

Experimental

1. Stereoisomers of 4-fluoroglutamate

Individual stereoisomers were prepared by resolution of racemates through diastereomeric salts [6].

2. Enzyme preparation and chemicals

GAD from *Escherichia coli* (Sigma, 4.5 mg prot./ml suspension, 45 units/mg prot.) was used as the source of the enzyme.

The protein content was determined following the method of Lowry [8]. Chemicals used in GAD assay: L-1-¹⁴C-Glutamate (Radiochemical Centre Amersham, specific activity 1.65 MBq · mmol⁻¹), pyridoxal-5'-phosphate (Koch-Light Labs.), 1,4-dithiothreitol (DTT, Merck), Bray's scintillation cocktail (Spolana, Neratovice). All chemicals used were at least of analytical grade.

3. Enzyme assay

The incubation mixture contained the enzyme, substrate L-glutamate-1-¹⁴C, coenzyme pyridoxal-5'-phosphate, 1,4-dithiothreitol and the tested compound similarly as in [10] and was buffered to pH 5.0 (pH optimum for GAD from *E. coli*). The mixture was incubated at 37 °C for 30 min and the radioactivity of ¹⁴CO₂ liberated from the mixture and trapped by means of 0.1 ml of 30% KOH was measured in a dioxane scintillation cocktail using a 1219 Rackbeta scintillation counter LKB Wallac (Radioisotope Laboratory, Faculty of Pharmacy, Charles University, Hradec Králové).

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Triterpenoid saponins from *Cynara cardunculus* L.

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Cynara cardunculus L. (Asteraceae) is a plant occasionally cultivated for the leaves which are blanched and eaten as a vegetable (cardoon). In folk medicine it is often used for the treatment of hepatic insufficiency [1]. Previous chemical investigation of involucre bracts of this plant established the occurrence of sterols and triterpenoids [2], cynarine and coumarins [3–4] and flavonoids [5–6]. From the roots of *Cynara cardunculus* L. seven ursane-type saponins (cynarasaponins A–G) and three oleanane-type saponins (cynarasaponins H–J) have been isolated [7]. Now, we describe the isolation and identification of the triterpenoid saponins cynarasaponin A (**1b**) and cynarasaponin H (**2b**) and its methyl esters (**1a**, **2a**) from the involucre bracts of this plant.

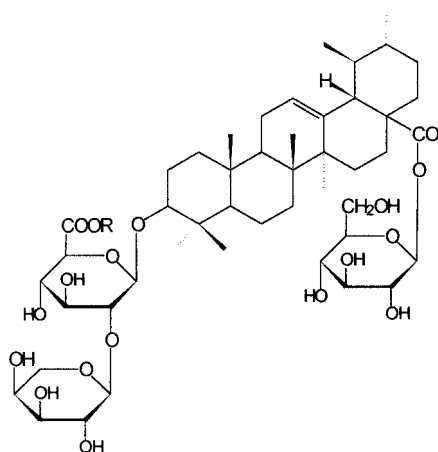
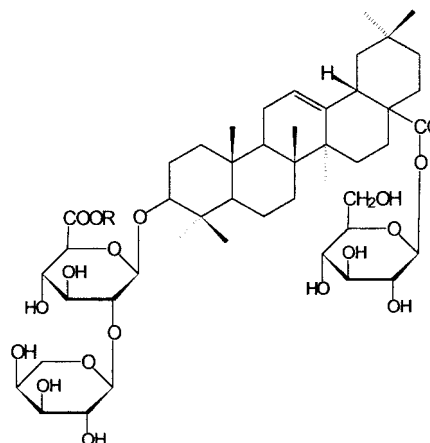
NMR spectra of the sample A (**1a** + **2a**) show the mixture of two structurally similar compounds in a ratio of ca. 43:57. The character of spectra indicates the presence of three saccharide units and a triterpenoid as an aglycone. Heavy overlap of proton multiplets in the ¹H NMR spectrum makes its detailed analysis difficult. On the other hand, the ¹³C NMR spectrum shows resolved peaks for the most of carbon atoms. The comparison of our ¹³C NMR data (Table) with literature data [7] proves that two components correspond to the methyl esters of cynarasaponin A and cynarasaponin H (**1a** + **2a**) containing oleanolic and ursolic acid, respectively, as aglycone. MS (see Experimental) are in agreement with the proposed structures.

Also NMR spectra of the sample B (**1b** + **2b**) showed the mixture of two components in a similar ratio (ca. 45:55). The ¹H and ¹³C NMR spectra are very similar to those of the above discussed sample A (see Table). The only significant difference – the absence of a methoxy group signal – allowed to suggest the structures of cynarasaponin A and cynarasaponin H (**1b** + **2b**) as components of the mixture. The change from COOCH₃ to COOH is accompanied by a downfield shift of corresponding carbonyl signal in the ¹³C NMR spectrum (from δ ~ 170.5 to ~ 176.5). The suggested structure was supported by MS results. Standard FAB-MS and linked scans showed that the aglycone is substituted by both one hexose and by a chain consisted of one pentose and glucuronic acid. Additional evidence for structures **1a** + **2a** and **1b** + **2b** provided the MS and NMR spectra of the aglycone, prepared by hydrolysis of sample B with HCl (see Experimental). Its EI-MS is in a good agreement with known spectra of oleanolic and ursolic acid [8]. The ¹H NMR spectrum has confirmed a mixture of ursolic and oleanolic acid in the ratio 45:55 (for data – see Experimental) by comparison with ¹H NMR spectra of authentic samples.

Experimental

1. Equipment

MS were measured on a ZAB-EQ mass spectrometer (Micromass, Manchester, U.K.) using both electron ionization (EI) for aglycone and fast atom bombardment (FAB) ionization with a magic bullet matrix and Xe at 8 kV as a bombarding gas. Daughter ion linked scans at B/E = const. and parent

**1b R=H (cynarasaponin A)****1a R=CH₃****2b R=H (cynarasaponin H)****2a R=CH₃****Table:** ¹³C NMR data of the mixtures of cynarasaponin A and H (1b + 2b) and of their methyl esters (1a + 2a) in d₅-pyridine

Position	Sample A (1a + 2a)	Sample B (1b + 2b)	Position	Sample A (1a + 2a)	Sample B (1b + 2b)
Aglycone moiety			Saccharide units		
1	39.20; 38.80	~39.59	Glc:		
2	26.76; 26.70	26.67	1'	95.80; 95.83	95.84; 95.81
3	89.36	89.16; 89.13	2'	74.13; 74.20	74.15
4	39.43; 39.60	~39.59	3'	79.26; 79.38	79.29; 79.41
5	55.95; 55.91	55.96; 55.91	4'	71.30; 71.20	71.29; 71.19
6	18.56	18.52	5'	78.91; 78.93	78.96
7	33.62; 33.21	~33.20	6'	62.40; 62.30	62.38; 62.29
8	40.20; 39.98	40.17; 39.96	Glc-UA:		
9	48.09	48.05	1'''	105.46; 105.42	105.44; 105.39
10	36.90; 37.01	36.97	2'''	83.37; 83.32	83.69; 83.62
11	23.85; 23.72	23.47	3'''	76.82	76.58
12	126.20; 122.93	126.26; 122.99	4'''	73.71	73.84
13	138.49; 144.24	138.50; 144.25	5'''	77.40	77.81
14	42.59; 42.22	42.58; 42.21	6'''	170.57	176.42
15	28.74; 28.33	28.72; 28.32	COOMe	52.22; 52.19	—
16	24.75; 23.49	24.75; 23.80	Ara:		
17	48.48; 47.10	48.46; 47.08	1''''	106.72; 106.69	106.86; 106.82
18	53.41; 41.83	53.41; 41.81	2''''	72.92	73.13
19	39.60; 46.29	39.19; 46.26	3''''	74.30	74.29
20	39.60; 30.84	39.42; 30.83	4''''	69.19	69.23
21	30.89; 34.08	30.83; 34.06	5''''	67.08	67.09
22	36.84; 32.61	36.86; 32.61			
23	27.98	28.02			
24	15.79; 15.63	15.78; 15.62			
25	16.50; 16.48	16.51			
26	17.45; 17.54	17.43; 17.51			
27	23.85; 26.19	23.82; 26.19			
28	176.38; 176.60	176.63			
29	17.71; 33.21	17.70; 33.20			
30	21.38; 23.72	21.36; 23.70			

ion linked scans at $B^2/E = \text{const.}$, respectively, were used to confirm some fragmentation pathway. NMR spectra were recorded on a FT NMR spectrometer Varian UNITY-500 (¹H at 500 MHz; ¹³C at 125.7 MHz frequency) in d₅-pyridine and/or d₄-methanol. 2D-COSY spectra were measured for the structural assignment of coupled protons. The "attached proton test" ¹³C NMR spectra were used to distinguish signals of CH₃, CH₂, CH and quaternary carbon atom.

For CC silica gel (Silpearl Kavalier Notice) was used. TLC was carried out on UV 254 or UV 366 plates and silica gel 60F₂₅₄ glass plates (Merck).

2. Plant material

Involucral bracts of *Cynara cardunculus* L. were collected in the Medicinal Plants Garden in Bratislava. A voucher specimen was deposited at the Pharmaceutical Faculty, Comenius University, Bratislava.

3. Extraction and isolation

Fresh involucral bracts (12 kg) were cut into pieces and repeatedly extracted with EtOH at room temperature. The concentrated EtOH extract (326.5 g) in aqueous suspension was partitioned successively with CHCl₃ (45 g), EtOAc (15 g) and *n*-BuOH (71.5 g), leaving a residual H₂O extract (195 g). A part of the *n*-BuOH fraction (15 g) was dissolved in MeOH and subjected to CC over silica gel (600 g) using EtOAc/MeOH mixtures of increasing polarity as eluents. A total of 370 fractions (150 ml) were collected. Fractions showing similar TLC profiles were pooled to provide 13 combined fractions. Fractions 7–11 was chromatographed over Sephadex LH-20 column (60 g) using *i*-PrOH and *i*-PrOH/MeOH mixtures in different ratio to obtain 105 Fractions (100 ml) which were combined according to TLC to 9 fractions. fraction 2 was further separated by silica gel CC using CHCl₃/MeOH/C₆H₆ (7:2:1) mixture. Total of 190 fractions (2 ml)

were collected with an automatic fraction collector. From this separation, sample A (compounds **1a**, **2a**) and sample B (compounds **1b**, **2b**) were isolated.

4. Spectroscopic characteristics

Sample A (**1a** + **2a**): Standard FAB-MS, *m/z* (% rel. int.): 963 (6) [M + Na]⁺, 801 (3) [M + Na - Glc]⁺, 475 (6), 439 (3) [aglycone + H - H₂O]⁺, 413 (55), 391 (100). Daughter ion linked scan for precursor [M + Na]⁺ at *m/z* 963 has shown *m/z* 801 [M + Na - Glc]⁺ and *m/z* 755 [M + Na - Glc - HCOOH]⁺. ¹³C NMR data - see Table.

Sample B (**1b** + **2b**): Standard FAB-MS, *m/z* (% rel. int.): 949 (23) [M + Na]⁺, 787 (6) [M + Na - Glc]⁺, 641 (5) [M + Na - Ara - GlcA]⁺, 623 (6), [M + Na - Ara - GlcA - H₂O]⁺, 439 (100) [aglycone + H - H₂O]⁺. Daughter ion linked scan for precursor [M + Na]⁺ at *m/z* 949 has shown *m/z* 641 [M + Na - Ara - GlcA]⁺ and for precursor [aglycone + H - H₂O]⁺ at *m/z* 439 has shown 421 [aglycone + H - 2H₂O]⁺, 393 [Aglycone + H - H₂O - HCOOH]⁺. Parent ion scan for daughter [aglycone + H - H₂O]⁺ at *m/z* 439 has given *m/z* 457 [aglycone + H]⁺ which is not visible in the standard spectrum. ¹³C NMR data - see Table.

Sample B aglycone: EI-MS, *m/z* (% rel. int.): M⁺ 456 (3), 248 (100), 207 (21), 203 (46), 189 (13), 133 (17). ¹H NMR (CD₃OD, ursolic acid/oleanolic acid, 45:55): 5.23 t/5.24 t (H-12); 3.16 dd/3.14 dd (H-3); 2.20 bd/2.85 bdd (H-18); 1.120/1.162 s (Me-26); 0.977 s/0.974 s (23-Me); 0.965 d/0.942 s (29-Me); 0.961 s/0.946 s (27-Me); 0.886 d/0.909 s (Me-30); 0.850 s/0.818 s (Me-25); 0.779 s/0.778 s (Me-24).

5. Acid hydrolysis

Sample B (10 mg) was dissolved in MeOH (2 ml) and refluxed with 11% HCl for 3 h. The aglycone was extracted with CHCl₃, purified on the silica gel column (eluent C₆H₆:acetone 95:5) and used for the MS and ¹H NMR spectra.

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