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*Organometallics*, **1993**, 12 (3), 955-957 • DOI: 10.1021/om00027a054 • Publication Date (Web): 01 May 2002

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# Aromatization of the B-Ring of 5,7-Dienyl Steroids by the Electrophilic Ruthenium Fragment "[Cp\*Ru]<sup>+</sup>"

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Received September 22, 1992

**Summary:** Reaction of ergosterol or 7-dehydrocholesterol with the "Cp\*Ru<sup>+</sup>" fragment generated by the protonation of [Cp\*Ru(OMe)]<sub>2</sub> by CF<sub>3</sub>SO<sub>3</sub>H leads to the high-yield selective aromatization of the B-ring of the steroid substrate via a C-C bond-cleavage process, affording near-quantitative yields of the mixed sandwich derivatives [Cp\*Ru(η<sup>6</sup>-aryl steroid)]<sup>+</sup>. This reaction has been shown to proceed via an initial C-H bond activation step, yielding a [Cp\*Ru(H)(η<sup>5</sup>-cyclohexadienyl)]<sup>+</sup> intermediate, followed by elimination of CH<sub>4</sub>.

Even after the discovery of several pathways for the activation of C-H bonds in alkanes,<sup>1</sup> the activation of C-C bonds remained a mechanistic and synthetic challenge.<sup>2</sup> We, among others, have shown that the fragment "Cp\*Ru<sup>+</sup>" (1; Cp\* = C<sub>5</sub>Me<sub>5</sub><sup>-</sup>), prepared inter alia by the protonation of [Cp\*Ru(OMe)]<sub>2</sub> by CF<sub>3</sub>SO<sub>3</sub>H in THF or CH<sub>2</sub>Cl<sub>2</sub>, shows an unusual affinity for aromatic hydrocarbons, forming mixed-sandwich [Cp\*Ru(η<sup>6</sup>-arene)]<sup>+</sup> complexes.<sup>3,4</sup> We have used this property, together with the electrophilicity of the fragment 1, for the aromatization of a variety of C<sub>6</sub> hydrocarbons via C-H, C-O, C-Cl, and even C-C bond activations, again affording η<sup>6</sup>-arene

derivatives as the final products.<sup>5</sup> As an extension of this work, we demonstrated that reaction of 1 with steroids containing an A-ring enone (testosterone or progesterone) or 3-hydroxyl-5-enyl functionality (cholesterol or dehydroisoandrosterone) results in selective high-yield aromatization of the A-ring of the steroid substrate,<sup>6</sup> yielding [Cp\*Ru(η<sup>6</sup>-aryl steroid)]<sup>+</sup> products analogous to those previously reported by Jaouen<sup>7</sup> and Moriarty.<sup>8</sup> In the case of cholesterol, we observed the initial dehydration of the A-ring of the steroid framework, formation of a triene, and homolytic cleavage of the C10-C19 bond to yield the A-ring aromatized product with total selectivity. Aromatization of the B-ring of a steroid substrate therefore appeared to be a challenging problem. To address this, we have studied the reactions of "Cp\*Ru<sup>+</sup>" with 7-dehydrocholesterol, which contains an additional unsaturation on the B-ring compared to cholesterol, and with ergosterol, which further shows unsaturation on the side chain (Figure 1). The results of these reactions are reported in this note.

The reaction of 1 with ergosterol in THF at 120 °C affords the single product 2 in virtually quantitative spectroscopic yield: recrystallization from THF/Et<sub>2</sub>O yields off-white microcrystals of 2 in 47% yield. Gas-phase analysis of the reaction mixture shows the presence of methane as the sole gaseous byproduct. The <sup>1</sup>H NMR spectrum of 2 exhibits a singlet at δ 2.00 ppm (15H) due to the Cp\* ligand and methyl resonances at δ 1.21, 1.08, 0.98 and 0.96 ppm (each 3H) from the side-chain CH<sub>3</sub> groups and δ 0.77 ppm (3H) for Me-18; no peak attributable to Me-19 was observed. An AB resonance at δ 5.93-5.87 ppm (<sup>3</sup>J<sub>H-H</sub> = 5.9 Hz, 2H) deriving from H6 and H7 is also observed, approximately 0.35 ppm upfield from that shown by the steroid precursor; in contrast, the AB resonance at δ 5.42-5.38 ppm due to H22 and H23 is almost identical with that observed in free ergosterol, implying that no reaction occurs at the side chain of this steroid. The <sup>13</sup>C NMR spectrum of 2 shows coordinated aryl resonances at δ 103.27, 99.29, 98.95, and 98.58 ppm (s; C5, C8-C10) and δ 86.98, 86.08 ppm (d, <sup>1</sup>J<sub>C-H</sub> = 174 Hz; C6, C7), in addition

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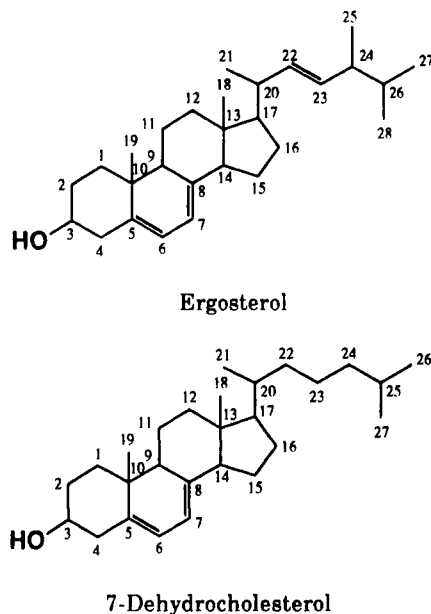
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**Figure 1.** Steroid substrates examined in this work.

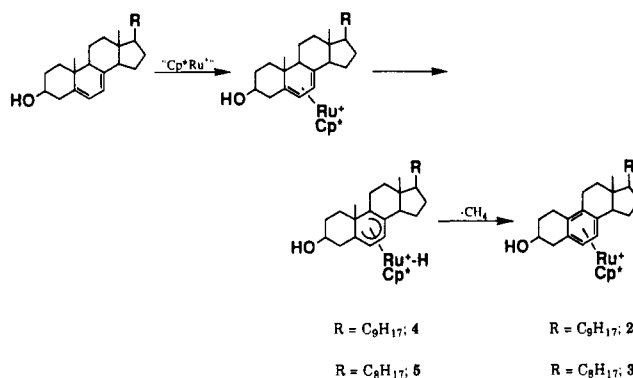
to quartets at  $\delta$  20.68, 19.59, 19.31, 17.27, and 10.76 ppm ( $^1J_{C-H} = 124\text{--}126$  Hz; C18, C21, C25, C27, C28) and  $\delta$  8.91 from the Cp\* group. A doublet resonance at  $\delta$  63.26 ppm ( $^1J_{C-H} = 144$  Hz) is attributable to C3, showing the retention of the hydroxyl function at this carbon atom. These data are consistent with the aromatization of the B-ring of ergosterol by 1 with concomitant evolution of CH<sub>4</sub>, yielding an  $\eta^6$  complex of the resultant aromatized steroid.

The reaction of 1 with 7-dehydrocholesterol under conditions identical with those described above yielded 3. The spectroscopic properties of 3 are very similar to those of 2:  $^1\text{H}$  NMR  $\delta$  5.93–5.87 (AB,  $^3J_{H-H} = 5.9$  Hz, 2H; H6, H7), 1.99 (s, 15H; Cp\*), 1.13 (d,  $^3J_{H-H} = 5.5$  Hz, 3H; Me-21), 0.99 (d,  $^3J_{H-H} = 6.5$  Hz, 6H; Me-26, 27), 0.75 ppm (s, 3H; Me-18);  $^{13}\text{C}$  NMR  $\delta$  103.41, 99.32, 99.07, 98.61 (C5, C8–C10), 87.02, 86.14 (C6, C7), 63.42 (C3), 22.46, 22.18 (C26, C27), 18.43 (C21), 10.58 (C18), 8.96 ppm (Cp\*). Hence, product 3 was also formulated as a  $\eta^6$  complex of [Cp\*Ru]<sup>+</sup> with the B-ring aromatized derivative of cholesterol. This reaction is in contrast with the previously reported formation of the A-ring aromatization product on reaction of cholesterol with 1;<sup>6</sup> thus, we can control the site of attack on this complex organic molecule by 1 simply through the addition of one C=C double bond to the cholesterol substrate.

Interestingly, only one of the two possible isomers of 2 and 3 is observed; this is presumably the  $\alpha$ -isomer,<sup>8a</sup> although this remains to be confirmed by X-ray crystallography. We have proposed that  $\alpha \leftrightarrow \beta$  isomerization in this system occurs after the aromatization reaction is complete, via decoordination and migration of the Cp\*Ru<sup>+</sup> moiety between the two faces of the aromatic ligand.<sup>6b</sup> This being the case, such isomerization would be expected to be disfavored for 2 and 3, since the increased steric crowding about the tetrasubstituted aromatized B-ring compared to a disubstituted aromatic A-ring should hinder migration of the Ru center about the steroid framework.

Reaction of 1 with ergosterol in THF at 293 K for 15 h affords a mixture of compounds, containing unreacted steroid and the new complex 4 in addition to other unidentified species. Similarly, reaction of 1 with 7-dehydrocholesterol under identical conditions yields 5. We

**Scheme I. Proposed Mechanism for the Formation of 2 and 3**



have been unable to isolate 4 and 5 as pure compounds; however, recrystallization of the reaction mixtures from THF/Et<sub>2</sub>O affords brown solids containing 4 or 5 as the major components (ca. 70%), permitting their characterization by NMR spectroscopy. 4 and 5 give almost identical  $^1\text{H}$  NMR spectra, each exhibiting an AB multiplet at  $\delta$  6.83 and 5.01 ppm ( $^3J_{H-H} = 5.6$  Hz, 2H) arising from H6 and H7, a singlet at  $\delta$  2.12 ppm (15H) from the Cp\* ligand, singlets at  $\delta$  1.06 and 0.82 ppm (3H; Me-19 and Me-18), and a metal hydride at  $\delta$  -4.66 ppm (br s, 1H). The  $^{13}\text{C}$  NMR spectrum of 5 showed resonances at  $\delta$  103.83, 99.38, 97.35, 88.92, and 88.37 (C5–C9), 69.35 (C3), 38.76, 36.86 (C10, C19), 10.38 (C18), and 9.52 ppm (Cp\*), in addition to other peaks expected from the steroid framework. These spectra are similar to those reported for [Fe(CO)<sub>3</sub>( $\eta^5$ -ergosteryl acetate)]<sup>+</sup> by McGlinchey et al.<sup>9</sup> and are consistent with a [Cp\*Ru<sup>IV</sup>(H)( $\eta^5$ -cyclohexadienyl steroid)]<sup>+</sup> formulation for 4 and 5. When they are heated at 120 °C for 40 h or stand under Ar at 293 K for 2 weeks, 4 and 5 are quantitatively converted to 2 and 3, respectively, consistent with the intermediacy of 4 and 5 in the aromatization processes.

The observation of 4 and 5 is consistent with a mechanism for the formation of 2 and 3 analogous to that observed in the aromatization of steroid enones by 1, for which metal hydride containing intermediates were also detected<sup>6b</sup> (Scheme I). Initial coordination of the [Cp\*Ru]<sup>+</sup> fragment to the steroid diene is followed by rapid activation of the  $\alpha$ -C–H bond C9–H9 to afford 4 and 5. Cleavage of the C10–C19 bond and elimination of methane then yields 2 and 3. Carbon–carbon bond activation reactions involving 1 are thought to follow a radical mechanism; this was proposed on the basis of the observation of trace amounts of C<sub>2</sub>H<sub>6</sub> in addition to CH<sub>4</sub> in the gas phase of such reactions.<sup>5b</sup> The same mechanism presumably occurs here, although no trace ethane was detected. It is interesting that no competitive dehydration of the A-ring occurs during production of 2 and 3, particularly since reaction of 1 with cholesterol leads to dehydration at C3–C4 as the first step of the reaction, resulting in aromatization of the A- rather than the B-ring.<sup>6b</sup> We have previously shown that C–O bond cleavage is preferred over C–H or C–C activation during the aromatization of simple cyclic hydrocarbons by 1.<sup>5b</sup> Hence, introduction of an additional degree of unsaturation into the B-ring of the steroid framework increases the association constant for [Cp\*Ru]<sup>+</sup> with the B-ring to such

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an extent that no competitive precoordination of the metal center to the A-ring hydroxyl group occurs.

In conclusion, we have now demonstrated the "Cp\*Ru<sup>+</sup>" can be used to selectively aromatize the A- or the B-ring of steroids, depending on the degree of unsaturation on the B-ring of the substrate. In addition, we have thus obtained stable cationic  $\eta^6$  complexes of steroids aromatized on the B-ring, which to the best of our knowledge are the first such compounds to be reported: the single-crystal structure of [Fe(CO)<sub>3</sub>( $\eta^4$ -7-dehydrocholesteryl acetate)] has recently been reported.<sup>9</sup> 7-Dehydrocholesterol being readily available from cholesterol,<sup>10</sup> for example, our method therefore allows the controlled formation of novel aromatic steroids. Further transformation and functionalization of the coordinated steroids is possible, for example by alkylation at a benzylic position,<sup>11</sup> this is currently under investigation.

### Experimental Section

All operations were performed under argon using standard Schlenk tube techniques. Microanalyses were performed by the "Centre de Microanalyse du CNRS" or in our laboratory. <sup>1</sup>H and <sup>13</sup>C NMR spectra were recorded on a Bruker AC200 spectrometer in acetone-*d*<sub>6</sub> solution. Activation experiments were carried out in closed Fischer-Porter bottles equipped with Swagelok fittings that can connect directly to the injection valve of an IGC 16 Intersmat GC.

Separation of CH<sub>4</sub>, C<sub>2</sub>H<sub>6</sub>, and Ar was performed on a 1/8-in. column: molecular sieve 5 Å (2 m); temperature 100 °C; carrier gas He, 20 mL/min; detector TCD; sample loop 0.3 mL.

The spectroscopic yields of reactions were determined by integration in both GC and <sup>1</sup>H NMR spectroscopy.

**Reaction of 1 with Ergosterol.** To a mixture of "Cp\*Ru<sup>+</sup>" (prepared from [Cp\*Ru(OMe)]<sub>2</sub> (175 mg, 0.33 mmol) and CF<sub>3</sub>-

SO<sub>3</sub>H (60  $\mu$ L, 0.66 mmol) in THF (20 cm<sup>3</sup>) was added ergosterol (258 mg, 0.66 mmol). The resulting solution was transferred to a Fischer-Porter bottle and heated for 40 h at 120 °C. After the reaction mixture was cooled, the gases were analyzed, the solution was transferred into a Schlenk tube and evaporated to dryness, and the residue was analyzed by NMR spectroscopy. Recrystallization of the crude oily product from THF/Et<sub>2</sub>O yielded 2 as an off-white solid: spectroscopic yield 100%; isolated yield 47%. Anal. Calcd for [C<sub>37</sub>H<sub>56</sub>ORu][CF<sub>3</sub>SO<sub>3</sub>] $\cdot$ 2H<sub>2</sub>O: C, 56.9; H, 7.41. Found: C, 57.1; H, 7.46. <sup>1</sup>H NMR spectrum:  $\delta$  5.93, 5.87 (AB, *J* = 5.8 Hz, 2H; H<sub>6</sub>, H<sub>7</sub>), 5.42, 5.38 (AB, *J* = 7.0 Hz, 2H; H<sub>22</sub>, H<sub>23</sub>), 2.00 (s, 15H; C<sub>5</sub>Me<sub>5</sub>), 1.21 (d, *J* = 6.6 Hz, 3H; Me-21), 1.06 (d, *J* = 6.9 Hz, 3H; Me-25) 0.98 (d, *J* = 6.8 Hz, 3H), 0.96 (d, *J* = 6.7 Hz, 3H; Me-27, 28), 0.77 ppm (s, 3H; Me-18). <sup>13</sup>C NMR spectrum:  $\delta$  135.36, 132.58 (C22, C23), 103.27, 99.29, 98.95, 98.58 (C5, C8-C10), 93.43 (C<sub>5</sub>Me<sub>5</sub>) 86.98, 86.08 (C6, C7), 63.26 (C3), 54.43, 49.04, 42.97, 40.38, 33.11 (C14, C17, C20, C24, C26), 42.03 (C13), 35.77, 34.82, 28.98, 26.57, 24.28, 23.10, 21.10 (C1, C2, C4, C11, C12, C15, C16), 20.68, 19.59, 19.31, 17.27 (C21, C25, C27, C28), 10.76 (C18), 8.91 (C<sub>5</sub>Me<sub>5</sub>).

**Reaction of 1 with 7-Dehydrocholesterol.** Reaction as above in THF at 120 °C for 40 h afforded 3: spectroscopic yield 100%; isolated yield 42%. Anal. Calcd for [C<sub>36</sub>H<sub>56</sub>ORu][CF<sub>3</sub>SO<sub>3</sub>] $\cdot$ H<sub>2</sub>O: C, 57.6; H, 7.44. Found: C, 57.9; H, 7.41. <sup>1</sup>H NMR spectrum:  $\delta$  5.93, 5.87 (AB, *J* = 5.9 Hz, 2H; H<sub>6</sub>, H<sub>7</sub>), 1.99 (s, 15H; C<sub>5</sub>Me<sub>5</sub>), 1.13 (d, *J* = 6.4 Hz, 3H; Me-21), 0.99 (d, *J* = 6.5 Hz, 6H; Me-26, 27), 0.75 ppm (s, 3H; Me-18). <sup>13</sup>C NMR spectrum:  $\delta$  103.41, 99.32, 99.07, 98.61 (C5, C8-C10), 93.50 (C<sub>5</sub>Me<sub>5</sub>), 87.02, 86.14 (C6, C7), 63.42 (C3), 54.80, 49.03, 36.10, 35.96 (C14, C17, C20, C25), 42.26 (C13), 39.53, 34.89, 30.39, 29.46, 28.68, 24.42, 27.98, 23.95, 23.18, 21.17 (C1, C2, C4, C11, C12, C15, C16, C22-C24), 22.46, 22.18 (C26, C27), 18.43 (C21), 10.58 (C18), 8.96 ppm (C<sub>5</sub>Me<sub>5</sub>).

**Acknowledgment.** We express our gratitude to the CNRS for support and to Johnson-Matthey for a loan of RuCl<sub>3</sub> $\cdot$ 3H<sub>2</sub>O. We also acknowledge the MEC (Spain) for a scholarship for F.U. and the Royal Society (London) and the CNRS for an exchange fellowship for M.A.H.

OM9205859

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