adrenoceptors. The subdivision of  $\alpha_1$ -adrenoceptors into the  $\alpha_{1A}$ - and  $\alpha_{1B}$ -adrenoceptor subclasses was based, in part, on the ability of chloroethylclonidine to produce inactivation of some  $\alpha_1$ -adrenoceptor-mediated responses, while leaving others virtually unaffected. Another compound, SZL-49 (108),



a derivative of prazosin, has been reported to alkylate selectively the  $\alpha_{1A}$ -adrenoceptor.<sup>52</sup> However, other studies show this agent to interact with both  $\alpha_{1A}$ - and  $\alpha_{1B}$ -adrenoceptor subtypes,<sup>53,54</sup> and in contrast to phenoxybenzamine and benextramine, SZL-49 does not produce a time-dependent reduction in the maximum functional response to an  $\alpha$ -adrenoceptor agonist.<sup>52</sup>

Although agents purported to alkylate selectively the  $\beta$ -adrenoceptors have been designed by the addition of alkylating moieties to competitive  $\beta$ -adrenoceptor antagonists, these agents have not been proven to be useful pharmacological tools for receptor characterization. Although  $\beta$ -adrenoceptor density can be reduced by these agents in radioligand binding assays,<sup>55,56</sup> functional studies in isolated tissues have failed to show a depression of the maximum response at concentrations which do not produce generalized depressant effects.<sup>57</sup>

Photoaffinity reagents, generally prepared by the attachment of an azido group to an adrenoceptor agonist or antagonist, have been useful for the labeling of adrenoceptors in a tissue prior to receptor solubilization and purification. For example, SK&F 102229 (109), the 9-azido analog of SK&F 86466, produces photodependent irreversible alkylation of human platelet  $\alpha_2$ -adrenoceptor and was useful in the initial purification of platelet  $\alpha_2$ -adrenoceptors.<sup>58</sup>



## 1.2. Newly Reported $\alpha$ - and $\beta$ -Adrenoceptor Agonists and Antagonists. 1.2.1. $\alpha_1$ -Adrenoceptor Agonists. SDZ NVI 085.

It has long been thought that activation of  $\alpha_1$ -adrenoceptors in the central nervous system may be associated with an alerting or antidepressant action. However, until recently, it has not been proven possible to stimulate central  $\alpha_1$ -adrenoceptors with a systematically administered drug without producing a concomitant increase in blood pressure resulting from activation of vascular  $\alpha_1$ -adrenoceptors. The naphth[2,3-*b*]oxazine, SDZ NVI 085, a derivative of the aminotetralin, SK&F 89748, penetrates the blood-brain barrier and appears to be able to produce significant alerting effects in normal rats and monkeys and prevents the behavioral/learning deficits induced by either central inhibition of dopamine- $\beta$ -hydroxylase or noradrenergic neurotoxins.<sup>21</sup> Behavioral effects are produced in the monkey at oral doses which do not increase blood pressure, and phase I studies in normal human volunteers show no increases in blood pressure upon oral administration. Nevertheless, this compound is a full agonist at  $\alpha_1$ -adrenoceptors in the rabbit ear artery<sup>21</sup> and hence retains the ability to stimulate vascular  $\alpha_1$ -adrenoceptors. This activity is reflected in studies in narcoleptic dogs, where the threshold doses for reversal of food-elicited cataplexy and for increasing blood pressure were similar upon intravenous administration.<sup>59</sup>

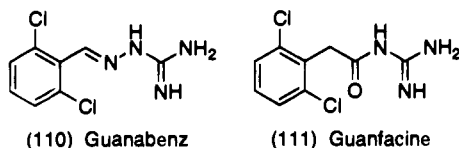
The ability of SDZ NVI 085 to produce central  $\alpha_1$ -adrenoceptor stimulation without increasing blood pressure may be in part a consequence of its lipophilicity. However, other lipophilic  $\alpha_1$ -adrenoceptor agonists, such as SK&F 89748, increase blood pressure in mice and rats at doses that were active centrally,<sup>20</sup> even upon oral administration (Hieble, unpublished data). It has been suggested that SDZ NVI 085 is selective for the  $\alpha_{1A}$ -adrenoceptor subtype,<sup>60</sup> and examination of its affinity for expressed  $\alpha_1$ -adrenoceptor clones shows a rank order of  $\alpha_{1a} > \alpha_{1d} > \alpha_{1b}$ , with an approximate 10-

fold affinity difference between each subtype.<sup>61</sup> Whether this *in vitro* selectivity profile can account for the *in vivo* pharmacological effects of SDZ NVI 085 has not been established.

### 1.2.2. $\alpha_2$ -Adrenoceptor Agonists. Rilmenidine.

Since the identification and clinical development of clonidine as a centrally acting antihypertensive drug two decades ago, a separation has been sought between the centrally mediated antihypertensive action and the sedative action, which is also centrally mediated, produced by this class of drug. This goal has proven difficult, and although several drugs have entered clinical trials with the promise of producing less sedation than clonidine, clinical practice has shown no significant difference to exist in therapeutic ratio.

The novel oxazoline derivative, rilmenidine, has been introduced as an antihypertensive agent in several European markets. Rilmenidine has selectivity for  $\alpha_2$ - versus  $\alpha_1$ -adrenoceptors, but in addition, rilmenidine has affinity for the nonadrenergic imidazoline receptor (see Section 3.2). It has been postulated that the antihypertensive action of rilmenidine (and clonidine) results from an action at  $I_1$  imidazoline receptors in the brainstem, while the sedative action results from activation of  $\alpha_2$ -adrenoceptors located in higher central nervous system (CNS) centers. Hence the reduced sedative liability observed with rilmenidine *vis-a-vis* clonidine may be related to the greater selectivity of rilmenidine for the  $I_1$  imidazoline receptor. However, there are several arguments against this hypothesis: (i) it is unlikely that the relatively small difference in affinity for  $I_1$  imidazoline receptors versus  $\alpha_2$ -adrenoceptors between rilmenidine and clonidine would be translated into a clear difference *in vivo* in therapeutic ratio, (ii) *in vivo* experiments with systemic administration of  $\alpha_2$ -adrenoceptor agonists having markedly differing  $I_1/\alpha_2$ -adrenoceptor affinity ratios do not demonstrate a difference in mechanism of antihypertensive action,<sup>37,62,63</sup> and (iii) non-imidazoline  $\alpha_2$ -adrenoceptor agonists having very low affinity for the  $I_1$  imidazoline receptor (*e.g.*, guanabenz (110) and guanfacine (111))



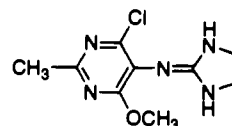
(110) Guanabenz

(111) Guanfacine

are effective antihypertensive agents in humans. It is likely that the antihypertensive and sedative actions of clonidine and its analogs are mediated by activation of  $\alpha_2$ -adrenoceptors located in different central nuclei. It has been postulated that the sympatholytic action of centrally acting  $\alpha_2$ -adrenoceptor agonists results from a postsynaptic action in the brain, whereas the centrally mediated sedation produced by these compounds likely results from a presynaptic action. Hence, the possibility exists that the  $\alpha_2$ -adrenoceptor subtype mediating the sympatholytic and sedative actions of these compounds are different, and that the differences that exist in therapeutic ratio between clonidine and rilmenidine are dependent upon differences in selectivity between different  $\alpha_2$ -adrenoceptor subtypes.

**Moxonidine.** Like rilmenidine, moxonidine (112) is a centrally active  $\alpha_2$ -adrenoceptor agonist being marketed in Europe as an antihypertensive drug with

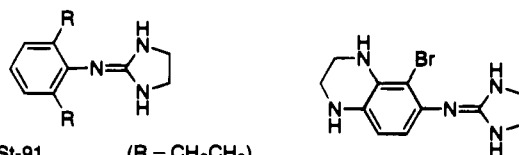
purported advantages over clonidine with respect to sedative liability. Moxonidine has higher affinity than



(112) Moxonidine

rilmenidine for the  $\alpha_2$ -adrenoceptor and perhaps even greater selectivity for  $I_1$  imidazoline receptors versus  $\alpha_2$ -adrenoceptors.<sup>64</sup> Most of the arguments presented above against the role of  $I_1$  imidazoline receptors in the antihypertensive action of rilmenidine also apply to moxonidine. There are also differences in the clinical hemodynamic profile of moxonidine and clonidine, such that bradycardia and reductions in cardiac output are observed less frequently with moxonidine. Interestingly, however, moxonidine appears to have a similar hemodynamic profile to clonidine in animal experiments. In addition to the selective agonist activity of moxonidine at  $I_1$  imidazoline receptors, a different selectivity profile at the  $\alpha_1$ -adrenoceptor subtypes has been postulated to explain the differences in the clinical profiles between clonidine and moxonidine.

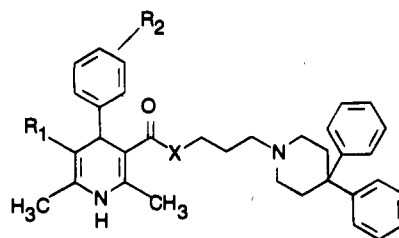
**AGN 190851.** Although many centrally active  $\alpha_2$ -adrenoceptor agonists have been identified, and several have been developed as antihypertensive drugs, examples of selective  $\alpha_2$ -adrenoceptor agonists that act only in the periphery are less common. Structural analogs of clonidine, such as St-91 (113) and SK&F 35886 (114), although potent  $\alpha_2$ -adrenoceptor agonists *in vitro*, do not produce clonidine-like stimulation of central  $\alpha_2$ -adrenoceptor in the intact animal. AGN 190851 (115) is an analog of UK 14,304 in which the

(113) St-91 (R = CH<sub>2</sub>CH<sub>3</sub>)(114) SK&F 35886 (R = CH<sub>3</sub>)

(115) AGN 190851

heterocyclic ring is saturated.<sup>65,66</sup> This modification dramatically changes the partition coefficient between octanol and neutral phosphate buffer,<sup>66</sup> presumably as a consequence of increasing the basicity of the molecule. AGN 190851 is a potent  $\alpha_2$ -adrenoceptor agonist in several *in vitro* assays, such as inhibition of adrenergic neurotransmission in the guinea pig atrium or contraction of canine saphenous vein. In these assays, AGN 190851 and UK 14,304 are nearly equipotent, and both drugs are highly selective for  $\alpha_2$ - versus  $\alpha_1$ -adrenoceptors. However, AGN 190851 is several orders of magnitude weaker than UK 14,304 in its ability to potentiate hexobarbital sleep time in the rat, an index of central  $\alpha_2$ -adrenoceptor activation.<sup>67</sup>

An interesting application for a peripherally acting  $\alpha_2$ -adrenoceptor agonist is as an antidiarrheal drug.  $\alpha_2$ -Adrenoceptors are known to be present in the intestinal mucosa, with an anatomical distribution that is consistent with their control of secretion.<sup>68</sup> AGN 190851 inhibits short-circuit current in an isolated segment of gastrointestinal mucosa, blocks PGE<sub>2</sub> induced enteropooling in conscious rats, and blunts diarrhea in the rat by

**Table 3.** Effect of Structural Changes on the Relative Affinities<sup>a</sup> of Niguldipine Analogs for  $\alpha$ -Adrenoceptor Subtypes and Calcium Channels

X	R <sub>1</sub>	R <sub>2</sub>	$\alpha_{1a}$	$\alpha_{1b}$	$\alpha_{1d}$	$\alpha_{2a}$	$\alpha_{2b}$	$\alpha_{2c}$	Ca <sup>2+</sup>
O	COOCH <sub>3</sub>	3-NO <sub>2</sub> (niguldipine)	1.8 <sup>b</sup>	85	191	645	>5000	370	9
NH	COOCH <sub>3</sub>	3-NO <sub>2</sub>	0.4	234	426	1550	1230	560	30
O	COOCH <sub>3</sub>	4-NO <sub>2</sub>	3.3	85	302	1023	758	1700	135
NH	COOCH <sub>3</sub>	4-NO <sub>2</sub> (SNAP 5089)	1.3	269	1047	3300	1170	1320	741
NH	CONH <sub>2</sub>	4-NO <sub>2</sub>	1.3 <sup>b</sup>	407	346	148	275	165	>10 <sup>6</sup>
NH	CONHCH <sub>3</sub>	4-NO <sub>2</sub>	3.1	416	616	398	912	323	>5000

<sup>a</sup> Affinity for adrenoceptors expressed as  $K_i$  (nM) for inhibition of the binding of [<sup>3</sup>H]prazosin ( $\alpha_1$ -adrenoceptors) or [<sup>3</sup>H]rauwolscine ( $\alpha_2$ -adrenoceptors) to recombinant human receptors. Affinity for calcium channels expressed as  $K_i$  (nM) for inhibition of [<sup>3</sup>H]nitrendipine binding to membrane homogenates of rat cardiac muscle. Data from Glucowski et al.<sup>73</sup> <sup>b</sup> Tested as active enantiomer.

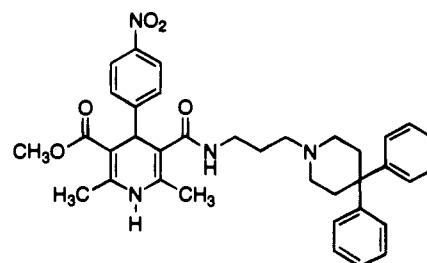
a variety of agents, including PGE<sub>2</sub>, cholera toxin, and reserpine. Antidiarrheal effects of AGN 190851 are produced at doses that have no effects resulting from stimulation of  $\alpha_2$ -adrenoceptors in the brain. In addition to antisecretory effects, AGN 190851 is also a potent inhibitor of gastrointestinal transit (Hieble and Kolpak, unpublished data).

**1.2.3.  $\alpha_1$ -Adrenoceptor Antagonists. SB 216469 (Rec 15/2739).** Like several other potent  $\alpha_1$ -adrenoceptor antagonists, SB 216469 contains a 1-(2-methoxyphenyl)piperazine moiety. Determination of affinity for recombinant human  $\alpha$ -adrenoceptors shows SB 216469 to be moderately selective for the  $\alpha_{1a}$ -adrenoceptor ( $K_i = 0.7$  nM) compared to the  $\alpha_{1b}$  ( $K_i = 19$  nM) and  $\alpha_{1d}$  ( $K_i = 6.3$  nM) subtypes.<sup>69</sup> Functional experiments using isolated rabbit tissues show SB 216469 to produce selective blockade of norepinephrine-induced contraction in prostate versus ear artery. This prostate versus vascular selectivity of SB 216469 has been confirmed *in vivo* in the anesthetized dog by comparing the doses of SB 216469 required to block norepinephrine or nerve stimulation-induced urethral contractions with those doses of the compound required to reduce blood pressure.<sup>70</sup>

**SL 89.0951.** Little information has been reported on SL 89.0951, other than its *in vivo* selectivity for urethral versus blood pressure responses in the anesthetized cat.<sup>71</sup> This antagonist contains the (2-methoxyphenyl)piperidine moiety present in several other  $\alpha_1$ -adrenoceptor blockers. SL 89.0951 is in phase II clinical trials for the treatment of benign prostatic hypertrophy and has been reported to be well-tolerated upon single dose administration to normal human volunteers.

**SNAP-5089.** An examination of the affinity of several structural series of  $\alpha$ -adrenoceptor antagonists for affinity to cell lines expressing the six known  $\alpha$ -adrenoceptor clones showed (*S*)-niguldipine to have more than 10-fold selectivity for the  $\alpha_{1a}$ -adrenoceptor subtype, compared to either the  $\alpha_{1b}$ - or  $\alpha_{1d}$ -subtypes.<sup>72</sup> Replacement of the ester linkage between the dihydropyridine and arylpiperidine moieties of niguldipine by an amide does not markedly influence affinity for the calcium channel but increases selectivity for the  $\alpha_{1A}$ -adrenoceptor. This amide analog of niguldipine shows almost

1000-fold selectivity for the human recombinant  $\alpha_{1a}$ -adrenoceptor versus the five other human recombinant  $\alpha$ -adrenoceptors.<sup>73</sup> Moving the NO<sub>2</sub> group of niguldipine to the para position reduced calcium channel blocking activity, with this analog being 15-fold weaker than (*S*)-niguldipine, without markedly influencing the  $\alpha_{1A}$ -adrenoceptor selectivity.<sup>74</sup> The amide-linked analog with a *p*-nitrophenyl substituent (SNAP-5089, 116) combines high selectivity for the  $\alpha_{1A}$  adrenoceptor with low affinity for the calcium channel.<sup>74</sup> Replacement of the methyl ester group of SNAP 5089 by an amide totally abolishes affinity for the calcium channel (Table 3).



(116) SNAP-5089

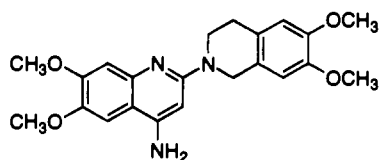
Data on a series of over 200 dihydropyridines structurally analogous to SNAP 5089 have recently been reported.<sup>73</sup> Almost all compounds in this structural series have selectivity for the  $\alpha_{1a}$ -adrenoceptor, with a few having 1000-fold selectivity versus the other five  $\alpha$ -adrenoceptor subtypes. Except for analogs with a 3-nitrophenyl substituent, these dihydropyridines do not have pharmacologically relevant affinity for the calcium channel (Table 3). Structural modification has the greatest effect on  $\alpha_{1a}$ -adrenoceptor affinity, with the weak affinity for the other  $\alpha_1$ -adrenoceptor subtypes, and for  $\alpha_2$ -adrenoceptors, being relatively insensitive to structural modification.

**Naftopidil.** Although naftopidil has been known for many years, it has only recently been evaluated for efficacy in the treatment of benign prostatic hypertrophy. Furthermore, naftopidil may show selectivity in functional assays for  $\alpha_2$ -adrenoceptors. Naftopidil combines the (methoxyphenyl)piperazine moiety present in

many  $\alpha$ -adrenoceptor antagonists with the (aryloxy)-propanolamine structure common to  $\beta$ -adrenoceptor antagonists. The tertiary substitution on the propanolamine nitrogen eliminates  $\beta$ -adrenoceptor antagonist activity. Naftopidil is a potent antagonist of  $\alpha_1$ -adrenoceptors; however, as indicated above, its  $\alpha_2$ -adrenoceptor affinity depends on the model examined. In the human platelet and human prostate, naftopidil inhibits  $\alpha_2$ -adrenoceptor antagonist binding with an affinity that is comparable to its affinity for  $\alpha_1$ -adrenoceptors,<sup>75</sup> whereas the  $\alpha_2$ -adrenoceptor agonist-induced contraction is antagonized with only moderate potency.<sup>76</sup> However, in several prejunctional  $\alpha_2$ -adrenoceptor test systems, such as the rat vas deferens and guinea pig atrium, naftopidil has no activity at concentrations up to 3  $\mu$ M. Hence, naftopidil appears to have a functional selectivity profile at  $\alpha_2$ -adrenoceptors that is similar to that observed with the structurally dissimilar compounds, SK&F 104078 and SK&F 104856.<sup>77</sup>

Naftopidil has demonstrated clinical efficacy in the treatment of benign prostatic hypertrophy<sup>78</sup> and is currently being developed for this indication.

**Abanoquil.** Abanoquil (UK 52,046, 117) is a novel  $\alpha_1$ -adrenoceptor antagonist that contains some of the structural elements found in prazosin. Abanoquil has

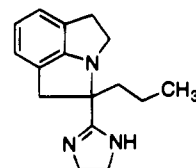


(117) Abanoquil

been shown to be efficacious as an antiarrhythmic agent, and it has been proposed that abanoquil possesses selectivity for the cardiac  $\alpha_1$ -adrenoceptor.<sup>79</sup> Using radioligand binding assays in cells expressing rat ( $\alpha_{1d}$ ), hamster ( $\alpha_{1b}$ ), and bovine ( $\alpha_{1a}$ ) adrenoceptors, Marshall *et al.*<sup>80</sup> have reported abanoquil to have high affinity for all three  $\alpha_1$ -adrenoceptor subtypes, with 100-fold selectivity for the  $\alpha_{1d}$ -adrenoceptor.<sup>80</sup> However, although other investigators, using identical recombinant  $\alpha_1$ -adrenoceptors, can confirm the high affinity, they fail to demonstrate substantial subtype selectivity.<sup>69</sup> Data using recombinant human  $\alpha_1$ -adrenoceptors also shows high affinity with little or no subtype selectivity.<sup>45</sup> Functional data with abanoquil shows qualitative differences to exist between tissues. For example, in the rat vas deferens, a marked reduction in the maximum response to  $\alpha_1$ -adrenoceptor stimulation was produced by abanoquil, indicating noncompetitive antagonism,<sup>81</sup> while competitive blockade of  $\alpha_1$ -adrenoceptor-mediated responses was observed in rat atria and aorta,<sup>82</sup> with no effect seen against norepinephrine induced contraction in human prostate even at high concentrations.<sup>80</sup> The noncompetitive action of abanoquil in the vas deferens would suggest that the compound has another pharmacological action in addition to  $\alpha_1$ -adrenoceptor blockade.

**1.2.4.  $\alpha_2$ -Adrenoceptor Antagonists. SL 84.0418.** SL 84.0418 (118), a potent and selective  $\alpha_2$ -adrenoceptor antagonist of the imidazoline class, was evaluated

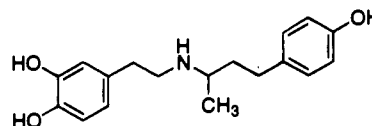
clinically for the treatment of non-insulin-dependent diabetes. The compound is able to inhibit epinephrine-



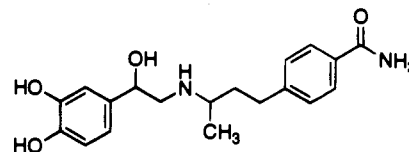
(118) SL 84.0418

induced inhibition of insulin secretion both *in vivo* and *in vitro*<sup>83-85</sup> and shows efficacy as a hypoglycemic agent in several animal models.<sup>84,86</sup> Radioligand binding assays to cells expressing the  $\alpha_2$ -adrenoceptor clones shows SL 84.0418 to have high affinity (2-3 nM) for both  $\alpha_{2a}$ - and  $\alpha_{2b}$ -adrenoceptors.<sup>87</sup>

**1.2.5.  $\beta$ -Adrenoceptor Agonists. GP-2-128.** Dobutamine (119) (see Section 2.5.1) is a mixed  $\alpha$ -/ $\beta$ -adrenoceptor agonist. GP-2-128 (120), a derivative of dobutamine in which a *p*-carbamoyl group has been introduced on the phenyl ring of the arylalkyl nitrogen substituent, is several orders of magnitude more potent than dobutamine as an agonist at both  $\beta_1$ - and  $\beta_2$ -adrenoceptors.<sup>88</sup> Although GP-2-128 is a partial agonist



(119) Dobutamine



(120) GP-2-128

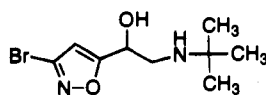
of the  $\alpha_1$ -adrenoceptor, the concentrations required to produce this effect are much higher than those required to stimulate  $\beta$ -adrenoceptors, and as such, the compound can be considered to be a selective  $\beta$ -adrenoceptor agonist. Like isoproterenol, GP-2-128 can also stimulate  $\beta_3$ -adrenoceptors, as evidenced by stimulation of lipolysis in rat white adipocytes and hamster brown adipocytes. GP-2-128 appears to be a full agonist in the  $\beta$ -adrenoceptor models in which it has been examined, with a potency that is 100-fold greater than isoproterenol.

**1.2.6.  $\beta_2$ -Adrenoceptor Agonists. Broxaterol.** The catechol ring of isoproterenol can be replaced by a 3-substituted isoxazole, with retention of  $\beta$ -adrenoceptor agonist activity.<sup>89</sup> In contrast to the phenylethanamines, a hydroxyl substituent on the ring is not required for agonist activity, and indeed the 3-hydroxy, *N*-isopropyl, or *N*-*tert*-butyl derivatives in the isoxazole series are inactive as  $\beta$ -adrenoceptor agonists. Broxaterol (121), the 3-bromo, *N*-*tert*-butyl analog in this series, is a potent and selective  $\beta_2$ -adrenoceptor antagonist, which has undergone clinical evaluation as a bronchodilator.

**Table 4.** Stereoselectivity of Catecholamines in Functional Assays for Adrenoceptor Agonist Activity

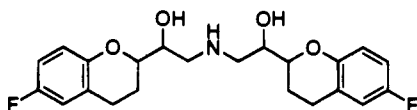
compound	EC <sub>50</sub> (nM) <sup>a</sup>					ref
	α <sub>1</sub>	α <sub>2</sub>	β <sub>1</sub>	β <sub>2</sub>	β <sub>3</sub>	
(-)-norepinephrine	15800 <sup>b</sup>		30 <sup>c</sup>	213 <sup>d</sup>		103
					1580 <sup>e</sup>	97
						306
	1.2 <sup>f</sup>					97
	6.6 <sup>g</sup>					97
(+)norepinephrine	112 <sup>h</sup>	30 <sup>i</sup>				95
	83200 <sup>b</sup>		10000 <sup>c</sup>	30000 <sup>d</sup>		103
					>100000 <sup>e</sup>	97
						306
	200 <sup>f</sup>					97
(-)-epinephrine	2000 <sup>g</sup>					97
	12000 <sup>h</sup>	14500 <sup>i</sup>				95
	4073 <sup>b</sup>		15 <sup>c</sup>	15 <sup>d</sup>		97
(+)epinephrine			436 <sup>c</sup>	436 <sup>d</sup>		103
	>100000 <sup>b</sup>					97
(1 <i>R</i> ,2 <i>S</i> )-(-)-erythro-α-methylnorepinephrine	776 <sup>h</sup>	19 <sup>i</sup>				103
(1 <i>S</i> ,2 <i>R</i> )-(+)-erythro-α-methylnorepinephrine	46800 <sup>h</sup>	10000 <sup>i</sup>				95
(-)-isoproterenol			2.2 <sup>c</sup>	3.0 <sup>d</sup>		95
(+)isoproterenol					200 <sup>e</sup>	97
			2200 <sup>c</sup>	1700 <sup>d</sup>	63000 <sup>e</sup>	306

<sup>a</sup> Intrinsic activity ranged from 0.7 to 1.0 in the various isolated tissue preparations. <sup>b</sup> Contraction of reserpine-pretreated rat vas deferens. <sup>c</sup> Stimulation of contractile rate of isolated guinea pig atrium. <sup>d</sup> Relaxation of guinea pig trachea. <sup>e</sup> Stimulation of lipolysis in rat adipocytes. <sup>f</sup> Contraction of rat aorta. <sup>g</sup> Contraction of rabbit aorta. <sup>h</sup> Contraction of reserpine-pretreated guinea pig aorta. <sup>i</sup> Inhibition of neurotransmission in field-stimulated, reserpine-pretreated guinea pig ileum.



(121) Broxaterol

**1.2.7. β<sub>1</sub>-Adrenoceptor Antagonists. Nebivolol.** Nebivolol (122) is a complex molecule, which contains two cyclized phenoxypropanolamine moieties joined at the amino nitrogen. Ten stereoisomers are possible



(122) Nebivolol

(four enantiomeric pairs and two mesoforms). Nebivolol, the racemic mixture of the *R,S,S,S* and *S,R,R,R* enantiomers, is a selective β<sub>1</sub>-adrenoceptor antagonist, currently being developed for the treatment of hypertension.<sup>90</sup> Although the β-adrenoceptor antagonist activity of nebivolol is derived primarily from the *S,R,R,R* enantiomer, there is evidence to suggest that the *R,S,S,S* enantiomer may also contribute to the antihypertensive effect of the racemate by potentiation of the "active" enantiomer. This hypothesis is supported by the ability of the *R,S,S,S* enantiomer to potentiate the action of several antihypertensive agents that act by several distinct mechanisms.<sup>91</sup> However, recent clinical evaluation shows the active (*S,R,R,R*) enantiomer and racemic nebivolol produce equal reductions in blood pressure in hypertensive patients.<sup>92</sup> It has been shown that both enantiomers of nebivolol can block of the prejunctional β-adrenoceptor, which mediates a positive feedback on neurotransmitter release from adrenergic nerve terminals and thereby decreases norepinephrine release at the vascular neuroeffector junction.<sup>93,94</sup>

## 2. Chirality in α- and β-Adrenoceptor Agonists and Antagonists

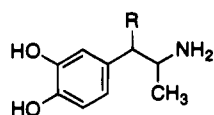
### 2.1. Configurational Requirements for Directly and Indirectly Acting Adrenoceptor Agonists of the Phenethylamine Class. 2.1.1. Catecholamines.

The endogenous adrenergic neurotransmitter, norepinephrine, and the adrenal neurohormone and central neurotransmitter, epinephrine, have an asymmetric β-carbon atom, and the naturally occurring molecules are of the *R* (-) absolute configuration. When the affinities of two enantiomers of norepinephrine or epinephrine are determined in functional assays for activity at any of the adrenoceptors, the *R* enantiomer is generally found to be approximately 100-fold more potent than the *S* enantiomer. This stereoselectivity occurs at all adrenoceptor subtypes, although the magnitude of the enantiomeric activity ratio appears to be greater at the α<sub>2</sub>-adrenoceptors. Functional selectivity ratios for the enantiomers of norepinephrine were determined to be 107, 479, 60, 70, and 100 at the α<sub>1</sub>-, α<sub>2</sub>-, β<sub>1</sub>-, β<sub>2</sub>-, and β<sub>3</sub>-adrenoceptors, respectively.<sup>95-97</sup> For the β-adrenoceptor subtypes, isoproterenol shows even greater enantioselectivity, with the *R* enantiomer being more than 1000-fold greater in potency than the *S* enantiomer at the β<sub>1</sub>-adrenoceptor, 600-800-fold more potent at the β<sub>2</sub>-adrenoceptor,<sup>96,97</sup> and 300-fold more potent at the β<sub>3</sub>-adrenoceptor<sup>97</sup> (Table 4).

The Easson-Stedman hypothesis<sup>98,99</sup> explains the stereoselectivity of phenylethanolamines by a three point attachment between agonist and receptor, through (i) the catechol hydroxyl groups, (ii) the aliphatic β-hydroxyl group, and (iii) the amine nitrogen. The active enantiomer appears to bind through all three of these sites, whereas the inactive enantiomer would have at least one structural element (*i.e.*, the β-hydroxyl group) in an orientation incompatible with receptor binding. This model would predict that removal of the β-hydroxyl group of (*R*)-(-)-norepinephrine, which would eliminate one point of attachment with the receptor, would reduce

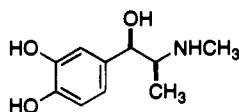
agonist affinity to the same extent as observed for the less active *S* (+)-enantiomer. This is indeed the case for the adrenoceptors, where the rank order of potency is found to be (*R*)-(-)-norepinephrine > (*S*)-(+)-norepinephrine = dopamine (*i.e.*, desoxynorepinephrine), in accordance with the Easson–Stedman hypothesis.

Asymmetry at the  $\alpha$ -carbon has a selective influence on the affinity of a catecholamine for the  $\alpha_2$ -adrenoceptor. While the *S* and *R* enantiomers of  $\alpha$ -methyl-dopamine have essentially equal affinity for the  $\alpha_1$ -adrenoceptor, the *S* (+)-enantiomer is 9-fold more potent than the *R* (-)-enantiomer at the  $\alpha_2$ -adrenoceptor.<sup>100</sup> It is possible that the  $\alpha_2$ -adrenoceptor has a specific binding pocket that can interact with or accommodate an  $\alpha$ -methyl group, since both  $\alpha$ -methyl-dopamine (**123**) and  $\alpha$ -methyl-norepinephrine (**124**) (see below) have substantial selectivities for  $\alpha_2$ - versus  $\alpha_1$ -adrenoceptors. Although stereochemistry has not been examined,  $\alpha$ -methyl substitution also appears to increase the affinity of catecholamines for the  $\beta_2$ -adrenoceptor, but not for the  $\beta_1$ -adrenoceptor.<sup>101</sup>



(123)  $\alpha$ -Methyldopamine (R = H)  
(124)  $\alpha$ -Methylnorepinephrine (R = OH)

In the case of  $\alpha$ -methyl-substituted phenylethanolamines, which possess asymmetric centers at both the  $\alpha$ - and  $\beta$ -carbon atoms, the influence of stereochemistry on receptor affinity can vary between adrenoceptor classes. Only the *1R,2S* (-)-*erythro* form of  $\alpha$ -methyl-norepinephrine has pharmacologically significant affinity for  $\alpha_1$ - and  $\alpha_2$ -adrenoceptors. Interestingly, although of relatively low potency, the *threo* isomers of  $\alpha$ -methyl-norepinephrine are only slightly weaker than the *erythro* isomers as  $\beta_2$ -adrenoceptor agonists, and in the case of  $\alpha$ -methylepinephrine, the *threo* isomer is the most potent  $\beta_2$ -adrenoceptor agonist.<sup>97</sup> (*1R,2S*)-(-)-*erythro*- $\alpha$ -Methylepinephrine (**125**) has been shown to



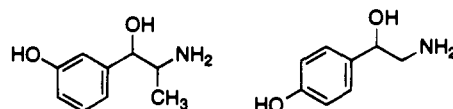
(125) (*1R,2S*)-(-)-*erythro*- $\alpha$ -Methylepinephrine

be a potent and selective  $\beta_2$ -adrenoceptor agonist *in vivo*.<sup>101</sup> As observed for norepinephrine, the enantiomers of *erythro*- $\alpha$ -methyl-norepinephrine show greater stereoselectivity at the  $\alpha_2$ -adrenoceptor compared to the  $\alpha_1$ -adrenoceptor, with the *1R,2S* (-)-*erythro* enantiomer being 60- and 550-fold more potent than the *1S,2R* (+)-*erythro* enantiomer at  $\alpha_1$ - and  $\alpha_2$ -adrenoceptors, respectively.<sup>95</sup> Even greater enantioselectivity is observed at  $\beta_1$ - and  $\beta_2$ -adrenoceptors, with enantiomeric potency ratios of over 2000 being observed at either subtype.<sup>96</sup>

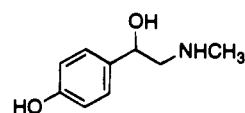
The  $\alpha_2$ -adrenoceptor selectivity conferred by  $\alpha$ -methyl substitution of norepinephrine has suggested that (*1R,2S*)-(-)-*erythro*- $\alpha$ -methyl-norepinephrine may bind to the  $\alpha_1$ - and  $\alpha_2$ -adrenoceptor through three and four points of attachment, respectively.<sup>101,102</sup> This is consistent with the observation that (*1R*)-(-)-norepinephrine is equipotent to (*1R,2S*)-(-)-*erythro*- $\alpha$ -methyl-norepi-

nephrine at the  $\alpha_1$ -adrenoceptor, whereas (*1R,2S*)-(-)-*erythro*- $\alpha$ -methyl-norepinephrine is significantly more potent than (*1R*)-(-)-norepinephrine at the  $\alpha_2$ -adrenoceptor.<sup>101</sup> On the basis of the similar enhancement of  $\beta_2$ -adrenoceptor potency by  $\alpha$ -methyl substitution of norepinephrine and epinephrine, it is possible that this receptor subtype may also possess a fourth binding site which accommodates the  $\alpha$ -methyl group.

**2.1.2. Other Directly Acting Phenethylamines.** Phenethanolamines bearing only one ring hydroxyl group, in either the meta (phenylephrine, metaraminol (**126**)) or para (octopamine (**127**), synephrine (**128**)) positions also show substantial enantioselectivity as  $\alpha_1$ -adrenoceptor agonists. In each case, the (-)-enantiomer



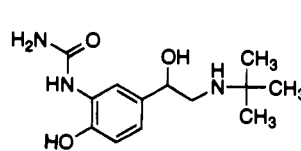
(126) Metaraminol (127) Octopamine



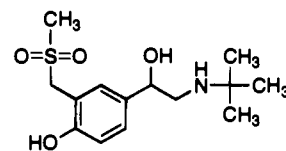
(128) Synephrine

is more potent than the (+)-enantiomer.<sup>103</sup> Enantiomeric selectivity ratios cannot be determined for most of these compounds, because the maximum responses produced by the (+)-enantiomers are typically not sufficient for determination of an ED<sub>50</sub>. Furthermore, it is important to perform these studies under conditions where an indirect effect resulting from the displacement of neuronal norepinephrine stores cannot contribute, (*i.e.*, in a reserpine-pretreated preparations) since the (+)-enantiomers are still capable of indirect activity (see below).<sup>102</sup>

Analogs of *N-tert*-butylnorepinephrine in which the *m*-hydroxyl group has been replaced by a ureido (carbuterol, **129**) or sulfonylalkyl (sulfoneterol, **130**) group have enantiomeric selectivity ratios of over 100-fold at the  $\beta_2$ -adrenoceptor, with the (-)-enantiomer being the more potent.<sup>104,105</sup> Although these agents show substantial selectivity for  $\beta_2$ - versus  $\beta_1$ -adrenoceptors, a similar degree of stereoselectivity is observed for the activation of the  $\beta_1$ -adrenoceptor.



(129) Carbuterol

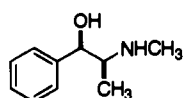
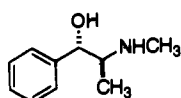


(130) Sulfoneterol

Methoxamine, which has two asymmetric centers, is one of the few phenylethanolamines to lack ring hydroxyl groups and still retain direct agonist activity at  $\alpha_1$ -adrenoceptors. As observed for  $\alpha$ -methyl-norepinephrine, the *erythro* form rather than the *threo* form is the configuration that is most active.<sup>106</sup> Although little data on the pharmacological activity of the methoxamine stereoisomers has been reported, (*1S,2R*)-(+)-*erythro*-methoxamine was found to be 30-fold less potent than the racemate as an  $\alpha_1$ -adrenoceptor agonist in the isolated rabbit aorta (Hieble, unpublished data). (*1R,2S*)-



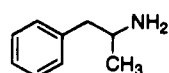
(-)-*erythro*-Ephedrine (**131**) has weak partial agonist activity at  $\alpha_1$ - and  $\beta_2$ -adrenoceptors.<sup>97</sup> The *1S,2R* (+)-*erythro* enantiomer is over 10-fold weaker as a  $\beta_2$ -adrenoceptor agonist and has substantially reduced potency and efficacy at the  $\alpha_1$ -adrenoceptor. Neither enantiomer of the *threo* configuration (pseudoephedrine, e.g., *1S,2S*-(+)-*threo*-ephedrine, **132**) has measurable activity as a directly acting  $\alpha_1$ -adrenoceptor agonist; however, as observed for  $\alpha$ -methylnorepinephrine, both enantiomers of pseudoephedrine can activate the  $\beta_2$ -adrenoceptor. There is no significant difference in potency between the *1R,2R* and *1S,2S* isomers, but the *1R,2R* enantiomer has greater intrinsic activity.<sup>97</sup>

(131) (*1R,2S*)-(-)-*erythro*-Ephedrine(132) (*1S,2S*)-(+)-*threo*-Ephedrine

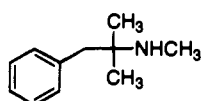
### 2.1.3. Indirectly Acting Phenethylamines.

As noted above, many phenethylamines have the ability to displace norepinephrine from its vesicular storage sites in adrenergic varicosities. This can result in an indirect stimulation of either  $\alpha$ - or  $\beta$ -adrenoceptors. It is difficult to establish structure-activity relationships for this indirect effect, since the magnitude of the indirect stimulation of the adrenoceptors is dependent upon other factors besides the ability of an amine to displace vesicular norepinephrine, including its ability to be transported across the neuronal membrane and its ability to block neuronal reuptake of norepinephrine. Furthermore, there may be different mechanisms for indirect sympathomimetic activity, dependent on both the structure of the indirect agonist and the tissue studied. Also, many phenethylamines can produce both direct and indirect adrenoceptor activation, making quantitation of each individual component difficult.

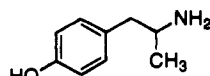
Most phenethylamines lacking the  $\beta$ -hydroxyl group have a significant indirect component to their adrenoceptor agonist activity. The indirect agonist activity of a deshydroxy analog is nearly always greater than that of the "inactive" enantiomer of the hydroxylated amine, perhaps as a consequence of more efficient neuronal uptake of the deshydroxy analog.<sup>96</sup> Phenethylamines with neither ring nor side-chain hydroxyl groups, such as amphetamine (**133**) and mephentermine (**134**), produce adrenoceptor activation exclusively through an indirect action. While some stereoselectivity is observed in the ability of the enantiomers of amphetamine to displace norepinephrine,<sup>107</sup> with the *S* (+)-enantiomer being more potent, the magnitude of the enantiomeric ratio is less than that observed for the directly acting phenylethanolamines. The (+)- and (-)-enantiomers of *p*-hydroxyamphetamine (**135**) were equipotent in pro-



(133) Amphetamine



(134) Mephentermine

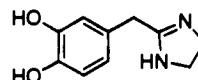
(135) *p*-Hydroxyamphetamine

ducing indirect activation of  $\alpha_1$ -adrenoceptors in the rat vas deferens.<sup>103</sup> The pressor activity of a series of nonphenolic amines, expected to act primarily *via* indirect stimulation of the  $\alpha$ -adrenoceptor, showed enantiomeric ratios of less than 4 in almost all cases.<sup>96</sup> Because the (+)-enantiomers of most phenolic phenylethanolamines show little direct  $\alpha_1$ -adrenoceptor agonist activity, the actions of these agents in intact rat vas deferens, which often have potencies and intrinsic activities that are comparable to that of the (-)-enantiomer, suggests that the (+)-analogs are effective indirect sympathomimetics.<sup>103</sup>

### 2.2. Comparison of the Configurational Requirements of Phenethylamines and Imidazolines as $\alpha$ -Adrenoceptor Agonists.

The two most widely studied structural classes of  $\alpha$ -adrenoceptor agonists are the phenethylamines and the imidazolines. This latter class can be further subdivided into the benzylimidazolines and (phenylamino)imidazolines (tautomeric with phenyliminoimidazolidines). Although it is clear that phenethylamines and imidazolines both can interact with  $\alpha_1$ - and  $\alpha_2$ -adrenoceptors, it also appears clear that their mode of interaction with the  $\alpha$ -adrenoceptors differs. The 3- or 4-point attachment of phenethylamines with the adrenoceptors, which is consistent with the Easson-Stedman hypothesis and data from recombinant adrenoceptors, does not apply to the imidazolines.

Although the presence of a  $\beta$ -hydroxyl group in the proper configuration (*R*) markedly enhances the affinity of a phenethylamine for the  $\alpha$ -adrenoceptor, the presence of a hydroxyl group on the corresponding benzylic carbon in a benzylimidazoline does not increase, but rather decreases, affinity for the receptor.<sup>15,108-110</sup> In these hydroxylated imidazolines, the absolute configuration of the asymmetric center has only a minor influence on receptor affinity,<sup>109</sup> in contrast to the 100-fold stereoselectivity commonly observed for the phenethylamines. Interestingly, although benzylic hydroxylation of 3,4-dihydroxytolazoline (**136**) decreases its



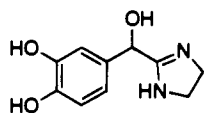
(136) 3,4-Dihydroxytolazoline

affinity for the  $\alpha_2$ -adrenoceptor, its efficacy at this receptor is substantially increased.<sup>109</sup> This increase in efficacy is observed with both *R* and *S* enantiomers of the hydroxylated analog, with the *R* enantiomer showing a 5.6-fold greater affinity than the *S* enantiomer. Hence, it is possible that benzylic hydroxylation enhances the ability of an imidazoline to activate the  $\alpha_2$ -adrenoceptor. As noted above, molecular biology studies have detected important differences in the site of interaction of agonists and antagonists with adrenoceptor proteins, and it is possible that hydroxylation of the imidazoline molecule in the benzylic position could selectively enhance its ability to interact with sites responsible for G-protein activation.

Although most imidazolines are highly selective for  $\alpha$ - versus  $\beta$ -adrenoceptors, the *R* enantiomer of  $\alpha,3,4$ -trihydroxytolazoline (**137**) (an imidazoline analog of



norepinephrine) had significant *in vivo* activity at both  $\beta_1$ - and  $\beta_2$ -adrenoceptors.<sup>109</sup> The *S* enantiomer and the



(137)  $\alpha,3,4$ -Trihydroxytolazoline

corresponding analog lacking the benzylic hydroxyl were 10–30-fold weaker than the *R* enantiomer, and the enantiomeric potency ratio was at least 30 at either the  $\beta_1$ - or  $\beta_2$ -adrenoceptor. Hence, in contrast to the results obtained in  $\alpha$ -adrenoceptor models, the imidazolines hydroxylated in the benzylic position appear to conform to the Easson–Stedman hypothesis when  $\beta$ -adrenoceptor-mediated responses are evaluated.

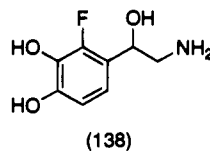
In some phenethylamines with complex arylalkyl substituents on the nitrogen atom, the configuration of an asymmetric center in the *N*-substituent can influence agonist activity at both  $\alpha_1$ - and  $\beta$ -adrenoceptors (*e.g.*, dobutamine, see Section 2.5.1. below). Alkyl substitution on carbon-3 of the imidazoline ring produces at least a 100-fold reduction in the affinity of benzylimidazolines for the  $\alpha_1$ -adrenoceptor.<sup>111</sup> In contrast to the phenethylamines, the configuration of this asymmetric center generated by this substitution does not influence affinity or efficacy for the  $\alpha_1$ -adrenoceptor.

**2.3. Conformational Requirements of the Adrenoceptors.** Norepinephrine, epinephrine, and other phenethylamine agonists of the  $\alpha$ - and  $\beta$ -adrenoceptors are flexible molecules capable of adopting many conformations. Because the lowest energy conformation of a molecule is not necessarily the one which will interact optimally with the receptor, studies on the conformations of these molecules have been used to relate structure to adrenoceptor agonist activity. To minimize steric interactions between nonbonding atoms, these molecules would be expected to adopt an anti-periplanar conformation. Physical studies with (*R*)-(-)-norepinephrine have shown that both in solution and in the crystalline state, this conformation is favored.

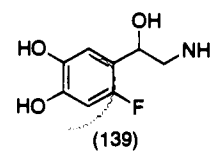
Most molecular modeling of adrenoceptor agonists assumes that the catecholamine ligand interacts with the receptor in a conformation approximating the anti-periplanar fully extended *trans* conformation. Many catecholamine analogs have been prepared in which the conformation of the side chain is fixed by incorporation into an aliphatic ring. While most of these compounds are less potent than the nonrigid catecholamines themselves, most likely due to the additional steric bulk of the aliphatic ring, all such data are consistent with the requirement for an anti-periplanar conformation for receptor interaction. Perhaps the most potent of these rigid analogs are the 2-amino-1,2,3,4-tetrahydronaphthalene derivatives (see Section 1.1 above).

The anti-periplanar conformation of phenethylamines can exist in two rotameric states, which have been designated as  $\alpha$  and  $\beta$ .<sup>112</sup> The particular rotamer required for receptor interaction appears to differ for the  $\alpha$ - and  $\beta$ -adrenoceptors. The adrenoceptor selectivity of the 2- and 6-fluoro analogs of norepinephrine differ dramatically. 2-Fluoronorepinephrine (**138**) is equipotent with norepinephrine at  $\beta$ -adrenoceptors but is 10–30-fold weaker at the  $\alpha$ -adrenoceptor. In contrast, 6-fluoronorepinephrine (**139**) is equipotent with nore-

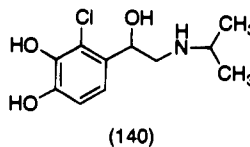
pinephrine at the  $\alpha$ -adrenoceptor, but is 10–100-fold weaker at the  $\beta$ -adrenoceptor.<sup>113</sup> Because 2- or 6-fluoro substitution of dopamine, or 5-fluoro substitution of norepinephrine, had little effect on activity at either  $\alpha$ - or  $\beta$ -adrenoceptors,<sup>113</sup> fluoro substitution of norepinephrine must be influencing adrenoceptor selectivity through stabilization of a particular rotameric conformation, possibly through an interaction between the halogen and  $\beta$ -hydroxyl group. The results of ring chlorination on the  $\beta$ -adrenoceptor agonist activity of isoproterenol and other *N*-substituted phenylethanolamines are consistent with the observations described above. 2-Chloroisoproterenol (**140**) is equipotent with isoproterenol as an agonist at  $\beta$ -adrenoceptors, whereas the 6-chloro analog (**141**) is approximately 30-fold less potent.<sup>114</sup> In contrast, ring methylation in the 2-position decreases the affinity of norepinephrine for  $\alpha_1$ -,  $\alpha_2$ -, and  $\beta_1$ -adrenoceptors by 100–200-fold (Hieble, unpublished data). These results suggest that the effects of halogen substitution on subtype selectivity of the catecholamines are due to electronic rather than steric effects.



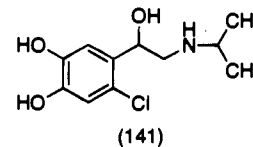
(138)



(139)



(140)



(141)

A difference in rotameric preference between  $\alpha$ - and  $\beta$ -adrenoceptors is also observed with the hydroxylated 2-aminotetrahydronaphthalenes. Although the nature of the amino substituent will influence the absolute potency at both the  $\alpha$ - and  $\beta$ -adrenoceptors, 6,7-dihydroxy substitution is consistently preferred for activity at the  $\alpha$ -adrenoceptor,<sup>112</sup> whereas 5,6-dihydroxy substitution favors agonist activity at  $\beta$ -adrenoceptors.<sup>115</sup>

As noted in Section 1.1, cyclized derivatives of methoxamine, such as SK&F 89748, are potent and selective agonists of the  $\alpha_1$ -adrenoceptor. The enantiomers of SK&F 89748 have been resolved and examined for  $\alpha_1$ -adrenoceptor agonist activity in the isolated rabbit ear artery. An enantiomeric potency ratio of approximately 7 was observed, with the *S* enantiomer being more potent.<sup>19</sup> While this degree of stereoselectivity is less than that observed with phenethylamines having an asymmetric  $\beta$ -carbon atom, it is greater than that observed at the  $\alpha_1$ -adrenoceptor for  $\alpha$ -methyldopamine, which has asymmetry at a position corresponding to that in SK&F 89748, and is comparable to the value obtained for this catecholamine at the  $\alpha_2$ -adrenoceptor, where the *S* enantiomer is 9-fold more potent than the *R* enantiomer.<sup>100</sup>

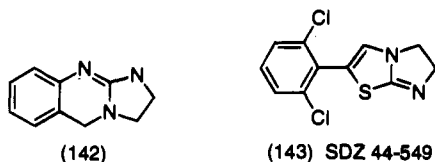
Conformational requirements for the interaction of imidazolines with the adrenoceptors are less clearly understood. The most energetically stable conformation of the imidazoline agonists appears to be one in which the planes of the imidazoline and aromatic rings are perpendicular to one another.<sup>116</sup> This conformation of an imidazoline would place one nitrogen atom of the imidazoline ring and the aromatic ring in a relative

**Table 5.**  $\alpha$ -Adrenoceptor Selectivity of Yohimbine and Related Alkaloids

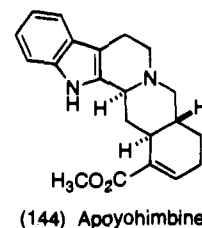
compound	structural series	adrenoceptor selectivity
yohimbine	normal	$\alpha_2 \gg \alpha_1$
apoyohimbine	normal	$\alpha_2 > \alpha_1$
corynanthine	normal	$\alpha_1 \gg \alpha_2$
$\beta$ -yohimbine	normal	$\alpha_2 > \alpha_1$
yohimbol	normal	$\alpha_2 > \alpha_1$
raubasine	normal	$\alpha_1 > \alpha_2$
rauwolscine	allo	$\alpha_2 \gg \alpha_1$
tetrahydroalstonine	allo	$\alpha_2 \gg \alpha_1$
pseudoyohimbine	pseudo	<i>a</i>
<i>epi</i> -3 $\alpha$ -yohimbine	epiallo	<i>a</i>
akuammigine	epiallo	<i>a</i>

<sup>a</sup> No pharmacologically significant functional activity at either  $\alpha_1$ - or  $\alpha_2$ -adrenoceptors (Weitzell *et al.*, 1979<sup>124</sup>).

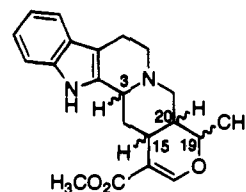
orientation similar to that of the phenethylamines in the antiperiplanar conformation, although other structural elements would still differ between the two classes. The preference for perpendicular aromatic and imidazoline rings is consistent with the ability of *ortho* substituents to enhance the affinity of imidazolines for the  $\alpha$ -adrenoceptor. Because similar enhancement is observed with halogen or alkyl substituents in these positions,<sup>117</sup> the effect is likely to be steric, rather than electronic. Although unsubstituted (phenylamino)- and benzylimidazolines may preferentially assume a solution conformation where the phenyl and imidazoline rings are mutually perpendicular,<sup>118,119</sup> the presence of *ortho* substituents could force the molecule into this conformation. An imidazoline analog in which the phenyl and imidazoline rings are fused into a planar orientation (142) lacks activity at central  $\alpha_2$ -adrenoceptors, whereas a clonidine analog, Sandoz 44-549 (143), containing the 2,6-dichlorophenyl ring linked to a fused imidazo[2,1-*b*]thiazole, is extremely potent as a central  $\alpha_2$ -adrenoceptor agonist.<sup>120</sup> However, the affinity of these fused imidazoline analogs for  $\alpha$ -adrenoceptors has apparently not been directly determined, and other molecular alterations to favor or force a particular conformation have not been studied in detail for the imidazolines.



**2.4. Relationship between Configuration and Subtype Selectivity of Yohimbine Alkaloids and Congeners as  $\alpha$ -Adrenoceptor Antagonists.** Although several alkaloid families have  $\alpha$ -adrenoceptor antagonist activity, such as the ergots, berbanes,<sup>46</sup> and aporphines,<sup>121</sup> the only family studied extensively to date has been the yohimbanes. These alkaloids are complex polycyclic structures with five asymmetric centers. Three diastereoisomers, yohimbine, rauwolscine, and corynanthine, have been characterized extensively as  $\alpha$ -adrenoceptor antagonists; limited data are available on a few of the remaining possible stereoisomers and on a dehydrated analog, apoyohimbine (144). Several related alkaloids (heteroyohimbines) (145–147) have been isolated from the same sources as yohimbine and also have  $\alpha$ -adrenoceptor antagonist activity.



(144) Apoyohimbine



- (145) Raubasine (Stereochemistry: 3 $\alpha$ , 15 $\alpha$ , 19 $\alpha$ , 20 $\beta$ )<sup>a</sup>  
 (146) Akuammigine (Stereochemistry: 3 $\beta$ , 15 $\alpha$ , 19 $\alpha$ , 20 $\alpha$ )  
 (147) Tetrahydroalstonine (Stereochemistry: 3 $\alpha$ , 15 $\alpha$ , 19 $\alpha$ , 20 $\alpha$ )

<sup>a</sup>For stereochemical conventions see Lambert *et al.*, (123)

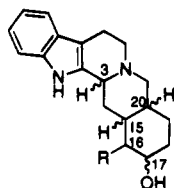
On the basis of the stereochemistry of the ring junctions, the known yohimbine alkaloids can be divided into four classes, designated as normal, pseudo, allo and epiallo.<sup>122,123</sup> Examples of each series has been tested for  $\alpha_1$ - and  $\alpha_2$ -adrenoceptor antagonist affinity (Tables 5 and 6). Examples of the normal series include yohimbine, corynanthine,  $\beta$ -yohimbine (148), and raubasine. The position of the carbomethoxy substituent at position 16 appears to be an important factor in the determination of affinity for the  $\alpha_2$ -adrenoceptor. Corynanthine, the 16-epimer of yohimbine, had essentially no functional activity as a prejunctional  $\alpha_2$ -adrenoceptor antagonist, while epimerization of the 17-hydroxyl group ( $\beta$  yohimbine) did not substantially reduce  $\alpha_2$ -adrenoceptor antagonist activity. Removal of the 16-substituent (yohimbol) (149) reduces, but does not eliminate, antagonist activity at the prejunctional  $\alpha_2$ -adrenoceptor.<sup>124</sup> These structural alterations had little effect on  $\alpha_1$ -adrenoceptor antagonist activity, with only a 4-fold difference in affinity being observed between the most potent (corynanthine) and least potent (yohimbol) antagonist. The selectivity of yohimbine and corynanthine for  $\alpha_2$ -adrenoceptors and respectively  $\alpha_1$ -adrenoceptors has been confirmed in a variety of *in vitro* and *in vivo* functional assays. Apoyohimbine, in which the carbomethoxy group is attached to a  $sp^2$ -hybridized carbon atom, and hence is close to the molecular plane, was found to be more potent than yohimbine as a functional antagonist at both  $\alpha_1$ - and  $\alpha_2$ -adrenoceptors, but with somewhat less  $\alpha_2$ -adrenoceptor selectivity.<sup>125</sup> Raubasine, a heteroyohimbine analog with similar stereochemistry to apoyohimbine with respect to both the carbomethoxy substituent and molecular backbone, has been found to be a moderately potent antagonist *in vitro* at both  $\alpha_1$ - and  $\alpha_2$ -adrenoceptors in the rat vas deferens, with 3-fold selectivity for the  $\alpha_1$ -adrenoceptor,<sup>126</sup> however, *in vivo* testing of this analog in the pithed rat showed marked selectivity for the  $\alpha_1$ -adrenoceptor.<sup>127</sup>

The alkaloids noted above all have a near planar orientation of the molecular backbone. Changing the stereochemistry of the ring junction at C<sub>3</sub> results in molecules in which the molecular plane markedly deviates from planarity. Compounds with a  $\beta$  orientation of the hydrogen at this ring junction (pseudo and epiallo series) (150, 151) have very low affinity for both  $\alpha_1$ - and

Table 6. Affinity<sup>a</sup> of Yohimbine Alkaloids for Cloned  $\alpha$ -Adrenoceptor Subtypes

compound	$\alpha_{1a}$	$\alpha_{1b}$	$\alpha_{1d}$	$\alpha_{2a}$	$\alpha_{2b}$	$\alpha_{2c}$	$\alpha_{2d}$
yohimbine	1057 (1)	966 $\pm$ 289 (3)	289 (1)	7.5 $\pm$ 3.6 (5)	4.6 $\pm$ 1.2 (7)	2.3 $\pm$ 0.4 (8)	45 $\pm$ 7 (4)
rauwolscine	4400 (2)	2270 (2)	1320 (2)	4.6 $\pm$ 1.5 (5)	4.7 $\pm$ 1.4 (8)	1.0 $\pm$ 0.2 (8)	40 $\pm$ 10 (3)
corynanthine	142 (1)	517 (1)	253 (1)	1218 (2)	455 $\pm$ 172 (4)	161 $\pm$ 31 (5)	1250 (1)
raubasine	ND	ND	ND	8.2 (2)	14.5 (1)	5.0 (1)	289 (1)
akuammigine	ND	ND	ND	106 (2)	116 (1)	28 (1)	1210 (1)

<sup>a</sup>  $K_i$  values (nM) for inhibition of [<sup>3</sup>H]prazosin or [<sup>3</sup>H]rauwolscine binding to recombinant  $\alpha_1$ - and  $\alpha_2$ -adrenoceptors, respectively. Affinity for  $\alpha_{1D}$ -adrenoceptors determined using rat (corynanthine, Lomasney *et al.*, 1991;<sup>307</sup> Saussy *et al.*, 1994<sup>146</sup>) or human (Hieble, unpublished data) receptors. Affinity for  $\alpha_{1B}$ -adrenoceptors determined using rat (rauwolscine, corynanthine, Lomasney *et al.*, 1991<sup>307</sup>), hamster (yohimbine, Ramarao *et al.*, 1992;<sup>308</sup> rauwolscine, Saussy *et al.*, 1994<sup>146</sup>), or human (yohimbine, Ramarao *et al.*, 1992;<sup>308</sup> Hieble, unpublished data) receptors. Affinity for  $\alpha_{1A}$ -adrenoceptors determined using bovine (corynanthine, rauwolscine, Lomasney *et al.*, 1991;<sup>309</sup> Saussy *et al.*, 1994<sup>146</sup>) or human (yohimbine, Hieble, unpublished data) receptors. Affinity for  $\alpha_{2A}$ -,  $\alpha_{2B}$ -, and  $\alpha_{2C}$ -adrenoceptors using rat, mouse, or human receptors (data from Devedjian *et al.*, 1994;<sup>310</sup> Bylund *et al.*, 1992;<sup>311</sup> Uhlen *et al.*, 1992;<sup>300</sup> Link *et al.*, 1992;<sup>312</sup> Xia *et al.*, 1993;<sup>304</sup> Voigt *et al.*, 1991;<sup>304</sup> Harrison *et al.*, 1991;<sup>304</sup> Chruscinski *et al.*, 1992;<sup>314</sup> Lanier *et al.*, 1991;<sup>299</sup> Weinshank *et al.*, 1990;<sup>316</sup> Marjamaki *et al.*, 1993;<sup>301</sup> Flordellis *et al.*, 1991;<sup>317</sup> Blaxall *et al.*, 1994;<sup>313</sup> and Lomasney *et al.*, 1991<sup>309</sup>). Affinity for  $\alpha_{2D}$ -adrenoceptors determined using rat (Lanier *et al.*, 1991;<sup>299</sup> Harrison *et al.*, 1991;<sup>305</sup> Blaxall *et al.*, 1994<sup>313</sup>) or mouse (Link *et al.*, 1992;<sup>312</sup> Blaxall *et al.*, 1994<sup>313</sup>) receptors. The number of reported values used in calculation of each mean  $K_i$  values is denoted in parentheses.



(148)  $\beta$ -Yohimbine (R = CO<sub>2</sub>CH<sub>3</sub>; Stereochemistry: 3 $\alpha$ , 15 $\alpha$ , 16 $\alpha$ , 17 $\beta$ , 20 $\beta$ )<sup>a</sup>

(149) Yohimboi (R = H; Stereochemistry: 3 $\alpha$ , 15 $\alpha$ , 17 $\alpha$ , 20 $\beta$ )

(150) Pseudoyohimbine (R = CO<sub>2</sub>CH<sub>3</sub>; Stereochemistry: 3 $\beta$ , 15 $\alpha$ , 16 $\alpha$ , 17 $\alpha$ , 20 $\beta$ )

(151) Epi-3 $\alpha$ -Yohimbine (R = CO<sub>2</sub>CH<sub>3</sub>; Stereochemistry: 3 $\beta$ , 15 $\alpha$ , 16 $\beta$ , 17 $\alpha$ , 20 $\alpha$ )

<sup>a</sup>For stereochemical conventions see Lambert *et al.*, (123)

$\alpha_2$ -adrenoceptors.<sup>124,126</sup> Introduction of bulky substituents at C<sub>14</sub> of yohimbine, which would be expected to disrupt the planarity of the molecule, abolishes affinity for both  $\alpha$ -adrenoceptor subtypes.<sup>128</sup> Interestingly, introduction of a hydroxyl group at this position reduces the affinity of yohimbine for the  $\alpha_2$ -adrenoceptor (by 275-fold) to a much greater degree than for the  $\alpha_1$ -adrenoceptor (6-fold reduction), resulting in an antagonist having essentially equal affinity for the two  $\alpha$ -adrenoceptor subtypes.

However, if the stereochemistry is changed only at C<sub>20</sub> (allo series), potency and selectivity for the  $\alpha_2$ -adrenoceptor is retained. In most models, rauwolscine is even more selective than yohimbine as an  $\alpha_2$ -adrenoceptor antagonist, generally as a consequence of reduced  $\alpha_1$ -adrenoceptor antagonist activity. Rauwolscine has been widely utilized for characterization of  $\alpha$ -adrenoceptor-mediated responses and, when radiolabelled, as a ligand in radioligand binding assays. Although less extensively characterized, the corresponding heteroyohimbine analog in the allo series, tetrahydroalstonine, also appears to be a potent and selective  $\alpha_2$ -adrenoceptor antagonist in both *in vitro*<sup>126</sup> and *in vivo*<sup>127</sup> models. It is interesting to note that although the position of the 16-carbomethoxy substituent markedly influences affinity for the  $\alpha_2$ -adrenoceptor in the normal series (*e.g.*, yohimbine versus corynanthine), the marked change in orientation predicted by changing the stereochemistry of the ring bearing this substituent does not influence  $\alpha_2$ -adrenoceptor affinity (*e.g.*, yohimbine versus rauwolscine). It has been suggested, however, that the spatial positions of the carbomethoxy groups in yohimbine and rauwolscine are similar, despite the different stereochemistry of the ring junction.<sup>129</sup>

In contrast to  $\alpha_1$ - versus  $\alpha_2$ -adrenoceptor selectivity, relatively little is known of the effects of stereochemistry on the selectivity of yohimbine alkaloids between sub-

types of each of the major  $\alpha_2$ -adrenoceptor classes. Determination of affinity of these compounds for expressed recombinant  $\alpha$ -adrenoceptors, using radioligand binding assays, confirms the selectivity of yohimbine and rauwolscine for  $\alpha_2$ - versus  $\alpha_1$ -adrenoceptors (Table 6). Interestingly, although corynanthine shows a high degree of functional selectivity for  $\alpha_1$ - versus  $\alpha_2$ -adrenoceptors, especially *in vivo*,<sup>32</sup> binding affinities for the recombinant receptors show little selectivity for corynanthine between  $\alpha_1$ - and  $\alpha_2$ -adrenoceptors, although the  $\alpha_2$ -adrenoceptor affinity is much lower than that of yohimbine and rauwolscine.

**2.5. Relationship between Stereochemistry and Pharmacological Profile in Agents Having Multiple Pharmacologic Actions. 2.5.1. Agents Interacting with Multiple Adrenoceptors.** Because the structure-activity relationships for interaction of agonists and antagonists with  $\alpha$ - and  $\beta$ -adrenoceptors are well understood (although clearly more is known regarding the  $\beta$ -adrenoceptor), it is possible to design agents capable of interaction with both adrenoceptor subtypes. This is accomplished by combining multiple pharmacophores in a single molecule. If one or more of these pharmacophores contain an asymmetric center, alterations in stereochemistry can result in a qualitative change in the pharmacologic profile of the drug. Several compounds of this type are currently in use as therapeutic agents, including dobutamine, an  $\alpha$ -/ $\beta$ -adrenoceptor agonist, and labetalol and carvedilol,  $\alpha$ -/ $\beta$ -adrenoceptor antagonists.

**2.5.1.1. Dobutamine.** Dobutamine, an analog of dopamine bearing a complex arylalkyl substituent on the nitrogen atom, activates both  $\alpha$ - and  $\beta$ -adrenoceptors. Compared to dopamine, racemic dobutamine is approximately 100-fold more potent as an  $\alpha_1$ -adrenoceptor agonist in rat aorta, 200-fold more potent as a  $\beta_1$ -adrenoceptor agonist in reserpine-pretreated guinea pig atria, and 10-fold more potent as a  $\beta_2$ -adrenoceptor agonist in rat uterus. Dobutamine is approximately 3-fold more potent than dopamine as an  $\alpha_2$ -adrenoceptor agonist in the field-stimulated guinea pig ileum, although both compounds are quite weak at this receptor subtype.<sup>130</sup> Dobutamine is a full agonist at the  $\beta$ -adrenoceptor, but a partial agonist, with intrinsic activity ranging from 0.4 to 0.9, in *in vitro*  $\alpha_1$ -adrenoceptor models. Dobutamine has equivalent affinity for  $\beta_1$ - and  $\beta_2$ -adrenoceptors.<sup>131</sup>

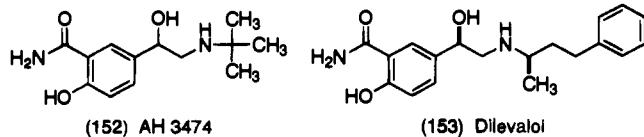
The nitrogen substituent of dobutamine contains one asymmetric center, immediately adjacent to the nitro-

gen atom. When the adrenoceptor activity of the two dobutamine enantiomers was determined, (+)-dobutamine was found to be 10-fold more potent than the (-)-enantiomer as a  $\beta$ -adrenoceptor agonist.<sup>132</sup> It is interesting that the configuration of the nitrogen substituent influences affinity for the  $\beta$ -adrenoceptor, although not to as great a degree as that of the key  $\beta$ -hydroxyl group present in many phenethylamines, which must be in the *R* configuration for any significant receptor affinity. The addition of this N-substituent increases the affinity for  $\beta$ -adrenoceptors by approximately 100-fold, as determined in radioligand binding assays comparing dopamine to racemic dobutamine.<sup>130</sup> Therefore, this substituent, even in the (-)-enantiomer, will have a favorable effect on the interaction with the  $\beta$ -adrenoceptor.

The affinity of the two enantiomers of dobutamine for  $\alpha_1$ -adrenoceptors in the rat aorta were equal; however, only the (-)-enantiomer had agonist activity, whereas the (+)-enantiomer acted as a competitive antagonist against phenylephrine-induced contraction. It is not known which portion of the dobutamine molecule interacts with the  $\alpha_1$ -adrenoceptor, but the amino nitrogen is clearly a key element, and changing the configuration near this atom must influence its ability to induce the conformational change required for second messenger activation, without affecting affinity for the receptor.

Hence the two dobutamine enantiomers have a markedly different pharmacologic profiles, with (+)-dobutamine being a  $\beta$ -adrenoceptor agonist/ $\alpha_1$ -adrenoceptor antagonist, and (-)-dobutamine a partial  $\alpha_1$ -adrenoceptor agonist/ $\beta$ -adrenoceptor agonist.  $\alpha_1$ -Adrenoceptor stimulation has been shown to contribute to the inotropic activity of (-)-dobutamine.<sup>133</sup> It is likely that the inotropic versus chronotropic selectivity observed with the clinically employed racemic mixture of dobutamine, as well as its ability to produce cardiac stimulation without a marked increase or decrease in blood pressure, results from a summation of the actions of the two enantiomers.<sup>25,133</sup>

**2.5.1.2. Labetalol.** Labetalol has some structural similarity to dobutamine, with both molecules being phenethylamine analogs having 1-methyl-3-arylpropyl substituents on the nitrogen atom. Their pharmacology differs, however, with labetalol being an antagonist at both  $\alpha$ - and  $\beta$ -adrenoceptors. In addition to introducing  $\alpha$ -adrenoceptor antagonist activity, this arylalkyl substituent appears to augment affinity for the  $\beta$ -adrenoceptor, since labetalol is substantially more potent as a  $\beta$ -adrenoceptor antagonist than AH 3474 (**152**),<sup>134</sup> the corresponding phenethylamine with a *tert*-butyl substituent on the nitrogen.



Labetalol has two asymmetric centers, and the form used clinically is an equal mixture of the two diastereomeric pairs. The *R,R* enantiomer (dilevalol) (**153**) is 3–4 times more potent than labetalol as a  $\beta$ -adrenoceptor antagonist *in vivo* and *in vitro*,<sup>135,136</sup> as predicted, the enantiomers with the *S* configuration at the  $\beta$ -carbon atom are at least 67-fold less potent as  $\beta$ -adreno-

ceptor antagonists.<sup>136</sup> Interestingly, the *R,S* isomer has 20–100-fold lower affinity than the *R,S* isomer for the  $\beta$ -adrenoceptor,<sup>136</sup> showing that, as observed for dobutamine, the configuration of an asymmetric center on the N-substituent can influence affinity for the  $\beta$ -adrenoceptor.

The *S,R* stereoisomer of labetalol is at least 10-fold more potent as an  $\alpha_1$ -adrenoceptor antagonist than any of the other three stereoisomers.<sup>136</sup> However, unlike carvedilol (see below), the portions of the labetalol molecule that contribute to  $\alpha$ - and  $\beta$ -adrenoceptor antagonist activity cannot be clearly identified, since the configuration at one symmetric center influences the effect of changes in stereochemistry at the other on the pharmacological profile. However, as observed for dobutamine, the pharmacological profile of labetalol observed clinically is derived from several enantiomers. Interestingly, although lacking potent  $\alpha_1$ -adrenoceptor antagonist activity, dilevalol has a vasodilator component in its activity that is not observed with labetalol.<sup>137,138</sup> This vasodilator action may result from subtype selective intrinsic sympathomimetic activity of dilevalol at the  $\beta_2$ -adrenoceptor.<sup>138</sup>

Dilevalol was developed and briefly marketed as a novel antihypertensive drug, but was subsequently withdrawn due to liver toxicity.<sup>139</sup> This toxicity is not observed with labetalol, suggesting that a toxic effect of the pure *R,R* stereoisomer may be counteracted by one of other enantiomers present in labetalol.

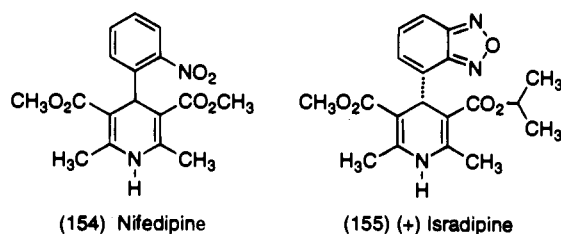
**2.5.1.3. Carvedilol.** Carvedilol, like labetalol, is a mixed  $\alpha$ -/ $\beta$ -adrenoceptor antagonist. However, there are several significant differences. Unlike labetalol, the structural elements contributing to the  $\alpha$ - and  $\beta$ -adrenoceptor blockade of carvedilol can clearly be differentiated. Carvedilol was derived from carazolol, an extremely potent ( $K_B < 100$  pM)  $\beta$ -adrenoceptor antagonist. In contrast to labetalol, where the arylalkyl substituent contributes to  $\beta$ -adrenoceptor affinity, replacing the *N*-isopropyl substituent of carazolol with the arylalkyl group found in carvedilol reduces the  $\beta$ -adrenoceptor antagonist potency more than 10-fold; even so, carvedilol is still comparable in potency at  $\beta_1$ - and  $\beta_2$ -adrenoceptors to propranolol and most other clinically utilized  $\beta$ -adrenoceptor antagonists. The arylalkyl N-substituent of carvedilol contains the 2-methoxyphenyl element found in many  $\alpha$ -adrenoceptor antagonists, and provides affinity for the  $\alpha$ -adrenoceptor.

Carvedilol possesses only one asymmetric center, existing on the  $\beta$ -carbon of the (aryloxy)propanolamine element. As observed for all members of this structural class, the *S* enantiomer has 50-fold higher affinity than the *R* enantiomer for the  $\beta$ -adrenoceptor.<sup>140</sup> The two enantiomers of carvedilol are essentially equipotent as  $\alpha_1$ -adrenoceptor antagonists, showing that the configuration of the alkylcarbazole substituent does not influence interaction with this receptor. This differs from labetalol, where the configuration of the phenylethanolamine  $\beta$ -carbon atom has a significant effect on  $\alpha$ -adrenoceptor antagonist activity,<sup>136</sup> and tamsulosin (YM-617), a highly potent  $\alpha_1$ -adrenoceptor antagonist, where there is a 100-fold potency difference between enantiomeric configurations of the carbon atom adjacent to the amino nitrogen.<sup>5</sup> This suggests that the phenylethanolamine or  $\alpha$ -methylphenethylamine elements of labetalol and tamsulosin, respectively, play a more sig-

nificant role in binding to the  $\alpha$ -adrenoceptor than the alkyl carbazole moiety of carvedilol, which may influence  $\alpha$ -adrenoceptor affinity merely as a large lipophilic N-substituent.

Since carvedilol shows stereoselective interaction with  $\beta$ -, but not  $\alpha$ -adrenoceptors, the  $\alpha/\beta$ -potency ratio, and therefore the clinical profile of the drug, will vary substantially between either enantiomer and the racemic mixture. Indeed, (*R*)-carvedilol would act as an  $\alpha$ -adrenoceptor antagonist, in contrast to the preferential  $\beta$ -adrenoceptor antagonist activity of the racemic mixture or *S* enantiomer.

**2.5.2. Dihydropyridines Having Adrenoceptor Antagonist Activity.** **2.5.2.1. Niguldipine.** The attachment of an arylalkylamine side chain to the dihydropyridine nucleus results in a compound having high affinity for  $\alpha_1$ -adrenoceptors, in addition to potent calcium channel blocking activity. As with other dihydropyridines, such as nifedipine (**154**), the *S* enantiomer of niguldipine is the more potent calcium channel antagonist, as reflected by 45-fold higher affinity for the [ $^3\text{H}$ ]-(+)-isradipine (**155**) binding site.<sup>141</sup> The configu-



ration of this asymmetric center also can influence the  $\alpha_1$ -adrenoceptor selectivity of niguldipine, with the *S* enantiomer having much greater  $\alpha_{1A}$ - versus  $\alpha_{1B}$ -adrenoceptor selectivity.<sup>141</sup> A similar pattern is seen with several niguldipine analogs, where the (-)-enantiomers had 50–100-fold higher affinity for the  $\alpha_{1A}$  adrenoceptor than the (+)-enantiomer, while affinity of the enantiomers for the other  $\alpha_1$ -adrenoceptor subtypes differed by <10-fold, and affinity for the  $\alpha_2$ -adrenoceptors was unaffected by stereochemical configuration.<sup>73</sup> Hence, although most dihydropyridines have no significant affinity for the  $\alpha_1$ -adrenoceptors, the dihydropyridine moiety of niguldipine must play an important role in its interaction with the  $\alpha$ -adrenoceptor. (*S*)-Niguldipine has become an important pharmacological tool for characterization of  $\alpha_1$ -adrenoceptor subtypes, being one of the most selective antagonists for the  $\alpha_{1A}$ -adrenoceptor versus either of the other two subtypes, as demonstrated in studies with recombinant  $\alpha_1$ -adrenoceptors.<sup>72,142</sup> Niguldipine has also been used as a prototype for even more selective  $\alpha_{1A}$ -adrenoceptor antagonists, *e.g.*, SNAP 5089 and its analogs.<sup>73,74</sup>

**2.5.2.2. YM-15430.** Attachment of the phenoxypropanolamine and dihydropyridine moieties through a methylene linkage results in a compound combining  $\beta$ -adrenoceptor antagonist activity and calcium channel blockade. As expected, the enantiomers with the dihydropyridine asymmetric center in the *S* configuration were substantially more potent as calcium channel blockers, and the *S* configuration of the phenoxypropanolamine center favored  $\beta$ -adrenoceptor antagonist activity.<sup>27</sup> However, it was interesting to note that in the compounds with (*S*)-dihydropyridine centers the configuration of the phenoxypropanolamine center had

only a small effect on  $\beta$ -adrenoceptor antagonist activity, with the isomer with this center in the optimal *S* configuration being only 3-fold more potent. In the isomers with an *R* configuration of the dihydropyridine, the *S* configuration of the phenoxypropanolamine resulted in 45-fold greater affinity for the  $\beta$ -adrenoceptor,<sup>27</sup> a potency ratio more consistent with that observed in other (aryloxy)propanolamine  $\beta$ -adrenoceptor antagonists. Hence, as observed with the interaction of niguldipine with the  $\alpha_1$ -adrenoceptor, the configuration of the dihydropyridine appears to influence the interaction of the phenoxypropanolamine moiety with the  $\beta$ -adrenoceptor. It is also interesting to note that the *S,S* isomer of YM-15430 (YM-15430-1) has 100-fold selectivity for  $\beta_1$ - versus  $\beta_2$ -adrenoceptors,<sup>27</sup> since it is unusual for phenoxypropanolamines without a ring substituent to show this pattern of subtype selectivity.<sup>2</sup>

### 3. New Therapeutic Applications

For several decades, there has been intense interest in the development of drugs interacting with  $\alpha$ - and  $\beta$ -adrenoceptors as therapeutic agents for a variety of indications. Most of this effort has been concentrated on hypertension, where  $\alpha_1$ -adrenoceptor antagonists, centrally acting  $\alpha_2$ -adrenoceptor agonists, and  $\beta$ -adrenoceptor antagonists have been found to be effective. Likewise, interest has also focused on bronchospastic diseases, such as asthma, where  $\beta$ -adrenoceptor agonists remain one of the most important modes of therapy. Other diverse therapeutic applications have been established, including  $\beta$ -adrenoceptor antagonists in glaucoma,  $\alpha$ -adrenoceptor agonists as nasal decongestants, and centrally active  $\alpha_2$ -adrenoceptor agonists for symptomatic relief of opiate withdrawal. These established therapeutic applications will not be discussed here in detail; for reviews on these subjects, see Hieble and Ruffolo<sup>25,143</sup> and Ruffolo *et al.*<sup>102</sup> Despite the duration and extent of research into the therapeutic applications of adrenoceptor agonists and antagonists, there is still active interest in several newer applications, and in the optimization of therapeutic profiles for others, based on the recent refinement of adrenoceptor subclassification.

**3.1. Hypertension.** Since it has long been known that  $\alpha$ -adrenoceptor activation will contract isolated blood vessels and increase blood pressure when administered to an anesthetized or conscious animal,  $\alpha$ -adrenoceptor blockade was one of the first pharmacological approaches to the treatment of hypertension. While the nonselective agents such as phentolamine and phenoxybenzamine were not highly efficacious, the development of selective  $\alpha_1$ -adrenoceptor antagonists, prazosin being the prototype, has led to widespread use of these agents as antihypertensive drugs. Several  $\alpha_1$ -adrenoceptor antagonists, such as terazosin and doxazosin, are currently available for once-daily treatment of hypertension.

It appears that the  $\alpha_1$ -adrenoceptor subtype responsible for vascular contraction depends on both the location of the blood vessel and the species from which it is obtained. While multiple  $\alpha_1$ -adrenoceptor subtypes may contribute to the contractile response, there appear to be vascular beds responding primarily to  $\alpha_{1A}$ - (rat renal vasculature<sup>144</sup>),  $\alpha_{1B}$ - (rabbit aorta<sup>145</sup>), and  $\alpha_{1D}$ -

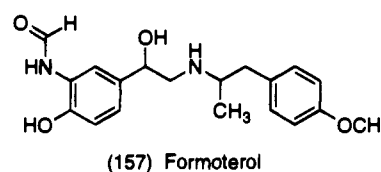
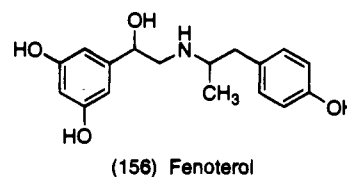
adrenoceptors (rat aorta<sup>146,147</sup>). The contribution of additional  $\alpha_1$ -adrenoceptor subtypes, *i.e.*, the prazosin-resistant  $\alpha_1$ -adrenoceptors characterized by Muramatsu *et al.*,<sup>145</sup> to vascular contraction appears likely. The magnitude of this contribution can also vary depending on species and vascular bed. Studies in human aorta show the presence of mRNA for both  $\alpha_{1B}$ - and  $\alpha_{1D}$ -adrenoceptors, with little or no  $\alpha_{1A}$ -mRNA.<sup>72,148,149</sup> However, based on mRNA distribution, the  $\alpha_{1A}$ -adrenoceptor appears to be the predominant subtype in human vena cava.<sup>148</sup> While the  $\alpha_1$ -adrenoceptor subtype(s) responsible for blood pressure regulation in the intact animal is still unclear, it appears that it may be possible to block  $\alpha_1$ -adrenoceptors in a specific vascular bed without influencing systemic blood pressure.<sup>150</sup>

$\alpha_2$ -Adrenoceptors are also present on blood vessels and can mediate vasoconstriction.  $\alpha_2$ -Adrenoceptor-mediated vasoconstriction appears to play an important functional role in the cutaneous circulation,<sup>151-153</sup> in small arteries, including those isolated from human tissue<sup>154</sup> and in saphenous veins.<sup>23,155,156</sup> Many studies have demonstrated  $\alpha_2$ -adrenoceptor-mediated pressor responses in pithed rats.<sup>157,158</sup> mRNA for all three  $\alpha_2$ -adrenoceptor subtypes is found in human aorta, with the  $\alpha_{2C}$ -adrenoceptor being the predominant subtype.<sup>159</sup> Interestingly, a recent report suggests that  $\alpha_2$ -adrenoceptor-mediated contraction of the caudal artery is mediated by the  $\alpha_{2C}$ -adrenoceptor subtype.<sup>160</sup> It has been suggested that vascular  $\alpha_2$ -adrenoceptors are selectively activated in hypertensive animals,<sup>161,162</sup> but  $\alpha_2$ -adrenoceptor blockade has not been evaluated as an approach to antihypertensive therapy.

$\beta$ -Adrenoceptor antagonists have been utilized clinically as antihypertensive agents for several decades. Both mixed  $\beta_1/\beta_2$ -adrenoceptor antagonists and selective  $\beta_1$ -adrenoceptor antagonists are effective. Sparing of pulmonary  $\beta_2$ -adrenoceptors by the selective  $\beta_1$ -adrenoceptor antagonists results in fewer bronchospastic side effects, offering a therapeutic advantage to this class. Activation of vascular  $\beta_1$ - and/or  $\beta_2$ -adrenoceptors will result in vasodilation *in vivo* or relaxation of spasmogen-induced vascular tone in isolated preparations. Hence, blockade of vascular  $\beta$ -adrenoceptors is unlikely to be involved in the antihypertensive efficacy of  $\beta$ -adrenoceptor antagonists. Despite the extensive use of these drugs, and the basic research directed toward understanding their antihypertensive action, the mechanism for the blood pressure reduction is still unknown. Some proposed mechanisms include the following: reduction in cardiac output; central nervous system effects to decrease sympathetic outflow; reduction in renin secretion; decreases in plasma volume; resetting of baroreceptors; reduction in the vasopressor effects of stress-induced catecholamine release; decreased peripheral neurotransmitter release as a result of blockade of facilitory prejunctional  $\beta$ -adrenoceptors. None of these individual mechanisms will explain the effects of all  $\beta$ -adrenoceptor antagonists on blood pressure. However, it is likely that several of these putative mechanisms contribute to the clinical effects, with the contribution of each varying between the individual compounds.<sup>163</sup>

**3.2. Asthma.** Inhalant therapy with adrenoceptor agonists has been employed for asthma and other bronchospastic conditions for nearly a century. The

agents used have become increasingly selective, from epinephrine ( $\alpha$ - and  $\beta$ -adrenoceptor agonist) to isoproterenol ( $\beta$ -adrenoceptor agonist) to the currently preferred agents salbutamol and fenoterol (**156**) which are highly selective  $\beta_2$ -adrenoceptor agonists. While *in vitro* selectivity between the  $\beta$ -adrenoceptor subtypes can readily be achieved, it is likely that both  $\beta_1$ - and  $\beta_2$ -adrenoceptor subtypes make some contribution to the desired therapeutic effect, relaxation of bronchial smooth muscle and the primary side effect, cardiac stimulation.<sup>25</sup> Hence, much of the bronchial selectivity achieved with inhaled  $\beta_2$ -adrenoceptor agonists is likely to be due to selective delivery to the desired site of action.



Recent research on bronchodilator  $\beta_2$ -adrenoceptor agonists has focused on increased duration of action, allowing for less frequent administration. Two long-acting  $\beta_2$ -adrenoceptor agonists, salmeterol and formoterol (**157**), are currently in clinical use. Formoterol, which contains two asymmetric centers, is marketed as the racemic mixture of *R,R* and *S,S* enantiomers. There has been concern regarding the misuse of these long-acting  $\beta_2$ -adrenoceptor agonists, since downregulation of  $\beta_2$ -adrenoceptors, a problem long associated with  $\beta$ -adrenoceptor agonist therapy of asthma,<sup>164</sup> may be more pronounced with the longer lasting drugs.<sup>165</sup> Long-lasting  $\beta_2$ -adrenoceptor agonists are not appropriate for acute therapy of bronchospasm. Combination of chronic  $\beta_2$ -adrenoceptor agonist therapy with inhaled corticosteroid is often useful, since corticosteroids can prevent or reverse agonist-induced down regulation of the  $\beta_2$ -adrenoceptor.<sup>165</sup>

**3.3. Non-Insulin-Dependent Diabetes.**  $\alpha_2$ -Adrenoceptor activation is known to inhibit the secretion of insulin from the  $\beta$ -cell of the pancreatic islet.  $\alpha_2$ -Adrenoceptor antagonists, such as rauwolscine, idazoxan, and SK&F 86466, potentiate glucose-induced insulin secretion in the rat and attenuate peak plasma glucose levels attained following an oral glucose challenge.<sup>166</sup> The selective  $\alpha_1$ -adrenoceptor antagonist, prazosin, has no effect on this response. Interestingly, the functionally (*i.e.*, prejunctional) selective  $\alpha_2$ -adrenoceptor antagonists, SK&F 104078 and SK&F 104856, also fail to attenuate the plasma glucose response.<sup>166</sup>

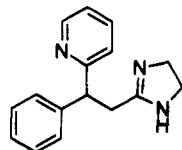
Studies in normal human subjects show phentolamine to potentiate the acute phase of insulin secretion.<sup>167</sup>  $\alpha_2$ -Adrenoceptor antagonists do not influence basal insulin levels.<sup>168</sup> Therefore, blockade of the  $\alpha_2$ -adrenoceptor on the pancreatic islet cell may represent an approach to selectively enhancing glucose stimulated insulin secretion in non-insulin dependent diabetes (NIDDM).

Phentolamine enhances the insulin response to glucose challenge in NIDDM patients.<sup>169</sup> Although a



nonadrenergic component to the action of phentolamine on the islet cell, dependent on the presence of an imidazoline ring, has been proposed,<sup>170,171</sup> a highly selective nonimidazoline  $\alpha_2$ -adrenoceptor antagonist, MK-912, has been shown to produce a similar clinical effect.<sup>172</sup>

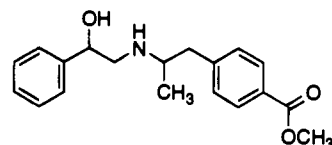
Although a compound (midaglizole) (158) purported to act *via*  $\alpha_2$ -adrenoceptor blockade has been evaluated clinically in NIDDM,<sup>173,174</sup> this compound has very low affinity for the  $\alpha_2$ -adrenoceptor and its clinical profile resembles standard oral hypoglycemic agents, such as the sulfonylureas. Hence, it is likely to be acting primarily through a mechanism that is unrelated to  $\alpha_2$ -adrenoceptor blockade.



(158) Midaglizole (DG-5128)

SL 84.0418, a potent and selective  $\alpha_2$ -adrenoceptor antagonist,<sup>83</sup> was evaluated as an oral hypoglycemic agent for NIDDM. On the basis of the affinity for recombinant  $\alpha_2$ -adrenoceptors, SL 84.0418 does not discriminate between the  $\alpha_{2A}$ - and  $\alpha_{2B}$ -adrenoceptor subtypes.<sup>87</sup> In rodent models measuring functional blockade of pancreatic  $\alpha_2$ -adrenoceptors, SL 84.0418 behaves like other  $\alpha_2$ -adrenoceptor antagonists.<sup>83,84</sup> In a primate model in which idazoxan, another imidazoline-containing  $\alpha_2$ -adrenoceptor antagonist, is ineffective, SL 84.0418 blunts the hyperglycemic response to oral glucose challenge and stimulates insulin secretion.<sup>86</sup> In contrast to most other  $\alpha_2$ -adrenoceptor antagonists, SL 84.0418 can stimulate basal insulin release and produce symptomatic hypoglycemia in normal human volunteers,<sup>175</sup> suggesting another action on the islet cell in addition to  $\alpha_2$ -adrenoceptor blockade. A recent study<sup>85</sup> has shown that SL 84.0418, at concentrations higher than those required to block the  $\alpha_2$ -adrenoceptor, can block the ATP-sensitive potassium channel. Because potassium channel blockade is known to promote insulin secretion, this mechanism provides a potential explanation for the effects of SL 84.0418.

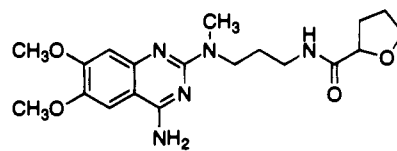
A second adrenoceptor related approach to NIDDM involves the selective stimulation of  $\beta_3$ -adrenoceptors. It is well-known that  $\beta_3$ -adrenoceptor stimulation will induce a thermogenic effect in rodents. BRL 35135, a moderately selective  $\beta_3$ -adrenoceptor agonist, will increase energy expenditure in normal human subjects.<sup>10</sup> Excess weight is believed to be a direct contributor to the insulin resistance observed in patients with NIDDM. Chronic treatment of obese rodents with selective  $\beta_3$ -adrenoceptor agonists produces a marked reduction in both weight. Similar effects have been observed in human subjects.<sup>176</sup> In addition to their ability to reduce body weight, studies in rodents<sup>177,178</sup> and in diabetic patients<sup>10</sup> show that BRL 35135, and an analog, BRL 26830 (159), have a direct effect on insulin sensitivity, unrelated to their ability to lower body weight. Hence agents capable of selective stimulation of the  $\beta_3$ -adrenoceptor may prove to be effective therapeutic agents in the treatment of NIDDM, in addition to their potential utility in obesity (see below).



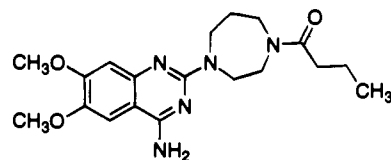
(159) BRL 26830

**3.4. Benign Prostatic Hypertrophy (BPH).** Currently there is intense interest in the discovery and development of novel  $\alpha_1$ -adrenoceptor antagonists for the treatment of benign prostatic hypertrophy.  $\alpha$ -Adrenoceptor activation will induce contraction of isolated prostatic strips,<sup>179-180</sup> and  $\alpha$ -adrenoceptor-mediated contraction of the prostatic stroma makes a significant contribution to the urethral obstruction produced by the enlarged prostate gland.<sup>181</sup> The  $\alpha$ -adrenoceptor antagonist first utilized clinically for the treatment of BPH was phenoxybenzamine, which produces irreversible blockade of both  $\alpha_1$ - and  $\alpha_2$ -adrenoceptors;<sup>182</sup> although phenoxybenzamine was effective, its use is now limited due to its toxicities in animals.

Although both  $\alpha_1$ - and  $\alpha_2$ -adrenoceptors can be detected in human and canine prostate through radioligand binding assays,<sup>183-185</sup> only the  $\alpha_1$ -adrenoceptor appears to be localized to the stromal smooth muscle,<sup>184</sup> and the functional response of isolated human prostatic strips to adrenoceptor activation appears to be mediated primarily through the  $\alpha_1$ -adrenoceptor.<sup>186</sup> Therefore research into  $\alpha$ -adrenoceptor antagonists for BPH has concentrated almost exclusively on selective  $\alpha_1$ -adrenoceptor antagonists. Prazosin, terazosin, doxazosin, alfuzosin (160), bunazosin (161), and tamsulosin are currently marketed for the treatment of BPH in various countries. Other  $\alpha_1$ -adrenoceptor antagonists (*e.g.*, naftopidil) are in advanced clinical trials. Of the above mentioned drugs, only naftopidil has pharmacologically relevant affinity for the  $\alpha_2$ -adrenoceptor,<sup>75,77</sup> which may contribute to its therapeutic activity.<sup>75</sup>



(160) Alfuzosin



(161) Bunazosin

All  $\alpha_1$ -adrenoceptor antagonists currently used in BPH can produce cardiovascular side effects, such as syncope, dizziness, and orthostatic hypotension, all of which are associated with blockade of vascular  $\alpha_1$ -adrenoceptors. This phenomenon is to be expected, since most of these antagonists were initially developed as antihypertensive agents. Due to the recent identification of  $\alpha_1$ -adrenoceptor subtypes, functional and radioligand binding studies have been performed to characterize the predominant  $\alpha_1$ -adrenoceptor subtype in the prostate, with the goal of designing an antagonist capable of differentiating between prostatic and vascular  $\alpha_1$ -adrenoceptors.

Recent evidence, involving a correlation of the functional receptor dissociation constants for  $\alpha_1$ -adrenoceptor antagonists to block phenylephrine-induced<sup>45,187</sup> or norepinephrine-induced<sup>80</sup> contraction in human prostatic strips with the affinities of these antagonists for expressed  $\alpha_1$ -adrenoceptor clones shows the best correlation to exist for the recombinant  $\alpha_{1A}$ -adrenoceptor.<sup>187</sup> Messenger RNA for the  $\alpha_{1a}$ -adrenoceptor predominates in the human prostate.<sup>188</sup> Autoradiographic analysis using an antagonist that is selective for the recombinant  $\alpha_{1a}$ -adrenoceptor suggests that this is the primary subtype present on prostatic stroma, although the  $\alpha_{1b}$ -adrenoceptor may be present on epithelial cells.<sup>189</sup> Correlation of binding affinities of  $\alpha_1$ -adrenoceptor antagonists for human prostate with those in other native tissues suggests that the  $\alpha_1$ -adrenoceptor present in the prostate is the  $\alpha_{1A}$ -adrenoceptor.<sup>190</sup>

It has not yet been established that subtype-selective  $\alpha_1$ -adrenoceptor antagonists will necessarily result in prostate versus vascular selectivity. Tamsulosin has selectivity for  $\alpha_{1A}$ - versus  $\alpha_{1B}$ -adrenoceptors in tissue homogenates,<sup>5</sup> and [<sup>3</sup>H]tamsulosin appears to bind preferentially to  $\alpha_1$ -adrenoceptors in human prostate compared to iliac artery.<sup>191</sup> However, studies in the anesthetized dog show tamsulosin to be equipotent against phenylephrine-induced increases in blood pressure and prostatic urethral pressure.<sup>192</sup> On the other hand, another novel  $\alpha_1$ -adrenoceptor antagonist, SB 216469, which shows selectivity for native and recombinant  $\alpha_{1A}$ -adrenoceptors,<sup>69</sup> was found to have a substantially greater *in vivo* urogenital selectivity in the anesthetized dog than did tamsulosin, prazosin or terazosin, when the doses required to block norepinephrine or stimulation-induced increases in urethral perfusion pressure were compared to those required to reduce diastolic blood pressure.<sup>70</sup> Recent data show that antagonists which are selective for the recombinant  $\alpha_{1a}$ -adrenoceptor, while producing potent blockade of prostatic  $\alpha_1$ -adrenoceptors,<sup>45,187</sup> are at least 100-fold weaker than prazosin when tested for orthostatic liability in the anesthetized rat.<sup>193</sup> Hence the specific requirements for functional urogenital versus vascular selectivity have not yet been established, although there is promising data suggesting that this selectivity profile is achievable.

There is also evidence for a contribution of prazosin-insensitive  $\alpha_1$ -adrenoceptors to prostatic contraction. The dissociation constant for prazosin as an antagonist of norepinephrine-induced contraction in canine prostate is substantially higher (10–20 nM<sup>194–196</sup>) than that found in most blood vessels, and both high and low affinity binding sites for [<sup>3</sup>H]prazosin can be found in canine,<sup>196</sup> bovine,<sup>197</sup> and human<sup>198</sup> prostate. The presence of prazosin-insensitive  $\alpha_1$ -adrenoceptors in the prostate offers another potential approach to the design of agents showing prostate versus vascular selectivity.

There are only a few reports suggesting the possibility that adrenoceptor function may influence the actual growth of the prostate, in addition to the well-established effects to increase stromal smooth muscle tone. As in other tissues, norepinephrine has a direct mitogenic action in cultured stromal cells derived from rat prostate. This effect could be antagonized by propranolol, but not phenoxybenzamine, suggesting a  $\beta$ -adrenoceptor-mediated effect.<sup>199</sup> It is possible that norepinephrine, derived from the sympathetic innervation

of the prostate, is required for hormone- and growth factor-induced prostatic growth, as reflected by the content of a specific prostate binding protein.<sup>199</sup> Maximal prostate growth stimulation in intact rats requires combined treatment with androgen and estrogen.  $\alpha$ -Adrenoceptor blockade reduces hormonally induced increases in prostatic weight, with combined  $\alpha_1$ - and  $\alpha_2$ -adrenoceptor blockade being more effective than  $\alpha_1$ -adrenoceptor blockade alone.<sup>200</sup> Measurement of "stiffness" in prostates removed from these animals also showed a dramatic effect of combined  $\alpha_1$ - and  $\alpha_2$ -adrenoceptor blockade on hormone-induced stimulation, but not on basal parameters.

**3.5. Obesity.** Both  $\alpha$ - and  $\beta$ -adrenoceptors are present on the adipocyte, exerting a reciprocal modulation of lipolysis.<sup>201</sup> The adipocyte  $\beta$ -adrenoceptor, mediating an increase in lipolysis, has long been known to have atypical characteristics, distinct from the  $\beta_1$ - or  $\beta_2$ -adrenoceptor.<sup>202</sup> Its unique pharmacologic profile led to the proposal for a  $\beta_3$ -adrenoceptor, which was supported by the cloning and expression of a third  $\beta$ -adrenoceptor<sup>203</sup> having pharmacological characteristics consistent with those of the adipocyte receptor. Thermogenesis is a characteristic effect of  $\beta_3$ -adrenoceptor agonists in rodents, mediated through an effect on brown adipose tissue. Isoproterenol produces a thermogenic response in human subjects, which is insensitive to mixed  $\beta_1$ -/ $\beta_2$ -adrenoceptor blockade.<sup>204</sup> One of the consistent characteristics of  $\beta_3$ -adrenoceptor-mediated responses is insensitivity to blockade by most "conventional"  $\beta$ -adrenoceptor antagonists; hence, these data suggest that a  $\beta_3$ -adrenoceptor-mediated metabolic effect can be produced in humans, despite the absence of the discrete brown adipose tissue deposits characteristic of rodents.

As noted above, several selective  $\beta_3$ -adrenoceptor agonists have been evaluated for antiobesity effects in human subjects.<sup>10</sup> While a statistically significant reduction in body weight was observed in most cases, it is likely that greater  $\beta$ -adrenoceptor subtype selectivity will be required, especially for  $\beta_3$ - versus  $\beta_2$ -adrenoceptor-mediated effects, since  $\beta_2$ -adrenoceptor activation is probably responsible for the muscle tremor associated with the drugs evaluated in humans to date.<sup>176,205</sup> However, a clear separation of the pharmacological responses to  $\beta_3$ - and  $\beta_2$ -adrenoceptor activation is not yet possible; for example,  $\beta_3$ -adrenoceptors appear to be present in skeletal muscle,<sup>206</sup> and hence tremor may also have a  $\beta_3$ -adrenoceptor-mediated component. On the other hand, the ability of BRL 35135 to increase plasma glycerol and free fatty acid concentrations in humans appeared to be sensitive to  $\beta_2$ -adrenoceptor blockade.<sup>204</sup> Compounds highly selective for the  $\beta_3$ -adrenoceptor have recently been identified, such as CL 316, 243,<sup>9</sup> but data on their efficacy in human subjects is not yet available.

Another potential problem is the lack of sensitivity of human versus rodent adipose tissue to  $\beta_3$ -adrenoceptor activation. While nonselective  $\beta$ -adrenoceptor agonists, such as isoproterenol, stimulate lipolysis in all adipocytes studied, regardless of species, selective  $\beta_3$ -adrenoceptor agonists, such as BRL 37344, are effective in rat, but not human tissue.<sup>31</sup> This may relate to reduced  $\beta_3$ -adrenoceptor density in human versus rat adipocytes or an inherent difference between the ability



of these agonists to activate the human and rodent  $\beta_3$ -adrenoceptors.<sup>207</sup> Along these lines, several agonists and antagonists show substantial potency differences between recombinant mouse and human  $\beta_3$ -adrenoceptors.<sup>208</sup>

Adipocytes also possess  $\alpha_2$ -adrenoceptors, activation of which results in an inhibition of lipolysis. The relative distribution of  $\alpha$ - and  $\beta$ -adrenoceptors in various adipose tissue beds suggests that those sites most resistant to the effects of dietary restriction contain the highest relative density of  $\alpha_2$ -adrenoceptors.<sup>209,210</sup> This can be explained by an action of catecholamines on both adrenoceptors, with the relative  $\alpha/\beta$ -adrenoceptor density influencing the extent of lipolysis. In isolated human adipocytes, the mixed  $\alpha/\beta$ -adrenoceptor agonist, epinephrine, produces less lipolysis than the pure  $\beta$ -adrenoceptor agonist, isoproterenol; in the presence of  $\alpha_2$ -adrenoceptor blockade, epinephrine and isoproterenol produce equivalent lipolytic responses.<sup>211</sup> In the conscious or anesthetized rat, an  $\alpha_2$ -adrenoceptor antagonist, SK&F 86466, will stimulate epinephrine-induced lipolysis, as assessed through plasma glycerol levels.<sup>212</sup> In normal human volunteers, yohimbine will elevate plasma free fatty acid levels following a calibrated meal,<sup>213</sup> however, this effect appears to be mediated primarily through the indirect activation of  $\beta$ -adrenoceptors, inasmuch as the effect was nearly completely blocked by propranolol pretreatment.

Long-term (2 year) treatment of rats with SK&F 86466 results in a dose-related reduction in body weight, without a significant effect on food consumption.<sup>214</sup> Two limited trials of yohimbine as an adjunct to caloric restriction show either a small but significant effect on body weight<sup>215</sup> or no effect at all;<sup>216</sup> however, the significance of these trials may be compromised by the short duration of action of yohimbine in humans. Hence the clinical utility of  $\alpha_2$ -adrenoceptor antagonists in the treatment of obesity has not yet been adequately evaluated.

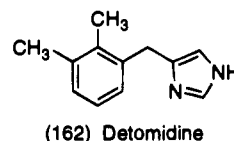
**3.6. Congestive Heart Failure.** Activation of myocardial  $\beta$ -adrenoceptor increases the force of cardiac contraction, and the sympathetic nervous system, mediates its regulatory action on cardiac rate and force through the  $\beta$ -adrenoceptor. Therefore, the activation of these receptors with exogenous agonists represents an obvious approach to the treatment on congestive heart failure, since the symptoms associated with this condition result from insufficient cardiac pumping capacity. While  $\beta$ -adrenoceptor stimulation, either with the physiological catecholamines or synthetic analogs, such as dobutamine, is useful in the acute treatment of congestive heart failure, chronic therapy with orally active  $\beta$ -adrenoceptor agonists has been disappointing.<sup>25,217,218</sup> Clinical benefits with xamoterol, a partial agonist at  $\beta_1$ -adrenoceptors,<sup>219</sup> may have resulted from blockade rather than stimulation of cardiac  $\beta$ -adrenoceptors. In this regard, there is increasing evidence that the elevated catecholamine levels associated with congestive heart failure are actually detrimental, rather than necessary, to support cardiac function. Consequently, pure  $\beta$ -adrenoceptor blockade may provide effective therapy in patients with congestive heart failure.<sup>220</sup>

Carvediol, a mixed  $\alpha/\beta$ -adrenoceptor antagonist (see Section 2.5.3) has been shown to have beneficial effects

in congestive heart failure. The additional vasodilatory component resulting from  $\alpha_1$ -adrenoceptor blockade may confer an additional therapeutic benefit. However, long-term treatment with the selective  $\alpha_1$ -adrenoceptor antagonist, prazosin, has no effect on survival of heart failure patients.<sup>221</sup> Several clinical studies have also shown tolerance to the development of beneficial hemodynamic effects of prazosin in patients with heart failure.<sup>218</sup> It has been postulated that this tolerance results from an increased role of vascular  $\alpha_2$ -adrenoceptors in heart failure,<sup>222</sup> consistent with the high levels of plasma catecholamines, and the preferential sensitivity of the vascular  $\alpha_2$ -adrenoceptor to activation by circulating catecholamines as opposed to catecholamines released by sympathetic neuronal activation.

**3.7. Sedation and Anesthesia.** Activation of central  $\alpha_2$ -adrenoceptors will result in sedation or even anesthesia in experimental animals. This effect is probably a consequence of activation of presynaptic  $\alpha_2$ -adrenoceptors, resulting in decreased release of norepinephrine and other neurotransmitters. Sedation is the principal side effect of  $\alpha_2$ -adrenoceptor agonists used in the treatment of hypertension (*e.g.*, clonidine). This sedative action can sometimes be used to therapeutic advantage, as in the treatment of Attention Deficit Hyperactivity Disorder (ADHD). In ADHD, the sedative action of clonidine is a useful adjunct to other benefits provided by clonidine in this disorder,<sup>223</sup> and bedtime administration of clonidine can be used to ameliorate the insomnia induced by other drugs used to treat ADHD.<sup>224</sup>

The sedative effect of clonidine and other  $\alpha_2$ -adrenoceptor agonists is also a beneficial characteristic in their use as adjuncts to general anesthesia. Xylazine, a thiazepine  $\alpha_2$ -adrenoceptor agonist, has been used for many years as a veterinary anesthetic, either alone or in combination with ketamine.<sup>225</sup> An advantage of  $\alpha_2$ -adrenoceptor agonists for this indication is that their effect can be readily reversed by an  $\alpha_2$ -adrenoceptor antagonist. More recently, the imidazole derivatives detomidine (162) and medetomidine have been intro-



duced as veterinary anesthetics. Although structurally dissimilar to clonidine and other imidazoline  $\alpha_2$ -adrenoceptor agonists, these imidazoles are potent and selective agonists of the  $\alpha_2$ -adrenoceptor.<sup>39</sup> In both rats<sup>226</sup> and dogs,<sup>227,228</sup> pretreatment with medetomidine will reduce the requirements for gaseous anesthetic by up to 90%. This effect is greater than that observed with clonidine, perhaps being related to the greater selectivity of medetomidine for  $\alpha_2$ - versus  $\alpha_1$ -adrenoceptors, or its higher intrinsic activity as an  $\alpha_2$ -adrenoceptor agonist.

In normal human volunteers, intravenous administration of medetomidine induced sedation in all subjects and often actually induced sleep.<sup>229</sup> The active enantiomer, dexmedetomidine, produced sedative and anxiolytic effects and reduced stress-induced hormonal changes when administered intramuscularly prior to laparoscopy.<sup>230</sup> Intravenous infusion of dexmedetomi-

dine decreased anesthetic requirements and blunted the tachycardia induced by endotracheal intubation.<sup>231</sup> In both of these clinical studies, bradycardia was observed. This is consistent with previous data from experimental animals and probably results both from a centrally mediated action to reduce sympathetic outflow as well as from stimulation of peripheral prejunctional  $\alpha_2$ -adrenoceptors to inhibit cardiac neuroeffector transmission.

Lipophilic aminotetralin analogs were designed as selective  $\alpha_1$ -adrenoceptor agonists capable of stimulating central  $\alpha_1$ -adrenoceptors.<sup>18-20</sup> The most potent example of this structural class is SK&F 89748.<sup>19</sup> Chemical modification of SK&F 89748 leads to SDZ NVI 085, which appears capable of stimulating central  $\alpha_1$ -adrenoceptors without markedly increasing systemic blood pressure.<sup>21</sup> SDZ NVI 085 acts as an anticataleptic agent in dogs,<sup>59</sup> providing evidence for the premise that central  $\alpha_1$ -adrenoceptor stimulation results in an alerting action. SDZ NVI 085 has been reported to have a selective action at the  $\alpha_{1A}$ -adrenoceptor,<sup>60</sup> but a recent report<sup>61</sup> suggests that the compound is a partial agonist at both  $\alpha_{1A}$ - and  $\alpha_{1B}$ -adrenoceptors.

**3.8. Analgesia.** Many of the effects of opiate receptor activation can be mimicked by central  $\alpha_2$ -adrenoceptor stimulation. This is likely to be a result of the ability of both  $\alpha_2$ -adrenoceptor agonists and opiate agonists to inhibit the firing of the locus coeruleus.<sup>232</sup> As noted above,  $\alpha_2$ -adrenoceptor agonists, such as clonidine, are useful in the treatment of opiate withdrawal. Therefore it not surprising that  $\alpha_2$ -adrenoceptor agonists can be effective analgesics. There have been many clinical trials of clonidine as an analgesic, either alone or in combination with opiates or other analgesics (for a review, see Quan *et al.*<sup>233</sup>). Most of these trials, including several performed according to double blind protocols, show clonidine to be effective, although one double-blind trial failed to demonstrate significant activity.<sup>234</sup> There are cases of clonidine showing efficacy in patients tolerant to opiates.<sup>235</sup> Studies in experimental animals show a different profile between morphine and clonidine, with morphine having greater initial efficacy but losing its effectiveness over a 3-week treatment period, whereas clonidine demonstrated greater activity upon prolonged treatment.<sup>236</sup>

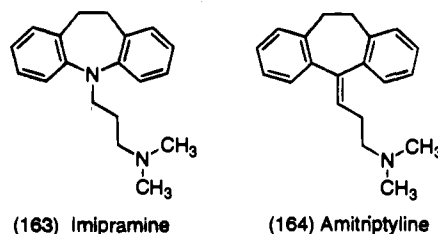
Clonidine produces analgesia when given by oral, intravenous, intramuscular, or epidural administration. As expected, the primary side effects are sedation and hypotension, but the respiratory depression characteristic of the opiates is not observed. In some cases, the utility of clonidines as an analgesic is limited by its short duration of action. Other  $\alpha_2$ -adrenoceptor agonists utilized clinically as antihypertensive drugs, such as guanfacine, have a longer duration of action. Studies in experimental animals show intrathecal or epidural administration of guanfacine to have greater potency, and a substantially longer duration of analgesic action, compared to clonidine.<sup>237-239</sup> However, the analgesic effects of guanfacine have yet to be evaluated in human subjects.

As noted above, medetomidine is more effective than clonidine as a supplement to general anesthesia; a comparison of clonidine and medetomidine in a rat model of nerve-damage-induced pain<sup>236</sup> suggests medetomidine to be a more effective analgesic.

**3.9. Cerebral Ischemia.** There are several reports of  $\alpha_2$ -adrenoceptor stimulation with clonidine or dexmedetomidine attenuating the neuronal damage and neurologic deficits induced by cerebral ischemia in the rat or rabbit.<sup>240-242</sup> The beneficial effects of dexmedetomidine could be reversed by the selective  $\alpha_2$ -adrenoceptor antagonist, atipamezole,<sup>241</sup> providing strong evidence that stimulation of  $\alpha_2$ -adrenoceptors is responsible for the observed neuroprotection. However, one other study may be at variance with this hypothesis. In a similar rat model, where focal ischemia was induced by occlusion of the middle cerebral artery, infarct size was reduced both by rilmenidine, an  $\alpha_2$ -adrenoceptor agonist, and idazoxan, an  $\alpha_2$ -adrenoceptor antagonist, but not by another  $\alpha_2$ -adrenoceptor antagonist, SK&F 86466.<sup>243</sup> Idazoxan has previously been reported to be neuroprotective in models of global ischemia.<sup>244,245</sup>

It is not clear whether increased activity of central adrenergic neurons is detrimental or protective in cerebral ischemia. Reduction of norepinephrine release has been shown to enhance<sup>246-248</sup> neuronal damage induced by cerebral ischemia. The neuroprotective effect of idazoxan, which should enhance central noradrenergic activity through blockade of prejunctional  $\alpha_2$ -adrenoceptors, is inconsistent with the neuroprotective effect observed in similar models with clonidine, rilmenidine, and dexmedetomidine. Since SK&F 86466, another  $\alpha_2$ -adrenoceptor antagonist, was not neuroprotective, it seems unlikely that postjunctional  $\alpha_2$ -adrenoceptor blockade is responsible. It has been shown that, under some conditions, idazoxan has partial agonist activity at the prejunctional  $\alpha_2$ -adrenoceptor, resulting in an inhibition, rather than potentiation, of norepinephrine release.<sup>249</sup> Alternatively, it has been postulated that the beneficial effects of rilmenidine and idazoxan in cerebral ischemia are mediated through an interaction of these compounds with imidazoline receptors (see Section 4.2 below).

**3.10. Depression.** There is substantial evidence to suggest that depression results from a depletion of norepinephrine and/or serotonin at certain synapses within the central nervous system. The possibility exists that different classes of depression result from selective depletion of norepinephrine or serotonin and that agents selectively elevating synaptic levels of these neurotransmitters may have selective efficacy in alleviating the consequences of this depletion.<sup>250</sup> Classically, depression has been treated with relatively non-selective drugs, such as imipramine (163), amitriptyline (164), and analogs, which inhibit the reuptake of both

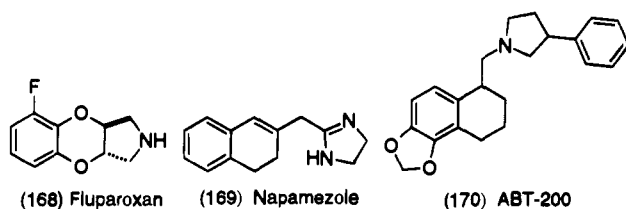
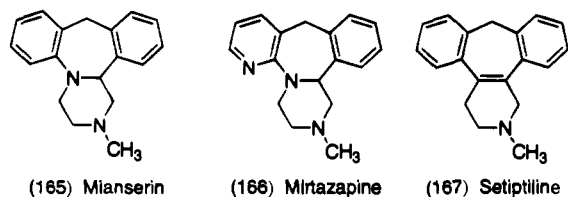


norepinephrine and serotonin, but in addition block multiple neurotransmitter receptors. In recent years, several highly selective blockers of serotonin uptake have become successful antidepressants, with a much better safety profile than the tricyclic agents. Nevertheless, selective norepinephrine uptake inhibitors have

been shown to be effective antidepressants, and several agents blocking both norepinephrine and serotonin uptake, without blocking neurotransmitter receptors, are in late phases of clinical development (see review by Pinder and Wieringa<sup>251</sup>).

Presynaptic  $\alpha_2$ -adrenoceptors are located at many sites within the central nervous system.<sup>252,253</sup> In addition to inhibition of stimulus-evoked release of norepinephrine and epinephrine from catecholaminergic neurons,<sup>252</sup> activation of presynaptic  $\alpha_2$ -adrenoceptors can inhibit serotonin release.<sup>254,255</sup> Hence it is possible that blocking these inhibitory receptors with an  $\alpha_2$ -adrenoceptor antagonist could result in increased synaptic levels of both norepinephrine and serotonin. Furthermore,  $\alpha_2$ -adrenoceptor antagonists can increase the firing rate of the locus coeruleus.<sup>256</sup> Since the locus coeruleus sends projections throughout the brain, activation of this nucleus results in a variety of arousal behaviors.<sup>257</sup>

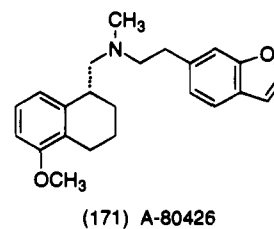
Mianserin (**165**), a marketed antidepressant shown to have efficacy comparable to amitriptyline, is a moderately potent  $\alpha_2$ -adrenoceptor antagonist. Although mianserin has antagonist activity at serotonin and histamine receptors<sup>258</sup> and is a weak inhibitor of norepinephrine uptake *in vivo*, these activities are probably insufficient to explain its clinical efficacy.<sup>259</sup> Mirtazapine (**166**) (6-azamianserin, ORG 3770) produces stereoselective blockade of the  $\alpha_2$ -adrenoceptor and is 100-fold less potent than mianserin as an inhibitor of neuronal uptake, although retaining histamine and serotonin receptor affinity.<sup>258</sup> Mirtazapine has shown efficacy in a 6-week double-blind clinical trial in depressed patients.<sup>260</sup> Another mianserin analog, setiptiline (teciptiline) (**167**), combines clinical antidepressant activity with  $\alpha_2$ -adrenoceptor blockade.<sup>251</sup>



Despite this evidence for antidepressant efficacy of compounds having  $\alpha_2$ -adrenoceptor antagonist activity, it has been difficult to prove antidepressant activity of selective  $\alpha_2$ -adrenoceptor antagonists. Idazoxan has been evaluated for many years, with only a few reports of efficacy in small patient groups.<sup>261</sup> Many highly potent  $\alpha_2$ -adrenoceptor antagonists, including MK-912 (L-657,743), CH-38083, imiloxan, and fluparoxan (**168**), were presumably intended as antidepressants, and have entered early clinical trials.<sup>251</sup> Development of all of these agents was terminated, and no evidence for antidepressant efficacy has been published.

Another approach being pursued is the combination of  $\alpha_2$ -adrenoceptor antagonist activity with neuronal

uptake blockade. Napamezole (**169**) is a moderately potent antagonist at both  $\alpha_1$ - and  $\alpha_2$ -adrenoceptors, with the ability to inhibit neuronal reuptake of serotonin, norepinephrine and dopamine.<sup>263</sup> *In vivo* studies suggested that napamezole blocks  $\alpha_2$ -adrenoceptors and serotonin reuptake at comparable doses.<sup>264</sup> Recently, ABT-200 (**170**) has been shown to be a highly potent  $\alpha_2$ -adrenoceptor antagonist, with no pharmacologically relevant antagonist activity at other neurotransmitters and moderate potency as an inhibitor of norepinephrine uptake.<sup>265</sup> Preliminary clinical data suggests potential antidepressant efficacy for ABT-200.<sup>265a</sup> A related compound, A-80426 (**171**), combines blockade of neuronal 5-HT uptake with  $\alpha_2$ -adrenoceptor blockade.<sup>265b</sup> Although A-80426 shows high *in vitro* affinity for both synaptosomal 5-HT uptake and for the  $\alpha_2$ -adrenoceptor,<sup>265b</sup> A-80426 shows less potent *in vivo*  $\alpha_2$ -adrenoceptor blockade than predicted by its *in vitro* affinity, and results in several animal models suggest that  $\alpha_2$ -adrenoceptor blockade does not make a substantial contribution to the antidepressant activity of A-80426, which appears to be acting only via 5-HT uptake blockade.<sup>265c</sup>



The subtype of presynaptic  $\alpha_2$ -adrenoceptors in human brain has not been established. Presynaptic  $\alpha_2$ -adrenoceptors in rat and rabbit cortex have been shown to have  $\alpha_{2A}$ - and  $\alpha_{2D}$ -adrenoceptor characteristics, respectively,<sup>266</sup> while peripheral prejunctional  $\alpha_2$ -adrenoceptors of human kidney have been suggested to be of the  $\alpha_{2C}$ -adrenoceptor subtype.<sup>267</sup> The subtype selectivity of most of the  $\alpha_2$ -adrenoceptor antagonists tested as antidepressants is not known. ABT-200 has high affinity for  $\alpha_{2A}$ -,  $\alpha_{2B}$ -, and  $\alpha_{2C}$ -adrenoceptors.<sup>265a</sup> Imiloxan has substantial selectivity for  $\alpha_{2B}$ - versus  $\alpha_{2A}$  adrenoceptors.<sup>35</sup> Perhaps the combination of subtype selective  $\alpha_2$ -adrenoceptor blockade with neuronal neurotransmitter uptake may represent a future approach to antidepressant therapy.

#### 4. Future Directions

**4.1. Further Adrenoceptor Subclassification as an Approach to Tissue and Organ Selectivity.** As adrenoceptors are further subdivided, opportunities have been created for more selective drugs. For example, the recent subdivision of the  $\alpha_1$ -adrenoceptor has led to the development of selective  $\alpha_{1A}$ -adrenoceptor antagonists, which may prove to be more effective drugs for the treatment of BPH than the currently available antagonists, which block all three  $\alpha_1$ -adrenoceptor subtypes.

On the basis of the current state of  $\alpha$ -adrenoceptor subclassification, there are several opportunities which have not yet been exploited for drug discovery. There is marked heterogeneity between blood vessels with respect to prazosin sensitivity, which has led to the proposal of prazosin-insensitive  $\alpha_1$ -adrenoceptors.  $\alpha$ -

**Table 7.** Characterization of Imidazoline Receptors

subtype	location	clonidine affinity (nM)	idazoxan affinity (nM)	selective agonist	selective antagonist
I <sub>1</sub>	plasma membrane	<10	100–300	moxonidine, rilmenidine	efaroxan <sup>a</sup>
I <sub>2</sub>	mitochondrial outer membrane outer membrane	>100 <sup>b</sup>	<10		RX 801077 (2-BFI) <sup>c</sup> RX 821029 <sup>c</sup>

<sup>a</sup> Efaroxan differentiates I<sub>1</sub> from I<sub>2</sub> receptors, but retains affinity for the  $\alpha_2$ -adrenoceptor. <sup>b</sup> Some I<sub>2</sub> receptors retain moderate affinity for clonidine ( $K_1 < 1000$  nM), while others have no pharmacologically relevant affinity ( $K_1 > 10,000$  nM). <sup>c</sup> Differentiates I<sub>2</sub> receptors from  $\alpha_2$ -adrenoceptors, affinity for I<sub>1</sub> receptors has not yet been reported.

Adrenoceptor antagonists that are selective for one of the two prazosin-insensitive  $\alpha_1$ -adrenoceptors ( $\alpha_{1L}$ ,  $\alpha_{1N}$ ) may have distinct and potentially useful pharmacological profiles.

There are no  $\alpha_2$ -adrenoceptor antagonists in widespread clinical use, although several agents of this class are currently being developed. Selectivity between  $\alpha_2$ -adrenoceptor subtypes has not yet been exploited, perhaps because most of the functional responses produced by  $\alpha_2$ -adrenoceptor activation appear to be mediated by the "classical"  $\alpha_{2A}$ -adrenoceptor. Nevertheless, there is some evidence for contribution of other  $\alpha_2$ -adrenoceptor subtypes to the  $\alpha_2$ -adrenoceptor-mediated feedback control of neurotransmitter release from adrenergic nerve varicosities,<sup>266,268</sup> and  $\alpha_2$ -adrenoceptor subtype selectivity may offer a mechanism for elimination of some of the undesirable effects associated with  $\alpha_2$ -adrenoceptor antagonists resulting from blockade of these prejunctional receptors (e.g., tachycardia).

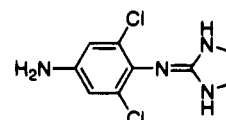
Functional selectivity, which is not clearly associated with selectivity for known  $\alpha_2$ -adrenoceptor subtypes, is observed for several novel antagonists, including SK&F 104078 and SK&F 104856.<sup>23,77,269,270</sup> These antagonists are capable of blocking some, but not all,  $\alpha_2$ -adrenoceptor populations. This functional selectivity could have application in the design of drugs to block a specific  $\alpha$ -adrenoceptor-mediated response.

The disparities between functional and molecular subclassification of both  $\alpha_1$ - and  $\alpha_2$ -adrenoceptors suggests the possible existence of additional adrenoceptors which have not yet been cloned and expressed; for example the prazosin-insensitive  $\alpha_1$ -adrenoceptors and the SK&F 104078/SK&F 104856 insensitive  $\alpha_2$ -adrenoceptors. In addition, because species homologs of an individual receptor subtype have been shown to have substantially different pharmacological characteristics, the cloning of adrenoceptors from additional species is likely to identify further subtle differences. On the other hand, one cannot predict whether new adrenoceptor subtypes will be identified within a single species.

Data in the rabbit show marked differences in yohimbine sensitivity between the adipocyte  $\alpha_2$ -adrenoceptor mediating inhibition of lipolysis<sup>271</sup> and the presynaptic  $\alpha_2$ -adrenoceptor in the cortex.<sup>266</sup> Although yohimbine-sensitive ( $\alpha_{2A}$ ) and yohimbine-insensitive ( $\alpha_{2D}$ )  $\alpha_2$ -adrenoceptors are now assumed to be species variants, these results suggest that four  $\alpha_2$ -adrenoceptors may be present in the rabbit. There are other examples of native  $\alpha$ -adrenoceptors having characteristics that are distinct from any of the recombinant  $\alpha$ -adrenoceptors, suggesting the possibility of additional subtypes.

**4.2. Interaction of Adrenoceptor Agonists and Antagonists with Non-Adrenergic Receptors (Imidazoline Receptors).** As noted above, imidazole- and imidazoline-containing structures represent an impor-

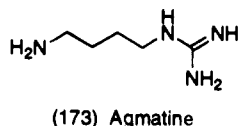
tant class of  $\alpha$ -adrenoceptor agonists. Over the past decade, it has been established that, in addition to the  $\alpha$ -adrenoceptor, many of these agents can interact with discrete "imidazoline" receptors. There appear to be several subtypes of the imidazoline receptor, one (I<sub>1</sub>) characterized by [<sup>3</sup>H]clonidine or [<sup>3</sup>H]-*p*-aminoclonidine (172) binding, and the other (I<sub>2</sub>) by [<sup>3</sup>H]idazoxan binding (Table 7). There may be at least two subtypes of the I<sub>2</sub>

(172) *p*-Aminoclonidine

receptor, differing in their sensitivity for clonidine and amiloride,<sup>272,273</sup> although there may be interconvertible forms of this receptor,<sup>274</sup> perhaps explaining at least some of the affinity differences observed between tissues. Under some conditions, it now appears that [<sup>3</sup>H]-clonidine can label I<sub>2</sub>-like receptors within the brain stem.<sup>275</sup> A functional response has been attributed to the I<sub>1</sub> receptor and the inhibition of sympathetic outflow, and I<sub>1</sub> receptor-mediated release of arachadonic acid has been demonstrated in isolated pheochromocytoma cells.<sup>276</sup> Although this receptor has been localized to a specific nucleus within the brain stem, the rostral ventrolateral medulla (RVL), little is known about the molecular characteristics of the receptor. The I<sub>2</sub> receptor, which is distributed at various sites within the body, may be located intracellularly, primarily on the mitochondrial membrane.<sup>277,278</sup> It now seems likely that the I<sub>2</sub> receptor is associated with monoamine oxidase and other oxidase systems.<sup>279</sup> A function has not yet been clearly attributed to the I<sub>2</sub> receptor.

It has been proposed that I<sub>1</sub> receptors in the RVL mediate the antihypertensive activity of agents such as clonidine, which were thought to act through stimulation of central  $\alpha_2$ -adrenoceptors. This premise is based on the observation that the hypotensive and bradycardic actions of clonidine, when administered locally into the RVL, is blocked by antagonists having affinity for both  $\alpha_2$ -adrenoceptors and imidazoline receptors, such as idazoxan, but not by phenethylamine-derived  $\alpha_2$ -adrenoceptor antagonists, such as SK&F 86466.<sup>280</sup> Furthermore, the ability of a series of agents to lower blood pressure and heart rate, when administered to the RVL, correlate with their affinity for imidazoline receptors, but not  $\alpha_2$ -adrenoceptors.<sup>280</sup>

An endogenous ligand for the I<sub>1</sub> receptor was been postulated to be agmatine (173), a guanidine derivative formed by decarboxylation of arginine.<sup>281</sup> Agmatine has affinity for I<sub>1</sub> and I<sub>2</sub> receptors and  $\alpha_2$ -adrenoceptors, with the highest affinity being observed for the I<sub>1</sub> receptor.<sup>281,282</sup> However, it is now clear that agmatine has no functional activity as either an agonist or



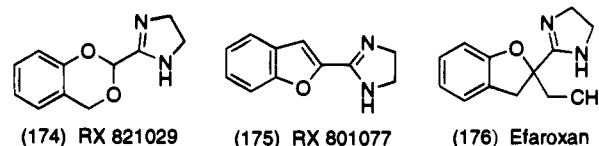
antagonist at  $\alpha_2$ -adrenoceptors<sup>283,284</sup> and that central administration of agmatine to intact rats and rabbits does not produce cardiovascular effects resembling those of clonidine.<sup>284,285</sup> Other endogenous substances (clonidine-displacing substances), of unknown structure, which interact with  $\alpha_2$ -adrenoceptors and imidazoline receptors, have been isolated from various sources, including rat and bovine brain.<sup>282,286,287</sup> While the chemical and pharmacological properties of these partially purified extracts are distinct from that of agmatine,<sup>282,288</sup> suggesting the presence of a different endogenous ligand for central imidazoline receptors, it is still possible that the pharmacological actions of clonidine-displacing substance could be explained by several different bioactive agents, including agmatine, present in these complex mixtures.<sup>289</sup>

Several new centrally-acting antihypertensive drugs, such as moxonidine and rilmenidine, are proposed to act *via* interaction with the  $I_1$  receptor.<sup>64</sup> They have higher  $I_1$  receptor vs  $\alpha_2$ -adrenoceptor selectivity ratios than clonidine. These agents appear to be less sedative than clonidine, and it has been postulated that the sympatholytic and sedative actions of clonidine and related imidazolines result from activation of  $I_1$  receptors and  $\alpha_2$ -adrenoceptors, respectively.<sup>290</sup>

However, there are some data that are inconsistent with this premise. The antihypertensive action of intravenous clonidine in the spontaneously hypertensive rat can be blocked by SK&F 86466.<sup>37</sup> Furthermore, the antihypertensive actions of clonidine and guanabenz, an  $\alpha_2$ -adrenoceptor agonist having virtually no affinity for the  $I_1$  receptor,<sup>280</sup> have equivalent sensitivities to inhibition by idazoxan and SK&F 86466.<sup>37</sup> In the conscious rabbit, the sympatholytic effect of intravenous rilmenidine, as measured by decreases in heart rate and firing rate of renal sympathetic nerves, was blocked by intravenous yohimbine or SK&F 86466, at doses that are selective for the  $\alpha_2$ -adrenoceptor.<sup>62,63</sup> SK&F 86466 is also equipotent against rilmenidine and UK 14,304.<sup>63</sup> Hence, the systemic actions of the imidazolines may be mediated primarily by the  $\alpha_2$ -adrenoceptor, in contrast to their selective action at  $I_1$  receptors when administered directly into the RVL.

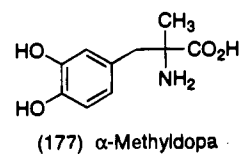
Structure-activity relationships at  $I_1$  and  $I_2$  receptors are still incomplete. The endogenous catecholamines and other phenethylamines have no affinity for either subtype. Idazoxan has high affinity for the  $I_2$  receptor and moderate affinity for the  $I_1$  receptor, where it appears to function as an antagonist (see above). Since no functional response to  $I_2$  receptor activation has been identified, it is difficult to determine whether agents showing affinity for this receptor are agonists or antagonists. However, based on effects of guanine nucleotides on the binding parameters of idazoxan to  $I_2$  receptors, and its ability to induce apparent receptor downregulation, idazoxan may have agonist activity at  $I_2$  receptors.<sup>291</sup> The interaction of idazoxan with the  $I_2$  receptor is stereoselective.<sup>292</sup> The addition of a methoxy group to idazoxan results in an antagonist (RX 821002) having high affinity for  $\alpha_2$ -adrenoceptors, but virtually

no affinity for the  $I_2$  receptor.<sup>293</sup> Conversely, other idazoxan analogs, such as RX 821029 (174) and RX 801077 (175), have substantially higher affinity for the  $I_2$  receptor than for the  $\alpha_2$ -adrenoceptor.<sup>279</sup> Another idazoxan analog, efaroxan (176), has high affinity for the  $I_1$  receptor and  $\alpha_2$ -adrenoceptor<sup>294</sup> and functional activity as an  $I_1$  receptor antagonist,<sup>277</sup> but virtually no affinity for the  $I_2$  receptor.<sup>294</sup>



Imidazoles, such as medetomidine, have affinity for the  $I_2$  receptor; interestingly, the (-)-enantiomer of this agonist is one of the compounds capable of differentiating between the two potential  $I_2$  receptor subtypes.<sup>295</sup> While most guanidines have no affinity for the  $I_1$  receptor, they do interact with the  $I_2$  receptor; this is an interesting observation since the putative endogenous agonist at the  $I_1$  receptor, agmatine, is a guanidine. It was noted above that clonidine can discriminate between two  $I_2$  receptor subtypes. Interestingly, *p*-aminoclonidine may show high selectivity for  $I_1$  versus  $I_2$  receptors, and other potent  $I_1$  agonists, such as moxonidine, may have virtually no affinity for the  $I_2$  receptor.<sup>276</sup>

The  $I_1$  receptor has been postulated to be the target for centrally acting antihypertensive drugs. However, this has not been conclusively established, since all of the drugs examined to date have affinity for both  $I_1$  receptors and  $\alpha_2$ -adrenoceptors, and the data with selective antagonists are inconclusive. Furthermore, agents presumably acting through a "pure"  $\alpha_2$ -adrenoceptor mechanism, such as  $\alpha$ -methyl dopa (177), produce



a similar clinical profile. More extensive clinical evaluation of these newer antihypertensives will be required to determine whether their sedative actions are significantly less than that of clonidine and other drugs of this class.

$I_2$  receptors are present in rat pancreatic islets<sup>296</sup> and have been postulated to influence potassium channel opening.<sup>297</sup> This is consistent with the premise that the ability of imidazolines, such as phentolamine, to potentiate insulin secretion is mediated by an  $I_2$  interaction,<sup>170,171</sup> rather than by  $\alpha_2$ -adrenoceptor blockade. However, since high concentrations of UK 14,304 and idazoxan, which have high affinity for the  $I_2$  receptor, did not antagonize the inhibitory effect of the potassium channel activator, diazoxide, on insulin secretion, it appears that  $I_2$  receptors are not involved in the control of insulin secretion.<sup>296</sup>

## Biographies

**Robert R. Ruffolo, Jr.**, received his B.S. and Ph.D. degrees in pharmacology from The Ohio State University. After postdoctoral training with Marshall Nirenberg at the NIH, Dr. Ruffolo joined Eli Lilly in 1978. He joined SmithKline Bee-

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**William E. Bondinell** received his Ph.D. in organic chemistry from the University of California, Berkeley, and did his postdoctoral studies at Columbia University. Prior to joining SmithKline Beecham in 1973, he was a Research Associate at the American Health Foundation. He is currently Assistant Director, Medicinal Chemistry, where his current research interests include  $\alpha$ -adrenoceptor and integrin receptor antagonists.

**J. Paul Hieble** received his B.A. and Ph.D. degrees in organic chemistry from North Texas State University. He then obtained a second Ph.D. in pharmacology from the University of Texas Medical Branch. He joined SmithKline Beecham in 1977 where he is currently a Director in the Division of Pharmacological Sciences. His research interests include sympathetic neuroeffector transmission, subclassification of  $\alpha$ -adrenoceptors, and the pharmacology of the prostate and bladder.

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