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# Hydride Participation in Electron Transfer Processes between Metal Carbonyl Anions and Cations

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Kinetic studies of selected metal carbonyl anions establish their reactivity as nucleophiles or for electron transfer. The iron species,  $[HFe(CO)_3L]^-$  (L = CO, PPh<sub>3</sub>), behave as metalcentered nucleophiles when reacted with  $[M(CO)_6]^+$  (M = Mn, Re). Determination of the deuterium kinetic isotope ratio from kinetic studies of  $[HFe(CO)_4]^-$  and  $[DFe(CO)_4]^-$ ,  $k_H/k_D$ = 2.8, indicates primary isotope effects for reaction with  $Mn(CO)_6^+$ . Initial products from transfer of a CO and back transfer of two electrons are observed in some cases. For Re- $(CO)_6^+$  exclusive formation of HRe(CO)<sub>5</sub> as a rhenium product strongly indicates a hydrogen transfer mechanism.

### Introduction

Reactions between metal carbonyl anions and cations, which effect CO transfer, have been reported by Zhen and Atwood.<sup>1</sup> The transfer is a synchronous two-electron transfer and CO transfer in the opposite direction. For ionic species containing only carbonyls, phosphines, and phosphites, such a transfer process was observed when the reactant anion was a stronger nucleophile than the product anion.<sup>1</sup>

A potentially similar reaction was reported by Wang et al.<sup>2</sup>

$$[Mn(CO)_6]^+ + [HFe(CO)_4]^- \rightarrow HMn(CO)_5 + Fe(CO)_5$$
(1)

The complexes  $[\text{Mn}(\text{CO})_6]^+$  and  $[\text{HFe}(\text{CO})_4]^-$  reacted in acetonitrile to form HMn(CO)<sub>5</sub>, Fe(CO)<sub>5</sub> (major products), and  $Mn_2(CO)_{10}$  (minor product). The anion, [Mn- $(CO)_5$ ] –, was observed early in the reaction. This reaction produced clean kinetics and followed the rate law

$$rate = k [HFe(CO)_4^{-}][Mn(CO)_6^{+}]$$
(2)

Hydride attack on an electrophilic carbonyl carbon by [PPN][HFe(CO)<sub>4</sub>] is unlikely. Such hydridic addition would yield the formyl,  $Mn(CO)_5(CHO)$ , as the initial manganese product. The initial formation of [Mn(CO)<sub>5</sub>]<sup>-</sup> disfavors hydridic attack. Additionally, Darensbourg et al.<sup>3</sup> have shown  $[HFe(CO)_4]^-$  to behave as a metalcentered nucleophile.

This article reports reactions of potential hydride donors,  $HFe(CO)_3L^-$ , with  $M(CO)_6^+$  (L = CO,  $PPh_3$ ; M = Mn, Re) to further define the mechanism for reactions that involve CO and H<sup>-</sup> transfer.

## **Results**

The nucleophilicity of HFe(CO)<sub>4</sub><sup>-</sup> was experimentally determined through reaction with CH<sub>3</sub>I.

$$[HFe]^{-} + CH_{3}I \rightarrow CH_{4} + Fe + I^{-}$$
(3)  
(Fe = Fe(CO)<sub>4</sub>, Fe(CO)<sub>3</sub>PPh<sub>3</sub>)

Reaction of [PPN][HFe(CO)<sub>4</sub>] and [PPN][DFe(CO)<sub>4</sub>] with CH<sub>3</sub>I is first order in both the anion and CH<sub>3</sub>I and proceeds at 25 °C in CH<sub>3</sub>CN with rate constants of (2.4  $\pm$  0.2)  $\times$  10<sup>-2</sup> and (2.2  $\pm$  0.2)  $\times$  10<sup>-2</sup> M<sup>-1</sup> s<sup>-1</sup>, respectively  $(k_{\rm H}/k_{\rm D} = 1.1 \pm 0.1)$ . Whitmire performed the same reaction<sup>4</sup> with the hydride, reporting an average secondorder rate constant of (1.7  $\pm$  0.1)  $\times$  10^{-2}  $M^{-1}\,s^{-1}$  at 25 °C. Our  $k_{\rm H}/k_{\rm D}$  value is similar to that reported by Darensbourg for reactions of [HW(CO)<sub>5</sub>]<sup>-</sup> and [DW(CO)<sub>5</sub>]<sup>-</sup> with 1-bromobutane, giving a  $k_{\rm H}/k_{\rm D}$  of 1.03.<sup>5</sup>

Kinetic analyses to determine the nucleophilicities of  $[HFe(CO)_3PPh_3]^-$ ,  $[HW(CO)_5]^-$ , and  $[HFe_3(CO)_{11}]^-$  were also performed. Previous reports<sup>6</sup> of nucleophilicity for metal-carbonyl anions can be expanded to give Table 1.

Kinetic data were obtained for reactions of both [PPN]- $[HFe(CO)_4]$  and  $[PPN][DFe(CO)_4]$  with  $[Mn(CO)_6][BF_4]$ . Under pseudo-first-order conditions,  $k_{obs}$  values were obtained and subsequently plotted versus the concentrations of the excess species,  $[Mn(CO)_6][BF_4]$ . Average second-order rate constants for the hydride and deuteride reactions were 9  $\pm$  1 and 3.3  $\pm$  0.3 M<sup>-1</sup>s<sup>-1</sup>,

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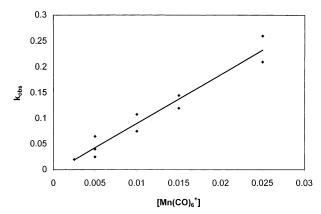
<sup>(2)</sup> Wang, P. W.; Striejewski, W. S.; Atwood, J. A. *J. Coord. Chem.* **1996**, *37*, 141.

<sup>(3)</sup> Darensbourg, M. Y.; Ash, C. E. Adv. Organomet. Chem. **1987**, 27, 1. (b) Kao, S. C.; Darensbourg, M. Y. Organometallics **1984**, 3, 646. (c) Ash, C. E.; Delord, T.; Simmons, D.; Darensbourg, M. Y. Organometallics 1986, 5, 17.

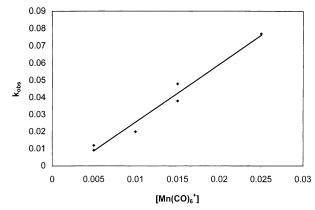
<sup>(4)</sup> Whitmire, K. H.; Lee, T. R.; Lewis, E. S. Organometallics 1986, 5. 987.

<sup>(5)</sup> Kao, S. C.; Spillett, C. T.; Ash, C.; Lusk, R.; Park, Y. K.;
Darensbourg, M. Y. *Organometallics* 1985, *4*, 83.
(6) Lai, C. K.; Feighery, W. G.; Zhen, Y.; Atwood, J. D. *Inorg. Chem.*

<sup>1989, 28, 3929,</sup> and references therein.



**Figure 1.** Second-order plot for the reaction of [Mn(CO)<sub>6</sub>]-[BF<sub>4</sub>] with [PPN][HFe(CO)<sub>4</sub>].



**Figure 2.** Second-order plot for the reaction of [Mn(CO)<sub>6</sub>]-[BF<sub>4</sub>] with [PPN][DFe(CO)<sub>4</sub>].

respectively (Figures 1 and 2), indicating a significant deuterium isotope effect.

To determine whether the CO gain by the iron reagent is due to intermolecular CO transfer from the cation or from another iron complex, a <sup>13</sup>CO labeling study was performed. Figures 3 and 4 show the product spectra from reactions of <sup>13</sup>CO-enriched [Mn(CO)<sub>6</sub>][BF<sub>4</sub>]

 Table 1. Order of Nucleophilicity from Reaction

 with MeI for Selected Metal–Carbonyl Anions<sup>a</sup>

Metal carbonyl anion	$k_2 (M^{-1} s^{-1})$	nucleophilicity (ln <i>k₂</i> )
[CpFe(CO) <sub>2</sub> ] <sup>-</sup>	>400	
$[Re(CO)_5]^-$	$74\pm7$	4.3
[Mn(CO) <sub>4</sub> PPh <sub>3</sub> ] <sup>-</sup>	$7.8\pm0.4$	2.0
[HFe(CO) <sub>3</sub> PPh <sub>3</sub> ] <sup>-</sup>	$\textbf{3.6} \pm \textbf{0.2}$	1.3
[Mn(CO) <sub>4</sub> P(OPh) <sub>3</sub> ] <sup>-</sup>	$1.9\pm0.1$	0.64
[Mn(CO) <sub>5</sub> ] <sup>-</sup>	$1.5\pm0.2$	0.40
[HW(CO) <sub>5</sub> ] <sup>-</sup>	$1.1\pm0.1$	0.09
[CpW(CO) <sub>3</sub> ] <sup>-</sup>	$0.51\pm0.009$	-0.67
[CpCr(CO) <sub>3</sub> ] <sup>-</sup>	$0.058 \pm 0.005$	-2.8
[HFe(CO) <sub>4</sub> ] <sup>-</sup>	$\textbf{0.024} \pm \textbf{0.002}$	<b>-3.7</b>
[DFe(CO) <sub>4</sub> ] <sup>-</sup>	$\textbf{0.022} \pm \textbf{0.002}$	<b>-3.8</b>
[Fe(CO) <sub>3</sub> (NO)] <sup>-</sup>	$0.013 \pm 0.0013^7$	-4.3
$[Co(CO)_4]^-$	$0.009 \pm 0.001$	-4.7
[HFe <sub>3</sub> (CO) <sub>11</sub> ] <sup>-</sup>	no reaction	

<sup>*a*</sup> New data are bolded.

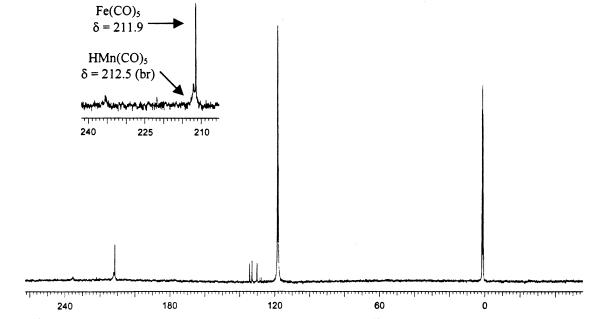
and (unenriched)  $[Mn(CO)_6][BF_4]$  with  $[PPN][HFe-(CO)_4]$ . With all acquisition parameters equal, the <sup>13</sup>CO-enriched  $[Mn(CO)_6][BF_4]$  reaction shows marked resonances for HMn(CO)<sub>5</sub> ( $\delta$  212.5, broad) and Fe(CO)<sub>5</sub> ( $\delta$  211.9) which were not observed in the unenriched control reaction.

The stronger nucleophile,  $[Et_4N][HFe(CO)_3PPh_3]$ , shows CO transfer products with both the manganese and rhenium ( $[Re(CO)_6][BF_4]$ ) cations.

$$[Mn(CO)_{6}]^{+} + [HFe(CO)_{3}PPh_{3}]^{-} \rightarrow HMn(CO)_{5} + Fe(CO)_{4}PPh_{3}$$
(4)

 $[\operatorname{Re}(\operatorname{CO})_6]^+ + [\operatorname{HFe}(\operatorname{CO})_3 \operatorname{PPh}_3]^- \rightarrow \\ \operatorname{HRe}(\operatorname{CO})_5 + \operatorname{Fe}(\operatorname{CO})_4 \operatorname{PPh}_3 (5)$ 

A reaction of 0.005 M [Mn(CO)<sub>6</sub>][BF<sub>4</sub>] with [Et<sub>4</sub>N]-[HFe(CO)<sub>3</sub>PPh<sub>3</sub>] (reaction 4) gave Fe(CO)<sub>4</sub>PPh<sub>3</sub> (2050, 1974, 1939 cm<sup>-1</sup>), HMn(CO)<sub>5</sub> (2012 cm<sup>-1</sup>), and [Mn-(CO)<sub>5</sub>]<sup>-</sup> (1901, 1864 cm<sup>-1</sup>) as major products. Over the course of 30 min, [Mn(CO)<sub>5</sub>]<sup>-</sup> and unreacted [Mn(CO)<sub>6</sub>]-[BF<sub>4</sub>] decreased by ~50% (from t = 3 min), as Fe-



**Figure 3.** <sup>13</sup>C NMR spectrum for the product mixture from reaction of <sup>13</sup>CO-enriched [Mn(CO)<sub>6</sub>][BF<sub>4</sub>] with [PPN][HFe-(CO)<sub>4</sub>].

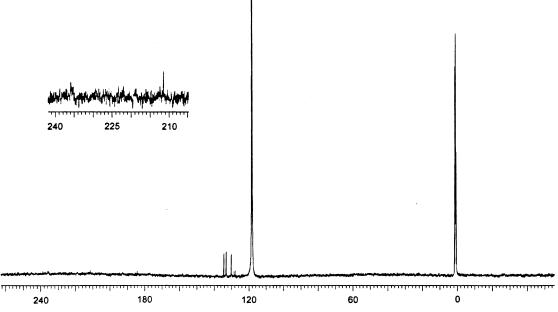
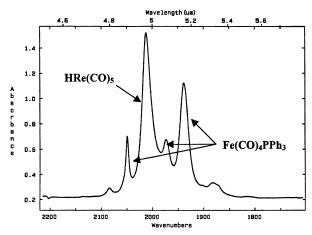


Figure 4. <sup>13</sup>C NMR spectrum for the reaction of unenriched [Mn(CO)<sub>6</sub>][BF<sub>4</sub>] with [PPN][HFe(CO)<sub>4</sub>].



**Figure 5.** Infrared spectrum of the reaction mixture of [Re(CO)<sub>6</sub>][BF<sub>4</sub>] with [Et<sub>4</sub>N][HFe(CO)<sub>3</sub>PPh<sub>3</sub>] after 5 min.

 $(CO)_4PPh_3$  and  $HMn(CO)_5$  increased by 15 and 35%, respectively. This suggests  $[Mn(CO)_5]^-$  as the initial manganese product, which is then protonated to form  $HMn(CO)_5$ . A <sup>1</sup>H NMR spectrum of the reaction performed in CD<sub>3</sub>CN showed a singlet at -7.9 ppm due to  $HMn(CO)_5$ .

The reaction of  $[\text{Re}(\text{CO})_6][\text{BF}_4]$  with  $[\text{Et}_4\text{N}][\text{HFe}(\text{CO})_3-\text{PPh}_3]$  (reaction 5) showed clean conversion to  $\text{HRe}(\text{CO})_5$ (2012 cm<sup>-1</sup>) and  $\text{Fe}(\text{CO})_4\text{PPh}_3$  (2050, 1973, 1939 cm<sup>-1</sup>) as products (Figure 5). After 5 min, no  $[\text{Et}_4\text{N}][\text{HFe}(\text{CO})_3-\text{PPh}_3]$  remained, with only a trace of the starting cation,  $[\text{Re}(\text{CO})_6][\text{BF}_4]$  (2085 cm<sup>-1</sup>), present. A hexane extract of the product solution also showed both  $\text{Fe}(\text{CO})_4\text{PPh}_3$  (2051, 1979, 1946 cm<sup>-1</sup>) and  $\text{HRe}(\text{CO})_5$  (2016 cm<sup>-1</sup>). Analysis by <sup>1</sup>H NMR spectroscopy showed only an upfield singlet at  $\delta$  –5.9, indicative of  $\text{HRe}(\text{CO})_5$ .

Like reactions with  $[HFe(CO)_4]^-$ ,  $[HFe(CO)_3PPh_3]^$ does not yield an observable formyl product. Because reaction 4 initially forms some  $[Mn(CO)_5]^-$ , nucleophilic attack of the iron center on a cationic carbonyl with a CO transfer and back transfer of two electrons is the likely mechanism. For reaction 5 the products provide no mechanistic information. However, the absence of  $\text{Re}(\text{CO})_5^-$  does not preclude a nucleophilic attack on CO;  $\text{Re}(\text{CO})_5^-$  is known to react much more rapidly than  $\text{Mn}(\text{CO})_5^{-.1.6}$  A radical mechanism is unlikely given the clean product formation and absence of  $\text{Re}_2(\text{CO})_{10}$ .

Experiments using <sup>13</sup>CO-enriched  $[Mn(CO)_6][BF_4]$  and  $[Re(CO)_6][BF_4]$  showed <sup>13</sup>C NMR signal enhancement versus control experiments for the common product, Fe-(CO)<sub>4</sub>PPh<sub>3</sub>. Reactions 4 and 5 proceeded too rapidly to obtain kinetic data using our infrared stopped-flow system.

## Discussion

Our reactions of hydrido metal carbonyl anions with CH<sub>3</sub>I indicate nucleophilicities consistent with trends regarding phosphine substitution. The second-order rate constant for the CH<sub>3</sub>I reaction with [Et<sub>4</sub>N][HFe(CO)<sub>3</sub>-PPh<sub>3</sub>] is 150 times that for [PPN][HFe(CO)<sub>4</sub>]. In this case, the substitution of PPh<sub>3</sub> for CO has a larger effect than for Mn(CO)<sub>4</sub>L<sup>-</sup>. The studies on Mn(CO)<sub>4</sub>L<sup>-</sup> showed the intermingling of steric effects (decreasing nucleophility) and electronic effects (increasing nucleophilicity). For HFe(CO)<sub>3</sub>PPh<sub>3</sub><sup>-</sup> electronic effects must be more important.

The reactions of [PPN][HFe(CO)<sub>4</sub>] and [PPN][DFe-(CO)<sub>4</sub>] with [Mn(CO)<sub>6</sub>][BF<sub>4</sub>] give a deuterium kinetic isotope ratio of  $k_{\rm H}/k_{\rm D}$  = 2.8. This value indicates primary isotope effects<sup>8</sup> such that there is a greater role for the Fe-H bond in the transition state for these reactions than those with CH<sub>3</sub>I. The larger kinetic isotope effect and the observation that reation 5 occurs even though HFe(CO)<sub>3</sub>(PPh<sub>3</sub>)<sup>-</sup> is considerably less nucleophilic than Re(CO)<sub>5</sub><sup>-</sup> both indicate that the hydride is directly involved in the mechanism for reactions of HFe(CO)<sub>3</sub>L<sup>-</sup>. Reaction 5 is clean, with only HRe(CO)<sub>5</sub> and Fe-(CO)<sub>4</sub>PPh<sub>3</sub> observed. Given the very rapid reaction of Re(CO)<sub>5</sub><sup>-</sup> with Re(CO)<sub>6</sub><sup>+</sup> to form Re<sub>2</sub>(CO)<sub>10</sub>,<sup>1</sup> it is unlikely that Re(CO)<sub>5</sub><sup>-</sup> is produced. Formation of Re(CO)<sub>5</sub><sup>-</sup> would not be expected on the basis of the relative nucleophilicities (Table 1). It is most likely that a transition state involving a four-center interaction forms. For M = Mn the observation of  $Mn(CO)_5^-$ 

$$\begin{array}{c} H - Fe(CO)_{3} \\ (CO)_{5} M - C \equiv O^{+} \end{array}$$

suggests that the two-electron, CO transfer occurs in the transition state. For M = Mn, L = CO the significant deuterium isotope effect requires significant H–Fe bond breaking in the transition state. For M = Re it is most likely that hydrogen transfer occurs synchronously with the CO and electron transfer.

Darensbourg suggested such a transition state for reactions of  $HW(CO)_5^-$  with alkyl bromides.<sup>5</sup> For reaction of  $HFe(CO)_4^-$  with  $CH_3I$  the small deuterium isotope effect indicates relatively little H–Fe bond breaking in the transition state. However, an interaction with the hydride would force the *trans* PPh<sub>3</sub> away from the reaction site, providing a rationale for the reduced steric effects in reaction of  $CH_3I$  with  $HFe(CO)_4^-$  and  $HFe(CO)_3PPh_3^-$  compared to  $Mn(CO)_5^-$  and  $Mn(CO)_4^-$  PPh<sub>3</sub><sup>-</sup>. We have not considered radical mechanisms because of the clean product formation and the studies by Darensbourg<sup>3</sup> and Whitmire<sup>4</sup> that preclude radical mechanisms for similar reactions.

## Conclusions

Reactions of  $HFe(CO)_3L^-$  with  $M(CO)_6^+$ , L = CO, PPh<sub>3</sub> and M = Mn, Re, provide evidence that interaction of the hydride is important. For  $Mn(CO)_6^+$  interaction of the hydride appears to diminish the steric hindrance for the synchronous CO and  $2e^-$  transfer in opposite directions that produce  $Mn(CO)_5^-$  as an initial product. For  $Re(CO)_6^+$  direct transfer of the hydride is most likely to produce exclusively  $HRe(CO)_5$  as rhenium product. Both reactions show that group transfer processes occur for reactions of these hydrido iron anions with metal carbonyl cations.

## **Experimental Section**

**A. Methods.** All reactions were performed under an argon or nitrogen atmosphere. Solutions were prepared in dried, oxygen-free solvents. All reactions were performed in acetonitrile except the reaction of  $[PPN][HW(CO)_5]$  with  $CH_3I$ , which was performed in THF.

**B. Kinetic Analyses.** Experiments were performed at 25 °C under pseudo-first-order conditions. Only for reactions of  $HFe(CO)_4^-$  with  $Mn(CO)_6^+$  were the reactions slow enough for kinetic analysis. Rate data were obtained from monitoring the decrease in infrared absorbances for anion species. Observed rate constants ( $k_{obs}$  (s<sup>-1</sup>)) were plotted versus the concentration of excess species to obtain the reported second-order rate constants, k (M<sup>-1</sup> s<sup>-1</sup>). The monitored absorbances for individual anions are [PPN][HFe(CO)\_4] (1882 cm<sup>-1</sup>), [PPN][DFe-(CO)\_4] (1882 cm<sup>-1</sup>), [Et\_4N][HFe(CO)\_3PPh\_3] (1818 cm<sup>-1</sup>), and [PPN][HW(CO)\_5] (1893 cm<sup>-1</sup>).

Slower reactions were monitored using a Mattson FTIR spectrometer. Two solutions were combined (defining t = 0) in the glovebox, and a single aliquot was loaded into a NaCl cell. The cell was quickly removed from the glovebox, allowing the first absorbance measurement to be taken at approxi-

mately t = 60 s. These data were analyzed using Prism Plot and Microsoft Excel software.

Reactions with larger rate constants ( $k_{obs} > 10^{-2} \text{ s}^{-1}$ ) were analyzed using an infrared stopped-flow system. This system uses an Edinburgh CO/CO<sub>2</sub> laser as a monochromatic infrared source. Changes in infrared absorbance are monitored using an Infrared Associates model HCT 6-7 infrared detector in conjunction with OLIS software. Some reactions showed a minor induction period and/or mixing event, which was not considered as part of the change in absorbance used for kinetic analysis.

**C. Reagents.**  $Mn_2({}^{13}CO)_{10}$ . <sup>1b</sup> To a Fischer–Porter pressure vessel was added 4.0 g of  $Mn_2(CO)_{10}$  dissolved in 60 mL of benzene. The atmosphere was temporarily evacuated and then backfilled with  ${}^{13}CO$  gas. An overpressure of 40 psig was established. The vessel was photolyzed for 24 h. The atmosphere was then evacuated and recharged with  ${}^{13}CO$ , where-upon the solution was irradiated for an additional 48 h. Following this, the solvent was removed in vacuo and the yellow  $Mn_2(CO)_{10}$  was analyzed by mass spectroscopy. By summing the weighted percents of  $Mn_2(CO)_{10} = 389.9$  through  $Mn_2({}^{13}CO)_{10} = 399.9$ , the degree of  ${}^{13}C$  enrichment was determined to be 40%.  ${}^{13}C$  NMR ( $\delta$ , CD<sub>3</sub>CN): 188.8 equatorial, 196.6 axial.

**Re<sub>2</sub>(<sup>13</sup>CO)**<sub>10</sub> was prepared in a manner identical to Mn<sub>2</sub>(<sup>13</sup>CO)<sub>10</sub>. The degree of <sup>13</sup>C enrichment was not determined. <sup>13</sup>C NMR ( $\delta$ , CD<sub>3</sub>CN): 183.9, 192.8.

**Anions.** Metal carbonyl anion species were prepared according to published methods: [PPN][HFe(CO)<sub>4</sub>], <sup>10</sup> [PPN][DFe(CO)<sub>4</sub>] (this species was prepared in a manner identical to that for [PPN][HFe(CO)<sub>4</sub>] with the exception of using MeOD (CH<sub>3</sub>-OD) and NaOD instead of MeOH and NaOH; IR (cm<sup>-1</sup>, CH<sub>3</sub>-CN) 2002 (w), 1906–1898 (sh), 1882 (s)), [Et<sub>4</sub>N][HFe(CO)<sub>3</sub>-PPh<sub>3</sub>]<sup>3c</sup>, and [PPN][HW(CO)<sub>5</sub>].<sup>11</sup>

**[Mn(CO)<sub>6</sub>][BF<sub>4</sub>]** was prepared according to a modified literature method of Beach and Gray.<sup>12</sup> To a 250 mL Schlenk flask fitted with a nitrogen gas feed were added 2.0 g of [Na]-[Mn(CO)<sub>5</sub>] and 30 mL of diethyl ether. While under nitrogen, 15 mL of ethyl chloroformate was added dropwise. The solution turned a pronounced orange. After stirring for 4 h, the mixture was filtered. The filtrate was combined with 30 mL of methylene chloride. To this solution was added liquid BF<sub>3</sub>· etherate to immediately precipitate a white product. The product was separated by filtration and then thoroughly washed with both THF and ether. After drying, 1.11 g of white [Mn(CO)<sub>6</sub>][BF<sub>4</sub>] was collected (39% yield). The compound is air-stable. IR (cm<sup>-1</sup>, CH<sub>3</sub>CN): 2096 (s).

[**Re(CO)**<sub>6</sub>][**BF**<sub>4</sub>], [**Mn**(<sup>13</sup>**CO**)<sub>6</sub>][**BF**<sub>4</sub>], and [**Re**(<sup>13</sup>**CO**)<sub>6</sub>][**BF**<sub>4</sub>] were made in a manner identical to that used for [Mn(CO)<sub>6</sub>]-[BF<sub>4</sub>]. <sup>13</sup>C-enriched cations were prepared from Mn<sub>2</sub>(<sup>13</sup>CO)<sub>10</sub> and Re<sub>2</sub>(<sup>13</sup>CO)<sub>10</sub>. [Re(CO)<sub>6</sub>][BF<sub>4</sub>]: IR (cm<sup>-1</sup>, CH<sub>3</sub>CN) 2086 (s). [Mn(<sup>13</sup>CO)<sub>6</sub>][BF<sub>4</sub>]: <sup>13</sup>C NMR ( $\delta$ , CD<sub>3</sub>CN) 201.0 (hextet, *J*<sub>Mn-C</sub> = 129 Hz, <sup>13</sup>CO). [Re(<sup>13</sup>CO)<sub>6</sub>][BF<sub>4</sub>]: <sup>13</sup>C NMR ( $\delta$ , CD<sub>3</sub>CN) 218.6.

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