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The prostate growth stimulation by progesterone is due to androgenic products and progesterone receptor-mediated mechanisms

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The antiprogestin mifepristone has been demonstrated to inhibit the growth of R3327HI rat prostatic carcinoma. A comparable antitumor effect of onapristone (ON) on rat Dunning tumors was found in our laboratories. We found the localization of progesterone (P₄) receptors (PR) in prostate and prostatic tumors. These findings suggest the involvement of P₄ in the mechanism of hormone-dependent growth of prostate and tumors. To study the influence of P₄ on the growth of ventral (VP) and dorso-lateral prostate (DLP), orchietomized rats were treated (s.c.) daily with P₄ (0.3, 1.0, 3.0 or 10.0 mg), dihydrotestosterone (DHT, 0.05 mg), estradiol (E₂, 3.0 µg), ON (3.0 mg), ICI 182780 (1.0 mg) or flutamide (FL, 3.0 mg) for 12 days. One day after the last treatment, animals were sacrificed, and the organ weight of VP and DLP was determined. P₄ increased the organ weight of VP and DLP in a dose-dependent manner. In contrast to DHT, which preferentially stimulated the growth of VP, P₄ led rather to an increase in the weight of DLP. The effect of P₄ on the DLP was enhanced by a simultaneous application of DHT or E₂. The antiprogestin ON and the pure antiestrogen ICI 182780 had no appreciable effect on the P₄-induced growth of VP and DLP. ON inhibited, however, the E₂/P₄-induced growth of DLP without affecting the growth of the VP. In contrast the antiandrogen FL suppressed the stimulatory effect of P₄ on both the VP and DLP. These findings suggest that the stimulatory effect of P₄ on the rat DLP may be partly due to androgenic products derived from P₄ and may be also mediated by PR.

1. Introduction

Progesterone receptors have been localized in male genital tracts of different species (Belis et al. 1984; Ganjam and Amann 1976; Jones and Connell 1982). While Price and co-workers (1955) have found the stimulatory effect of progesterone (P₄) on rat lateral prostate, no effect of P₄ on the wet weight and DNA content in the rat prostate was observed in the study of Belis et al. (1984). Although the patho-physiological significance of P₄ is still obscure, increasing evidence has demonstrated the presence of PR's in most cases of BPH and prostatic carcinoma (Kumar et al. 1990), and the antiprogestin mifepristone has been demonstrated to inhibit the growth of R3327HI rat prostatic carcinoma (Mobbs and Johnson 1991). A similar antitumor effect with the antiprogestin onapristone on rat Dunning tumors was found in the laboratory of Schering AG. These findings indicate that P₄ or PR-mediated effect may be involved in the mechanism of hormone-dependent growth of BPH and prostatic carcinoma.

The present study was undertaken to investigate the influence of P₄ on the growth of ventral (VP) and dorso-lateral prostate (DLP) of the rat.

2. Investigations and results

Figure 1 shows the influence of DHT, E₂ and P₄ on the wet weight of VP and DLP in orchietomized rats. P₄ increased the organ weights of VP and DLP in a dose-dependent manner (Fig. 2a and b). In contrast to DHT which preferentially stimulates the growth of VP, P₄ led rather to an increase in the weight of DLP than VP. The antiprogestin ON and the pure antiestrogen ZM had no appreciable effect on the P₄-induced growth of VP and DLP (Table 1). In contrast, the antiandrogen FL was able to suppress the stimulatory effect of P₄ on VP and DLP. ON at that dose tested had no influence on the DHT- and E₂-induced growth of prostate (Table 2). ON inhibited, however, the E₂/P₄-induced growth of DLP without affecting the growth of VP (Table 3). In animals treated with P₄, serum testosterone level was significantly higher than that of the control (Table 4). Immunohistochemical study indicated the localization of PR in the rat prostate and the Dunning R3327HI rat prostatic tumor.

3. Discussion

P₄ preferably stimulates the growth of DLP in orchietomized rats. The P₄-induced increase in the prostatic

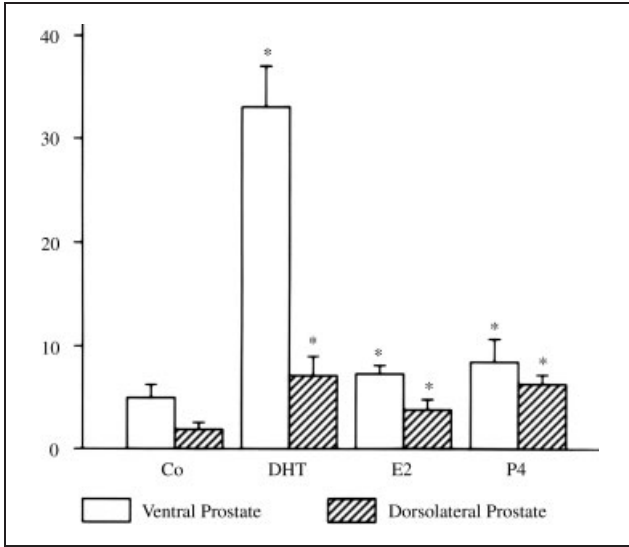


Fig. 1: Organ weight in mg/100 g body weight; Co = control (orchidectomy), DHT = 5 α -dihydrotestosterone 0.05 mg, E2 = estradiol 3 μ g, P4 = progesterone 3 mg, * = significant difference in comparison with the control group ($p < 0.05$) (Dunnett-test)

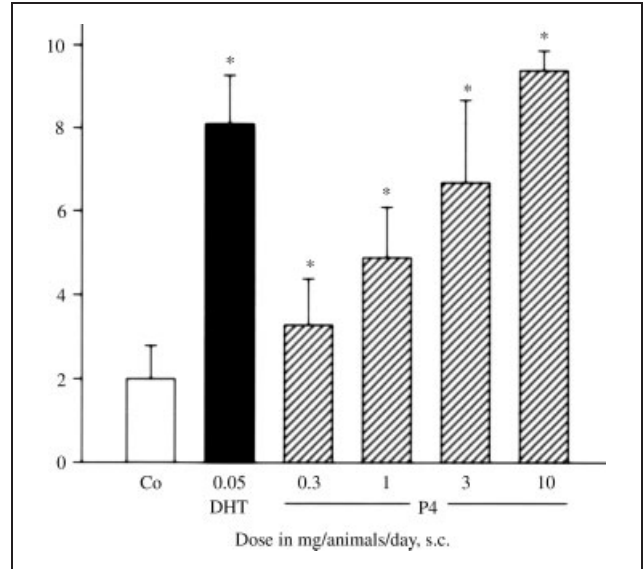


Fig. 2b: Dorsolateral prostate. Organ weight in mg/100 g body weight; Co = control (orchidectomy), DHT = 5 α -dihydrotestosterone P4 = progesterone, * = significant difference in comparison with the control group ($p < 0.05$) (Dunnett-test)

weights (VP and DLP) is not influenced by a concomitant administration of the antiprogestin ON or the antiestrogen ZM, but inhibited by the antiandrogen FL. DHT and E₂ potentiate the stimulatory effect of P₄ on the prostatic growth. ON inhibits the E₂/P₄-induced growth of DLP. A high level of testosterone is found in the serum obtained from rats treated with P₄. PR in the prostate and the Dunning tumor were localized immunohistochemically.

These findings suggest that the stimulatory effect of P₄ on the rat DLP may be partly due to androgenic products derived from P₄ and may be also mediated by PR.

Table 1: Influence of antihormones on the progesterone-induced growth of ventral and dorsolateral prostate in orchidectomized rats

	Dose in mg/animal (s.c.)	Prostatic weight mg/100g bodyweight ventral	Prostatic weight mg/100 g body weight dorsolateral
Control	(vehicle)	5.0 \pm 1.2	1.8 \pm 0.5
DHT	0.05	33.1 \pm 3.9*	7.1 \pm 1.8*
P4	3	8.4 \pm 2.2*	6.2 \pm 1.0*
P4 + ON	3 + 3	7.2 \pm 1.8*	5.9 \pm 2.0*
Control	(vehicle)	3.9 \pm 0.7	1.6 \pm 0.3
DHT	0.05	41.2 \pm 7.9*	9.7 \pm 3.2*
P4	3	9.1 \pm 1.8*	7.3 \pm 3.5*
P4 + ZM	3 + 3	8.3 \pm 2.1*	6.7 \pm 1.7*
Control	(vehicle)	3.3 \pm 1.5	1.7 \pm 0.6
DHT	0.05	34.4 \pm 8.5*	7.2 \pm 1.8*
P4	3	8.7 \pm 2.4*	6.9 \pm 2.0*
P4 + FL	3 + 3	5.0 \pm 1.1*	2.1 \pm 0.5**

DHT = 5 α Dihydrotestosterone, P4 = progesterone, ZM = ZM 182780 and FL = flutamide. No. of animals used = 8/group. Animals were treated once daily for 12 days. * and ** = significant difference in comparison with the control group and in comparison with the P4-group, respectively ($p < 0.05$) (Dunnett-test)

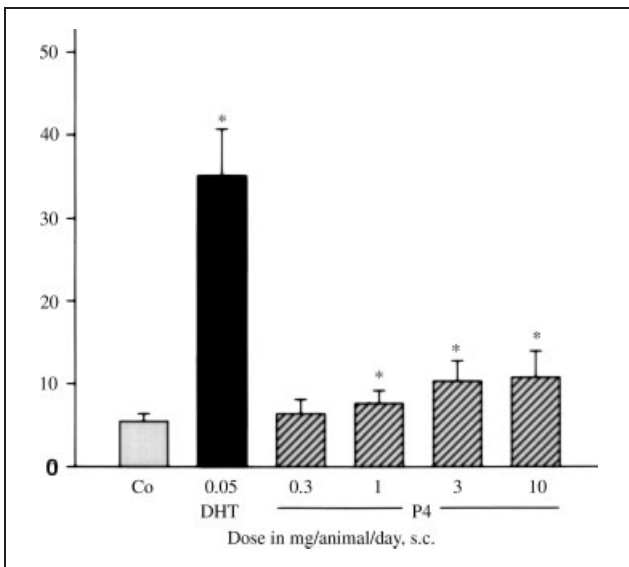


Fig. 2a: Ventral prostate. Organ weight in mg/100 g body weight; Co = control (orchidectomy), DHT = 5 α -dihydrotestosterone P4 = progesterone, * = significant difference in comparison with the control group ($p < 0.05$) (Dunnett-test)

Table 2: Influence of onapristone on the 5 α -dihydrotestosterone- or estradiol-induced growth of ventral and dorsolateral prostate in orchidectomized rats

	Dose in mg/animal (s.c.)	Prostatic weight mg/100g bodyweight ventral	Prostatic weight mg/100 g body weight dorsolateral
Control	(vehicle)	3.3 \pm 1.5	1.7 \pm 0.6
DHT	0.05	34.4 \pm 8.5*	7.2 \pm 1.8*
ON	3	5.3 \pm 0.9	2.0 \pm 0.6
DHT + ON	0.05 + 3	43.9 \pm 6.0*	8.2 \pm 3.0*
Control	(vehicle)	4.8 \pm 0.6	1.5 \pm 0.8
DHT	0.05	33.6 \pm 7.7*	6.0 \pm 1.7*
E2	3 \times 10 ⁻³	5.9 \pm 1.3	3.8 \pm 1.8*
ON	3	5.3 \pm 1.3	1.7 \pm 0.9
E2 + ON	3 \times 10 ⁻³ + 3	7.4 \pm 1.4*	4.1 \pm 2.0*

DHT = 5 α Dihydrotestosterone, E2 = estradiol, and ON = onapristone. No. of animals used = 8/group. Animals were treated once daily for 12 days. * = significant difference in comparison with the control group ($p < 0.05$) (Dunnett-test)

Table 3: Influence of onapristone on the 5 α -dihydrotestosterone/progesterone-induced growth of ventral and dorsolateral prostate in orchidectomized rats

	Dose in mg/animal (s.c.)	Prostatic weight mg/100g bodyweight ventral	Prostatic weight mg/100 g body weight dorsolateral
Control	(vehicle)	5.0 \pm 1.2	1.8 \pm 0.5
DHT	0.05	33.1 \pm 3.9*	7.1 \pm 1.8*
E2	3 \times 10 ⁻³	7.2 \pm 0.8*	3.7 \pm 1.0*
P4	3	8.4 \pm 2.2*	6.2 \pm 1.0*
DHT + P4	3 + 3	35.2 \pm 11.2*	14.2 \pm 2.1*,**
E2 + P4	3 \times 10 ⁻³ + 3	10.1 \pm 3.4*,##	11.0 \pm 3.9*,##
DHT + P4 + ON	0.05 + 3 + 3	29.3 \pm 5.2*	12.8 \pm 4.1*,**
E2 + P4 + ON	3 \times 10 ⁻³ + 3 + 3	9.1 \pm 3.9*	5.7 \pm 1.2*,###,###

DHT = 5 α -Dihydrotestosterone, E2 = estradiol, P4 = progesterone and ON = onapristone. No. of animals used = 8/group. Animals were treated once daily for 12 days. *, **, ## and ### = significant difference in comparison with the control group, the DHT-group, with the E2-group and with the E2/P4-group, respectively (p < 0.05) (Dunnett-test)

Table 4: Serum testosterone concentrations in rats treated with progesterone

	Dose (s.c.) in mg/animal	Serum testosterone nmol/l
Intact	(vehicle)	3.0 \pm 0.7*
Control (castrated)	(vehicle)	< 0.35
P4 (castrated)	0.3	0.7 \pm 0.1
P4 (castrated)	1.0	4.4 \pm 1.0*
P4 (castrated)	3.0	5.9 \pm 2.0*

P4 = progesterone, No. of animals used = 8/group. Animals were treated once daily for 12 days. * = significant difference in comparison with the control group (p < 0.05) (Dunnett-test)

4. Experimental

Immature male rats (Wistar) weighing about 100 g were orchidectomized prior to start the hormone treatments. Two weeks after castration, daily treatments of animals with hormones and antihormones were initiated and continued for 12 days. The daily dose of 5 α -dihydrotestosterone (DHT, 0.05 mg), estradiol (E₂, 3.0 μ g), P₄ (3.0 mg), onapristone (ON, 3.0 mg), ZM 182780 (ZM, 1.0 mg) and flutamide (FL, 3.0 mg) was dissolved in 0.2 ml castor oil containing a small amount of benzyl benzoate (20.0%). One day after the last treatment, animals were sacrificed, and organ weights of VP and DLP were determined. Serum testosterone was measured by means of radioimmunological methods. PR-expression in the rat prostate and the Dunning R3327HI rat prostatic tumor was identified using immunohistochemical methods. The Dunnett-test was used for statistical analysis.

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