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Synthesis and antioxidant properties of some indole ethylamine derivatives as melatonin analogs

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The synthesis and lipid peroxidation (LP) inhibition activity of several novel indole melatonin analogues are reported. Compounds have shown variable antioxidant features depending on the substitution pattern. Melatonin and the antioxidant reference compound butyl hydroxy toluen (BHT) were used to compare the antioxidant capability of the compounds synthesized.

1. Introduction

Melatonin (N-acetyl 5-methoxytryptamine), a neurohormone, first isolated in 1958 from bovine pineal tissue, has a central role in the regulation of daily rhythms and seasonal cycles in vertebrates (Lerner et al. 1958). Its potential therapeutic use in diseases related to the desynchronization of biological rhythms, such as jet-lag, disturbed sleep-wake cycles (Arendt et al. 1984), seasonal disorders and depression (Guardiola-Lemaitre 1991) are known. Melatonin may also play a role in the cardiovascular system (Seltzer et al. 1992). This is supported by recent find-ings which show that 2-[¹²⁵I] iodomelatonin-binding sites are localized in both the caudal and cerebral arteries of the rat. In addition, melatonin binding has been reported at many other sites including the retina (probably related to resynchronization role) and peripheral tissues such as the spleen (related to a role immune system), gastrointestinal tract, blood platelets and the harderian gland (Depreux et al. 1994). Furthermore antioxidant properties of melatonin have recently been proposed (Poeggler et al. 1993). Although the effects of melatonin in oncogenesis are unclear; the majority of studies conclude that the hormone has a protective role in the modulation of cancer or cancerous cells (Jones et al. 2000; Li and Witt-Enderby 2000). Melatonin may also play a role in brain function (Avery et al. 1998) but the mechanisms underlying such functions are not known (Witt-Enderby and Li 2000).



Despite its potential involvement in the regulation of many physiological processes, two problems limit its therapeutic use at present. The first is its very short biological half-life (15-30 min), due to its rapid metabolism to 6-hydroxymelatonin and *N*-acetylkynurenamines, and the second is the lack of selectivity of melatonin at target sites (Depreux et al. 1994). It is thought that the development of novel analogues may provide a strategic approach to overcome both of these limitations. Therefore, the aim of our work was the synthesis of new indole derivatives related to melatonin and the investigation of the synthesized compounds for their antioxidant capacity.

2. Investigations, results and discussion

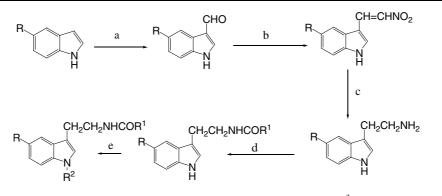
2.1. Synthesis of the compounds

The synthesis of the compounds was carried out as shown in the Scheme. The indole-3-aldehyde was obtained by direct formylation of indole with dimethylformamide, using phosphorous oxychloride as a catalyst (Buyukbingol et al. 1994; James and Synder 1930; Shabica et al. 1946). 5-Methoxy-indole-3-carboxaldehyde was refluxed in nitromethane and ammonium acetate to produce 5-methoxy-3-(2nitroethenyl)-1*H*-indoles in 52% yield (Spadoni et al. 1997) followed by synthesizing 3-indole-ethylamine achieved by LiAlH₄ as described Faust et al. (2000). The crude oil amine was then used for acylation with Ac₂O or propionic anhydride without purification (Mor et al. 1998). Melatonin and melatonin analogs were substitued by alkyl halides in the position-1 as described by Mor et al. (1998).

The structural and pharmacological data for the synthesized compounds shown in Table 1.

In this study, 18 novel and 5 previously reported (1a, 1b, 2a, 2c, and 2e) melatonin derivatives were synthesized and investigated on the inhibition of NADPH-bounded lipid peroxidation activity on rat liver microsomal mixed-

Scheme



a) POCl₃, DMF b) CH₃NO₂, AcONH₄ c) LiAlH₄ d) Ac₂O or (EtCO)₂O e) R²X, DMF, NaH

function oxidase system. The compounds were considered in two series in where the 5th position has been remained intact (non-substituted) (compounds 1a-l) and substituted with methoxy (compounds 2a-k).

2.2. Pharmacological studies

It was found that compounds 1c-f, and 1k (first series), 2g and 2i (second series) show significant lipid peroxidation (LP) inhibitory activity when compared with melatonin. When the first position was substituted with ethyl or propyl groups the LP inhibitory activity was found to be changeable due to the substitution pattern at the 5-position of the indole ring. The alkyl substitution at the 1-position of the indole ring showed no inhibitory activity when the 5-position was reserved with methoxy group. The exception is compound 2g which has an ethyl inclusion instead of methyl at the chain terminal of 3-position. However, the compounds having similar alkyl substitution, possess a remarkable higher activity pattern while the methoxy group was removed (compounds 1c, 1d and 1e with LP inhibition of 50%, 48%, and 51%, respectively). This might be a special effect of the substitution feature at the 5-position whereas the electron-donor groups might be involved in the interaction with those located at the 1-position. The manner of the substitution at 1-position might become significance in relation to the cross-over effect obtained from the 5-substitution, while alkyl groups at 1-position migh initiate the contrary collision of the electron density which might decrease the overall effect of the compounds at the target site. However, more clues are needed to prove this approach with several substitution patterns at both positions.

Table 1: Structural and pharmacological data for indole derivatives

CH ₂ CH ₂ MHR ¹									
					N R ²				
Compd.	R	\mathbb{R}^1	R ²	LP inh. (%)	Compd.	R	\mathbb{R}^1	R ²	LP inh. (%)
1a	Н	CH ₃	Н	30	2a	OCH ₃	C_2H_5	Н	2
1b	Н	C_2H_5	Н	4	2b	OCH ₃	CH ₃	C_2H_5	5
1c	Н	CH ₃	C_2H_5	50	2c	OCH ₃	CH ₃	n-C ₃ H ₇	20
1d	Н	CH ₃	n-C ₃ H ₇	48	2d	OCH ₃	CH ₃	i-C ₃ H ₇	33
1e	Н	CH ₃	i-C ₃ H ₇	51	2e	OCH ₃	CH ₃	H ₂ C	30
1f	Н	CH ₃	H ₂ C	51	2f	OCH ₃	CH ₃		9
1g	Н	CH ₃	H ₂ C	32	2g	OCH ₃	C_2H_5	C_2H_5	60
1h	Н	C_2H_5	C_2H_5	40	2h	OCH ₃	C_2H_5	n-C ₃ H ₇	33
1i	Н	C_2H_5	n-C ₃ H ₇	4	2i	OCH ₃	C_2H_5	i-C ₃ H ₇	71
1j	Н	C_2H_5	i-C ₃ H ₇	34	2ј	OCH ₃	C_2H_5	H ₂ C	42
1k	Н	C_2H_5	H ₂ C	53	2k	OCH ₃	C_2H_5	CI H ₂ C	37
11	Н	C ₂ H ₅		35		% LP inhibition: 54% LP inh			

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Table 2: Structural and physical data for indole derivatives

Compd.	M.P (°C)	Yield (%)	¹ H NMR	MASS (m/z)	IR (cm ⁻¹)
1 a	75	39	1.84 (s, 3 H, CO-CH ₃), 2.90 (t, 2 H, CH ₂ CH ₂ NH, J = 6.7), 3.52 (q, 2 H, CH ₂ -NH, J = 6.7), 5.33 (s, 3 H, O-CH ₃), 7.52-8.32 (m, 6 H, Ar-H)	203 (M + 1), 202 (M ⁺), 143 (M $-$ NH $-$ COCH $_3$ + 1), 117 (indole ring)	Amid I, 1633 Amid II, 1564
1b	84	37	1.04 (t, 3 H, CO–CH ₂ CH ₃ , J = 7.6), 2.07 (q, 2 H, CO–CH ₂ , J = 7.6), 2.90 (t, 2 H, CH ₂ CH ₂ NH, J = 6.7), 3.53 (q, 2 H, CH ₂ NH, J = 6.7), 5.36 (s, H, NH–CO), 6.94–8.16 (m, 6 H, Ar–H)	217 (M + 1), 216 (M ⁺), 158 (M–COCH ₂ CH ₃ + 1), 143 (158-NH), 117 (indole ring)	Amid I, 1637 Amid II, 1563
1c	87	51	1.38 (t, 3 H, CH_2CH_3 , J = 7.3), 1.85 (s, 3 H, $CO-CH_3$), 2.90 (t, 2 H, CH_2CH_2NH , J = 6.7), 3.52 (q, 2 H, CH_2-NH , J = 6.7), 4.07 (q, 2 H, $N-CH_2$, J = 7.3), 5.72 (s, H,	231 (M + 1), 230 (M ⁺), 172 (M–NHCOCH ₃), 142 (171-CH ₂ CH ₃), 127 (142-CH ₃)	Amid I, 1638 Amid II, 1567
1d	79	82	NH-CO), 6.89-7.52 (m, 5 H, Ar-H) 0.95 (t, 3 H, CH ₂ CH ₃ , J = 7.4), 1.90 (m, 2 H, CH ₂ CH ₃), 1.94 (s, 3 H, CO-CH ₃), 2.98 (t, 2 H, CH ₂ CH ₂ NH, J = 6.7), 3.60 (q, 2 H, CH ₂ -NH, J = 6.7), 4.07 (t, 2 H, N-CH ₂ , J = 7.1), 5.60 (s, H, NH-CO), 6.96-7.61 (m, 5 H, Ar-H)	244 (M ⁺), 186 (M–NHCOCH ₃), 171 (186-CH ₃), 156 (171-CH ₃), 155 (184-CH ₂ CH ₃), 141 (184-CH ₂ CH ₂ CH ₃)	Amid I, 1638 Amid II, 1557
1e	106	33	$\begin{array}{l} 3 = 7.1, 5.60 \text{ (s)}, 11, 141-CO), 6.90-7.01 \text{ (m)}, 511, 81-81$	$245 (M + 1), 244 (M^+),$ $185 (M - NHCOCH_3 + 1),$ $170 (185-CH_3), 156 (170-CH_2),$ $143 (156-CH), 129 (143-CH_3)$	Amid I, 1640 Amid II, 1561
1f	104		1.84 (s, 3 H, CO- CH_3), 2.90 (t, 2 H, CH_2CH_2NH , J = 6.7), 3.52 (q, 2 H, CH_2 -NH), 5.17 (s, 2 H, N- CH_2), 5.51 (s, H, NH-CO), 6.87-7.55 (m, 9 H, Ar-H).	310 (M ⁺), 251 (M–NHCOCH ₃ + 1), 223 (251-CH ₂ –CH ₂), 109 (p-flouro-benzyl ring)	Amid I, 1637 Amid II, 1558
1g		37	1.85 (s, 3 H, CO–CH ₃), 2.92 (t, 2 H, CH ₂ CH ₂ NH, J = 6.8), 3.53 (q, 2 H, CH ₂ –NH, J = 6.7), 5.25 (s, 2 H, 1.85 (s, 3 H, CO, N–CH ₂), 5.70 (s, H, NH–CO), 6.49–7.57 (m, 8 H, Ar–H)	360.5 (M ⁺), 303 (M–NHCOCH ₃), 288 (303-CH ₃), 264 (288-CH ₂), 252 (264-CH ₂), 159 (o,p-dichloro- benzyl ring)	Amid I, 1639 Amid II, 1561
1h	69	53	1.47 (t, 3 H, CH_2CH_3 , J = 7.6), 1.13 (t, 3 H, $CO-CH_2CH_3$, J = 7.3), 2.16 (q, 2 H, $CO-CH_2$, J = 7.6), 2.99 (t, 2 H, CH_2CH_2NH , J = 6.7), 3.61 (q, 2 H, CH_2NH , J = 6.7), 4.16 (q, 2 H, $N-CH_2$, J = 7.3) 5.29 (s, H, $NH-CO$), 6.97–7.62 (m, 5 H, $Ar-H$)	245 (M + 1), 244 (M ⁺), 171 (M–NHCOCH ₂ CH ₃ + 1), 158 (172-CH ₂), 144 (158-CH ₂), 142 (171-CH ₂ CH ₃), 130 (144-CH ₂)	Amid I, 1632 Amid II, 1544
1i	48	64	C0.95 (t, 3 H, CH ₂ CH ₃ , J = 7.4), 1.13, (t, 3 H, CO-CH ₂ CH ₃ , J = 7.6), 1.87 (m, 2 H, CH ₂ CH ₃), 2.16 (q, 2 H, CO-CH ₂ , J = 7.6), 2.99 (t, 2 H, CH ₂ CH ₂ NH, J = 6.7), 3.61 (q, 2 H, CH ₂ NH, J = 6.7), 4.07 (t, 2 H, N-CH ₂ , J = 7.1) 5.57 (s, H, NH-CO), 6.96-7.62 (m, 5 H, Ar-H)	258 (M ⁺), 185 (M–NHCOCH ₂ CH ₃ + 1), 156 (185-CH ₂ CH ₃), 130 (158-CH ₂ CH ₂), 141 (156-CH ₃)	Amid I, 1633 Amid II, 1561
1j	84	35	1.13 (t, 3 H, CO $-CH_2CH_3$, J = 7.6), 1.53 (d, 6 H, CHC(H_3) ₂ , J = 6.7), 2.16 (q, 2 H, CO $-CH_2$, J = 7.6), 2.99 (t, 2 H, C H_2CH_2NH , J = 6.7), 3.61 (q, 2 H, C H_2NH , J = 6.6), 4.67 (m, 1 H, N $-CH$), 5.53 (s, H, N H $-CO),$	259 (M + 1), 258 (M ⁺), 185 (M–NHCOCH ₂ CH ₃ + 1), 156 (185-CH ₂ CH ₃), 130 (158-CH ₂ CH ₂)	Amid I, 1636 Amid II, 1561
1k	82	33	7.02–7.62 (m, 5 H, Ar–H) 1.11 (t, 3 H, CO– CH_2CH_3 , J = 7.6), 2.15 (q, 2 H, CO– CH_2 , J = 7.6), 2.98 (t, 2 H, CH_2CH_2NH , J = 6.7), 3.61 (q, 2 H, CH_2NH , J = 6.7), 5.26 (s, 2 H, N– CH_2), 5.54 (s, H, NH–CO), 6.96–7.65 (m, 9 H, Ar–H)	325 (M + 1), 324 (M ⁺), 252 (M–NHCOCH ₂ CH ₃), 238 (252-CH ₂), 127 (142-CH ₃), 109 (p-flouro-benzyl ring)	Amid I, 1637 Amid II, 1556
11	102	57	1.12 (t, 3 H, CO $-CH_2CH_3$, J = 7.6), 2.15 (q, 2 H, CO $-CH_2$, J = 7.6), 3.01 (t, 2 H, CH_2CH_2NH , J = 6.7), 3.62 (q, 2 H, CH_2NH , J = 6.7), 5.34 (s, 2 H, N $-CH_2$), 5.58 (s, H, NH $-CO$), 6.55 $-$ 7.67 (m, 8 H, Ar $-H$)	374.5 (M ⁺), 301 (M–NHCOCH ₂ CH ₃ + 1), 288 (303-CH ₃), 266 (251-CH ₃), 266 (252-CH ₂), 158.9 (o,p-dichloro- benzyl ring)	Amid I, 1642 Amid II, 1546
2a	91	31	1.04 (t, 3 H, CO–CH ₂ CH ₃ , J = 7.6), 2.07 (q, 2 H, CO–CH ₂ , J = 7.6), 2.87 (t, 2 H, CH ₂ CH ₂ NH, J = 6.6), 3.52 (q, 2 H, CH ₂ NH, J = 6.6), 3.78 (s, 3 H, O–CH ₃), 5.55 (s, U, NH, CO) $(6.78 + 8.12)$ (π , 5 H, A π , H)	247 (M + 1), 246 (M ⁺), 189 (M–COCH ₂ CH ₃), 173 (189-NH), 158 (173-CH ₃),	Amid I, 1625 Amid II, 1551
2b	84	52	H, N <i>H</i> -CO), 6.78-8.13 (m, 5 H, Ar-H) 1.45 (t, 3 H, CH ₂ CH ₃ , J = 7.3), 1.95 (s, 3 H, CO-CH ₃), 2.95 (t, 2 H, CH ₂ CH ₂ NH, J = 6.7), 3.60 (q, 2 H, CH ₂ -NH, J = 6.7), 3.88 (s, 3 H, O-CH ₃), 4.12 (q, 2 H, N-CH ₂ , J = 7.3), 5.36 (s, H, N <i>H</i> -CO), 6.91-7.25 (m, 4 H, Ar-H)	130 (158-CH ₂ CH ₃), 117 (indole ring) 260 (M ⁺), 202 (M–NHCOCH ₃), 174 (202-CH ₂ CH ₂), 173 (202-CH ₂ CH ₃), 159 (174-CH ₃), 130 (159-CH ₂ CH ₃), 116 (130-CH ₂), 116 (indole ring)	Amid I, 1631 Amid II, 1577
2c	58	62	0.93 (t, 3 H, CH ₂ CH ₃ , J = 7.4), 1.85 (m, 2 H, CH ₂ CH ₃), 1.95 (s, 3 H, CO-CH ₃), 2.94 (t, 2 H, CH ₂ CH ₂ NH, J = 6.6), 3.60 (q, 2 H, CH ₂ -NH, J = 6.6), 3.88 (s, 3 H, O-CH ₃), 4.03 (t, 2 H, N-CH ₂ , J = 7), 5.43 (s, H, NH-CO), 6.9-7.24 (m, 4 H, Ar-H)	274 (M ⁺), 216 (M–NHCOCH ₃), 201 (216-CH ₃), 185 (214-CH ₂ CH ₃), 185 (216-OCH ₃), 144 (158-CH ₂), 130 (158-CH ₂ CH ₂), 117 (indole ring)	Amid I, 1632 Amid II, 1577
2d	92	25	$\begin{array}{l} 1.51 & (d, 6 H, CH(CH_3)_2, J = 6.7), 1.95 & (s, 3 H, CO-CH_3), \\ 2.95 & (t, 2 H, CH_2CH_2NH, J = 6.7), 3.60 & (q, 2 H, CH_2-NH, \\ J = 6.7), 3.88 & (s, 3 H, O-CH_3), 4.60 & (m, 1 H, N-CH), 5.76 \\ (s, H, NH-CO), 6.90-7.27 & (m, 4 H, Ar-H) \end{array}$	274 (M ⁺), 231 (M–COCH ₃), 216 (231-NH), 200 (231-OCH ₃), 172 (200-CH ₂ CH ₂), 145 (160-CH ₃), 130 (145-CH ₃), 117 (indole ring)	Amid I, 1639 Amid II, 1577

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Table 2: (Continued)

Compd.	M.P (°C)	Yield (%)	¹ H NMR	MASS (m/z)	IR (cm ⁻¹)
2e	121	50	1.94 (s, 3 H, CO–C H_3), 2.95 (t, 2 H, C H_2 CH ₂ NH, J = 6.8), 3.60 (q, 2 H, C H_2 –NH, J = 6.8), 3.87 (s, 3 H, O–C H_3), 5.22 (s, 2 H, N–C H_2), 5.72 (s, H, N H –CO), 6.88–7.28 (m, 8 H, Ar–H)	340 (M ⁺), 281 (M–NHCOCH ₃ + 1), 266 (281-CH ₃), 144 (158-CH ₂), 115 (144-CH ₂ CH ₃), 108.93 (p-flouro-benzyl ring)	Amid I, 1637 Amid II, 1562
2f	149	59	1.95 (s, 3 H, CO- CH_3), 2.97 (t, 2 H, CH_2CH_2NH , J = 6.7), 3.60 (q, 2 H, CH_2 -NH, J = 6.6), 3.88 (s, 3 H, O- CH_3), 5.31 (s, 2 H, N- CH_2), 5.76 (s, H, NH-CO), 6.54-7.45 (m, 7 H, Ar-H)	393 (M + 2), 392 (M + 1), 391 (M ⁺), 334 (M–NHCOCH ₃), 318 (333-CH ₃), 282 (296-CH ₂), 159 (o,p-dichloro-benzyl ring)	Amid I, 1640 Amid II, 1563
2g	77	60	1.45 (t, 3 H, CH_2CH_3 , J = 7.6), 1.13 (t, 3 H, $CO-CH_2CH_3$, J = 7.4), 2.17 (q, 2 H, $CO-CH_2$, J = 7.6), 2.95 (t, 2 H, CH_2CH_2NH , J = 6.7), 3.60 (q, 2 H, CH_2NH , J = 6.6), 3.88 (s, 3 H, $O-CH_3$), 4.12 (q, 2 H, $N-CH_2$, J = 7.3) 5.39 (s, H, NH-CO), 6.92–7.26 (m, 4 H, Ar–H)	275 (M + 1), 274 (M ⁺), 217 (M – COCH ₂ CH ₃), 202 (217-NH), 173 (201-CH ₂ CH ₂), 144 (173-CH ₂ CH ₃), 116 (indole ring)	Amid I, 1632 Amid II, 1575
2h	65	61	0.93 (t, 3 H, CH ₂ CH ₃ , J = 7.4), 1.13 (t, 3 H, CO-CH ₂ CH ₃ , J = 7.6), 1.85 (m, 2 H, CH ₂ CH ₃), 2.16 (q, 2 H, CO-CH ₂ , J = 7.6), 2.94 (t, 2 H, CH ₂ CH ₂ NH, J = 6.7), 3.60 (q, 2 H, CH ₂ NH, J = 6.7), 3.88 (s, 3 H, O-CH ₃), 4.02 (t, 2 H, N-CH ₂ , J = 7) 5.39 (s, H, CO-NH), 6.9-7.23 (m, 4 H, Ar-H)	288 (M ⁺), 216 (M–NHCOCH ₂ CH ₃), 185 (216-OCH ₃), 173 (216-C ₃ H ₇), 173 (201-CH ₂ CH ₂)	Amid I, 1644 Amid II, 1560
2i	75	34	1.14 (t, 3 H, CO $-CH_2CH_3$, J = 7.6), 1.51 (d, 6 H, CH(CH ₃) ₂ , J = 6.7), 2.17 (q, 2 H, CO $-CH_2$, J = 7.6), 2.95 (t, 2 H, CH ₂ CH ₂ NH, J = 6.7), 3.60 (q, 2 H, CH ₂ NH, J = 6.7), 3.88 (s, 3 H, O $-CH_3$), 4.60 (m, H, N $-CH$), 5.71 (s, H, NH $-CO$), 6.9–7.27 (m, 4 H, Ar $-H$)	289 (M + 1), 288 (M ⁺), 215 (M–NHCOCH ₂ CH ₃ + 1), 187 (215-CH ₂ CH ₂), 173 (216-C ₃ H ₇), 117 (indole ring)	Amid I, 1634 Amid II, 1576
2j	112	58	(a), (b), (c), (c), (c), (c), (c), (c), (c), (c	355 (M + 1), 354 (M ⁺), 281 (M–NHCOCH ₂ CH ₃ + 1), 116 (144-CH ₂ CH ₂), 173 (216-C ₃ H ₇), 116 (indole ring), 108.96 (p-flouro-benzyl ring)	Amid I, 1642 Amid II, 1552
2k	114	52	1.12 (t, 3 H, CO $-CH_2CH_3$, J = 7.6), 2.16 (q, 2 H, CO $-CH_2$, J = 7.6), 2.97 (t, 2 H, CH ₂ CH ₂ NH, J = 6.8), 3.61 (q, 2 H, CH ₂ NH, J = 6.7), 3.88 (s, 3 H, O $-CH_3$), 5.30 (s, 2 H, N $-CH_2$), 5.72 (s, H, NH $-CO$), 6.53 -7.44 (m, 7 H, Ar $-H$)	404.78 (M ⁺), 331 (M–NHCOCH ₂ CH ₃ + 1), 267 (295-CH ₂ CH ₂), 173 (204-OCH ₃), 116 (indole ring), 159 (o,p-dichoro-benzyl ring)	Amid I, 1643 Amid II, 1544

The benzyl substitutions for both series showed also controversial results regarding LP inhibitory activity. The pfluoro benzyl derivatives in both groups showed slightly good activity behavior (1f, 1k, and 2j, 51%, 53%, and 42%, respectively) whereas the o, p-chloro benzyl derivatives failed to express activity (compounds 1g, 32%, 1l, 35%, 2f, 9%, and 2k, 37%, respectively). We found it very difficult to explain the influence of the alkyl substitution pattern in this case. However, the higher activity of pfluoro compounds in both series indicated the obvious influence of the fluoro group which cannot be explained in the same way as found in di-chloro derivatives, i.e. electron releasing/withdrawal effects. A similar activity pattern can also be seen with the compounds having an ethyl group in the side chain (1k, 1l, 2j, and 2k). The removal of the methoxy group in the 5-position of the indole ring seemed to exert not much influence on the overall inhibitory activity.

3. Experimental

3.1. Apparatus

Melting points were determined with a Büchi SMP-20 and Büchi 9100 apparatus and are uncorrected. The ¹H NMR spectra were recorded with a Bruker DPX-400 (400 MHz) spectrophotometer, in CDCl₃ unless otherwise stated, δ scale (ppm) from internal standard TMS, coupling constants (J) were reported in Hertz. The IR spectra were recorded on a Jasco FT/IR-420 spectrophotometer as potassium bromide pellets. The Mass spectra (ÎN El mode at 70 eV) were recorded with a Nicromass UK. Platform II LC-Ms. The spectral analyses are given in Table 2.

3.2. Synthesis of tryptamine derivatives

The suitable 3-(2-nitroethenyl)-1*H*-indole (10.66 mmol) in tetrahydrofuran (15 mL) was added dropwise at 0 °C to a stirred suspension of LiAlH₄ (0.25 g, 6.59 mmol) in THF (6 mL). After completion of addition, the mixture was refluxed overnight and then allowed to reach ambient temperature. After cooling to 0 °C, water (17 mL) was added. The mixture was filtered and the filtrate was taken up in ethyl acetate (50 mL), washed with water and brine, dried (Na₂SO₄) and concentrated under reduced pressure to give an oily crude amine which was then used without further purification (Faust et al. 2000).

3.3. Acylation of tryptamine derivatives

Triethylamine (TEA) (1.1 equiv), Ac_2O or propionic anhydride (1.1 equiv) were added to a cold solution of the suitable primary tryptamine (1 mmol) in THF (5 mL), and the resulting reaction mixture was left under stirring at room temperature for 6 h. The solvent was evaporated under reduced pressure and the residue was taken up in ethyl acetate and washed with a saturated aqueous solution of NaHCO₃ and then with brine. After drying over Na₂SO₄, the solvent was evaporated under reduced pressure to give a crude product, which was purified by column chromatography (Mor et al. 1998).

3.4. Synthesis of 1-alkyl substituted melatonin analogs

A solution of melatonin or melatonin analogs (1 mmol) in dry DMF (5 mL) was added dropwise to a stirred ice-cooled suspension of sodium hydride (0.042 g of a 80% dispersion in mineral oil, 1.4 mmol) in dry DMF (5 mL) under a N₂ atmosphere. After the addition, the mixture was stirred at 0 °C for 30 min, and then alkyl halide (1.3 mmol) was added dropwise and the resulting mixture was stirred at room temperature for 16 h and then poured into ice-water (25 g) and extracted with ethyl acetate (3 × 10 mL). The organic phase was washed with brine, dried over sodium sulfate and concentrated under reduced pressure to give a residue which was purified by column chromatography (Mor et al. 1998).

3.5. In vitro lipid peroxidation inhibition

Reagents for biochemical assays were purchased from Sigma (Chemical Company, Saint Louis, Missouri, A.B.D.) and BDH (BDH Chemicals, Ltd., Poole, England) and were of analytical grade. White male rats weighing 200–225 g were used for the pharmacological studies.

For *in vitro* lipid peroxidation inhibition, heat inactivated hepatic microsomal fractions from untreated male white rats, corresponding to 0.1 g liver/ml was used. Lipid peroxidation was induced by the Fe^{2+} system. The tested compounds were dissolved in dimethyl sulphoxide (DMSO) and added to the incubation mixture 10^{-4} M concentrations. All compounds and dimethyl sulfoxide (DMSO) were tested and found not to interfere with the assay. Butyl hydroxy toluen (BHT) and melatonin were used as reference compounds (Bishayee and Balasubramanian 1971; Iscan et al. 1984; Lowry et al. 1951; Wills 1966; Wills 1969).

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