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The efficiency of the benzothiazole APB, the echinocandin micafungin, and amphotericin B in fluconazole-resistant Candida albicans and Candida dubliniensis

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This study presents the efficiency of the experimental antifungal agents 6-amino-2-n-pentylthiobenzothiazole (APB) and the echinocandin micafungin, and amphotericin B against fluconazole-resistant Candida albicans and Candida dubliniensis (MIC⁹⁵ for flucona $zole > 64$ mg/l). The benzothiazole APB was less active against C. albicans and C. dubliniensis (MIC 80 = 8– 32 mg/l, $MIC^{95} = 16-64$ mg/l) than amphotericin B, which was efficient in a concentration range from 0.125 to 2 mg/l. However, the efficiency of micafungin was very high with MIC⁸⁰, and MIC¹⁰⁰ \leq 0.031 mg/l.

During the last decade fluconazole has become the drug of choice in the treatment of recurrent or more complicated fungal infections caused by Candida albicans and C. dubliniensis in patients with or without any immune disabilities (Martinez et al. 2002; Perea et al. 2002). Amphotericin B represents a therapeutic alternative mainly in generalized candidiasis. Its use is, however, limited for toxicity. The increase in the number of strains resistant against the antifungal drugs available has initiated the search for new treatment options. The benzothiazole APB is an experimental agent, which showed to be active against C. albicans in vitro and in vivo in generalized candidiasis and dermatomycoses (Bujdáková and Múčková 1994; Bujdáková et al. 1995). Echinocandins represent a novel class of antifungal compounds with a mechanism of action different from azoles and based on inhibition of $beta(1,3)$ glucan synthase. Micafungin seems to be a very promising echinocandin, which is now under phase III clinical investigation showing very good activity against Candida and Aspergillus species (Mikamo et al. 2000; Fromtling 2002).

For this study, 16 fluconazole resistant C. albicans and C. dubliniensis strains were selected out of 60, originally tested for susceptibility to fluconazole. Eight clinical isolates of C. albicans $(1-8)$ were isolated from patients with

different allergy and cancer diseases (Slovakia), further 6 isolates originating from Brazil (9–11) and Thailand (12– 14) were obtained from oropharyngeal candidiasis of HIV infected patients. C. dubliniensis NIH 0492 (15) was isolated from a patient from Thailand with stomach cancer and a second C. dubliniensis IFM 49832 strain (16) was isolated from a Japanese patient with diabetes. The other 3 strains were obtained from collections: C. albicans CY 1123 (Collection of the Research Center for Pathogenic Fungi and Microbial Toxicoses, Chiba University), C. albicans CCY 29–3-112 (Slovak Yeast Collection, Bratislava, Slovakia) and C. dubliniensis CBS 7987 (Centraal Bureau vor Schimmelcultures, Delft, The Netherlands).

All clinical isolates were cultivated on CHROMagar Candida (Becton Dickinson, UK) overnight at 37 °C. Identification was performed biochemically with the commercial set API 20C AUX (BioMérieux, France) according to manufacturer's manual. The discrimination between C. albicans and C. dubliniensis was done by PCR assay using set primer pair (Cd-oligo2/F TTTGAAAAGTCGTGCAG-CAG, Cd-oligo2/R ACTGACGACTCATGGCA AAT) specific only for C. dubliniensis. The standard C dubliniensis CBS 7987 was used as positive control. The conditions for PCR were used according to Watanabe et al (2001), with small modifications.

The susceptibility to fluconazole (Pfizer, Switzerland), amphotericin B (Bristol-Myers Squibb, USA), 6-amino-2-npentylthiobenzothiazole (Sidóová, Chemical Institute, Comenius University, Slovakia) and micafungin (Fujisawa, Japan) were tested by the broth microdilution method according to the NCCLS M27-A reference method in RPMI medium. Amphotericin B and APB were dissolved in dimethylsulfoxide, the final concentration did not exceed 1% (v/v). Fluconazole and micafungin were diluted in sterile water. Concentrations of commercial agents were prepared according to the NCCLS M27-A protocol: for fluconazole 0.12 mg/l–64 mg/l and for amphotericin B 0.03 mg/l–16 mg/l. APB was tested in the concentration range from 2 mg/l to 128 mg/l and micafungin from 0.003 mg/l to 32 mg/l. The inoculum was prepared to 1×10^3 cell/ml. The 96-well plates were incubated at $37 \degree$ C in a wet chamber for 24 h. Turbidity was followed visually and measured spectrophotometrically with an automatic reader at 595 nm. The results were given in $MIC⁹⁵$ or MIC¹⁰⁰ and MIC⁸⁰.

The 60 clinical isolates of *C. albicans* and *C. dubliniensis* were collected in the year 2002. All these strains were tested for susceptibility to fluconazole and 16 of them were proved to be fluconazole resistant with $MIC⁹⁵ \ge 64$ mg/l. This resistance was confirmed by the ability of every clinical isolate to grow on a Sabouraud plate in the presence of 64 mg/l of fluconazole. These clinical isolates were tested for susceptibility to amphotericin B and the experimental agents APB and micafungin. The results are summarized in the Table. The antifungal activity was determined at both concentrations, MIC⁸⁰ and $MIC⁹⁵$ (or MIC¹⁰⁰). For fluconazole, MIC⁸⁰ was observed in range from 0.25 mg/l to 8 mg/l, but MIC⁹⁵ was proved higher than 64 mg/l. In this case, it is optimal for clinicians to know both MICs, as fluconazole has a fungistatic effect on the growth of *Candida* cells and a $MIC⁹⁵$ over 64 mg/l suggests the presence of surviving Candida cells resistant to fluconazole. Amphotericin B as well as micafungin are fungicidic, so the determination of $MIC⁹⁵$ or $MIC¹⁰⁰$ is preferred. APB is fungistatically active like fluconazole with MICs from 16 to 64 mg/l, while the majority of strains had a MIC^{95} of 32 mg/l (Table). This com-

Table: Efficiency of fluconazole, amphotericin B, 6-amino-2-n-pentylthiobenzothiazole and micafungin on clinical isolates of C. albicans and C. dubliniensis

APB – 6-amino-2-n-pentylthiobenzothiazole

MIC – minimal inhibitory concentration

pound was less active against C. albicans and C. dubliniensis than amphotericin B, which was efficient in concentration range from 0.125 to 2 mg/l. The MIC⁸⁰ of APB could not be accurately determined in standard two-fold dilution. Therefore, we used a concentration range from 10 mg/l to 30 mg/l. MIC⁸⁰ for APB was then determined from 18 to 25 mg/l. This agent is interesting for its mechanism of action interfering with ergosterole biosynthesis like azoles, but at the 4-demethylation level (Kuchta et al. 1994). This mechanism of activity is an explanation for the activity of APB against fluconazole-resistant Candida strains, as well as for the synergy effect with azoles like clotrimazole, econazole and itraconazole (Múčková et al. 2000). The most active agent was micafungin presenting a new generation agent for the treatment of candidiasis and aspergillosis (Mikamo et al. 2000; Fromtling 2002). Its efficiency was very high, with MIC^{80} and MIC^{95} values below 0.031 mg/l. In agreement with other reports on the efficiency of the echinocandin caspofungin against fluconazole-resistant strains of Candida (Kartsonis et al. 2002; Bachmann et al. 2002), micafungin was proved to be active against fluconazole resistant strains. Thus this agent can represent a very potent alternative antifungal drug in the treatment of candidiasis caused by azole resistant yeasts.

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