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## Fusidin ameliorates experimental autoimmune myocarditis in rats by inhibiting TNF- $\alpha$ production

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Experimental autoimmune myocarditis (EAM) represents a model for human autoimmune myocarditis, a condition for which no optimal treatment is currently available. It has been reported that tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ) plays a crucial role in pathogenesis of EAM. The immunomodulating antibiotic fusidic acid and its sodium salt (sodium fusidate-fusidin) were previously shown to reduce TNF- $\alpha$  production and its end-organ cytotoxicity, thus proving beneficial in several animal models of organ-specific autoimmune diseases. To investigate the effects of fusidin on EAM the drug was given at dose 80 mg/kg i.m. to EAM rats. Fusidin was administered as an early, from day 0 to 10, or late treatment, from day 10 to 21, after induction of disease. Both early and late treatment with fusidin markedly ameliorated the clinical and histological signs of the disease. Fusidin-treated rats had significantly decreased blood levels of TNF- $\alpha$  compared with vehicle-treated animals. Similarly, TNF- $\alpha$  production by *in vitro* sensitized lymph node cells in both fusidin treated groups was significantly lower than that in EAM rats. The present findings suggest that fusidin ameliorated EAM, at least partly, through an inhibitory action on the secretion of TNF- $\alpha$ .

### 1. Introduction

Myocarditis, inflammation of the heart, is characterized by cardiomyocyte necrosis and degeneration with mononuclear cell infiltration in the presence or absence of fibrosis (Pisani et al. 1997). The pathogenesis of myocarditis is not fully understood, but there is substantial evidence suggesting that autoimmune responses to heart antigens, particularly cardiac myosin, following viral infection may contribute to the disease process (Lauer et al. 1994).

Experimental autoimmune myocarditis (EAM) in rodents may be elicited by immunization with cardiac myosin. In rats, EAM is evoked 2 weeks after antigen injection, reaches its peak around day 19, gradually subsides between days 25 and 40, and is followed by dilated cardiomyopathy (Kodama et al. 1994; Dimitrijević et al. 1998). EAM is histologically similar to human fulminant myocarditis in the acute phase and dilated cardiomyopathy (DCM) in the chronic phase. We chose EAM as an animal model because of the single pathogenic process (autoimmune) of the disease compared with viral myocarditis, where primary direct infectious and subsequent autoimmune processes might be involved in the disease development, and, therefore, the pathogenic process might be complex. According to several studies, the inflammatory process of EAM is induced by a cellular immune rather than by a humoral immune reaction, because the disease is adoptively transferable into naive rats by T cells, not by antibodies (Kodama et al. 1992; Okura et al. 1998; Smith and Allen 1991).

Proinflammatory cytokine tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ) is exclusively detected only during the maximum inflammatory phase (Okura et al. 1997). This cytokine probably plays an important role in the induction of EAM (Smith and Allen 1992).

Fusidic acid and its sodium salt (fusidin) have been shown to have immunomodulatory properties *in vitro* and *in vivo* (Christiansen 1999). In many inflammatory diseases fusidin exhibits powerful inhibitory effects on TNF- $\alpha$  production/release (Bendtsen et al. 1990; Chen et al. 1994; Nicoletti et al. 1995; Genovese et al. 1996; Nicoletti et al. 1997).

Recently we have reported beneficial effects of fusidin on EAM in rats but the mechanism of the improvement in both clinical and histological parameters remains unclear (Milenković et al. 2005). Having in mind the crucial role of TNF- $\alpha$  in pathogenesis of EAM in the present study we investigated whether fusidin ameliorates EAM by affecting TNF- $\alpha$  production.

### 2. Investigations and results

#### 2.1. Clinical and histological analysis

Dark Agouti rats were divided into four groups: group A, EAM rats treated with fusidin during the first 10 days; group B, EAM rats treated with fusidin from day 10 to 21; group C, EAM rats treated with vehicle; and group D, healthy control rats. No rats died prior to day 21. On day 21 all rats of group C showed typical features of myocarditis: the hearts were enlarged and contained large grayish

**Table: Effects of fusidine on EAM in DA rats**

	Group A (n = 8)	Group B (n = 8)	Group C (n = 8)	Group D (n = 8)
Disease incidence (%)	25.0	37.5	100.0	0.0
Heart weight/body weight	2.95 ± 0.44***	3.47 ± 0.19**	3.75 ± 0.14	2.75 ± 0.20
Macroscopic score	0.2 ± 0.4***	1.0 ± 0.7*	2.0 ± 0.6	0.0
Microscopic score	0.6 ± 0.5***	1.5 ± 0.5**	3.0 ± 0.7	0.0

Values are expressed as the mean ± SD. \* p < 0.05, \*\* p < 0.01, \*\*\* p < 0.001 as compared to group C

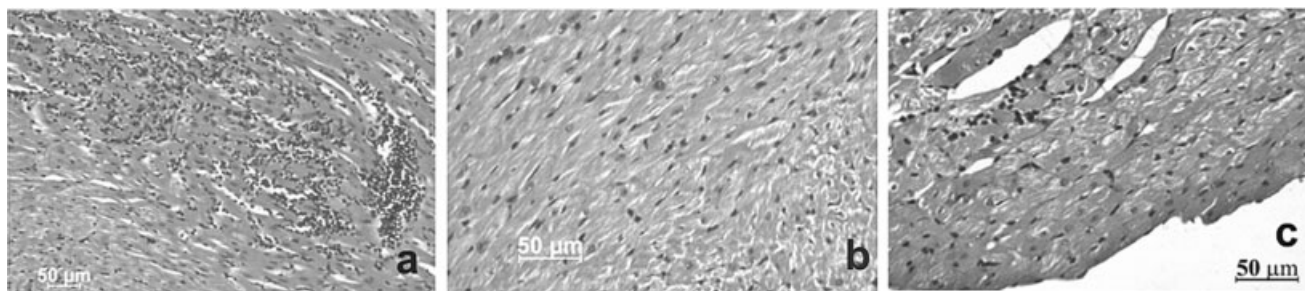


Fig. 1: Histopathology and the effects of fusidine treatment in rats with EAM. a) Representative histopathology of a rat with myocarditis treated with vehicle. Inflammatory infiltrate is shown; b) Representative histopathology of a rat with myocarditis treated with fusidine from day 0 to 10 (group A); c) A small focus of perivascular cellular infiltration in heart of a rat with myocarditis treated with fusidine from day 10 to 21 (group B). Hematoxylin and eosin staining, original magnification: x160 (a), x250 (b and c)

areas and massive pericardial effusion. The hearts of group B were slightly enlarged and showed small grayish areas on the surface. Only few grayish areas in the hearts of group A were detected. The heart weight/body weight ratio of groups A and B were significantly lower than that of group C (Table).

Histological analysis was performed to evaluate inflammatory infiltration in the heart on day 21 after immunization. Severe inflammatory lesions were observed in the hearts of group C rats (mean microscopic score 3.0). These lesions were composed of extensive myocardial necrosis and showed infiltration by mononuclear cells (Fig. 1a). In contrast, hearts of group B rats showed little perivascular infiltration by inflammatory cells (Fig. 1c), while in the hearts of group A cardiac myocytes were well preserved (Fig. 1b) and only few inflammatory cells were detected. In both fusidine treated groups microscopic scores were significantly decreased in comparison with group C. Taken together, 25% and 37.5% of animals developed myocarditis when they were treated from day 0 to 10 and from day 10 to day 21 after induction of the disease, respectively (Table). Fusidine was well tolerated and the only side-effect noted was a mild inflammatory reaction occurring at the site of injection.

## 2.2. The effects of fusidine on lymphocyte proliferation

Lymphocytes obtained from the early fusidine (group A) and late the fusidine (group B) and the vehicle (group C) animals displayed similar proliferation following stimulation with the non-specific mitogen Con A (mean OD of  $0.18 \pm 0.03$ ,  $0.18 \pm 0.01$  and  $0.25 \pm 0.02$ , respectively). Similarly, proliferation of lymphocytes upon *in vitro* myosin stimulation did not differ significantly between group A (mean OD of  $0.17 \pm 0.02$ ), group B ( $0.18 \pm 0.02$ ) or group C ( $0.19 \pm 0.01$ ).

## 2.3. The effects of fusidine on TNF- $\alpha$ production

Since fusidine has previously been demonstrated to influence the secretion of TNF- $\alpha$  (Bendtzen et al. 1990; Chen et al. 1994; Nicoletti et al. 1995; Genovese et al. 1996;

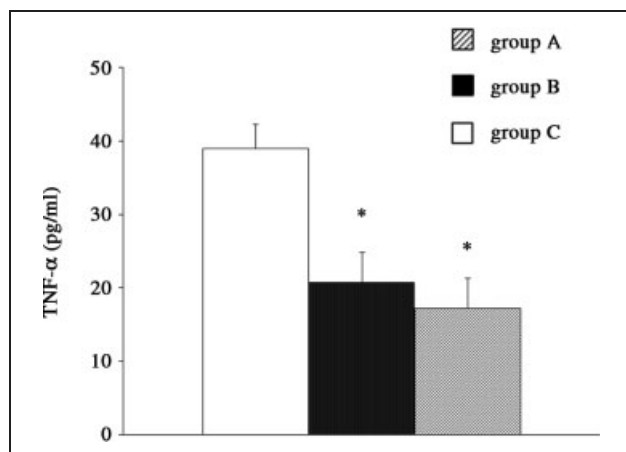


Fig. 2: The effect of fusidine on blood levels of TNF- $\alpha$ . On day 21 after immunization, fusidine and vehicle-treated rats were challenged with 20 mg/kg of ConA and serum levels of TNF- $\alpha$  were measured 6 h after ConA-challenge. Results are expressed as mean values ± SD. For statistical analysis each group was compared to vehicle-treated rats by Mann-Whitney U-test. \* p < 0.05

Nicoletti et al. 1997), we next studied the effects of fusidine-treatment on the TNF- $\alpha$  production *in vivo* and *in vitro*. Because the blood level of TNF- $\alpha$  was below the limit of sensitivity of the assay (5 pg/ml) we injected rats with ConA. By doing so an *in vivo* activation of T cells and macrophages was elicited which caused the release of TNF- $\alpha$  into the circulation. In rats this occurs within 2–6 h (Di Marco et al. 1999). As shown in Fig. 2, serum levels of TNF- $\alpha$  in both the fusidine treated groups were significantly lower than that in vehicle treated animals. In culture supernatants TNF- $\alpha$  levels were also significantly decreased in both fusidine treated groups compared with the vehicle-treated group regardless which stimulators were used: Con A or myosin (Fig. 3).

## 3. Discussion

In this study we demonstrated that fusidine markedly ameliorated autoimmune myocarditis, as evidenced by reduc-

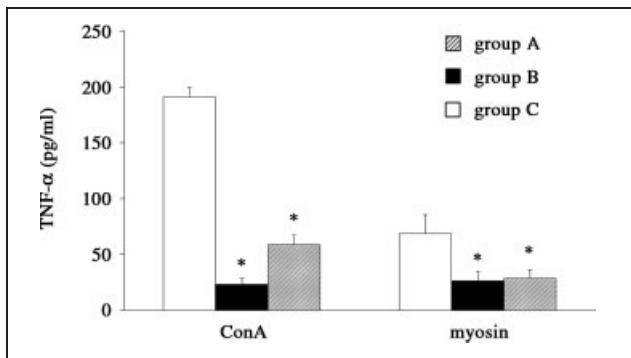


Fig. 3: The effect of fusidin on TNF- $\alpha$  in culture supernatants of ConA- and myosin-primed lymph node cells. Results are expressed as mean values  $\pm$  SD. For statistical analysis each group was compared to vehicle-treated rats by Mann-Whitney U-test. \*  $p < 0.05$

tion in cardiac hypertrophy and the incidence and severity of inflammation and necrosis. The effect was associated with inhibition of TNF- $\alpha$  secretion.

Tumor necrosis factor- $\alpha$  is a proinflammatory cytokine produced principally by monocyte/macrophages and T lymphocytes (Beutler and Cerami 1989). Several clinical studies have described the participation of TNF- $\alpha$  in the pathogenesis of cardiac diseases. Increased plasma concentration and myocardial expression of TNF- $\alpha$  have been reported in patients with myocarditis and cardiomyopathy (Hegewisch et al. 1990; Toore-Amione et al. 1996), and TNF- $\alpha$  has been found to contribute to myocardial injury and dysfunction (Bozkurt et al. 1998; Bryant et al. 1998). In EAM, TNF- $\alpha$  is also expressed in myocarditic hearts, and its functional blockade or production results in attenuation of cardiac inflammation (Okura et al. 1997; Smith and Allen 1999; Bachmaier et al. 1997; Ishiyama et al. 1999). Administration of TNF- $\alpha$  promoted the aggravation of coxsackievirus B3-induced myocarditis in the virus resistant mice (Lane et al. 1992). It was therefore demonstrated that the suppression of TNF- $\alpha$  has beneficial effects in ameliorating acute myocarditis (Furukawa et al. 2001; Shioji et al. 2001; Kishimoto et al. 2001).

In recent years, the potential use of fusidin as an anti-inflammatory drug has gained increasing interest because *in vivo* studies have shown that fusidin reduces the production of TNF- $\alpha$ , and beneficial effects have been reported in TNF- $\alpha$ -mediated disorders such as septic shock, insulin-dependent diabetes mellitus, experimental allergic encephalomyelitis, experimental allergic neuritis, and dinitrobenzenesulfonic acid-induced colitis in rats (Nicoletti et al. 1995; Genovese et al. 1996; Di Marco et al. 1999, 2001, 2003). These results are consistent with our data which show that treatment of EAM rats with fusidin, early as well as late, led to a significant reduction of TNF- $\alpha$  levels in blood in comparison to EAM rats treated with vehicle. Also, both ConA- and myosin-induced *in vitro* TNF- $\alpha$  productions were diminished in both fusidin-treated groups. Accordingly, the beneficial effects of fusidin in EAM may be partly due to the suppression of TNF- $\alpha$ .

The molecular mechanisms of suppression of TNF- $\alpha$  are not fully understood. However, an inhibition at the post-transcriptional level has been postulated (Di Marco et al. 1999).

Although we have proposed a mechanism of the effect of fusidin based on the findings of the present study, there may be other explanations. For example, in other inflammatory diseases fusidin has been found to downregulate Th1 cytokine production and upregulate some Th2 type

anti-inflammatory cytokines (Di Marco et al. 1999, 2001, 2003). Th1 cytokines are believed to play a pivotal role in EAM pathogenesis, and the transition of Th1/Th2 cytokine balance to Th2 cytokines could reduce myocardial inflammation. Thus, another possibility for suppression of EAM by fusidin could be its ability to induce prevalence of Th2 over Th1 cytokines. This assumption warrants further investigation.

Effective strategies for treating myocarditis have not yet been established (Mason et al. 1995). A principal disadvantage of the current therapeutic management of human acute myocarditis is general immune suppression by non-selective agents such as steroids and cytotoxic drugs (Feldman et al. 2000). Since we have found that fusidin had no effect on the proliferative capacity of lymphocytes stimulated by ConA, it is likely that cellular immunity was not altered.

In conclusion, this study confirmed our previous finding of fusidin as ameliorating agent of EAM in rats, and furthermore showed that beneficial effects were associated with a reduction of TNF- $\alpha$ . Although additional mechanisms could mediate the favorable effects of fusidin, it may be worth to further investigate this drug as a potential treatment modality in autoimmune myocarditis.

## 4. Experimental

### 4.1. Animals

Male, 8 weeks of age Dark Agouti (DA) rats were purchased from the Military Medical Academy Animal House, Belgrade, and were maintained in a local animal house under conventional conditions. Throughout the studies, the protocol for these experiments was approved by the Institutional Animal Care and Use Committee.

### 4.2. Induction of experimental autoimmune myocarditis

Rats were immunized twice (on days 0 and 7), subcutaneously with 1 mg of porcine cardiac myosin (Sigma) mixed with an equal volume of Freund's complete adjuvant (FCA) supplemented with 10.0 mg/ml of heat-killed *Mycobacterium tuberculosis* R37a (Difco) (Okura et al. 1997; Kodama et al. 1990).

### 4.3. Treatment with sodium fusidate (fusidin)

Rats immunized with cardiac myosin were divided into three groups. Group A ( $n = 8$ ) was treated (i.m.) with 80 mg of sodium fusidate (Sigma, St. Louis MO, USA) per kilogram of body weight, starting from day 0 to day 10 (early treatment group) while group B ( $n = 8$ ) was treated from day 10 to day 21 (late treatment group) in relation to cardiac myosin injection. The dose of fusidin was chosen on the base of our previous study (Milenković et al. 2005). The third group C, ( $n = 8$ ) i.m. received vehicle. The other six DA rats (group D), received neither immunization nor sodium fusidate therapy, were used as normal controls. All rats were sacrificed under ether anesthesia on day 21 after immunization.

### 4.4. Histopathology

Macroscopic findings were graded according to the following criteria: 0 (normal appearance), 1 (a focal discolored area), 2 (multiple or diffuse discolored areas not exceeding 1/3 of the heart), 3 (diffuse discolored areas not exceeding 2/3 of the heart) and 4 (diffuse discolored areas exceeding 2/3 of the heart). After the heart weight was measured, the ratio of heart weight/body weight (Hw/Bw) was evaluated. Then the heart was fixed in 10% buffered formalin, embedded in paraffin, sectioned into 4  $\mu$ m slices, and stained with hematoxylin-eosin staining for histological examination. Microscopic findings were graded: 0 (normal), 1 (lesion extent not exceeding 1% of a transverse section), 2 (not exceeding 10%), 3 (not exceeding 50%), and 4 (exceeding 50%). We measured the lesion area using a square lattice scale in an eye lens of a microscope. Three sections were obtained from one heart, and the mean score of the 3 sections was recorded as the microscopic score. Two observers scored the histopathological scores blindly.

### 4.5. TNF- $\alpha$ assay

To evaluate the effects of the fusidin treatment on TNF- $\alpha$  secretion *in vivo*, on day 21 after immunization four animals from each groups were injected with 20 mg/kg b.w. of concanavalin A (Con A) (Sigma-Aldrich Chemie

Gmb H, Taufkirchen, Germany) and 6 h later blood samples were collected. The serum levels of TNF- $\alpha$  were measured by Quantikine ELISA (R&D Systems, Minneapolis, USA) according to the manufacturer's instructions.

#### 4.6. Lymphocyte proliferation assay

Lymph node (LN) cells were harvested and single-cell suspensions were obtained by passing through a stainless steel mesh screen. Cells were suspended in RPMI-1640 (Sigma-Aldrich Chemie Gmb) supplemented with 10% heat-inactivated fetal calf serum (FCS) (Gibco, Grand Island, N.Y. USA), 2 mM L-glutamine (Serva, Heidelberg, Germany), 1 mM sodium pyruvate (Serva), 100 units/ml penicillin (ICN, Costa Mesa, CA, USA) and 100  $\mu$ g/ml streptomycin (ICN).

Lymphocyte proliferation was determined by 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl tetrazolium bromide (MTT) colorimetric assay (Mosmann 1983). Initial experiments showed equivalent results using the MTT colorimetric assay or [ $^3$ H] thymidine incorporation in this system. For the proliferation assay,  $2 \times 10^5$  cells/well (100  $\mu$ l) were dispersed into plastic 96-well plates (Nunc A/S) and cultured for 72 h at 37 °C in a 5% CO<sub>2</sub> humidified air atmosphere without or with 2.5  $\mu$ g/ml ConA, myosin (1  $\mu$ g/ml) and fusidin (30  $\mu$ g/ml) in a total volume of 200  $\mu$ l complete RPMI 1640 culture medium. All cultures were run in triplicate. After 72 h, 20  $\mu$ l MTT solution were added to each well. Cells were incubated for a further 4 h at 37 °C in 5% CO<sub>2</sub>, then the medium was removed and the reaction was stopped with 100  $\mu$ l 0.1N HCl in phosphate-buffered saline (PBS) with 10% SDS. Optical densities (OD) were read at 580 nm.

#### 4.7. Statistical analysis

Data are presented as mean  $\pm$  standard deviation (SD). To assess the significance of differences between means, the Mann-Whitney U test was applied using the program SPSS 10.0 for Windows.  $P < 0.05$  was considered significant.

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