Enzymatic Release of Antitumor Ether Lipids by Specific Phospholipase A₂ **Activation of Liposome-Forming Prodrugs**

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An enzymatically activated liposome-based drug-delivery concept involving masked antitumor ether lipids (AELs) has been investigated. This concept takes advantage of the cytotoxic properties of AEL drugs as well as the membrane permeability enhancing properties of these molecules, which can lead to enhanced drug diffusion into cells. Three prodrugs of AELs (proAELs) have been synthesized and four liposome systems, consisting of these proAELs, were investigated for enzymatic degradation by secretory phospholipase A₂ (sPLA₂), resulting in the release of AELs. The three synthesized proAELs were (R)-1-O-hexadecyl-2-palmitoyl-snglycero-3-phosphocholine (1-O-DPPC), (R)-1-O-hexadecyl-2-palmitoyl-sn-glycero-3-phosphoethanolamine poly(ethylene glycol)₃₅₀ (1-O-DPPE-PEG₃₅₀), and 1-O-DPPE-PEG₂₀₀₀ of which 1-O-DPPC was the main liposome component. All three phopholipids were synthesized from the versatile starting material (R)-O-benzyl glycidol. A phosphorylation method, employing methyl dichlorophosphate, was developed and applied in the synthesis of two analogues of (R)-1-Ohexadecyl-2-palmitoyl-sn-glycero-3-phosphoethanolamine poly(ethylene glycol). Differential scanning calorimetry has been used to investigate the phase behavior of the lipid bilayers. A release study, employing calcein encapsulated in non-hydrolyzable 1,2-bis-O-octadecyl-snglycero-3-phosphocholine (D-O-SPC) liposomes, showed that proAELs, activated by sPLA₂, perturb membranes because of the detergent-like properties of the released hydrolysis products. A hemolysis investigation was conducted on human red blood cells, and the results demonstrate that proAEL liposomes display a very low hemotoxicity, which has been a major obstacle for using AELs in cancer therapy. The results suggest a possible way of combining a drug-delivery and prodrug concept in a single liposome system. Our investigation of the permeabilityenhancing properties of the AEL molecules imply that by encapsulating conventional chemotherapeutic drugs, such as doxorubicin, in liposomes consisting of proAELs, an increased effect of the encapsulated drug might be achievable due to an enhanced transmembrane drug diffusion.

Introduction

Conventional cancer treatments, such as surgery, radiotherapy, and chemotherapy, require early localization of the tumor in order to be effective. Upon late localization, surgery and radiotherapy in particular become less effective and extensive chemotherapeutic treatments are required. In recent years, an increased understanding of human cancer has given rise to new and improved chemotherapeutic agents. However, the systemic use of these chemotherapeutics is severely limited by the fact that anticancer agents in general are extremely toxic to healthy as well as malign cells. The search for tumor-targeting drugs and drug-delivery systems to circumvent these complications has been intense. The ultimate goal is to find a system that targets pathological tissue and avoids healthy organs

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and tissues and in this way circumvent the general problem with a very small difference between therapeutic and toxic doses.¹ Of all drug-delivery systems, liposomes are among the most extensively studied. Being composed of naturally occurring substances, they are biocompatible, biodegradable, and nontoxic. In general, liposomes have a low degree of accumulation in the heart, kidneys, and tissue of the nervous system, and the toxicity of many drugs is therefore significantly reduced when encapsulated into liposomal carriers.¹ It has been found that tumors in general have a vasculature that is leaky toward small particles.² This opens up a possibility for small liposomes (<200 nm) to extravasate and accumulate in tumors.³ To obtain a passive diffusion of liposomes into the porous cancer tissue, it is necessary to "coat" the liposome surface to increase the vascular circulation time. Incorporation of lipids with covalently attached poly(ethylene glycol) (PEG) has been shown to increase the liposome circulation time⁴ without causing considerable leakage of the encapsulated material.⁵ After passive accumulation in the porous cancer tissue, the encapsulated drugs will eventually diffuse out of the liposomes, possibly by

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Figure 1. Drug delivery principle. Secretory phospholipase A_2 (sPLA₂) hydrolyzes the liposome membrane, thereby releasing both activated antitumor ether lipids (AELs) and the encapsulated drug. The AELs are cytotoxic to cancer cells. Furthermore, synergistically with the generated fatty acids, they function as permeability enhancers that promote drug uptake by the cancer cells.

nonspecific degradation.⁶ However, it has also become evident that today's marketed PEG liposomes, containing high amounts of cholesterol, are very stable both in the blood stream and in the cancer tissue, resulting in a low and slow drug release in the tumor.^{7.8} It would, therefore, be a substantial improvement if one could trigger the release of drugs specifically at diseased sites. It has been suggested that site-specific triggered release can be achieved by the design of liposomes that are sensitive to local hyperthermia,^{9,10} by light- and pHsensitive liposomes^{11–15} and by liposomes that are destabilized by enzymes overexpressed in diseased tissue.¹⁶

Jørgensen et al.¹⁷ have shown that polymer-covered liposomes are susceptible to degradation by sPLA₂, which occurs at elevated levels in the evading zone of tumor tissue,¹⁸ possibly as an important part of the host's defense mechanism.¹⁹⁻²¹ sPLA₂ is furthermore known to be up-regulated during infectious and inflammatory diseases.²²⁻²⁵ An interesting feature of the enzyme is a much higher activity toward aggregated lipid substrates, such as liposomes, compared to lipid monomers. In addition, the enzyme activity is, to a large extent, influenced by the physical properties of the aggregated substrates, e.g., liposome size, charge, microstructure, and heterogeneity.²⁶⁻²⁸ This finding has led us to develop a novel drug-delivery concept employing sPLA₂ as a target-specific trigger.²⁹ By formulating liposomes that are sPLA₂-degradable, it may be possible to obtain a site-specific drug release and further profit from the lysolipid's detergent-like properties (Figure 1). The fatty acid and lysolipid hydrolysis products, generated by sPLA₂, have furthermore been shown to display a synergistic effect as permeability enhancers.³⁰

The aim of the present work has been to synthesize and characterize phospholipids with a non-hydrolyzable ether bond in the 1-position (1-*O*-phospholipids). These lipids will not only be capable of forming liposomes and carrying water-soluble drugs but will also function as prodrugs using sPLA₂ as the activating enzyme. When sPLA₂ hydrolyzes the 1-*O*-phospholipid-based liposomes, highly cytotoxic lysolipids (antitumor ether lipids, AELs) are formed. A large variety of AELs have been synthesized and tested in a variety of cell and animal tumor assays.³¹ Many are very potent, but a general problem has been the toxicity toward red blood cells. The sPLA₂ activation of proAELs reported herein circumvents the



Figure 2. Chemical structures of the three different proantitumor ether lipids (proAELs) that have been synthesized and investigated with respect to their physical properties and ability to constitute a novel liposome-based drug-delivery system: (1) (R)-1-O-hexadecyl-2-palmitoyl-sn-glycero-3-phosphocholine (1-O-DPPC); (2) (R)-1-O-hexadecyl-2-palmitoyl-sn-glycero-3-phosphoethanolamine poly(ethylene glycol)₃₅₀ (1-O-DPPE-PEG₃₅₀); (3) 1-O-DPPE-PEG₂₀₀₀.

Scheme 1. Synthesis of 1-O-DPPC^a



 a (a) $C_{16}H_{33}OH$, NaH, THF, DMF, 16h, 80 °C; (b) palmitoyl chloride, pyridine, petroleum ether, 16 h, room temp; (c) H_2 , Pd–C, EtOAc, 1.5 h, room temp; (d) (i) POCl₃, Et₃N, CH₂Cl₂, 30 min, room temp, (ii) pyridine, choline tosylate, 16 h, room temp.

hemolytic limitations of using AELs as drugs in cancer treatment and furthermore offers a site-specific release of a liposome-carried drug, such as doxorubicin.

We report the synthesis of (*R*)-1-*O*-hexadecyl-2-palmitoyl-sn-glycero-3-phosphocholine (1-O-DPPC) and two analogues of (R)-1-O-hexadecyl-2-palmitoyl-sn-glycero-3-phosphoethanolamine poly(ethylene glycol) (1-O-DPPE-PEG) (Figure 2). We have investigated the physical properties of liposomes composed of these lipids and studied the sPLA₂ activity toward different compositions. In addition, the synergistic membrane permeability enhancing properties of the hydrolysis products have been studied. The results substantiate the idea of using sPLA₂ as a prodrug/drug-delivery trigger that can specifically activate and release drugs in pathological tissue. The work has been focused on clarifying fundamental questions involved in a rational development of a novel anticancer liposome technology based on 1-O-DPPC and various analogues as lipid prodrugs.

Results and Discussion

Synthesis of proAEL 1, 2, and 3 (Figure 2). The synthetic approach to all three phospholipids involves the synthesis of **7** (Scheme 1), from which either

Scheme 2. Synthesis of 1-O-DPPE-PEG₃₅₀ and 1-O-DPPE-PEG₂₀₀₀^a



 a (a) (i) MeOPOCl₂, TMP, toluene, 16 h, room temp, (ii) *N*-BOC-ethanolamine, TMP, 24 h, room temp; (b) TFA, MeOH, CH₂Cl₂, 0.5 h, 0 °C; (c) **12** or **13**, Et₃N, CHCl₃, 2 h, 40 °C; (d) NaI, 2-butanone, 2 h, 75 °C.

phosphatidylethanolamine or phosphatidylcholine is formed. The ring opening of epoxide **4** with sodium cetyl alcoholate was considerably improved compared to the reported procedure by Hirth et al.³² by changing reaction conditions. The original conditions, where DMF was used as solvent, resulted in substantial dimerization, which gave yields between 30% and 40%. We found that THF/DMF 1:1 was a superior solvent system. 5 was used without purification, and acylation using palmitoyl chloride gave 6 in 70% yield over the two steps. We have found that using palmitic acid with standard DCC acylating conditions works equally well. Deprotection of 6 using H₂/Pd-C gave 7 in quantitative yield. Compound 7 is not stable under acidic conditions because it is prone to acyl migration. The rearrangement is not detected under basic or neutral conditions within 2 days and is therefore sufficiently stable to be employed in the phosporylation reactions.

The coupling of the choline headgroup to form **1** was performed by the use of phosphorus oxychloride and choline tosylate, applying standard conditions.^{32;33} We used a MB-3 ion-exchange column prior to column chromatography to remove salts because washing is not possible because of the amphiphilic properties of the molecule. This reaction has suffered from inconsistent yields,³⁴ which we also experienced initially when using CHCl₃ as solvent (0–80% yields were obtained). Using dichloromethane instead gave consistently high yields around 77%. The overall yield in the synthesis of **1** from **4** was a very competitive 54%.

Preparation of the protected phosphatidylethanolamine **8** (Scheme 2) toward the synthesis of the polymercovered lipids was initially attempted with POCl₃ as the phosphorylation reagent.^{35–37} We encountered several drawbacks with this reagent in the synthesis of **8**. This led us to develop a new phosporylation method using commercially available methyl dichlorophosphate. The first attempts were performed in chloroform and with triethylamine as base. This resulted in complex mixtures, which were impossible to purify. A new attempt was made using triethylamine and pyridine. The idea was that pyridine would function as an activating agent and triethylamine as a proton scavenger, keeping pH high and preventing acyl migration; however, this also Scheme 3. Synthesis of Activated PEG^a





resulted in complex mixtures. A more sterically hindered base, tetramethyl piperidine (TMP), was tried, and this resulted in the desired compound, easily separated from the byproducts. Toluene was used instead of chloroform, which resulted in an improved yield. Furthermore, the use of toluene has the advantage that salts precipitate and can be filtered off prior to column chromatography. We have found this new phosphorylation method superior when using cheap headgroups that can be used in excess. The method gave 8 in 70% yield. The deprotection of 8 was performed using TFA,³⁸ giving **9** in quantitative yield, which without purification was coupled to the activated poly-(ethylene glycol) 12 and 13 (Scheme 3).^{39,40} 10 was purified by successively extracting toluene with water to remove unreacted polymer, followed by column chromatography, resulting in a 74% yield. 11 could not be purified the same way because of the water solubility of the PEG₂₀₀₀. Unreacted PEG₂₀₀₀ could not be separated from the desired product but was removed in the final step. The deprotection of 10 and 11 was performed with NaI,^{41,42} resulting in a 95% yield of 2 and a 70% yield of **3** over two steps. Because of the size and polarity of 3, it does not have simple properties in relation to column chromatography. Even though TLC showed an R_f of 0.3 in 12% methanol/dichloromethane, it ran extremely slowly on a silica column. The polarity of the solvent was raised to 50% MeOH/DCM before 3 came through. This was ascribed to the size of the PEG₂₀₀₀ making **3** a macromolecule.

Table 1. Differential Scanning Calorimetry Data Showing the Melting Enthalpy, ΔH_m , and Peak Position T_m of the Main Phase Transition





Figure 3. Differential scanning heat-capacity curves obtained at a scan rate of 10 °C/h for 1-O-DPPC liposomes containing 0% 1-O-DPPE-PEG, 5% 1-O-DPPE-PEG₃₅₀, 10% 1-O-DPPE-PEG₃₅₀, and 5% 1-O-DPPE-PEG₂₀₀₀.

Thermal Analysis. Figure 3 shows differential scanning calorimetry results obtained for four different multilamellar liposome systems. We have studied pure 1-O-DPPC liposomes together with mixtures of 1-O-DPPC and 1-O-DPPE-PEG. The thermograms reveal that all formulations form liposomes. The DSC scan of 1-O-DPPC shows the main phase transition $T_{\rm m}$ at 43 °C and a pretransition where the lipid membrane goes from the gel to the rippled phase. This is the usual phase behavior of diacylphosphatidylcholines,⁴³ thereby showing that the C-1 ether linkage does not change the phase behavior drastically. The main phase-transition temperature is situated slightly above $T_{\rm m}$ of DPPC, indicating that there are more hydrophobic interactions between the aliphatic chains. However, the width of the transition, $T_{1/2}$, of multilamellar vesicles (MLVs) is larger for 1-O-DPPC ($T_{1/2} = 0.24$ °C) than for DPPC ($T_{1/2}$ = 0.17 °C), indicating a less abrupt change in the membrane structure. The increase in the enthalpy of melting, compared to the enthalpy of melting of DPPC $(\Delta H_{\rm m} = 8.39 \text{ kcal/mol}^{44})$, suggests that 1-O-DPPC $(\Delta H_{\rm m})$ = 9.45 kcal/mol) forms more stable liposomal membranes because of a tighter packing of the lipids. $T_{\rm m}$ and $\Delta H_{\rm m}$ values for the multilamellar liposomes of 1-O-DPPC with 5% and 10% 1-O-DPPE-PEG₃₅₀ and 5% 1-O-DPPE-PEG₂₀₀₀ are given in Table 1. It can be seen that incorporation of polymer-coated lipids lowers $\Delta H_{\rm m}$, indicating weaker interactions in the bilayer. In particular, the decrease in ΔH_m for 1-O-DPPE-PEG₂₀₀₀ suggests that a large headgroup has an impact on the packing properties of the aliphatic chains. $\Delta H_{\rm m}$ remains nearly the same for both concentrations of PE-PEG₃₅₀ in accordance with results presented by Kenworthy et $al.^{45}$



Figure 4. sPLA₂ hydrolysis of 1-O-DPPC liposomes. Lag-time measurements (solid line) show a minimum just above the main phase transition. The degree of hydrolysis 1000 s after the burst measured by HPLC is also illustrated (dashed line).

sPLA₂ Lag-Time Measurements on 1-O-DPPC **Liposomes.** Figure 4 shows the observed sPLA₂ lag times in the temperature region of the main phase transition (38.5-46.5 °C), together with the degree of hydrolysis measured by HPLC 1000 s after the burst. The lag time, τ , reflects the elapsed time prior to accelerated hydrolysis (burst), which can be monitored by intrinsic fluorescence from the enzyme (see Figure 5a). Simultaneously with the sudden increase in the measured fluorescence, a decrease in the 90° static light scattering is observed. This is due to a change in the lipid morphology as nonbilayer-forming lysophospholipids and fatty acids are formed. Comparison of the DSC scan and the lag-time measurements shows that the lag-time minimum correlates with the main phase transition. This is in accordance with results found by Hønger et al.²⁶ Interestingly, the minimum in the lag time furthermore corresponds to the maximum in the degree of hydrolysis (Figure 4).

Calcein Release by Lysophospholipid Perturbation. Calcein release from D-O-SPC liposomes can be used as a model system for analyzing and substantiating the idea of using a liposomal carrier system as a combined prodrug and drug-delivery system that enhances the membrane permeability, resulting in an increased diffusion of the released drugs over the cell membrane.⁴⁶ The drug carriers are unilamellar liposomes of 1-O-DPPC lipids with different concentrations of 1-O-DPPE-PEG lipids. These liposomes are stable and long-circulating in the bloodstream because of the steric repulsion of the polymers but are succeptible to sPLA₂ attack, resulting in liposome destabilization followed by



Figure 5. (a) Charateristic reaction time profile at 40.5 °C for sPLA₂ (*A. piscivorus piscivorus*) acting on 1-O-DPPC liposomes, measured by intrinsic fluorescence from the enzyme (black line) and at 90° static light scattering (gray line) from the lipid suspension. The scale is arbitrary. (b) Released calcein from D-O-SPC target liposomes at 40.5 °C. The measurements show that calcein release succeeds hydrolysis of the drug carrier liposomes, as should be expected.

lysolipid (AEL) and fatty acid release. The D-O-SPC liposomes with encapsulated calcein are inert to $sPLA_2$ degradation and serve as a model of the membrane of the tumor cells. This makes it possible to measure the permeability-enhancing properties of the released AEL molecules from $sPLA_2$ hydrolysis of the carrier liposomes simply by measuring the amount of calcein released from the target liposomes.

The results obtained by the lag-time measurements show a strong time-dependent correlation with the calcein release. Noticeably, the burst indicated by intrinsic fluorescence from sPLA₂ happens prior to calcein release. Figure 5 shows that we can use the calcein release measurements as a consistent and direct indication of the sPLA₂ lag-time (burst) behavior.⁴⁷ Intrinsic fluorescence and HPLC measurements of the mixed liposome systems are very similar to the pure 1-O-DPPC system (data not shown). The lag time is, however, shorter because of the negative charge introduced by the 1-O-DPPE-PEG lipids. Figure 6a shows the degree of calcein release from D-O-SPC liposomes at 40.5 °C as a function of time after the addition of sPLA₂ to the different liposome suspensions. A small release of calcein is seen shortly after addition of sPLA₂. This release is difficult to explain; however, early sPLA₂ studies have shown that a short initial burst occurs followed by a lag phase in sPLA₂ hydrolysis of zwitterionic phospholipid vesicles.⁴⁸ The time-release profiles for the four liposome systems investigated show that liposomes containing 1-O-DPPE-PEG lead to a fast calcein release in accordance with lag-time experiments on polymer-covered liposomes.²⁸ It is seen that there is very little difference in the calcein release for 1-O-DPPE-PEG₂₀₀₀ and 1-O-DPPE-PEG₃₅₀ when incorporated in the same concentration, which indicates a similar susceptibility of these membrane systems for sPLA₂ hydrolysis. However, at 38.5 °C (Figure 6b) the difference is more substantial because the steric barrier of the PEG₂₀₀₀ polymer becomes more dominating when



Figure 6. Release of the fluorescent calcein from the target D-O-SPC liposomes as a function of time. $sPLA_2$ was added after 20 min to a liposome suspension of D-O-SPC and 1-O-DPPC incorporated with 1-O-DPPE-PEG lipids: (a) temperature was 40.5 °C; (b) temperature was 38.5 °C. The experiments were stopped, after the burst had occurred, by addition of Triton X-100, which leads to complete release (100%) of calcein.

the enzyme activity is lower. This does not reveal anything about the perturbing ability of the two lipids but reflects a lower enzyme affinity and/or accessibility to the membrane surface at this temperature.⁴⁷ 1-O-DPPE-PEG₃₅₀ is expected to be less perturbing than 1-O-DPPE-PEG₂₀₀₀ based on molecular-shape considerations. The large headgroup of 1-O-DPPE-PEG₂₀₀₀ is expected to induce a more pronounced curvature stress in the membrane. However, to answer the question of which hydrolyzed 1-O-DPPE-PEG (1-O-2-lyso-PPE-PEG) possesses the highest ability to perturb the D-O-SPC membrane and thereby enhances drug uptake, one needs to account for the effective concentration of the 1-O-2-lyso-PPE-PEG in the target membrane, which is a result of the water-solubility difference of the monomers. It is notable, however, that 1-O-DPPC with 10% 1-O-DPPE-PEG₃₅₀ shows nearly complete calcein release. From HPLC measurements (data not shown), we know that this formulation gives a very high degree of hydrolysis at 38.5 °C, which could be the reason for the more complete calcein release. Another explanation could be that 1-O-2-lyso-PPE-PEG₃₅₀ perturbs the membrane more than 1-O-2-lyso-PPC does because of the difference in the overall molecular shape.

There is evidence that the negative charge on 1-O-DPPE-PEG lipids is the main contributor to the enhanced sPLA₂ activity. The length of the PEG₂₀₀₀ should give rise to a much higher steric repulsion of the enzyme than PE-PEG₃₅₀ does. However, the apparent steric repulsion observed at 40.5 °C is overshadowed by the electrostatic attraction, resulting in a short lag time and fast hydrolysis of the liposomes. At lower temperatures (38.5 °C), the steric repulsion of PE-PEG₂₀₀₀ compared to PE-PEG₃₅₀ becomes more pronounced and results in an increased lag time. These results substantiate the results presented in early articles,^{49–52} describing reduced enzyme interaction, and the finding that sPLA₂



Figure 7. Percent hemolysis of human red blood cells as a function of lipid concentration. The liposomes were composed of 100% 1-O-DPPC (squares) and 95% 1-O-DPPC with 5% 1-O-DPPE-PEG₂₀₀₀ (triangles) and compared with ET-18-OCH₃ (diamonds) (forms micelles).

has increased activity toward PE-PEG doped liposomes⁴⁷ because of the introduction of a net negative charge.²⁸

In Vitro Study of Red Blood Cell Hemolysis by proAEL Liposomes. The thoroughly investigated AEL compound ET-18-OCH₃ (Edelfosine) is known to be very cytotoxic toward tumor cells. However, the therapeutic use of ET-18-OCH₃ as an anticancer drug has been restricted by its strong hemolytic properties.⁵³ The disruptive nature of ET-18-OCH₃ on the membrane of red blood cells is closely associated with its detergentlike properties. It has been shown that the association of ET-18-OCH₃ with stable liposomes greatly reduces the hemolytic effects in vitro and in vivo.^{54,55} However, the toxic dose is still very low. Two of the liposome systems studied in the present paper have been compared with ET-18-OCH₃. The synthesized proAELs are close proanalogues of ET-18-O-CH₃ and become cytotoxic once activated by sPLA₂. These proAEL analogues are consequently very interesting as chemotherapeutic agents if the severe side effects, such as hemolysis, can be removed by localized activation by sPLA₂ specifically in tumor tissue. Figure 7 shows the comparison of the hemolytic properties of two liposome proAEL systems with ET-18-O-CH₃. It is clear that the masked proAELs are significantly less hemolytic and nontoxic against human red blood cells. These results suggest that the proAEL liposome systems may be worthy candidates for the design of novel tumor-targeting drug-delivery formulations that can be administered intravenously.

Conclusion

Results have been presented that support and elaborate earlier results by Vermehren et al.^{47,56} and Jørgensen et al.²⁸ It is shown that there is an increased sPLA₂ activity toward liposomes composed of zwitterionic phospholipids, such as 1-O-DPPC, when incorporated with negatively charged 1-O-DPPE-PEG. Through the synthesis of prodrug lipids of 1-O-DPPC and 1-O-DPPE-PEG, it has been possible to substantiate that sPLA₂ does not express a significant difference in activity toward liposomes composed of 1-O-phospholipids compared to liposomes composed of diacylphospholipids.⁴⁷ By employment of D-O-SPC liposomes with encapsulated calcein as a simplified model of a target membrane, it has furthermore been possible to show that the generated AELs and fatty acid hydrolysis products of sPLA₂ possess a membrane-perturbing effect and cause a substantial calcein leakage from the target liposomal membranes. This indicates, in relation to medical applications in cancer treatment, that there will be an increased diffusion of the released drugs into the cancer cells. This could potentially lead to an enhanced efficacy of the carried antitumor drugs. Hemolytic experiments on red blood cells have demonstrated that proAEL liposomes composed of pure 1-O-DPPC and 1-O-DPPC doped with 5% 1-O-DPPE-PEG₂₀₀₀ have a very low hemolytic toxicity.

The results presented are promising in relation to the development of a new liposome-based drug and drugdelivery system that target cancer tissue with elevated levels of sPLA₂. The proAEL liposomes offer a cancertargeted release of a carried drug, such as doxorubicin, through their susceptibility to sPLA₂ degradation. In addition, the idea combines the use of liposomes as drug carriers with a unique and novel lipid-based prodrug that is activated by sPLA₂ specifically in tumor tissue. The resulting antitumor ether lipids (AELs) are known to display promising anticancer activity but have so far been limited in use because of their hemolytic properties. The proAEL concept is designed to circumvent these limitations and might even enhance the efficacy of the carried drug through the increased permeability of the target cell membrane. The results presented herein constitute a model study that is necessary for clarifying the suitability and potential of using sPLA₂ as a site-specific trigger for the release of antitumor ether lipids specifically in tumor tissue. We have provided the fundamental building blocks of the concept, which are required in order to take the next rational steps into biological studies.

Experimental Section

Materials and Liposome Preparation. Edelfosine (ET-18-OCH₃), which was used as reference in the blood hemolysis study, was purchased from Avanti Polar Lipids, Birmingham, AL. All other lipids were synthesized in our laboratories as described in Results and Discussion. 1-O-DPPC multilamellar liposomes were prepared by hydrating the lipids in a Hepes buffer solution for 1 h at 55 °C. The lipid suspension was vortexed every 15 min. Mixed liposomes of 1-O-DPPC and 1-O-DPPE-PEG were prepared by dissolving the weighed amounts in chloroform. The solvent was removed using a gentle stream of nitrogen, after which the lipid film was dried overnight under reduced pressure. The lipid film was hydrated in Hepes buffer using the same conditions as for 1-O-DPPC. Unilamellar liposomes of narrow size distribution were made by extrusion of the multilamellar liposome suspension 10 times through two stacked 100 nm polycarbonate filters.⁵⁷ The Hepes buffer used was prepared from 0.15 M KCl, 1 mM NaN₃, 0.03 mM CaCl₂, 0.01 mM EDTA, 0.01 M Hepes (pH 7.5). The employed sPLA₂ (Agkistrodon piscivoros piscivoros) was isolated and purified from snake venom.⁵⁸ This enzyme is structurally similar to mammalian sPLA₂, indicating a similar catalytic hydrolysis mechanism for phospholipid substrates.59

Differential Scanning Calorimetry. Differential scanning calorimetry (DSC) of 5 mM multilamellar liposomes was performed using a Microcal MC-2 (Northhampton, MA) ultrasensitive power-compensating scanning calorimeter equipped with a nanovoltmeter. The scans were performed in the upscan mode at a scan rate of 10 °C/h. An appropriate baseline has been subtracted from the calorimetric curves.

Phospholipase A₂ Lag-Time Measurements. Assay conditions for the sPLA₂ lag-time measurements were 0.15 mM unilamellar liposomes, 150 nM sPLA₂, 0.15 M KCl, 1 mM NaN₃, 0.03 mM CaCl₂, 0.01 mM EDTA, and 0.01 M Hepes (pH

7.5). The catalytic reaction was initiated by adding 8.9 μ L of a 42 μ M sPLA₂ stock solution to 2.5 mL of a thermostated liposome suspension equilibrated 20 min prior to addition of the enzyme. The time elapsed between addition of sPLA₂ and a sudden increase in the intrinsic fluorescence emission from sPLA₂ (tryptophan), due to a burst in the sPLA₂ activity, is defined as the characteristic lag time of the enzyme.²⁶ The emission takes place at 340 nm after excitation at 285 nm. The total amount of hydrolyzed lipid 1000 s after the sPLA₂ burst was determined by HPLC using a 5 μ L diol column, a mobile phase composed of CHCl₃/MeOH/H₂O (730:230:25, v/v), and an evaporative light scattering detector.

Phospholipase A₂ Calcein Release Measurements. Assay conditions for the sPLA₂ calcein release measurements performed in order to investigate the permeability-enhancing effect of the generated AELs and fatty acid hydrolysis products were 25 µM unilamellar proAEL liposomes, 25 µM 1,2-bis-Ooctadecyl-sn-glycero-3-phosphocholine (D-O-SPC) liposomes with encapsulated calcein, 25 nM sPLA₂, 0.15 M KCL, 1 mM NaN3, 0.03 mM CaCl2, 0.01 mM EDTA, and 0.01 M Hepes (pH 7.5). The catalytic reaction was initiated by adding 1.5 μ L of a 42 μ M sPLA₂ stock solution to 2.5 mL of a thermostated liposome suspension equilibrated 20 min prior to addition of the enzyme. The calcein release from the D-O-SPC liposomes was measured by the fluorescent intensity at 520 nm after a 492 nm excitation. The D-O-SPC liposomes were prepared by hydrating a D-O-SPC lipid film with a Hepes buffer (pH 7.5)containing 20 mM calcein for 1 h at 65 °C. The lipid suspension was vortexed every 15 min. The multilamellar liposomes were extruded as described above, and the resulting unilamellar liposomes were separated from free calcein using a chromatographic column packed with sephadex G-50. The measurements were performed at temperatures where both the carrier and the target liposomes are in the gel state. The amount of calcein released is calculated as

% release = 100 ×
$$\frac{I_{F(t)} - I_{\rm B}}{I_{\rm T} - I_{\rm B}}$$
 (1)

 $I_{F(\ell)}$ is the measured fluorescence at time $t,\ I_{\rm B}$ is the background fluorescence, and $I_{\rm T}$ is the fluorescence measured after complete calcein release upon addition of Triton X-100. Calcein is entrapped in a self-quenching concentration at 20 mM, which is the reason for increased fluorescence upon release from D-O-SPC liposomes. A linear relation between the fluorescence measured and calcein released exists with the D-O-SPC liposome/calcein concentration used in the experiment.

Hemolysis Assay. The hemolysis assays were performed as described by Perkins et al.⁶⁰ 0.5 mL of the lipid suspensions was mixed with 0.5 mL of a washed human red blood cell (RBC) suspension [4% in PBS (v/v)] and incubated with constant agitation at 37 °C for 20 h. A negative reference (0% hemolysis) was prepared by mixing 0.5 mL of the RBC suspension with 0.5 mL of PBS. A positive reference (100% hemolysis) was prepared by adding 0.5 mL of 10% Triton X-100 to 0.5 mL of RBC suspension. The incubated samples were centrifuged (2000 rpm) for 10 min at 20 °C. An amount of 400 μ L of the supernatant was diluted with 2 mL of buffer solution (PBS). Percent hemolysis was measured as absorbance at 550 nm using a Perkin-Elmer 320 spectrophotometer.

Synthesis. Reactions involving air-sensitive reagents were carried out under N₂ using the syringe–septum technique. THF was freshly distilled over sodium/benzophenone ketyl. DMF, CH₂Cl₂, CHCl₃, toluene, pyridine, TMP, and Et₃N were dried over 3 Å molecular sieves. Ether refers to diethyl ether. Reagents were purchased from Sigma-Aldrich Chemical Co. and used without further purification. Column chromatography was performed using silica gel (35–70 μ m, 230–400 mesh). HPLC analysis was performed using a 5 μ L diol column, a mobile phase consisting of CHCl₃/MeOH/H₂O (730:230:25, v/v), and an evaporative light scattering detector. ¹H NMR and ¹³C NMR spectra were recorded at 300 and 75 MHz, respectively.

1-O-Hexadecyl-3-O-benzyl-sn-glycerol (5). To a flamedried flask (100 mL) containing washed NaH (0.153 g, 6.40 mmol) under N₂ at 0 °C was added cetyl alcohol (1.48 g, 6.10 mmol) in dry THF (25 mL). The NaH was washed by a continuous extraction of a NaH dispersion (60% mineral oil) with dry petroleum ether. The reaction mixture was heated to 80 °C for 1 h. (*R*)-O-Benzyl glycidol (4) (0.5 g, 3.05 mmol) was added and then DMF (25 mL) dropwise over 5 min. The reaction mixture was stirred overnight at 80 °C. The reaction mixture was cooled to room temperature and stirred for 20 min upon addition of water (2.5 mL). Removal of solvent in vacuo gave a brown residue, which was redissolved in ether (40 mL), washed with brine (3 \times 30 mL), and dried over Na₂-SO₄. The resulting yellow solid was purified on a short column (5 cm) using 20% ether/CH₂Cl₂ to give 1-O-hexadecyl-3-O-benzyl-*sn*-glycerol (5), crude, $R_f = 0.44$ (ether/CH₂Cl₂ 1:4), which was used without further purification.

1-O-Hexadecyl-2-palmitoyl-3-O-benzyl-sn-glycerol (6). Crude 5 was dissolved in petroleum ether (60 mL). Pyridine (1.46 mL, 18.3 mmol) and palmitoyl chloride (4.5 mL, 14,7 mmol) dissolved in petroleum ether (80 mL) were added, and the mixture was stirred for 16 h at 80 °C, after which TLC (petroleum ether/CH $_2$ Cl $_2$ /ether 20:12:3) indicated that the reaction was complete. The reaction was guenched with water (15 mL) and the mixture was stirred 30 min, after which petroleum ether (100 mL) was added. The solution was washed with 0.8 mL of HCl (2 \times 50 mL), H₂O (2 \times 50 mL), NaHCO₃ (4 \times 25 mL), and H₂O (2 \times 50 mL), dried over MgSO₄, and concentrated. Purification by flash chromatography (petroleum ether/CH₂Cl₂/ether 60:12:3) gave 2,39 g (70%) of **6**. $R_f = 0.51$ (petroleum ether/CH2Cl2/ether 20:12:3). Anal. Calcd: C, 78.21; H, 11.78. Found: C, 78,24; H, 11.59. ¹H NMR (300 MHz, CDCl₃): δ 7.32 (m, 5H, Ph), 5.18 (quintet, 1H, J = 5.1 Hz, CH), 4.48–4.60 (AB, 2H, J = 12.2 Hz, CH₂Ph), 3.62 (d, 2H, J = 5.4 Hz, CH_2CHCH_2), 3.57 (d, 2H, J = 5.2 Hz, CH_2CHCH_2), 3.42 (m, 2H, $C_{15}H_{31}CH_2O$), 2.33 (t, 2H, J = 7.4 Hz, CH_2COO), 1.62 (quintet, 2H, β -CH₂), 1.52 (quintet, 2H, β -CH₂), 1.26 (br s, 50H, 25 \times CH_2), 0.88 (t, 6H, 2 \times CH_3). ^{13}C NMR (75 MHz, CDCl₃): δ 173.5 (COO), 138.1, 128.4, 127.7 127.6 (Ph), 73.2, 71.5, 69.1, 68.7 (4 \times CH₂O), 71.2 (OCH), 34.4 (CH₂COO), 31.8, 29.7, 29.6, 29.5, 29.4, 29.3, 29.2, 29.0, 25.9, 24.9, 22.6 (CH₂ aliphatic), 14.0 ($2 \times CH_3$).

1-*O***-Hexadecyl-2-palmitoyl-***sn***-glycerol (7).** To a flamedried flask (50 mL) with Pd–C 10% (22 mg) under N₂ was added ethyl acetate (5 mL), and then **6** (195 mg, 0.30 mmol) was dissolved in ethyl acetate (10 mL). The flask was fitted with a balloon containing H₂, and the mixture was stirred for 90 min. The solution was filtered through a glass filter, which was washed successively with CH₂Cl₂. Concentration in vacuo gave 166 mg (99%) of **7** as a white solid, which was dried at 0.1 mmHg for 1 h and used in the next step. ¹H NMR (300 MHz, CDCl₃): δ 4.99 (quintet, 1H, J = 5.1 Hz, CH), 3.82 (d, 2H, J = 4.8 Hz, CH₂CH*CH*₂), 3.62 (ABX, 2H, J = 5.0 Hz, *CH*₂-CHCH₂), 3.45 (m, 2H, C₁₅H₃₁CH₂O), 2.29 (t, 2H, J = 7.2 Hz, CH₂COO), 1.58 (quintet, 4H, 2 × β -CH₂), 1.26 (br s, 50H. 25 × CH₂), 0.88 (t, 6H, 2 × CH₃).

1-O-Hexadecyl-2-palmitoyl-sn-glycero-3-phosphocho**line (1).** To a solution of POCl₃ (35.1 μ L, 0.388 mmol) in dry CH₂Cl₂ (1.5 mL) at 0 °C was added a solution of 7 (160 mg, 0.290 mmol) and Et₃N (54 μ L, 0.388 mmol) in CH₂Cl₂ (3.5 mL) dropwise over 20 min. The reaction mixture was stirred for 30 min under N₂ at room temperature, after which pyridine $(200 \,\mu\text{L}, 2.49 \,\text{mmol})$ and choline tosylate $(128 \,\text{mg}, 0.465 \,\text{mmol})$ were added. The reaction was stirred overnight at room temperature, resulting in a yellow solution. Water (0.2 mL) was added, and the reaction mixture was stirred for 40 min and concentrated to a white foam by azeotropic distillation with ethanol. The residue was dissolved in THF/H₂O 9:1 and slowly passed through an MB-3 column (5 cm), and the solvent was removed by azeotropic distillation with ethanol in vacuo. The crude product was purified by column chromatography (CH₂Cl₂/MeOH/H₂O 65:25:4), giving 1 in 159 mg (77%) as a white solid. $R_f = 0.37$ (CH₂Cl₂/MeOH/H₂O 65:25:4), >99% pure by HPLC, $[\alpha]^{25}_{D} - 3.37^{\circ}$ (*c* 0.5, CHCl₃/MeOH 1:1) (lit., ⁶¹ $[\alpha]^{25}_{D}$ −3.38°, *c* 0.53 CHCl₃/MeOH 1:1). Phospholipase A₂ showed >95% conversion. Anal. Calcd for C₄₀H₈₂NO₇P·H₂O: C, 65.09; H, 11.47; N, 1.90. Found: C, 64.94; H, 11.42; N, 1.90. ¹H NMR (300 MHz, CDCl₃): δ 5.13 (quintet, 1H, CH), 4.28 (m, 2H, PO*CH*₂CH₂N⁺), 3.92 (m, 2H, CH₂CH*CH*₂), 3.79 (m, 2H, POCH₂*CH*₂N⁺), 3.55 (m, 2H, *CH*₂CHCH₂), 3.40 (m, 2H, C₁₅H₃₁-CH₂O), 3.33 (s, 9H, (CH₃)₃N⁺), 2.30 (t, 2H, *J* = 7.3 Hz, CH₂-COO), 1.59 (quintet, 2H, β-CH₂), 1.51 (quintet, 2H, β-CH₂), 1.26 (br s, 50H. 25 × CH₂), 0.88 (t, 6H, 2 × CH₃). ¹³C NMR (75 MHz, CDCl₃): δ 173.6 (COO), 72.0 (CH₂*CH*CH₂, *J* = 7.9 Hz), 71.6 (C₁₅H₃₁CH₂O), 69.3 (*CH*₂CHCH₂), 56.1 (POCH₂*CH*₂N⁺, *J* = 5.7 Hz), 63.8 (CH₂*C*HCH₂, *J* = 5.4 Hz), 59.3 (PO*CH*₂*CH*₂N⁺, *J* = 4.8 Hz), 54.2 ((CH₃)₃N⁺), 34.4 (*CH*₂COO), 31.8, 29.6, 29.5, 29.4, 29.3, 29.2, 29.1, 26.0, 24.9, 22.5 (CH₂ aliphatic), 13.9 (2 × CH₃).

1-O-Hexadecyl-2-palmitoyl-sn-glycero-3-phospho-Omethyl-N-BOC-ethanolamine (8). To a solution of MeO-POCl₂ (136 μ L, 1.36 mmol) and TMP (240 μ L, 1.42 mmol) in dry toluene (2 mL) under N₂ at -25 °C was added 7 (343 mg, 0.62 mmol) in toluene (10 mL) by dropwise addition. The reaction mixture was stirred overnight at room temperature, after which only traces of starting material were indicated by TLC. TMP (366 µL, 2.17 mmol) and N-BOC-ethanolamine (575 μ L, 3.71 mmol) were added, and the reaction mixture was stirred overnight at room temperature. TLC indicated traces of monochlorophosphate, $R_f = 0.81$ (CH₂Cl₂/EtOAc 7:3). The formed TMP-Cl salt was removed by filtration, and the solvent was removed under reduced pressure. The product was purified by column chromatography (CH₂Cl₂/EtOAc 7:3) to give 343 mg (70%) of **8** as a white solid. $R_f = 0.32$ (CH₂Cl₂/EtOAc 7:3). Anal. Calcd for $C_{43}H_{86}NO_9P$: C, 65.20; H, 10.94; N, 1.77. Found: C, 65.32; H, 11.01; N, 1.83. ¹H NMR (300 MHz, CDCl₃): δ 5.17 (m, 1H, J = 5.2 Hz, CH), 4.21, 4.10 (m, 4H, POCH2CH2N CH2CHCH2), 3.78 (dd, 3H, J = 11.2 Hz, 3.6 Hz, CH₃OP), 3.56 (d, 2H, J = 5.3 Hz, CH₂CHCH₂), 3.43 (m, 4H, POCH₂*CH*₂N C₁₅H₃₁*CH*₂O), 2.34 (t, 2H, *J* = 7.4 Hz, CH₂COO), 1.62 (quintet, 2H, β -CH₂), 1.54 (quintet, 2H, β -CH₂), 1.45 (s, 9H, $(CH_3)_3$, 1.26 (br s, 50H. 25 × CH₂), 0.88 (t, 6H, 2 × CH₃). ¹³C NMR (75 MHz, CDCl₃): δ 173.3 (d, CH₂COO), 155.9 (NCO), 79.6 (C(CH₃)₃), 71.8 (C₁₅H₃₁CH₂O), 70.5 (CH₂CHCH₂, J = 7.4 Hz), 68.2 (CH₂CHCH₂), 67.1 (POCH₂CH₂N, J = 5.9 Hz), 66.1 (dd, CH₂CH*CH*₂, J = 4.9 Hz), 54.4 (CH₃OP, J = 4.8), 40.8 (POCH₂CH₂N, J = 5.1 Hz), 34.1 (CH₂COO), 31.8, 29.6, 29.5, 29.4, 29.3, 29.2, 29.1, 26.0, 24.9, 22.5, (CH₂ aliphatic), 28.2 ((CH₃)₃), 14.0 (2 \times CH₃).

1-*O***-Hexadecyl-2-palmitoyl-***sn***-glycero-3-phospho-***O***-methylethanolamine (9).** To **8** (100 mg, 0.128 mmol) in dichloromethane (3 mL) at 0 °C was added CF₃COOH (3 mL), and the reaction mixture was stirred 35 min at 0 °C. TLC showed 100% conversion, and the solvent was removed under reduced pressure. Toluene was added to remove CF₃COOH by azeotropic distillation. The resulting viscous oil was used without purification in the next reaction. $R_f = 0.05$ (CH₂Cl₂/ EtOAc 7:3).

N-Succinimide Poly(ethylene glycol)₃₅₀ Carbonate (12). Poly(ethylene glycol)₃₅₀ (100 mg, 0.286 mmol) was dissolved in acetonitrile (1.5 mL) in a flame-dried flask under N₂. To this solution was added triethylamine (120 μ L, 0.86 mmol) and disuccinimide carbonate (146 mg, 0.571 mmol). The clear solution was stirred for 4 h at room temperature and then concentrated to give the crude product as a white solid. The crude product was purified by flash chromatography (8% MeOH/CH₂Cl₂), which gave 226 mg (80%) of the title compound as a white solid. $R_f = 0.54$ (eluent, 10% MeOH/toluene). ¹H NMR (300 MHz, CDCl₃): δ 4.47 (ABX₂, 2H, J = 4.6 Hz, OCH₂CH₂OCOO), 3.81 (ABX₂, 2H, J = 4.6 Hz, OCH₂CH₂-OCOO), 3.72–3.61 (m, 26H, (CH₂CH₂O)_n), 3.59–3.51 (m, 2H, CH₃O*CH*₂), 3.39 (s, 3H, CH₃O), 2.85 (s, 4H, 2 × CH₂CO).

N-Succinimide Poly(ethylene glycol)₂₀₀₀ Carbonate (13). Poly(ethylene glycol)₂₀₀₀ (1.15 g, 0.572 mmol) was dissolved in acetonitrile (4 mL) in a flame-dried flask under N₂. To this solution was added triethylamine (240 μ L, 1.72 mmol) and disuccinimide carbonate (292 mg, 1.14 mmol). The clear solution was stirred for 4 h at room temperature and then

concentrated to give the crude product as a white solid. The crude product was purified by flash chromatography (16% MeOH/Toluene), which gave 1.0 g (82%) of the title compound as a white solid together with an impurity of *N*-hydroxysuccinimide. R_f = 0.15 (eluent, 16% MeOH/toluene). ¹H NMR (300 MHz, CDCl₃): δ 4.47 (ABX₂, 2H, *J* = 4.6 Hz, OCH₂CH₂OCOO), 3.81 (ABX₂, 2H, *J* = 4.6 Hz, O*CH*₂CH₂OCOO), 3.71–3.61 (m, 180H, (CH₂CH₂O)_{*n*}), 3.59–3.53 (m, 2H, CH₃O*CH*₂), 3.38 (s, 3H, CH₃O), 2.85 (s, 4H. 2 × CH₂CO).

1-O-Hexadecyl-2-palmitoyl-sn-glycero-3-phospho-Omethylethanolamine Poly(ethylene glycol)350 (10). Activated polymer 12 (126 mg, 0.256 mmol) was added to a solution of 9 (87 mg, 0.128 mmol) and Et₃N (75µL, 0.54 mmol) in dry CHCl₃ (5 mL), and the reaction mixture was stirred for 2 h at 40 °C. The reaction mixture was concentrated to give a yellow solid, which was redissolved in toluene (50 mL) and washed with water (10×10 mL) to remove uncoupled polymer. Toluene was removed under reduced pressure and the residue was purified by column chromatography (16% MeOH/toluene), resulting in 104 mg (74% over two steps) of a white solid. R_f = 0.35 (16% MeOH/toluene). >99% pure by HPLC. ¹H NMR (300 MHz, CDCl₃): δ 5.15 (m, 1H, CH), 4.28–4.04 (m, 6H, $POCH_2CH_2N NCOOCH_2 CH_2CHCH_2)$, 3.76 (dd, 3H, J = 11.2Hz 3.7 Hz, CH₃OP), 3.70-3.59 (m, 20H, (CH₂CH₂O)_n), 3.57-3.50 (m, 4H, NCOOCH2 CH2 O CH3 O CH2), 3.49-3.37 (m, 4H, CH_2 CHCH₂ C₁₅H₃₁ CH_2 O), 3.36 (s, 3H, CH₃O), 2.32 (t, 2H, J =7.4 Hz, CH₂COO), 1.60 (m, 2H, β-CH₂), 1.52 (m, 2H, β-CH₂), 1.26 (br s, 50H. 25 \times CH_2), 0.88 (t, 6H, 2 \times CH_3). $^{13}\!C$ NMR (75 MHz, CDCl₃): & 173.2 (COO), 156.5 (NCO), 71.9 (CH₂-OCH₃), 71.8 (C₁₅H₃₁CH₂O), 70.9-70.1 ((CH₂CH₂O)₁, CH₂CHCH₂), 69.4 (NCOOCH2 CH2O), 68.2 (CH2CHCH2), 66.8 (POCH2CH2N, J = 5.7 Hz), 66.1 (t, CH₂CH*CH*₂, J = 5.9 Hz), 64.1 (NCOO*CH*₂- CH_2O), 59.0 (CH_3O), 54.4 (CH_3OP , J = 6.0 Hz), 41.2 (CH_2NCO , J = 6.3 Hz), 34.1 (*CH*₂COO), 31.8, 29.6, 29.5, 29.4, 29.3, 29.2, 29.1, 26.0, 24.9, 22.5 (CH₂ aliphatic), 13.9 ($2 \times CH_3$).

1-O-Hexadecyl-2-palmitoyl-sn-glycero-3-phosphoethanolamine Poly(ethylene glycol)350 (2). Phospholipid (10) (88 mg, 0.081 mmol) was dissolved in 2-butanone (5 mL), and sodium iodide (122 mg, 0.81 mmol) was added. The reaction mixture was stirred for 2 h at 75 °C with the flask immersed to its neck in an oil bath, after which it was concentrated to give a yellow residue. The residue was redissolved in dichloromethane (50 mL) and washed with 1 M Na₂SO₃ (5 \times 10 mL) and then with water (5 \times 10 mL). The crude product was purified by column chromatography (12% MeOH/CH₂Cl₂) to give 85 mg (95%) of **2** as a white solid. $R_f = 0.31$ (12% MeOH/ CH_2Cl_2). >99% pure by HPLC; phospholipase A_2 shows >95%. ¹H NMR (300 MHz, CDCl₃): δ 5.13 (m, 1H, CH), 4.21 (m, 2H, NCOOCH2), 3.94 (m, 4H, POCH2CH2N CH2CHCH2), 3.80-3.61 (m, 22H, (CH₂CH₂O)_n), 3.60-3.50 (m, 4H, NCOOCH₂CH₂O CH₃OCH₂), 3.48-3.27 (m, 4H, CH₂CHCH₂ C₁₅H₃₁CH₂O), 3.37 (s, 3H, CH₃O), 2.30 (t, 2H, J = 7.9 Hz, CH₂COO), 1.59 (m, 2H, β -CH₂), 1.51 (m, 2H, β -CH₂), 1.26 (br s, 50H. 25 × CH₂), 0.88 (t, 6H, 2 × CH₃). ¹³C NMR (75 MHz, CDCl₃): δ 173.7 (COO), 156.9 (NCO), 72.0 (CH2OCH3), 71.7 (C15H31CH2O), 70.9-69.1 ((CH₂CH₂O)_n CH₂CHCH₂ NCOOCH₂CH₂O CH₂CHCH₂), 64.4 (POCH2CH2N), 63.9 (CH2CHCH2), 63.1 (NCOOCH2CH2O), 59.2 (CH₃O), 41.4 (CH₂NCO), 34.4 (CH₂COO), 32.0, 29.6, 29.5, 29.4, 29.3, 29.2, 29.1, 26.0, 24.9, 22.5 (CH₂ aliphatic), 14.0 (2 \times CH₃).

1-*O*-Hexadecyl-2-palmitoyl-*sn*-glycero-3-phospho-*O*methylethanolamine Poly(ethylene glycol)₂₀₀₀ (11). Activated polymer 13 containing *N*-hydroxysuccinimide (1 g, 0.467 mmol) was added to a solution of 9 (87 mg, 0.128 mmol) and Et₃N (150 μ L, 1.076 mmol) in dry CHCl₃ (10 mL), and the reaction mixture was stirred for 2 h at 40 °C. The reaction mixture was concentrated to give a yellow solid, which was redissolved in dichloromethane (50 mL) and was washed with water (10 × 10 mL). Dichloromethane was removed under reduced pressure and the residue was purified by column chromatography (8% MeOH/CH₂Cl₂), resulting in a white solid, which was used without further purification in the next reaction. $R_f = 0.45$ (10% MeOH/CH₂Cl₂).

1-O-Hexadecyl-2-palmitoyl-sn-glycero-3-phosphoethanolamine Poly(ethylene glycol)2000 (3). Phospholipid 11 (0.128 mmol) was dissolved in 2-butanone (50 mL), and sodium iodide (180 mg, 1.28 mmol) was added. The reaction mixture was stirred 2 h at 75 °C with the flask immersed to its neck in an oil bath, after which the yellow solution was concentrated to give a yellow residue. The residue was redissolved in dichloromethane (40 mL) and washed with 1 M Na₂SO₃ (5 \times 10 mL) and then with water (5 \times 10 mL). The crude product was purified by column chromatography ($12\% \rightarrow 50\%$ MeOH/ CH_2Cl_2) to give 245 mg (70% over three steps) of **3** as a white solid. $R_f = 0.25$ (10% MeOH/CH₂Cl₂). >99% pure by HPLC; phospholipase A₂ shows >95% conversion. ¹H NMR (300 MHz, CDCl₃): δ 5.13 (m, 1H, CH), 4.21 (m, 2H, NCOO*CH₂*), 4.00-3.86 (m, 4H, POCH2CH2N CH2CHCH2), 3.78-3.60 (m, 168H, (CH₂CH₂O)_n), 3.60-3.50 (m, 4H, NCOOCH₂CH₂O CH₃OCH₂), 3.48-3.28 (m, 4H, CH2CHCH2 C15H31CH2O), 3.38 (s, 3H, CH₃O), 2.29 (t, 2H, J = 6.9 Hz, CH₂COO), 1.59 (m, 2H, β -CH₂), 1.51 (m, 2H, β -CH₂), 1.26 (br s, 50H, 25 × CH₂), 0.88 (t, 6H, 2 \times CH₃). ¹³C NMR (75 MHz, CDCl₃): δ 173.4 (COO), 156.7 (NCO), 71.9 (*CH*₂OCH₃), 71.5 (C₁₅H₃₁*CH*₂O), 70.9-69.0 ((CH₂- $(CH_2O)_n$ CH_2CHCH_2 $NCOOCH_2CH_2O$ CH_2CHCH_2), 64.0 (POCH2CH2N), 63.7 (CH2CHCH2), 63.1 (NCOOCH2CH2O), 59.2 (CH₃O), 42.3 (CH₂NCO), 34.3 (CH₂COO), 31.8, 29.6, 29.5, 29.4, 29.3, 29.2, 29.1, 26.0, 24.9, 22.5 (CH₂ aliphatic), 14.0 (2 \times CH₃).

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