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# Screening of Basidiomycete mushroom extracts for antigenotoxic and bio-antimutagenic activity

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In this study we screened crude methanol:water extracts of 89 different mushroom species for their antigenotoxic and bioantimutagenic activity. The screening was performed with the SOS/umu test and we monitored the ability of extracts to inhibit UV induced expression of umuC gene in Salmonella typhimurium TA1535/pSK1002. Seventeen extracts inhibited  $umuC$  expression by more than 50%. These extracts were further evaluated for the ability to inhibit UV induced mutations in Escherichia coli WP2. Five extracts (Cortinarius evernius, Rozites caperatus, Lactarius vellereus, Russula integra and Pleurotus cornucopiae) inhibited also UV induced mutations. The study showed that certain mushrooms contain substances with bio-antimutagenic potential. Particularly interesting for further investigations are Pleurotus cornucopiae (Lentinaceae), which was the most effective and species of Russulaceae and Cortinaceae families, which might contain common family specific bio-antimutagenic substance(s).

# 1. Introduction

From epidemiological and laboratory studies it has become evident that a variety of dietary and medicinal phytochemicals have substantial cancer preventive properties [1]. Most of the cancer preventive phytochemicals were identified and isolated from plants while mushrooms were since recently neglected as a source of natural cancer preventing agents. Basidiomycetes have been used in folk medicine all over the world since ancient times [2]. They show diverse beneficial physiological and therapeutic effects such as immunomodulatory, lipid lowering, antithrombotic, antihypertensive, antiinflamatory and antitumor [3]. It has been known for many years that selected species from higher Basidiomycetes are effective against cancer of the stomach, esophagus, lung etc. [4]. However, the mechanisms of antitumor and cancer chemopreventive effects of Basidiomycetes are poorly understood.

Anticarcinogens may act to inhibit either the initiation, promotion or progression phase of carcinogenic process [5]. It is known that many anticarcinogens are also antimutagens. Based on the mode of action, antimutagens are further classified into two categories: desmutagens and bio-antimutagens [6]. Desmutagens interact with mutagens directly or indirectly before the mutagens attack DNA, while bio-antimutagens suppress the process of mutation fixation after DNA is damaged by mutagens.

In the literature the data concerning antimutagenic activity of mushrooms is limited. Therefore we decided to perform a screening of a range of different species of mushrooms for their antigenotoxic and bio-antimutagenic potential. We used the SOS/umu test [7], which is a simple and rapid test for the detection of potential mutagens and is also increasingly used for identifying potential antimutagens [8–14]. The test is based on the ability of physical and chemical genotoxic agents to induce expression of umuC gene, one of the SOS genes responsible for errorprone DNA repair, which plays central role in SOS mediated mutagenesis in bacteria [15]. To assay the extracts for potential antimutagenic activity we induced SOS functions with UV irradiation and measured inhibition of UV induced expression of umuC by mushroom extracts. Selected active extracts were further evaluated for the ability to inhibit UV-induced mutations in Escherichia coli B/r WP2.

### 2. Investigations and results

In this study we evaluated crude methanol : water extracts of mushrooms for their ability to inhibit UV induced expression of umuC in Salmonella typhimurium TA1535/ pSK1002. In order to preserve the extracted mushroom components as intact as possible no additional concentration, purification and enrichment procedures were applied. Before the screening, the extracts were coded and each extract was tested at a single dose (10% v/v of the extract). The Table indicates that extracts of 96 mushrooms, belonging to 89 different species and 21 different families were included. The results of the initial screening (Table) show that 17 extracts inhibited UV induced expression of umuC by more than 50% ( $umuC_{inh}$  < 0.5), three of them by more than  $80\%$  (umuC<sub>inh</sub> < 0.2). Two extracts (Suillus granalatus and Melanoleuca melanoleuca) enhanced UV induced  $umuC$  expression  $umuC<sub>inh</sub> > 1.4$ ). The extracts that inhibited UV induced *umu*C expression by more than 50% were then re-tested at different dilutions (Fig. A). Eight of them (Lactarius quietus, Lactarius vellereus, Russula cyanoxantha, Russula ochroleuca, Russula viscida, Cortinarius violaceus, Clitoclybe odora and Pleurotus cornucopiae) inhibited the UV induced expression of umuC in a dose dependent manner. The other 9 extracts gave reproducible results at the dilution of 10% (v/v), while at higher dilutions they did not inhibit UV induced expression of umuC.

Only the extract of Lactarius vellereus inhibited the viability of UV irradiated bacteria (Table). The reduced  $\beta$ -galactosidase activity was thus not due to the toxicity of the extracts, except for the extract of Lactarius vellereus at 10% dilution (higher dilutions did not inhibit viability – data not shown).

The active extracts were then tested for the ability to inhibit UV induced mutations in E. coli WP2. The results showed that only the extracts of Cortinarius evernius and Pleurotus cornucopiae reduced the number of UV induced revertants by more than  $50\%$  (MIF < 0.5) (Fig. B). Another three extracts (Russula integra, Lactarius vellereus and Rozites caperatus) significantly reduced the number of revertants in a dose dependent manner and can be considered to have moderate effect (Fig. B).

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 $11.^+$  0.11<sup>\*\*</sup> 251 Lycoperdon perlatum Pers. : Pers. 1.23 118 Lycoperdon piriforme Schff.: Pers. 0.72\* 120  $\text{ers.}$ ) Perdeck 0.68 147 Grifola umbellata and 0.89 103 Ramaria flavobrunnescens (Atk.) Corn.  $0.90$  108<br>Ramaria largentii Marr. & Stun.  $0.63**$  93 Ramaria sanguinea (Pers.) Quel. 6.55<sup>\*\*</sup> 131 Lactarius badiosanguineus K. & R. 0.97 92 Lactarius blennius (Fr.: Fr.) Fr.  $0.70$  92  $\begin{array}{@{}c@{\quad}c@{\quad}c@{\quad}c@{}} 0.70 & 92 \\ 0.38^{**} & 114 \\ 1.35 & 106 \end{array}$ Lactarius deterrimus Groeg. 1.35 106 Lactarius porninsis Roll. 0.89 88  $\begin{array}{cc} 0.89 & 88 \\ 0.09^{**} & 129 \\ 0.62 & 109 \end{array}$  $\begin{array}{cc} 0.62 & 109 \\ 0.71 & 105 \end{array}$ Lactarius scrobiculatus (Scop.: Fr.) Fr.  $0.71^*$  105  $\begin{array}{lll} \n\text{r.} & \text{F1.28} & \text{101} \\
\text{Gray} & 0.66^* & 116\n\end{array}$ Lactarius torminosus (Schff.: Fr.) Gray  $0.66^*$  116  $0.08**$  23<br> $0.17**$  172 Russula cyanoxantha (Schff.) Fr.  $0.17***$  172  $Russula$  emetica (Schff.: Fr.) Pers.  $0.45***$  91 Russula emetica (Schff.: Fr.) Pers.  $0.84$  92  $\begin{array}{cc} 0.48^{**} & 110 \\ 0.23^{**} & 143 \end{array}$  $\begin{array}{cc} 0.23^{**} & 143 \\ 0.27^{**} & 171 \end{array}$  $0.27**$ Stereum hirsutum (Willd.: Fr.) Fr.  $0.91$  141 r.) Kumm. 0.97 124<br>Fr.) Quel. 0.34<sup>\*\*</sup> 108 Fr.) Quel.  $0.34^{**}$  108<br>Fr.) Quel.  $0.41^{**}$  104 Fr.) Quel.  $0.41^{**}$  104<br>Fr.)  $0.62^{*}$  104  $Fr.$ )  $0.62*$ **Francisco Solution** (Muell.: Fr. 105 Fr.) Karst.  $0.83^*$  95 Armillariella mellea (Vahl.: Fr.) Kumm.  $0.82$  121 Clitocybe costata K. & R.  $108$ Clitocybe gibba (Pers.: Fr.) Kumm.  $0.56^*$  115 Clitocybe odora (Bull.: Fr.) Kumm. 0.24\*\* 123 m.  $0.24^{**}$  123<br>m.<sup>+</sup> 0.77<sup>\*</sup> 99<br>0.60<sup>\*\*</sup> 119  $0.60^{**}$  119<br>0.62 121 Leucopaxillus giganteus 0.62 121 Lyophyllum connatum 1.00 96 Fr.) Sing. 0.78 102<br>Fr.) Murr. 1.56<sup>\*</sup> 113 Fr.) Murr. 1.56\* 113<br>Kumm. 0.54 120 Triebum columbet (Fr. 120<br>0.91 120<br>93 Tricholoma pardinum Quel. 0.91 93 Tricholoma pardinum Quel. 0.66\* 124  $x = \begin{bmatrix} 0.00 & 12 \\ 0.32 & 151 \\ 1.51 & 0.60 & 142 \end{bmatrix}$ Kumm.  $0.60^*$  142<br> $0.66^*$  116  $\begin{array}{cc} 0.66^* & 116 \\ 0.71 & 106 \end{array}$ Kumm.  $\begin{array}{cc} 0.71 & 106 \\ 0.56^{**} & 71 \end{array}$  $0.56**$ 

 $\overline{umuC_{inh}}^a$  Viability  $(\%)^{\mathrm{b}}$ 

activity of UV irradiated culture in the actosidase activity of the UV irradiated vent controls were  $34.5 \pm 8.8$ ; enzyme d control were  $479.9 \pm 98.2$ . units of β-galactosidase activity of UV irradiated control were 479.9  $\pm$  98.2.<br><sup>b</sup> Viability% = OD<sub>600</sub> of UV irradiated culture in the presence of the extract/OD<sub>600</sub> of

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Fig.: Inhibition of UV induced SOS response in S. typhimurium TA1535/pSK1002 (A) and mutagenesis in E. coli WP2 (B) by selected mushroom methanol: water extracts.  $umuC<sub>inh</sub>$  is the ratio between the induced  $\beta$ -galactosidase activity units of the UV irradiated culture in the presence of the test sample and the induced  $\beta$ -galactosidase activity units of the number of UV induced revertants in the presence of the test sample and the number of UV induced revertants in the absence of the test sample. Data shown are mean values with standard deviation of the mean of three replicates for  $umuC<sub>inh</sub>$  and mean values with standard deviations of two independent experiments with three replicates for MIR.

# 3. Discussion

By screening of methanol : water mushroom extract for antigenotoxic activity with the SOS/umu test we found extracts of 17 species out of 89 tested that inhibited UV induced SOS response by more than 50%. The extracts were added to a bacterial culture after UV irradiation thus the observed antigenotoxic effect was due to the inhibition of the expression of umuC gene and not due to the protection of DNA against UV induced damage by some other mechanism. As the products of *umuDC* genes are essential for UV induced mutagenesis in bacteria [16, 17], we expected that extracts that efficiently inhibited UV induced expression of umuC would also inhibit UV induced mutagenesis. Five extracts (Cortinarius evernius, Rozites caperatus, Lactarius vellereus, Russula integra and Pleurotus cornucopiae) inhibited also UV induced mutations in E. coli WP2. This result indicates that the mechanism of bioantimutagenic effect of these extracts is suppression of error-prone DNA repair pathway so that less UV induced DNA lesions are fixed as mutations. Several substances were reported to inhibit both UV induced SOS response and mutagenesis. The most interesting of them is curcumin, a phenol isolated from turmeric (Curcuma longa), which also proved to have anti-initiation and anti-promotion effect and has been considered as a potential cancer chemopreventive agent [12, 18]. Bio-antimutagenic effects

mediated by inhibition of SOS functions were reported also for St. John's Wort extract [19], for natural antimutagens garlicin and cinnamaldehide [20], for protease inhibitor antipain [21] and for pirimidine analogues 5-fluorouracil and 5-fluorodeoxiuridine, which are used as antineoplastic and antiviral agents, respectively [22].

Species from different families and also different species that belong to the same family were included in the screening so we could compare their responses to see if there is any intrafamiliar similarity regarding antigenotoxic activity. Out of 16 different species of the Russulaceae family, extracts of eight species inhibited the UV induced umuC expression by more than 50% and two of them inhibited also UV induced mutations. Of nine species of Cortinaceae family four inhibited UV induced umuC expression and two of them also UV induced mutations. The findings indicate, that Russulaceae and Cortinaceae might contain some family specific substance(s) with antigenotoxic activity.

None of the mushroom species included in this study was previously reported to have antimutagenic activity. With the Salmonella/microsome test the antimutagenic activity against different chemical mutagens was reported for Agaricus abruptilus, Agaricus bisporus, Cratarellus cornucopioides, Cantharellus cibarius, Lactarius lilacinus, Lyophyllum connatum and Xerocomus chrysenteron [23], Agaricus blazei [24], Phellinus linteus [25] and Tiramaria

pinoyi [26]. Inhibitory effect on chemically induced SOS response was shown for acetone extracts of Grifola frondosa [27]. Recently it was reported that Ganoderma lucidum extract protects DNA from strand breakage caused by hydroxyl radical and UV irradiation [28].

This study showed, that certain mushrooms contain substances with bio-antimutagenic activity. Particularly interesting mushrooms for further investigations are Pleurotus cornucopiae (Lentinaceae), which most effectively inhibited UV induced mutations and species of Russulaceae and Cortinaceae families, which might contain common family specific bio-antimutagenic substance(s).

Lactarius vellereus represents the species of a particular interest. It has been thoroughly researched in order to resolve chemical composition [29-31]. All Lactarius species contain sesquiterpenes and some of them are considered as chemotaxonomic markers. In injured Lactarius vellereus, the tasteless and inactive sesquiterpene stearoylvelutinal is converted in a few seconds into the two pungent and potent antimicrobial and antifeedant sesquiterpene aldehydes isovelleral and velleral. These compounds were shown to be gradually (within minutes to hours) converted by mushroom enzymes to less toxic and non-pungent compounds [31]. We speculate, that during the transport, freezing and extraction of mushroom isovelleral, which was reported to be mutagenic [31] and velleral were converted into compound(s) with antimutagenic activity. It might be a mechanism that protects the mushroom against its own defence agents. Further experiments are being conducted to confirm this hypothesis and to isolate and identify the antimutagenic compound(s).

### 4. Experimental

#### 4.1. Preparation of methanol : water extracts

Different species of mushrooms (Table) were collected from their natural habitat in the Northwestern part of Slovenia in autumn 1998. Fresh mushrooms were frozen and kept at  $-20$  °C until extraction. 2 g of frozen fresh mushroom was minced and extracted with 10 ml of methanol : water  $(1:1 \text{ v/v})$  mixture in the ultrasonic bath for 10 min. The extracts were centrifuged two times (3000 rpm, 10 min) to remove insoluble matter, and the supernatants retained. The supernatants were coded and used for antigenotoxicity screening. Voucher specimens are deposited at Department of Pharmaceutical Biology, Faculty of Pharmacy, Ljubljana, Slovenia.

#### 4.2. Media and culture

S. typhimurium TA1535/pSK1002 cells were cultured overnight in TGA medium at 37 °C with shaking. The TGA medium contained: 1% Bacto tryptone;  $0.5\%$  NaCl;  $0.2\%$  glucose and  $50 \mu g/ml$  ampicillin. The overnight grown culture was then diluted 5-fold with fresh pre-warmed TGA medium and incubated for additional  $2 h$  at  $37 °C$  to bring the cells into log-phase.

Escherichia coli WP2 cells were grown overnight in nutrient broth (Oxoid No2, 25 g/l) at 37 °C with shaking. For the reverse mutation assay we used semienriched minimal agar medium (SEM). The SEM contained 1 g (NH4)2SO4; 10 g KH2PO4; 0.1 g MgSO4 7 H2O; 0.5 g trisodiumcitrate  $\cdot$  2 H<sub>2</sub>O (neutralized with KOH), 4 g glucose, 0.16 g Difco nutrient broth and 15 g Difco bacto agar/l. The soft agar medium contained 7 g Difco bacto agar and 6 g NaCl/l and was kept at 45 $^{\circ}$ C until use.

#### 4.3. UV irradiation

Bacterial cultures were UV irradiated with a germicidal lamp (BSP-30, Elektromedicina Ljubljana) in Petri dishes (90 mm). The suspension of S. typhimurium TA1535/pSK1002 in 1/15 M phosphate-buffered saline was irradiated with UV dose of  $2.5$  J/m<sup>2</sup> and the suspension of E. coli WP2 with an UV dose of 15 J/m<sup>2</sup>.

### 4.4. SOS/umu test

The SOS/umu test was carried out in microtiter plates as described by Reifferscheid et al. [32] with minor modification. To 270 µl of UV irradiated bacterial culture in TGA medium (absorbance at 600 nm adjusted to  $0.2$  to  $0.3$ )  $30 \mu l$  of mushroom extract or  $30 \mu l$  of methanol: water

 $(1:1 \text{ v/v})$  for control were added and incubated at 37 °C on a rotary shaker. After 2 h incubation the bacterial suspension was diluted 10-fold with fresh warm TGA medium and incubated for an additional 2 h. At the end of the incubation, the cell density was measured by absorbance at 600 nm. The expression of  $umuC$  gene was measured as a degree of  $\beta$ -galactosidase activity according to Miller [33].

The antigenotoxic potential is expressed as  $umuC$  inhibition ratio ( $umuC<sub>inh</sub>$ ), which is defined as the ratio between the induced  $\beta$ -galactosidase activity units of the UV irradiated culture in the presence of the test sample and the induced  $\beta$ -galactosidase activity units of the UV irradiated culture in the absence of the test sample.

#### 4.5. Antimutagenicity assay with Escherichia coli WP2

To the UV irradiated culture of E. coli WP2 different amounts of mushroom extracts (2.5, 5 and 10% v/v in the reaction mixture) or methanol : water (1:1) for control were added and pre-incubated on rotary shaker for 30 min at 37 °C. 100  $\mu$ l of pre-incubation mixture was then added to 2 ml of soft top agar, poured onto SEM plates and incubated at  $37^{\circ}$ C for 48 h. After the incubation the revertant colonies were counted. Mutation inhibition ratio (MIR) was defined as the ratio between the number of UV induced revertants in the presence of the test sample and the number of UV induced revertants in the absence of the test sample.

#### 4.6. Data analysis

All the experiments with the SOS/umu test were performed in triplicate and the results are given as a mean of three parallels. For antimutagenicity assay with E. coli WP2 at least two independent experiments with three parallels were performed. The results are shown as the mean of two independent experiments. The significance of differences in  $\beta$ -galactosidase units and number of induced revertants, respectively between test and control samples was determined by two-tailed Student t-test for homoscedastic samples at  $\alpha$  0.05 using Microsoft Excell 5.0 statistical analysis tool pack.

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